

**REVIEW OF AYURVEDIC DRUGS WITH SPECIAL REFERENCE TO  
MAHAKASHAYA OF CHARAK SUTRASTHANAM****R. G. Mane<sup>1\*</sup> and Pratiksha R. Sanghavi<sup>2</sup>**Associate Professor<sup>1</sup>, P.G. Scholar<sup>2</sup>Department of Rasashatra and Bhaishjyakalpna, College of Ayurved and Research Centre,  
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Drug is the important part of Chikitsa Chatushpada. Without knowledge of drug, the patient cannot be treated properly. So Acharya Charaka described 50 Mahakashaya in Ch.Su.4. In 50 Mahakashaya there are 500 Kashaya, each Mahakashaya consists of 10 Dravya i.e. Kashaya. These Mahakashaya have its own importance in treatment and become easier to select by its name. For both low intelligent & high intelligent Vaidya these are helpful. Dravya selected by its action. These are one of the unique concepts explained by Acharya Charak. So many drugs are named differently by different tropical areas. It can cause little difficulty in finding proper Dravya. So by finding name in Marathi, it will be easy for identification which will save the time and get proper drug for treatment.

**KEYWORDS:** Mahakashaya, Kashaya, Dravya, Charaka.**INTRODUCTION**

The aim of Ayurveda is to protect the health of healthy and to alleviate the disorders in the diseased. For the second aim, Acharya Charak described seven Chatushka in the Sutrasthan. In the first Chatushaka named Bhesaj Chatushka. The 4th Shadvirechan Shatashriya Adhyaya describes the 50 Mahakashaya. In 50 Kashaya there are 500 Kashaya Dravya are categorized according to their effect on the body i.e. karma / Action.

Each Mahakashaya consists of 10 drugs/dravya. Each Dravya in Mahakashaya is called Kashaya. In this method of classification Acharya described the drugs of basic importance. Therefore the descriptions given are neither too exhaustive nor too brief. These Kashaya are

enough for the use of person who are not much intelligent and also help the person & high intelligence. By Own imagination and availability of dravya one can add or less dravya in makakashaya.

Mostly Mahakashaya are used by its name. i.e Name of mahakashaya is enough to understand the use. Some are useful for disease/disorder like Jwarhara, Kasahara, Shwasha, kushthagha, Arshogha, Krumighing etc. some are useful against Symptoms like Truptigha, kandughna some are useful for increasing / enhancing good qualities in the body like balya, varnya, kanthya, hrudya these are also useful in respective areas of disorders. some are useful in panchkarma like snehopaga vamanopag virechan etc.

So many dravyas are named differently by different tropical areas eg. Maharashtra, South India, Gujarat. etc. It can cause difficulty in finding proper dravya by its name. So by searching names in Marathi, it will be easy for identification which will save the time and get proper dravya for treatment.

By Knowing by its Marathi name we can aware people for protection and SAVARDHAN of particular medicinal plants.

## 1. Jeevaniya

Jeevaniya means Enlivening, Vitalisers, Tonic, Nutrients, Invigorating, Anti ageing.

This group of medicines Nourishes all factor of Life such as Sharir, Indriya, Satva and Atma.

| Sr. no. | Name        | Name in Marathi |
|---------|-------------|-----------------|
| 1       | Jeevak      | Vilayati Gavati |
| 2       | Rushabhak   | Rushabhak       |
| 3       | Meda        | Meda            |
| 4       | Mahameda    | Mahameda        |
| 5       | Kakoli      | Kakoli          |
| 6       | Kshirkakoli | Kshirkakoli     |
| 7       | Mudgarni    | Ranmug          |
| 8       | Mashaparni  | Ranudid         |
| 9       | Jivanti     | Harankhuri      |
| 10      | Madhukam    | Jyeshthmadh     |

## 2. Bruhaniya

Bruhaniya means Nourishing, Weight promoting.

This group of medicines Nourishes Dhatus, specially Mansa Dhatu, Increases body mass index.

| Sr. no. | Name         | Name in Marathi      |
|---------|--------------|----------------------|
| 1       | Kshirini     | Kshirvidari          |
| 2       | Rajakshavak  | Dudhi                |
| 3       | Ashwagandha  | Aaskand              |
| 4       | Kakoli       | Kakoli               |
| 5       | Kshirkakoli  | Kshirkakoli          |
| 6       | Vatyayani    | Shwetbala            |
| 7       | Bhadraudani  | Pitbala              |
| 8       | Bharadwaji   | Rankapus             |
| 9       | Payasya      | Bhuikohla            |
| 10      | Rushyagandha | Vrdhara, Samudrashok |

### 3. Lekhaniya

Lekhaniya means Emaciating, Scraping, and Weight reducing.

