

**DEVELOPMENT AND VALIDATION OF STABILITY INDICATING
RP-HPLC METHOD FOR SIMULTANEOUS ESTIMATION OF
CURCUMIN AND PIPERINE IN BULK MIXTURE.****Mamta Y. Chahar¹ and Dr. Rajashree Mashru^{1*}**

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ABSTRACT

A new RP-HPLC method has been developed and validated for simultaneous estimation of Curcumin and Piperine, present method is found to be simple, rapid, precise, accurate, specific and stability indicating. Column used was Synchronis C-18 (250 mm x 4.6 mm 5 μ m), mobile phase consist of water (0.1% acetic acid): Acetonitrile in 40:60v/v ratio to achieve good resolution and retention of analytes and its impurities. Detector linearity was established in concentration range curcumin 25-125 μ g/ml, piperine 0.25-1.25 μ g/ml. The regression coefficient was 0.9979 for curcumin and 0.999 for piperine. The analyte was exposed to stress conditions such as acid, base, oxidation, neutral and sunlight as per ICH guidelines recommendations. Method was validated in terms of linearity, specificity, precision, accuracy, limit of detection and limit of quantification, results were found to be satisfactory and offers good column life.

KEYWORDS: Curcumin, Piperine, Stability, RP-HPLC.**INTRODUCTION**

Stability studies are aimed to provide confirmation that product remains within established specifications to ensure identity, strength, quality and purity. Stability study data also help us providing effect of various environmental factors including - pH changes like acidic, basic or neutral, temperature, humidity and light on drug as long term effects.

Stability study even provide data on degradation products formed under various conditions, help indentifying impurities and even one can know how two or more drugs in combination interact with each other, whether they are compatible with each other in altered environmental conditions. Also one can know interaction between drug and excipients. Stability defines or interpret time and condition under which drug will remain under predefined limits for all its possible characters.

In order to carry out acceptable, systematic, reproducible and compliant stability program we need to strictly follow various regulatory guidelines. Besides all guidelines ICH (International Conference on Harmonization) guidelines are mostly followed.

ICH guideline Q1A “Stability Testing of New Drug Substances and Products”^[1] encovers testing of drugs character which are likely to alter in various condition and can affect quality, safety and efficacy of drug. Entire stability testing should be done by a validated stability indicating method.^[2]

Curcumin is a polyphenolic, fluorescent constituent more specifically a terpenoid derived from *Curcuma longa* categorized as a spice. Curcumin is used widely since long time as a dietary supplement, coloring agent and for curing wide range of disease as it shows wide range of therapeutic effect including bioavailability enhancer, anti-inflammatory^[3], antifungal^[4], antibacterial^[5], anticancer^[6], anti-fertility^[7], anti-diabetic^[8], antioxidant^[9], antiamebic^[10], anti-HIV^[11], anti spasmodic^[12], nematocidal.^[13]

Safe dose was found to be 8g/day.^[14-16]

Curcumin IUPAC name is (1, 7-Bis-(4-Hydroxy-3-methoxyphenyl)-hepta-1,6-diene-3,5-dione, having molecular formula $C_{21}H_{20}O_6$ and molecular weight 368.37g/mol and melts at 182-184°C^[17], Curcumin structure is shown in figure-1.

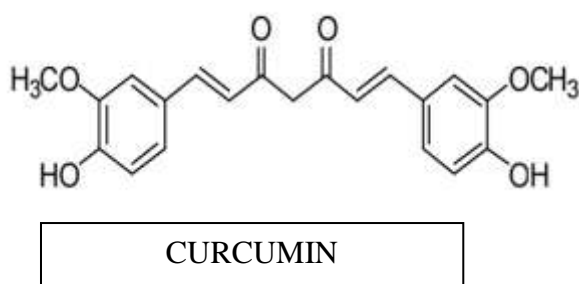
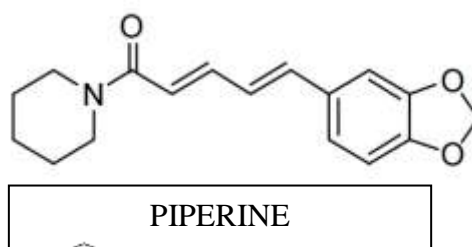


Figure-1^[18]

Curcumin is yellow powder^[19], fluorescent in nature and was soluble in oil, ethanol, dimethylsulfoxide and acetone, practically insoluble in water and ether.^[19]

