

**BUILDING AIR CASTLES: AN OVERLOOKED ASPECT OF  
FANTASIZING CHINCHONA OFFICINALIS****Tanu Rajvanshi<sup>1</sup>, Shuchita Chattree<sup>2\*</sup>, Satyam Patel<sup>3</sup> and Nitiksha Sharma<sup>4</sup>**

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**ABSTRACT**

Cinchona officinalis, great discovery of Dr. Hahnemann has always been a gem in Homoeopathy as famous remedy for all sorts of fever and other marked physical generals which can cure all indicated cases when indicated as similimum. After going through an enormous literature one can see, China belongs to the individuals who are self-possessed, which reflects as well as manifests in their ambitions, where they are in a fixed state of mind with theorizing capabilities. The mental state will surprise you. It is characterized by anxiety, consciousness, nervousness and sensitiveness with weakness of memory. China has their own plans, executed according to their own will. Will never show their emotional side to anyone, feeling of frustration, never trust on anyone. Inability to think or remember. Always possess the things in their world, which are not even executed sometimes. Lack of courage, physically weak, feeling of persecuted. Individuals of China are unable

to control their mind to make it do, what they want to do. Indifference is one of the central theme of China which may reflect the individuality of China, due to inherent feeling. They are in between acute and syncotic phase of Miasm. China is so determined and ambitious, but lethargy too. They are always theorizing never really put their plan into action. Feels not being good enough to achieve their goal. China personalities are indolent, making plans in their world. Reportorial learning is being included helps to capture the fantasy, theorizing

world of China, enhancing our knowledge in the field of mental state of FANTASIZING CHINA.

## INTRODUCTION

An analytical person, with a fine intellect, but lacks the self-confidence to make full use of it. China is a self-obsessed streak.<sup>[1]</sup> Various overlooked rubrics may describe the mental state of China:

- **Delusion, Persecuted as if**
- **Delusion, Hindered at work, is**
- **Plans making, Many**
- **Contemptuous, Everything of**
- **Suicidal disposition, But lacks courage**
- **Air castles**
- **Theorising**

**A) Delusion, persecuted as if:** Feeling I am weak, so people attack and trouble me, persecuted can also be reflected in his words. Delusions, pursued by enemies, feeling of contemptuous everything. Therefore, an acute phase, which is characterised by a feeling of threat.

**B) Delusion, hindered at work, is:** Feeling of hinderance due to other people that cause interruption in his work. For e.g.; - Headache trouble me so much, it does not allow me to work. People feels frustrated, angry all the time.

**Delusions** i.e.; China slips into fantasy world automatically on closing eyes, then all vanished on next morning.<sup>[3]</sup> They still start theorizing their thoughts again and so on. China has fixed mental state which is manifested in their personality. Person seems loquacious every time try to hide their feelings not to show his fantasy to the surrounding world, that may cause hinderance in their planning.<sup>[4]</sup>

China is intellectual, well focused within its own fantasy world.<sup>[2]</sup>

**C) Plans, making many:** China lies awake at night making plans, theorizing, building air castles, thinking of the wonderful things going to do some day. On the next day, thinking how they thought such foolish ideas.

- D) Contemptuous, everything of:** Developing a contemptuous behaviour and attitude in an individual towards everyone due to its delusions that made him frustrated and indifferent.
- E) Suicidal disposition, but lacks courage:** When individual feel hindered all the time by which developing an indifferent behaviour and hopelessness, he does not have the courage to break away, may cause frustration, and wants to commit suicide but lacks courage.
- F) Air castles:** When Individual become frustrated, hopeless being unable to achieve his ambition, so he starts planning, fantasizing, theorising, slips into the fantasy world. Individual using these fantasies to cover up the inherent feeling of not being good enough.
- G) Theorizing:** China actually do the things which they imagine in their story, things that are not true and sometimes not possible.<sup>[4]</sup> For e.g. - “Gradually they fantasize about winning the Nobel prize.” Thinks about something very pleasant that is unlikely to happen. Commonly they coverup their fantasies due to their peculiar feeling.<sup>[3]</sup>

### **Psoric, Sycotic and Syphilitic phase of China-officinalis<sup>[3,5]</sup>**

China is a remedy of the plant kingdom, and in my understanding china officinalis lies between the psora and sycotic miasm, ie: Malarial miasm, characterised by intermittent fever. Therefore, an acute phase of china individual characterized by a feeling of threat. Feeling I am weak, so people attack and trouble me, persecuted can also be reflected in his words. Delusions, pursued by enemies.

Sycotic phase characterised by sensation of deficiency with the need to coverup. China is in sycotic state where they work ungrounded and on baseless thoughts. When acute phase followed by longer periods of fixed state of being in feeling of torture and illtreated by others, gives sycotic nature.

China works ungroundedness where individual starts fantasizing, theorizing for achieving his ambition. Individual would approach on work likewise on a runway, then trip up immediately. They have an air of mystery about them, gradually they are all more interesting because of their spiritual interests rather than intellectual attraction. Their interests are not based on direct experiences.<sup>[1]</sup> China spends much of their free time in another world, an astral world which is real to them. China can go anytime as they wish. People of China are completely hysterical.<sup>[2]</sup> Planning step by step for achieving their goal by making their theories. They have many ideas for the grand plans of the future by building castles in the air.<sup>[3]</sup>

Syphilitic phase characterised by hopelessness, anger etc. Individual does not have courage to break away, wants to commit suicide but lacks courage.

Individual have plans and goals, but somehow things come in our way and hinder us. Getting frustrated but know that nothing can be done, but all are getting indifferent with outburst anger due to the hinderance.

Sensation of being offended and hurt and followed by tremendous weakness.

#### Miasmatic understanding of fantasizing china<sup>[7]</sup>

<b>Theorizing</b>	Psora and sycotic miasm
<b>Air castles</b>	Psora and syphilitic miasm
<b>Persistent thoughts</b>	Psora and sycotic miasm
<b>Hysteria</b>	Psora miasm
<b>Delusions</b>	Psora and syphilitic miasm



**Fig. 1: Plant of china.**<sup>[6]</sup>

#### Capturing rubrics of fantasizing china in kentrepertory

A well proved rubrics of china officinalis are given in our kent repertory in 1<sup>st</sup> and 2<sup>nd</sup> grade. China is well described as per many stalwarts, their hinderance reflects in their sycotic state along with a fixed sensation of deficiency. China individual planning a lot but follows a little, only fantasize never puts his plans into action.<sup>[3]</sup>

Enlighten on the various mental symptoms of china, enhancing our knowledge towards the prescription. It is beneficial for us to simplify the personality of china somehow during prescription.<sup>[8]</sup>

<b>Mind</b>	Ideas abundant. (China in 1 <sup>st</sup> grade)
<b>Mind</b>	Delusions, people, closing eyes on. (China in 1 <sup>st</sup> grade)
<b>Mind</b>	Theorizing. (China in 2 <sup>nd</sup> grade)
<b>Mind</b>	Plans, making Fantasy. (China in 2 <sup>nd</sup> grade)
<b>Mind</b>	Fantasy. (China in 3 <sup>rd</sup> grade)

## CONCLUSIONS

Understanding the mental picture of fantasizing china is used to remove their hinderance completely, which may cause obstruction to achieve their goals, andfantasize. It provides an insightful picture of China on the level of mental state of an individual on the pace of rubrics and miasmatic analysis for the treatment of the fixed sycotic picture.

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