

**EXTERNAL APPLICATIONS IN CASE OF EMERGENCY IN
HOMOEOPATHY****Navjot Kaur^{1*} and Dr. Rekha Juneja²**

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ABSTRACT

External application of homeopathy is indispensable in contemporary medical practices and crucial for both clinical procedures and patient contentment. This article aims to explore the significance of using external treatments in everyday medical scenarios such as accidents, bruises, insect bites, and wounds, as well as in daily skincare routines including cleaning, hydrating, dressing, and shielding the skin, hair, teeth, and nails using Homoeopathic remedies. This research focused on analyzing the use of external application in various forms such as mother tincture, lotion, ointment, liniment, poultices, plaster oil, gel, etc.

KEYWORDS:- External application, Emergency, Dressing, Injury, Ointment, Lotion, Gel, Homeopathy.

INTRODUCTION

Physicians have been utilizing local applications for ages, starting from Aesculapius and continuing to the current era, under the assumption that eliminating external symptoms leads to curing the disease. HOWEVER, Dr. Hahnemann stated that the external appearance mirrors the internal disordered vital energy. In homeopathy, there are no external or local illnesses. The external symptoms reflect the internal disease's nature. Treating the illness with external remedies does not equate to curing the disease. EXCEPT for accidents, injuries, cuts, burns, etc., we require external treatments such as cleaning and bandaging.

Philosophical background

In the 5th edition of the Organon of Medicine, Dr. Hahnemann opposed external application, but in the 6th edition, he reversed his stance, stating that medication can be administered orally and externally if it is originally meant for internal use. For example, Thuja can be used externally for sycosis.

According to Dr. Hahnemann, when the local symptom vanishes quickly with external application, we believe the condition has been healed. The abrupt vanishing of local symptoms poses a challenge in determining if the internal disease has been effectively treated with medication, or if surgery has truly eradicated the local disease. For instance, cautery, and so on.

However, internally, there are symptoms indicating whether the treatment is effective or not. According to Hering's law of cure, it is important to keep in mind that nature's way of protecting vital internal organs is to eliminate toxins through less important organs, such as the skin. However, if the external symptoms disappear in the opposite order, it will trigger the process leading to damage to the vital organs. Inhibiting skin symptoms can result in breathing problems such as asthma.

In the 5th edition of the Organon of Medicine, Dr. Hahnemann focused on criticizing external application, but in the 6th edition, he shifted towards favoring external application, as evident in aphorism 284-285.

External application in emergency

There are some conditions in which miasm have no role in the origin of disease. The disease due to injury, burns, strain, fractures, fear, shock etc, external application can be advised as a part of supportive therapy. In emergency conditions, dressing is important. Every homoeopathic doctor should know how to dressing.

Wounds

Three essential factors are required for healing a wound: dirt, sand, and splinters.

1. To clean the wound, make sure to remove any debris like pieces of glass and then wash the wound with cold water mixed with a few drops of Calendula Q.
2. Applying a bandage to the wound to keep the edges together and prevent exposure to air is crucial. If the wound is big, the option is to stitch it or apply pressure using fingers.

Next, place a piece of lint soaked in *Calendula Q* on top of the wound and cover it with a small amount of cotton. Next, securely wrap a bandage around it to ensure the wound stays closed.

3. If the wound is bleeding heavily, it must be stopped before proceeding to step number 2. To stop bleeding, securely tie a bandage above the wound next to the heart. The bleeding will be halted. Next, a piece of lint was soaked in *Trillium Pendulum Q* should be used on it in the same way as in step 2.
4. After the wound has fully healed and any stitches have been taken out, applying Sunflower oil to the scar and surrounding area can function similarly to *Arnica Montana Q* by reducing swelling and bruises, as well as acting as an antiseptic like *Calendula Officinalis Q*.
5. "Surgery is necessary for serious and risky injuries that require assistance from a surgeon. Internal use is recommended for the following medicines: *Calendula Officinalis*, *Hypericum Perforatum*, *Arnica Montana*, *Iodium*, *Ledum palustre*, *Oleum cinnamomum*, *Staphysagria*, *Wiesbaden*, *Trillium pendulum*, *Ruta Gravelons etc.*