Piperine is potent, pungent^[20] alkaloid recovered from *Piper longum* and *Piper nigrum* also called black pepper and is also categorized as spice.^[21] Piperine obtained from herbal source shows 98% purity.^[22,23] Piperine show therapeutic action including CNS depressant^[21,24], antipyretic^[21,24], anti-inflammatory^[21-24], antioxidant^[21,24], cytoprotective, antiulcer, anticonvulsant^[25], showed good results as bioavailability enhancer^[26,27] and as an insecticide.^[28]

Piperine IUPAC name is 1-[5-(1,3-Benzodioxol-5-yl)-1-oxo-2,4-pentadienyl]piperidine^[29], with molecular formula $C_{17}H_{19}NO_3$, having molecular weight 285.34g/mol and melts at 281-283°C. Piperine is highly soluble in alcohol, ether and chloroform, slightly soluble in water.^[20] Piperine structure is shown in figure-2.^[18]



Literature review showed various methods for simultaneous estimation of curcumin and piperine include RP-HPLC-PDA^[30], HPLC-MS/MS in Human Plasma^[18], HPTLC^[31], RP-HPLC in aqueous humor of rabbit.^[32] Analytical method reported for stability studies of curcumin alone include HPLC-UV and with Silymarin in HPLC.^[33] Similarly for stress degradation study for Piperine include LC/Q-TOF- dual ESI MS^[34] alone and RP-HPLC method for Piperine with Rifampicin^[35] or Aconitine.^[36]

Most of these methods are for determination of either curcumin and piperine separately or in combination with other drug. No method is available so far showing simultaneous stability indicating study of curcumin and piperine, this provoked us to perform present study which aims at new validated stability indicating RP-HPLC method development for simultaneous estimation of curcumin according to ICH recommended guidelines.

MATERIALS AND METHODS

Materials

Working standards include Curcumin procured from TCI Chemicals and Piperine purchased from Sigma Aldrich.

Reagents include Acetonitrile HPLC grade (SD fine chem), Glacial acetic acid HPLC grade (spectrochem pvt. ltd., Mumbai), Hydrochloric acid (Allied Chemicals laboratories), Sodium Hydroxide flakes LOBA Chemie, Hydrogen peroxide solution 30% w/v (Fisher scientific), Double distilled water. All other chemicals and reagents used were HPLC grade unless otherwise indicated and 0.2µm Nylon filter (Pall life science, Mumbai, India).

Instrumentation and chromatographic condition

Instrumentation

Instruments used in the study were

For RP-HPLC SHIMADZU LC-20AT Prominence was used. Detection was performed with SHIMADZU SPD-20A Prominence UV/VIS Detector.

Sample was injected using Rheodyne 7725 injector valve with fixed loop at 20µl.

Data acquisition and integration was performed using Spinchrom software (Spincho biotech, Vadodara).

An ultrasonicator DTC 503 (Ultrasonics Selec, Vetra, Italy) was used for degassing the mobile phase.

Chromatographic condition

Chromatographic separation of Curcumin and Piperine and that of their degradants were obtained by using Synchronis C-18 (250 mm x 4.6 mm 5 µm) column. Mobile phase used was): Acetonitrile: Water (0.1% Acetic acid, pH 3.2 in 60:40 v/v), water filtered through 0.2µm Nylon filter and degassing was performed by using ultrasonicator by 1 cycle of 5 minutes. Mobile phase pumping through column was performed at 1ml/min, injection volume 20µl. Detection wavelength was selected as 343nm. Each analysis was completed within 10 minutes.

Standard Solutions

Preparation of standard solutions

Stock solution of curcumin 1 μ g/ml was prepared by dissolving 10mg curcumin in 10 ml methanol (stock 1a), similarly stock solution piperine 0.1 μ g/ml was prepared by dissolving 5 mg in 50 ml methanol (stock 1b).

Working standard solutions curcumin (25-125 μ g/ml) and piperine(0.25-1.25 μ g/ml) mixture was prepared by withdrawing suitable aliquots of corresponding stock 1a for curcumin and stock 1b for piperine in same volumetric flask and making up to the mark with mobile phase.

Preparation of sample solution

Forced degradation of Curcumin and Piperine

Stock solution: Stock solution of binary mixture of Curcumin and Piperine was prepared in 1:1 ratio of Curcumin and Piperine by dissolving in methanol, individual methanolic stock of curcumin and piperine are also prepared.