This group of medicines does scraping by absorbing fluid part from Dhatu and Mala.

| Sr. no. | Name       | Name in Marathi |
|---------|------------|-----------------|
| 1       | Musta      | Nagarmotha      |
| 2       | Koshtha    | Kusht, Uplet    |
| 3       | Haridra    | Halad           |
| 4       | Daruharida | Daruhadal       |
| 5       | Vacha      | Vekhand         |
| 6       | Ativisha   | Ativish         |
| 7       | Katurohini | Kutki           |
| 8       | Chitrak    | Chitrak         |
| 9       | Chirabilva | Karanj          |
| 10      | Haimvatya  | Pandhri Vekhand |

### 4. Bhedaniya

Bhedaniya means Purgatives, Cathartic, Piercing Deep, mass breaking.

| Sr. no. | Name            | Name in Marathi |
|---------|-----------------|-----------------|
| 1       | Subaha          | Nishottar       |
| 2       | Arka            | Rui             |
| 3       | Urubak          | Erant           |
| 4       | Agnimukhi       | Kallavi         |
| 5       | Chitra          | Danti           |
| 6       | Chitrak         | Chitrak         |
| 7       | Chirabilva      | Karanj          |
| 8       | Shankhini       | Yavtikta        |
| 9       | Shakuladini     | Kutki           |
| 10      | Suvarnakshirini | Katedhotra      |

### 5. Sandhaniya

Sandhaniya means Union promoters, Unifying medicines, wound healing and bone healing.

These groups of medicines helps to heal fractures wounds, torn Dhatus, Absorb Kleda – Oozing and helps for union of molecules.

| Sr. no. | Name        | Name in Marathi |
|---------|-------------|-----------------|
| 1       | Madhuk      | Jyeshthmadh     |
| 2       | Madhuparni  | Gulvel          |
| 3       | Prusniparni | Pithvan         |
| 4       | Ambashthaki | Pahadvel        |
| 5       | Samanga     | Manjishtha      |
| 6       | Mocharas    | Katesawar Dink  |
| 7       | Dhataki     | Dhayati         |
| 8       | Lodhra      | Rodhra          |
| 9       | Priyangu    | Gavhla          |
| 10      | Katphala    | Kaiphala        |

## 6. Deepaniya

Deepaniya means Stomachic's and Digestives, improving digestive strength.

This group of medicines stimulates appetite.

| Sr. no. | Name           | Name in Marathi |
|---------|----------------|-----------------|
| 1       | Pippali        | Pimpali         |
| 2       | Pippalimul     | Pimpalimul      |
| 3       | Chavya         | Chavika         |
| 4       | Chitrak        | Chitrak         |
| 5       | Shrungaber     | Aale            |
| 6       | Amlavetas      | Amlvetas        |
| 7       | Maricha        | Mire            |
| 8       | Ajmoda         | Ova             |
| 9       | Bhallatakasthi | Bibba           |
| 10      | Hinguniryasa   | Hing            |

## 7. Balya

Balya means Improving Strength, nourishing all Dhatus.

| Sr. no. | Name        | Name in Marathi |
|---------|-------------|-----------------|
| 1       | Endri       |                 |
| 2       | Rushabhi    | Khajkuhili      |
| 3       | Atirasa     | Shatavari       |
| 4       | Rushypokta  | Ranudit         |
| 5       | Payasya     | Bhuikohla       |
| 6       | Ashwagandha | Askandh         |
| 7       | Sthira      | Saalsan         |
| 8       | Rohini      | Kutki           |
| 9       | Bala        | Chikna          |
| 10      | Atibala     | Pitbala         |

## 8. Varnya

Varnya means complexion promoters, helps to improving skin complexion.

| Sr. no | Name      | Name in Marathi |
|--------|-----------|-----------------|
| 1      | Chandan   | Chandan         |
| 2      | Tunga     | Naagkeshar      |
| 3      | Padmak    | Padmkashth      |
| 4      | Ushir     | Vala            |
| 5      | Madhuk    | Jyeshmadh       |
| 6      | Manjistha | Manjishtha      |
| 7      | Sariva    | Upalsali        |
| 8      | Payasya   | Bhuikohla       |
| 9      | Sita      | Pandhri Durva   |
| 10     | Lata      | Laal Durva      |

## 9. Kanthya

Kanthya means voice promoters.

These groups of medicines are beneficial for throat, tonic for pharynx and larynx, improving quality of voice.

| Sr. no. | Name        | Name in Marathi |
|---------|-------------|-----------------|
| 1       | Sariva      | Upalsali        |
| 2       | Ikshumul    | Us              |
| 3       | Madhuk      | Jyeshmadh       |
| 4       | Pippali     | Pimpali         |
| 5       | Draksha     | Draksha         |
| 6       | Vidari      | Bhuikohla       |
| 7       | Kaitarya    | Kaiphali        |
| 8       | Hansapadi   | Hanspadi        |
| 9       | Bruhti      | Dorli           |
| 10      | Kantakarika | Bhuiringani     |

## 10. Hrudya

Hrudya means cardiac tonic.

