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CASE STUDY – SURGICAL MANAGEMENT OF FIBROADENOMA

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ABSTRACT

The most common benign tumor of the female breast is the fibroadenoma.[1] This tumor is said to develop as result of increased sensitivity of a focal area of breast to oestrogen.

KEYWORDS: According To Their Physical Characteristics.

1. Breast mouse 2. Firm or rubbery
3. Well –circumscribed 4. Painless[2]

INTRODUCTION

A fibroadenoma is a painless, unilateral benign (non cancerous) breast tumor. It is solid, not fluid – filled, lump. It occours most commonly in women between 14- 35 age but can be found at any age.[3]

CASE REPRT

A 40 yr old female patient came in opd. having a complain of mild pain n feeling lump or swilling at right breast (upper quadrant 12 o clock position).

HISTORY OF PRESENT ILLNESS – patient was apparently well before 1 yr. later she developed small lump on right breast. which was gradually increase in size.n later fill hard on palpation for that she didn't took any treatment before. Now she came to yashwant ayurvedic college n hospital kodoli for surgical management. in shalyatantra department.

HISTORY OF PAST ILLNESS

N/H/O –HTN/DM/ ASTHAMA/TB/CONVULSION.

N/H/O/- blood transfusion

FAILY HISTORY – no any deformity noted.

HISTORY OF MEDICAL ILLNESS – NO any significant history

HISTORY OF SURGICAL ILLNESS – tubal ligation done 5 yr before

PERSONAL HISTORY

Bowel – 1/2 times /day

Micturition – regular normal frequency Diet – mixed

Appetite- normal

Addiction- no any addiction Sleep- normal

GENERAL EXAMINATION

P- 86/min

BP- 130/70 mmhg Wt – 65 kg

SYSTEMIC EXAMINATION

CVS – S1, S2 +

CNS- conscious, oriented RS- AEBE, clear.

INVESTIGATION

CBC- HB- 10, WBC – 5,600 PLATELET – 230500 BSL-R – 100MG/DL, HIV/HBSag/ HCV – NON REACTIVE

SURGICAL MANEGEMENT – EXCISION OF RIGHT BREAST FIBROADENOMA UNDER LOCAL ANESTHECIA

ANESTHECIA – 50 ML plain inj lignocaine 2%



CONSERVARIVE MANAGEMENT

POST OP FOR 3 DAYS

INJ. Monocef 1gm iv 12 hrly Inj pan 40 mg iv BD

INJ. TRAMADOL IV SOS

Alternate day dressing. Stitches removed on 10th day.

DISCUSSION

The prognosis of fibroadenoma is good because it is a benign mass.[3]

CONCLUSION

A study reviewed the medical records of female aged 13-35 who underwent fibroadenoma excision and found that most patients were satisfied with aesthetic outcomes of the excision.[4]

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