1.) Acidic hydrolysis

1ml of above methanolic stock solution of binary mixture was taken in 10 ml volumetric flask and was made up to 10 ml with 2N HCl. The mixture was refluxed for 5 hours at 80°C on oil bath. Reflux condition was maintained under dark in order to prevent photo-degradation. Suitable aliquots of degradation samples were taken periodically and neutralized with NaOH, assay was performed after suitable dilutions with mobile phase. 1ml from individual curcumin and piperine stock was taken separately and treated similar to binary mixture.

2.) Basic hydrolysis

1ml of above methanolic stock solution of binary mixture was taken in 10 ml volumetric flask and was made up to 10 ml with 0.2N NaOH. The mixture was refluxed for 2 hours at 80°C on oil bath. Reflux condition was maintained under dark in order to prevent photolytic degradation. Suitable aliquots of degradation samples were taken periodically and neutralized with HCl, assay was performed after suitable dilutions with mobile phase. 1ml from individual curcumin and piperine stock were taken separately and treated similar to binary mixture.

3.) Oxidative hydrolysis

1ml of above methanolic stock solution of binary mixture was taken in 10 ml volumetric flask and was made up to 10 ml with 1.5% w/v H₂O₂. The mixture was refluxed for 4 hours at 80°C on oil bath. Reflux condition was maintained under dark in order to prevent photolytic degradation. Suitable aliquots of degradation samples were taken periodically and assayed after suitable dilutions with mobile phase. 1ml from individual curcumin and piperine stock were taken separately and treated similar to binary mixture.

4.) Neutral hydrolysis

1ml of above methanolic stock solution of binary mixture was taken in 10 ml volumetric flask and was made up to 10 ml with water. The mixture was refluxed for 12 hours at 80°C on oil bath. Reflux condition was maintained under dark in order to prevent photolytic degradation. Suitable aliquots of degradation samples were taken periodically and assay was performed after suitable dilutions with mobile phase. 1ml from individual curcumin and piperine stock is taken separately and treated similar to binary mixture.

5.) Photochemical degradation

Photolytic degradation study was performed by exposing 1ml of methanolic stock of binary mixture to direct sunlight for 7 hours. Suitable aliquots of degradation samples were taken periodically and assayed after suitable dilutions with mobile phase. 1ml from individual curcumin and piperine stock were taken separately and treated similar to binary mixture.

6.) Thermal degradation

Thermal degradation was performed by placing binary mixture of compound in 1:1 ratio in solid form at 80°C in hot air oven for 72 hours in dark condition. Curcumin and Piperine were also placed separately in oven. Fixed amount of API was weighed periodically and assayed after suitable neutralization with mobile phase.

Validation of RP-HPLC method for Curcumin and Piperine in bulk drug

Method Validation was performed in accordance with ICH guidelines.

Calibration curve (Linearity and Range)

Working standard solutions were prepared by accurately measuring aliquots from individual stock 1a and stock 1b in separate series of 10 ml volumetric flask and diluted up to mark with mobile phase such that resultant concentration comes out to be 25-125 µg/ml in curcumin

containing flask and 0.25-0.125 μ g/ml in piperine containing flask. 20 μ l of triplicate injections were given at 1ml/min flow rate, detected at 343nm. Calibration curve was obtained for both drugs separately by plotting Area under peak versus concentration.

Table-1: Calibration curve analysis for Curcumin and Piperine of developed method.

Parameter	Curcumin	Piperine
Linearity Range (μ g/ml)	25-125	0.25-1.25
Detection Wavelength (nm)	343	343
Slope \pm RSD	0.7068	0.7070
Intercept \pm RSD	0.5634	0.6483
Correlation Coefficient	0.9979	0.997

RSD= Relative Standard Deviation (n=3).