This group of medicines helps to improving heart strength.

| Sr. no. | Name       | Name in Marathi |
|---------|------------|-----------------|
| 1       | Aamra      | Aamba           |
| 2       | Aamratak   | Ambada          |
| 3       | Likucha    | Kshudraphanas   |
| 4       | Karamarda  | Karavand        |
| 5       | Vrukshamla | Aamsul          |
| 6       | Amlavetas  | Amlavetas       |
| 7       | Kuval      | Mothe Bor       |

|    |           |          |
|----|-----------|----------|
| 8  | Badar     | Bor      |
| 9  | Dadim     | Dalimb   |
| 10 | Matulunga | Mahalung |

### 11. Truptighna

Truptighna means anti-saturatives, relieving pseudo-satiation.

These groups of medicines are hunger and satiety center modulator.

| Sr. no. | Name    | Name in Marathi |
|---------|---------|-----------------|
| 1       | Nagar   | Sunth           |
| 2       | Chavya  | Chavak          |
| 3       | Chitrak | Chitrak         |
| 4       | Vidanga | Vavding         |
| 5       | Murva   | Morvel          |
| 6       | Guduchi | Gulvel          |
| 7       | Vacha   | Vekhand         |
| 8       | Musta   | Nagarmotha      |
| 9       | Pippali | Pimpali         |
| 10      | Patol   | Kadu Padval     |

### 12. Arshoghna

Arshoghna means Anti-haemorrhoidals.

| Sr. no. | Name        | Name in Marathi |
|---------|-------------|-----------------|
| 1       | Kutaj       | Kuda            |
| 2       | Bilva       | Bel             |
| 3       | Chitrak     | Chitrak         |
| 4       | Nagar       | Sunth           |
| 5       | Ativisha    | Ativisha        |
| 6       | Abhaya      | Hirda           |
| 7       | Dhanvayas   | Dhamasa         |
| 8       | Daruharidra | Daruhadal       |
| 9       | Vacha       | Vekhand         |
| 10      | Chavya      | Chavak          |

### 13. Kushthaghna

Kushthaghna means Anti – Dermatitis, relieving skin disease.

This group of medicines are used to treat Dermatological problems.

| Sr. no. | Name     | Name in Marathi |
|---------|----------|-----------------|
| 1       | Khadir   | Khair           |
| 2       | Abhaya   | Hirda           |
| 3       | Aamalak  | Aawla           |
| 4       | Haridra  | Halad           |
| 5       | Arushkar | Bibba           |

|    |            |                   |
|----|------------|-------------------|
| 6  | Saptaparna | Satveen           |
| 7  | Aaragwadha | Bahava            |
| 8  | Karavir    | Kanher            |
| 9  | Vidanga    | Vavding           |
| 10 | Jatipraval | Chamelichya Kalya |

#### 14. Kandughna

Kandughna means Anti-Purities, relieving itching sensation.

| Sr. no. | Name        | Name in Marathi |
|---------|-------------|-----------------|
| 1       | Chandan     | Chandan         |
| 2       | Nalad       | Jatamansi       |
| 3       | Krutamal    | Bahava          |
| 4       | Naktamal    | Karanj          |
| 5       | Nimba       | Kadunimb        |
| 6       | Kutaj       | Kuda            |
| 7       | Sarshap     | Mohri           |
| 8       | Madhuk      | Jyeshthmadh     |
| 9       | Daruharidra | Daruhadalad     |
| 10      | Musta       | Nagarmotha      |

#### 15. Krimighna

Krimighna means Anti helminthes, Vermicide, relieving itching sensation.

| Sr. no. | Name          | Name in Marathi |
|---------|---------------|-----------------|
| 1       | Akshiv        | Shevaga         |
| 2       | Marich        | Mire            |
| 3       | Gandir        | Nivdung         |
| 4       | Kebuk         | Kebuk           |
| 5       | Vidang        | Vavding         |
| 6       | Nirgundi      | Nirgundi        |
| 7       | Kinihi        | Aaghada         |
| 8       | Shwadanshtra  | Gokhru          |
| 9       | Vrushaparnika | Vrushparni      |
| 10      | Aakhuparnika  | Undirkani       |

#### 16. Vishaghna

Vishaghna means Anti Toxic, Anti dotes.

| Sr. no. | Name        | Name in Marathi |
|---------|-------------|-----------------|
| 1       | Haridra     | Halad           |
| 2       | Manjishtha  | Manjishtha      |
| 3       | Subaha      | Nishottar       |
| 4       | Sukshma Ela | Choti Vilaychi  |
| 5       | Palindi     | Kali Nishottar  |
| 6       | Chandan     | Chandan         |

|    |              |          |
|----|--------------|----------|
| 7  | Katak        | Katak    |
| 8  | Shirisha     | Shiras   |
| 9  | Sindhuwar    | Nirgundi |
| 10 | Schleshmantk | Bhokar   |

### 17. Stanyajanana

Stanya janana means Galactagogue, Improving Breast Milk.