Emergency conditions

- Burn, scald and sun burn- *urtica urens* and *Cantharis Q*
- Sprains- *Arnica Montana*, *Q Ruta Graveolens Q*
- lacerated wounds- *Calendula Officinalis Q*, *trillium pedulinum Q*
- Contusion and black eye – *Arnica Montana Q*, *calendula Officinalis Q*, *Cineria Matrinalis Q*, *hamamelis Virginica Q*
- Nerve injury and Nail injury – *Hypericum Perforatum Q*
- Sting and bite - *apis mellifica Q*, *ledum Palustre Q*, *Cedron Q*, *Drona Q*, *Viola odorata Q*
- Anti septic – *Magnesium Sulphuricum Q*
- In case of coma - *inhalation of camphora Q*
- Faint, epileptic convulsions case - *inhalation of Amylenum nitrosum Q*
- Hysterical convulsion – *Camphora Q*

Types of external applications

External applications can be –

1. Liquid
2. Solid or semi-solid

1. Liquid preparation

Liquid preparations for external use can be classified as follows:

- Skin application - ointments, lotions, glycerins, paints, oils
- Application in the mouth and throat – gargles, mouthwashes
- Application in the ear, eye - ear drops, eye drops
- Application in the nasopharynx - inhalation
- Application to the vagina, urethra and anus

Vehicles as basis for external application

The following are vehicles that are used as bases for the preparation of external applications.

The choice of vehicle depends on the purpose of use and the nature of use.

*Distilled water, alcohol, glycerin, olive oil, almond oil, sesame oil, chaulmoogra oil, coconut oil, sandalwood oil, lavender oil, rosemary oil * Paraffin, beeswax, lanolin, spermaceti, modified lard, yzina, soap, starch.

Mother tincture for external use

When a mother tincture is to be used for the purpose of preparing external applications, it needs to undergo a modification.

1. When the mother tincture is prepared according to old Hahnemannian method, the mother tincture of the drug to be used in the preparation of the external application should comply with the following guidelines –

*Tincture prepared according to Class I and Class II – If no special direction for the preparation is given, 1 part by weight of mother tincture and 1.5 parts by weight of ethyl alcohol (45 Percent) are to be mixed.

Tincture made as per Class III - When no specific instructions are provided, combine 1.5 parts mother tincture with 1 part 60% ethyl alcohol by weight.

* Tincture prepared according to Class IV – If no special direction for the preparation is given, 1 part by weight of mother tincture and 1 part by weight of ethyl alcohol that was used for the preparation of the mother tincture are to be mixed.

2. If the mother tincture is prepared according to New method, equal weight of mother tincture and ethyl alcohol are to be taken and this mother tincture will be used for external application.

3. Normally, except otherwise specified, 10 Percent mixture of mother tincture for external application and suitable base is used.

External application in daily uses

Similarly, it is important to utilize and suggest everyday care products such as shampoo, lotion, powder, toothpaste, etc. Additionally, in contemporary methods, we alter patients' lifestyles using homeopathic remedies.

Alternatively, individuals frequently used harsh chemical products in their daily routines, leading to interference with homeopathic treatment. It is a fact that everyone uses cleanser, moisturizer, toothpaste, SUN SCREEN CREAM, oil, soap, etc. on a daily basis. This is something we require every day. The products available in the market are harsh and contain chemicals, so we opt for using homeopathic shampoo, hair oil (with ingredients like *jaborandi*, *arnica montana*, *cantharis*, *cinchona*, *thuja occidentalis*, etc.), body oil, facewash, soap (with ingredients like *berberis Aquifolium*, *calendula officinalis*, *thuja occidentalis*, etc.), toothpaste, moisture cream, SUN SCREEN CREAM cream, lip balm (with ingredients like petroleum, cosmetics, etc.).

CONCLUSION

Following a review of relevant literature and clinical studies, it has been found that the local administration of external treatments can be beneficial for treating certain diseases.

Healing of a local injury can be achieved solely through using external remedies. Without a homeopathic approach, taking a patient's case is not thorough. Using a homeopathic philosophy for evaluation is efficient, safe, convenient, accessible, and economical. There were no complications or negative drug effects observed with homeopathic treatment in the study. It can be concluded that using old remedies externally can play a crucial part in homeopathic therapy.

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