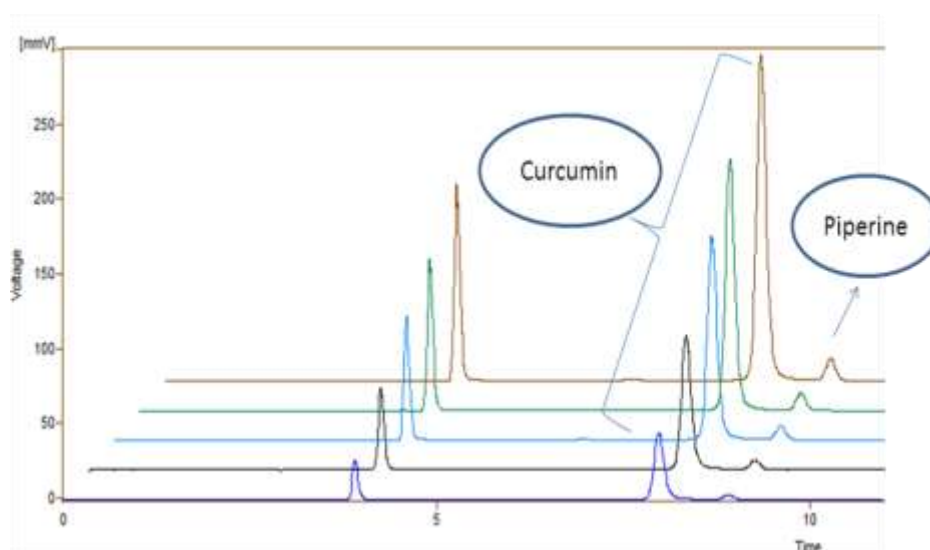


Figure-3: 3D chromatogram showing peaks of Curcumin (25-125 μ g/ml) and Piperine (0.25-1.125 μ g/ml) at different concentrations.

Precision

a.) Method Precision (Repeatability)

To check instrumental precision a binary mixture containing Curcumin (75 μ g/ml) and Piperine (0.75 μ g/ml) was repeatedly injected (n=6). Results were expressed as %RSD.

b.) Intermediate Precision (Reproducibility)

Intraday precision was determined by analyzing standard binary mixture solution 3 times a day in a triplicate.

Interday precision was determined by analyzing standard binary mixture for 5 consecutive days. Results were expressed as %RSD.

Accuracy

Accuracy was determined by recovery study which was performed by spiking bulk drug mixture with standard API Curcumin and Piperine at 3 levels- 80%, 100%, 120%.

Each level analysis was performed by three replicates. Spiked standards were obtained by taking into account bulk drug mixture without standard spiking and applying there values to regression equations of calibration curves.

Limit of detection (LOD)

LOD of the drug were calculated using the following equation given below as per International Conference on Harmonization (ICH) guidelines

$$LOD = 3.3 \times \sigma/S.$$

Where σ = the standard deviation of the response and S = the slope of the regression equation.

Limit of quantitation (LOQ)

LOQ of the drug were calculated using the following equation given below as per International Conference on Harmonization (ICH) guidelines

$$LOQ = 10 \times \sigma/S.$$

Where σ = the standard deviation of the response and S = the slope of the regression equation.

Table-2: Results of Validation Parameters for Proposed RP-HPLC method.

Parameter	Curcumin	Piperine
Limit of Detection (LOD)	8.4167	0.18628
Limit of Quantitaion (LOQ)	25.505	0.56450
Accuracy%	99.36-100.586%	98.77-100.157%
Repeatability(RSD*%, n=5)	0.342	0.298
Precision		
Interday (n=3)	1.462	1.0227
Intraday (n=3)	0.268	0.1326

Robustness

Robustness is measured by making small changes in method parameters. Method is considered robust when it remains unaffected by small changes in parameters. Three factors are varied at 3 levels which include (a) Flow rate (0.9, 1, 1.1), (b) Ratio of Acetonitrile in

mobile phase (58%, 60%, 62%), (c) Detection wavelength (341nm, 343nm, 345nm). One factor was changed at a time. 3 replicate injection of bulk drug mixture at 3 consecutive levels were injected. Results were reported in terms of Relative Standard Deviation (RSD).

Table-3: Results of Robustness as Validation Parameter for Proposed RP-HPLC method.