| Sr. no. | Name        | Name in Marathi           |
|---------|-------------|---------------------------|
| 1       | Viran       | Khas                      |
| 2       | Shali       | Shali Tandul              |
| 3       | Shastik     | Sath Divsat Yenara Tandul |
| 4       | Ikshuwalika | Us                        |
| 5       | Darbha      | Darbha                    |
| 6       | Kusha       | Kusha                     |
| 7       | Kasha       | Sarkanda                  |
| 8       | Gundra      | Hogla                     |
| 9       | Itkat       | Trunvishesh               |
| 10      | Kattun Mul  | Rohish Gavati             |

### 18. Stanyashodhana

Stanya shodhan means Galacto purifier, cleansing and detoxifying breast milk.

| Sr. no. | Name         | Name in Marathi    |
|---------|--------------|--------------------|
| 1       | Patha        | Pahadmul           |
| 2       | Mahaushadha  | Sunth              |
| 3       | Suradaru     | Devdar             |
| 4       | Musta        | Nagarmotha         |
| 5       | Murva        | Morvel             |
| 6       | Guduchi      | Gulvel             |
| 7       | Vatsak phala | Indrayav           |
| 8       | Kiratatikta  | Kadechirait        |
| 9       | Katurohini   | Kutki              |
| 10      | Sariva       | Upalsali, Anantmul |

### 19. Shukrajanana

Shukra janan means Spermo-poieic, improving quality of semen and ovum.

| Sr. no. | Name        | Name in Marathi |
|---------|-------------|-----------------|
| 1       | Jivak       | Jivak           |
| 2       | Rushabhak   | Rushabhak       |
| 3       | Kakoli      | Kakoli          |
| 4       | Kshirkakoli | Kshirkakoli     |
| 5       | Mudgaparni  | Ranmug          |
| 6       | Mashaparni  | Ranudid         |
| 7       | Meda        | Meda            |

|    |            |                  |
|----|------------|------------------|
| 8  | Vrudharuha | Shatavari        |
| 9  | Jatila     | Jatamansi        |
| 10 | Kulinga    | Jatamansi Prakar |

## 20. Shukrashodhana

Shukra shodhan means Semen Purifier, cleansing and detoxifying semen and ovum.

| Sr. no. | Name          | Name in Marathi |
|---------|---------------|-----------------|
| 1       | Kushtha       | Kushth, Uplet   |
| 2       | Elwaluk       |                 |
| 3       | Katphala      | Kaiphala        |
| 4       | Samudraphen   | Samudraphen     |
| 5       | Kadamb niryas | Kadamb Dink     |
| 6       | Ikshu         | Us              |
| 7       | Kandekshu     | Usacha Prakar   |
| 8       | Ikshurak      | Talimkhana      |
| 9       | Vasuk         | Vsuhattak       |
| 10      | Ushir         | Vala            |

## 21. Snehopaga

Snehopaga means Adjuvant for Oleation therapy.

| Sr. no. | Name        | Name in Marathi |
|---------|-------------|-----------------|
| 1       | Mrudvika    | Manuka          |
| 2       | Madhuk      | Jyeshthmadh     |
| 3       | Madhuparni  | Gulvel          |
| 4       | Meda        | Meda            |
| 5       | Vidarikanda | Bhuikohla       |
| 6       | Kakoli      | Kakoli          |
| 7       | Kshirkakoli | Kshirkakoli     |
| 8       | Jivak       | Vilayati Gavati |
| 9       | Jivanti     | Halandodi       |
| 10      | Shalparni   | Saalyan         |

## 22. Swedopaga

Swedopaga means Adjuvant for Sweating Therapy.

| Sr. no. | Name       | Name in Marathi |
|---------|------------|-----------------|
| 1       | Shobhanjan | Shevaga         |
| 2       | Eranda     | Eranda          |
| 3       | Arka       | Rui             |
| 4       | Vrushira   | Pandhri Ghetuli |
| 5       | Punarnava  | Tambadi Ghetuli |
| 6       | Yav        | Jav             |
| 7       | Til        | Til             |
| 8       | Kullatha   | Kulith          |

|    |       |      |
|----|-------|------|
| 9  | Masha | Udid |
| 10 | Badar | Bor  |

### 23. Vamanopaga

Vamnopag means Adjuvant in Emetic or vomiting therapy.

| Sr. no. | Name          | Name in Marathi  |
|---------|---------------|------------------|
| 1       | Madhu         | Madhu            |
| 2       | Madhuk        | Jyeshthmadh      |
| 3       | Kovidar       | Laal Kanchnar    |
| 4       | Karbudar      | Pandhri Kanchnar |
| 5       | Nip           | Kadamb           |
| 6       | Vidul         | Jalvetas         |
| 7       | Bimbi         | Tondle           |
| 8       | Shanapushpi   | Ghantarva        |
| 9       | Sadapushpi    | Rui              |
| 10      | Pratyakpushpa | Aaghada          |

### 24. Virechanopaga

Virechanopag means Adjuvant in Purgation therapy.

| Sr. no. | Name      | Remark         |
|---------|-----------|----------------|
| 1       | Draksha   | Draksha        |
| 2       | Kashmarya | Shivan         |
| 3       | Parushak  | Phalsa         |
| 4       | Abhaya    | Hirda          |
| 5       | Aamalak   | Aawla          |
| 6       | Bibhitak  | Behda          |
| 7       | Kuval     | Mothe Bor      |
| 8       | Badar     | Vrukshache Bor |
| 9       | Karkandu  | Jhadiche Bor   |
| 10      | Pilu      | Pilu           |

### 25. Asthanopaga

Asthanopag means Adjuvant in non-oily or decoction enema.

| Sr. no. | Name        | Name in Marathi |
|---------|-------------|-----------------|
| 1       | Trivrut     | Nishottar       |
| 2       | Bilva       | Bel             |
| 3       | Pippali     | Pimpali         |
| 4       | Kushtha     | Kushth, Uplet   |
| 5       | Sarshap     | Mohri           |
| 6       | Vacha       | Vekhand         |
| 7       | Vatsak phal | Indrayav        |
| 8       | Shatapushpa | Balantshepa     |
| 9       | Maduk       | Jyeshthmadh     |

|    |           |         |
|----|-----------|---------|
| 10 | Madanphal | Gelphal |
|----|-----------|---------|

## 26. Anuvasanopaga

Anuvasnag means Adjuvant in oily enema.

| Sr. no. | Name         | Name in Marathi |
|---------|--------------|-----------------|
| 1       | Rasna        | Rasna           |
| 2       | Suradaru     | Devdar          |
| 3       | Bilva        | Bel             |
| 4       | Madan        | Gelphal         |
| 5       | Shatapushpa  | Balantshepa     |
| 6       | Vruschir     | Pandhri Ghetuli |
| 7       | Punarnava    | Tambdi Ghetuli  |
| 8       | Shwadanshtra | Gokhru          |
| 9       | Agnimantha   | Airan           |
| 10      | Shyonak      | Tentu           |

## 27. Shirovirechanopaga

Groups of Herbs useful in Nasya treatment i.e. Nasal drops

| Sr. no. | Name          | Name in Marathi |
|---------|---------------|-----------------|
| 1       | Jyotishmati   | Maalkangone     |
| 2       | Kshavak       |                 |
| 3       | Marich        | Mire            |
| 4       | Pippali       | Pimpali         |
| 5       | Vidanga       | Vavding         |
| 6       | Shigru        | Shevaga         |
| 7       | Sarshap       | Mohri           |
| 8       | Apamargtandul | Aaghada         |
| 9       | Shweta        | Pandri Gokarn   |
| 10      | Mahascweta    | Mothi Gokarn    |

## 28. Chardi nighrahana

Chardi Nighrahana means Anti-Emetics or relieving vomiting.

| Sr. no. | Name         | Name in Marathi          |
|---------|--------------|--------------------------|
| 1       | Jambu        | Jambhul                  |
| 2       | Aamra pallav | Ambyachi Pane            |
| 3       | Matulung     | Mahalung                 |
| 4       | Amlabadar    | Ambat Bor                |
| 5       | Dadim        | Dalimb                   |
| 6       | Yav          | Jav                      |
| 7       | Yashtik      | Jyeshthmadh              |
| 8       | Ushir        | Vala                     |
| 9       | Mrut         | Saurashtra Deshachi Mati |
| 10      | Laja         | Lahya                    |

**29. Trushna nighrahana**

Trushna Nighrahana means Anti thirst, relieving thirst.

| Sr. no. | Name        | Name in Marathi |
|---------|-------------|-----------------|
| 1       | Nagar       | Suntha          |
| 2       | Dhanvayasak | Dhamasa         |
| 3       | Mustak      | Nagarmotha      |
| 4       | Parpatak    | Pittapapda      |
| 5       | Chandan     | Chandan         |
| 6       | Kiratatikta | Kadechirayat    |
| 7       | Guduchi     | Gulvel          |
| 8       | Hriber      | Netrawala       |
| 9       | Dhanyak     | Dhane           |
| 10      | Patol       | Kadu Padval     |

**30. Hikka nighrahana**

Hikka Nighrahana means Anti-hiccough, relieving hiccups.

| Sr. no. | Name         | Name in Marathi |
|---------|--------------|-----------------|
| 1       | Shati        | Kapurkachari    |
| 2       | Pushkarmul   | Pokharmul       |
| 3       | Badar bij    | Borache Mul     |
| 4       | Kantakari    | Bhui Ringni     |
| 5       | Bruhati      | Dorali          |
| 6       | Vruksharuha  | Bandgul         |
| 7       | Abhaya       | Hirda           |
| 8       | Pippali      | Pimpali         |
| 9       | Duralabha    | Dhamasa         |
| 10      | Kulirshrunya | Kakadshingi     |

**31. Purisha sangrahaneeya**

Purisha Sangrahaneya means Stool Blinder, Intestinal Astringents, helps to improve the bulk of stools.

| Sr. no. | Name          | Name in Marathi   |
|---------|---------------|-------------------|
| 1       | Priyangu      | Gavhla            |
| 2       | Ananta        | Upalsari          |
| 3       | Aamrasthi     | Ambyachi Koy      |
| 4       | Katvanga      | Tentu             |
| 5       | Lodhra        | Rodhra            |
| 6       | Mocharas      | Katesavaicha Dink |
| 7       | Samanga       | Manjishtha        |
| 8       | Dhatakipushpa | Dhayatichi Phule  |
| 9       | Padma         | Bharangi          |
| 10      | Padma Keshar  | Kamalache Keshar  |

### 32. Purisha virajaneeya

Purisha Virajaniya means Correctives of fecal pigments.

This group of medicines helps to bring back proper color of stools.

| Sr. no. | Name          | Name in Marathi         |
|---------|---------------|-------------------------|
| 1       | Jambu         | Jambhul                 |
| 2       | Shallaki Twak | Shallaki                |
| 3       | Kraunch       | Khajkuhili              |
| 4       | Madhuk        | Jyeshthmadh             |
| 5       | Shalmali      | Katesavar               |
| 6       | Shriveshtak   |                         |
| 7       | Bhrushtamrut  | Agnimadhe Bhajleli Mati |
| 8       | Payasya       | Bhuikohla               |
| 9       | Utpal         | Nile Kamal              |
| 10      | Tilkana       | Tilache Bee             |

### 33. Mutra sagraheeya

Mutra Sangrahaniya means Anti Diuretics or Urinary Astringents.

This group of medicines helps to restore normal quantity of urine.

| Sr. no. | Name      | Name in Marathi |
|---------|-----------|-----------------|
| 1       | Jambu     | Jambhul         |
| 2       | Aamra     | Aamba           |
| 3       | Plaksha   | Pimpri          |
| 4       | Vat       | Vad             |
| 5       | Kapitan   | Paras Pimpal    |
| 6       | Udumbar   | Umbar           |
| 7       | Ashwatha  | Pimpal          |
| 8       | Bhallatak | Bibba           |
| 9       | Ashmantak | Asht            |
| 10      | Somvalka  | Shwet Khadir    |

### 34. Mutra virajaneeya

Mutra Virajaniya Means Corrective of Urinary Pigments. This group of medicines helps to restore proper color of urine.

| Sr. no. | Name       | Name in Marathi  |
|---------|------------|------------------|
| 1       | Padma      | Kamal            |
| 2       | Utpal      | Nile Kamal       |
| 3       | Nalin      | Kamalacha Prakar |
| 4       | Kumud      | Shwet Kamal      |
| 5       | Saugandhik | Kamalacha Prakar |
| 6       | Pundarik   | Shwet Kamal      |
| 7       | Shatapatra |                  |

|    |               |                 |
|----|---------------|-----------------|
| 8  | Madhuk        | Jeshthamadha    |
| 9  | Priyangu      | Gavhla          |
| 10 | DhatakiPushpa | Dhayatiche Phul |

### 35. Mutra virechaneeya

Mutra Virechaniya means Diuretics. This group of medicines helps to cleanse urine.

| Sr. no. | Name         | Name in Marathi |
|---------|--------------|-----------------|
| 1       | Vrukshadani  | Bandgul         |
| 2       | Shwadanshtra | Gokhru          |
| 3       | Vasuk        | Gotuli          |
| 4       | Vashir       |                 |
| 5       | Pashanbhed   | Shilabhed       |
| 6       | Darbha       | Darbha          |
| 7       | Kusha        | Kusha           |
| 8       | Kasha        | Kasai           |
| 9       | Gundraa      |                 |
| 10      | Utkat mul    |                 |

### 36. Kasahara

Kasahara means Bronchial Sedatives or Anti Tussive.

| Sr. no. | Name        | Name in Marathi |
|---------|-------------|-----------------|
| 1       | Draksha     | Draksh          |
| 2       | Abhaya      | Hirda           |
| 3       | Aamalak     | Aawla           |
| 4       | Pippalli    | Pimpali         |
| 5       | Duralabha   | Dhamasa         |
| 6       | Shrungi     | Kakadshingi     |
| 7       | Kantakarika | Bhuiringni      |
| 8       | Vruschir    | Shwet Ghetuli   |
| 9       | Punarnava   | Ghetuli         |
| 10      | Tamalaki    | Bhui Aawla      |

### 37. Shwashara

Shwashara means Anti Asthmatics or Bronchial Anti Spasmodic. This group of medicines helps to relieving asthma, difficulty in breathing.

| Sr. no. | Name       | Name in Marathi |
|---------|------------|-----------------|
| 1       | Shati      | Kapoor Kachri   |
| 2       | Pushkarmul | Pokharmul       |
| 3       | Amlavetas  | Amlvetas        |
| 4       | Ela        | Choti Vilaychi  |
| 5       | Hingu      | Hing            |
| 6       | Agaru      | Agaru           |

|    |          |            |
|----|----------|------------|
| 7  | Surasa   | Tulas      |
| 8  | Tamalaki | Bhui Aawla |
| 9  | Jivanti  | Harankhuri |
| 10 | Chanda   |            |

### 38. Shothahara

Shothahara means reduces Oedema, relieving inflammation.

| Sr. no. | Name         | Name in Marathi |
|---------|--------------|-----------------|
| 1       | Patala       |                 |
| 2       | Agnimantha   |                 |
| 3       | Shyonak      | Tentu           |
| 4       | Bilva        | Bel             |
| 5       | Kashmarya    | Gambhari        |
| 6       | Kantakarika  | Bhuiringani     |
| 7       | Bruhati      | Dorali          |
| 8       | Shalparni    | Saalvan         |
| 9       | Prushniparni | Pithvan         |
| 10      | Gokshur      | Gokhru          |

### 39. Jwarahara

Jwarahara means Anti Pyretic, relieving fever.

| Sr. no. | Name       | Name in Marathi |
|---------|------------|-----------------|
| 1       | Sariva     | Upalsari        |
| 2       | Sharkara   | Sakhar          |
| 3       | Patha      | Pahadmud        |
| 4       | Manjishtha | Manjishtha      |
| 5       | Draksha    | Draksh          |
| 6       | Pilu       | Pilu            |
| 7       | Parushak   | Phalsa          |
| 8       | Abhaya     | Hirda           |
| 9       | Aamalak    | Aawla           |
| 10      | Bibhitak   | Behda           |

### 40. Shramhara

Shramhara means Anti Fatigue, relieving tiredness.

| Sr. no. | Name     | Name in Marathi |
|---------|----------|-----------------|
| 1       | Draksha  | Draksh          |
| 2       | Kharjur  | Khajur          |
| 3       | Priyal   | Charoli         |
| 4       | Badar    | Bor             |
| 5       | Dadim    | Daimb           |
| 6       | Phalgu   | Anjeer          |
| 7       | Parushak | Phalsa          |

|    |          |            |
|----|----------|------------|
| 8  | Ikshu    | Us         |
| 9  | Yav      | Jav        |
| 10 | Shashtik | Sathesalee |

#### 41. Daha prashmana

Daha Prashman means Refrigerant, relieving burning sensation.

| Sr. no. | Name            | Name in Marathi |
|---------|-----------------|-----------------|
| 1       | Laja            | Lahya           |
| 2       | Chandan         | Chandan         |
| 3       | Kashmarya phala | Shivan          |
| 4       | Madhuk          | Jyethmadh       |
| 5       | Sharkara        | Sakhar          |
| 6       | Nilotpal        | Nile Kamal      |
| 7       | Ushir           | Vala            |
| 8       | Sariva          | Upalsari        |
| 9       | Guduchi         | Gulvel          |
| 10      | Hriber          | Netrawala       |

#### 42. Sheeta prashmana

Sheeta Prashmana means Warming, relieving cold sensation.

| Sr. no. | Name       | Name in Marathi |
|---------|------------|-----------------|
| 1       | Tagar      | Tagarmul        |
| 2       | Agaru      | Agaru           |
| 3       | Dhanyak    | Dhane           |
| 4       | Shrungaber | Sunth           |
| 5       | Bhutik     | Ova             |
| 6       | Vacha      | Vekhand         |
| 7       | Kantakari  | Bhuiringni      |
| 8       | Agnimantha | Airan           |
| 9       | Shyonak    | Tentu           |
| 10      | Pippali    | Pimpali         |

#### 43. Udarda prashmana

Udarda Prashmana means Anti-Urticarial, relieving allergic skin rashes.

| Sr. no. | Name       | Name in Marathi |
|---------|------------|-----------------|
| 1       | Tinduk     | Tendu           |
| 2       | Priyal     | Charoli         |
| 3       | Badar      | Bor             |
| 4       | Khadir     | Khadir          |
| 5       | Kadar      | Shwet Khadir    |
| 6       | Saptaparna | Saatveen        |
| 7       | Ashwakarna | Saal            |
| 8       | Arjun      | Saarthol        |

|    |        |           |
|----|--------|-----------|
| 9  | Asan   | Asan      |
| 10 | Arimed | Vitkhadir |

#### 44. Angamarda prashamana

Angamarda Prashmana means Analgesic, relieving body pain.

| Sr. no. | Name         | Name in Marathi |
|---------|--------------|-----------------|
| 1       | Vidarigandha | Salvan          |
| 2       | Prushniparni | Pithvan         |
| 3       | Bruhati      | Dorali          |
| 4       | Kantakari    | Ringni          |
| 5       | Eranda       | Erand           |
| 6       | Kakoli       | Kakoli          |
| 7       | Chandan      | Chandan         |
| 8       | Ushir        | Vala            |
| 9       | Ela          | Choti Vilaychi  |
| 10      | Madhuk       | Jyeshthmadh     |

#### 45. Shula prashamana

Shula Prashmana means Anti Spasmodic, relieving abdominal colic pain.

| Sr. no. | Name       | Name in Marathi |
|---------|------------|-----------------|
| 1       | Pippali    | Pimpali         |
| 2       | Pippalimul | Pimpalimul      |
| 3       | Chavya     | Chavak          |
| 4       | Chitrak    | Chitrak         |
| 5       | Shrungaber | Aale            |
| 6       | Maricha    | Mire            |
| 7       | Ajamoda    | Ova             |
| 8       | Ajagandha  | Aaskandh        |
| 9       | Ajaji      | Jeere           |
| 10      | Gandir     | Shamathshak     |

#### 46. Shonitasthapana

Shonitasthapana means Hemostatic, stopping bleeding, restoring proper quantity of blood.

| Sr. no. | Name       | Name in Marathi |
|---------|------------|-----------------|
| 1       | Madhu      | Madh            |
| 2       | Madhuk     | Jyeshthmadh     |
| 3       | Rudhir     | Keshar          |
| 4       | Mocharas   | Savaricha Dink  |
| 5       | Mrut kapal | Khaparachi Mati |
| 6       | Lodhra     | Rodhra          |
| 7       | Gairik     | Geru            |
| 8       | Priyangu   | Gavhla          |
| 9       | Sharkara   | Sakhar          |

|    |      |       |
|----|------|-------|
| 10 | Laja | Lahya |
|----|------|-------|

#### 46. Vedanasthapana

Vedanasthapana means Analgesic, relieving pain.

| Sr. no. | Name     | Name in Marathi |
|---------|----------|-----------------|
| 1       | Shal     | Saal            |
| 2       | Katphal  | Kayphal         |
| 3       | Kadamb   | Kadamb          |
| 4       | Padmak   | Padamkashth     |
| 5       | Tumb     | Nagkeshar       |
| 6       | Mocharas | Savaricha Dink  |
| 7       | Shrisha  | Shiras          |
| 8       | Vanjul   | Jalvetas        |
| 9       | Elwaluk  |                 |
| 10      | Ashok    | Ashok           |

#### 48. Sandhya sthapana

Sandhya Sthapana means Stimulant, restoring consciousness.

| Sr. no. | Name         | Name in Marathi |
|---------|--------------|-----------------|
| 1       | Hingu        | Hing            |
| 2       | Kaitarya     | Parvat Nimb     |
| 3       | Arimed       | Vitkhadir       |
| 4       | Vacha        | Vekhand         |
| 5       | Chorak       | Chorak          |
| 6       | Vayastha     | Brahmi          |
| 7       | Golomi       |                 |
| 8       | Jatila       | Jatamansi       |
| 9       | Palankasha   | Guggul          |
| 10      | Ashok Rohini | Kutki           |

#### 47. Prajasthapana

Prajasthapana means Procretive, useful in begetting child.

| Sr. no. | Name            | Name in Marathi |
|---------|-----------------|-----------------|
| 1       | Endri           |                 |
| 2       | Brahmi          | Brahmi          |
| 3       | Shatavirya      | Shatavari       |
| 4       | Sahastravirya   | Mahashatavari   |
| 5       | Amogha          | Aawla           |
| 6       | Avyatha         | Gulvel          |
| 7       | Shiva           | Hirda           |
| 8       | Arishta         | Kutki           |
| 9       | Vatyapushpi     | Bala            |
| 10      | Vishwaksenkanta | Gavhla          |

#### 48. Vayahasthapana

Vayahasthapana means anti-ageing, rejuvenating

| Sr. no. | Name        | Name in Marathi |
|---------|-------------|-----------------|
| 1       | Amruta      | Gulvel          |
| 2       | Abhaya      | Hirda           |
| 3       | Dhatri      | Aawla           |
| 4       | Yukta       | Rasna           |
| 5       | Schweta     | Gokarn          |
| 6       | Jivanti     | Harankhuri      |
| 7       | Atirasa     | Shatavari       |
| 8       | Mandukparni | Karivana        |
| 9       | Sthira      | Saalvan         |
| 10      | Punarnava   | Ghetuli         |

#### DISCUSSION AND CONCLUSION

In 50 Mahakashya total 500 kashya are described by Acharya Charak: Some dravya are repeated in more than one mahakashya. So the numbers of dravya becomes less than 500 but by different properties of single dravya, it becomes used in different Mahakashya, e.g. Yashtimadhu It is used in jivaniya, Sandhaniya, varnya etc. proper use on these Mahakashya would help to live a healthy life and to combat the disorders.

For this purpose we should know the marathi name of the dravyas in specific mahakashya, As we are Maharashtrian apart from this it will also useful to aware the people for protection and Samvardhan of particular medicinal plants found in that area.

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