Factors	Rt (min) Curcumin	Rt (min) Piperine	Area (mV.s) Curcumin	Area (mV.s) Piperine
Flow Rate (ml/min)				
0.9	8.910	9.923	1567.902	112.879
1.0	8.077	8.973	1539.653	108.612
1.1	7.297	8.140	1525.227	103.439
Mean±SD	8.0946±1.153	9.012±1.288	1554.2606±1.6072	106.6433±1.744
Ratio of ACN.(ml)				
58	8.103	9.090	1621.148	115.795
60	8.077	8.973	1593.653	108.612
62	7.07	8.047	1606.37	109.539
Mean±SD	7.75±0.961	8.7033±0.9282	1618.057±1.89678	111.3153±1.03578
Wavelength (nm)				
341	7.987	8.920	1512.606	113.571
343	8.071	8.973	1539.653	108.612
345	7.963	8.903	1578.760	106.340
Mean±SD	8.009±0.1004	8.932	1547.0063±1.43901	109.5076±1.74609

System Suitability Test (SST)

SST parameters like Retention time Rt, Theoretical Plates, Tailing factor, Capacity factor and Resolution were calculated from the chromatogram obtained by injecting suitable bulk drug mixture in replicate of 6 (n=6).

Table-4: System Suitability Test Parameters for Curcumin and Piperine for proposed RP-HPLC method.

Parameter	Curcumin ± RSD	Piperine ± RSD
Retention Time Rt (min)	8.1485	9.0495
Theoretical plate	16722.833	19160.333
Tailing factor	1.2216	0.9906
Resolution	-	3.5096
Capacity factor	2.48	2.53

RESULTS AND DISCUSSION

Curcumin and Piperine chromatogram showed resolution less than two which was not acceptable, for this reason method was optimized, after large number of trials method

optimized was having mobile phase Acetonitrile: Water (0.1% Acetic acid) 60:40v/v, 20 μ l sample injection at 1ml/min flow rate, detection wavelength was 343nm. Acceptable separation and good peak symmetry for curcumin and piperine were obtained by proposed method and all validated parameters were found within ICH guidelines limitation.

Under acidic degradation studies curcumin was found to be almost stable and gave no characteristic degradant peak under acid strength 0.1N, 0.2N, 0.5N, 1N HCl, but lastly with 2N HCl curcumin gave one distinct and two small degradant peaks with increasing intensity with time. Piperine do show decrease in peak intensity but no characteristic peak of piperine degradant was observed.

Acidic hydrolysis for 5 hours show more than 20% degradation of Piperine and Curcumin.

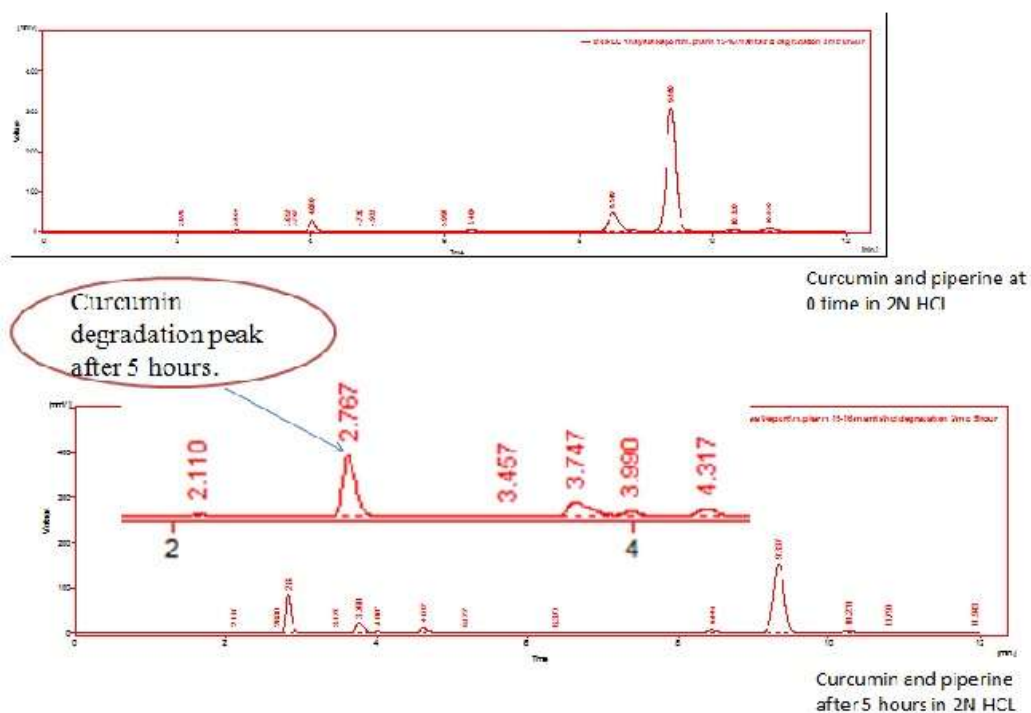
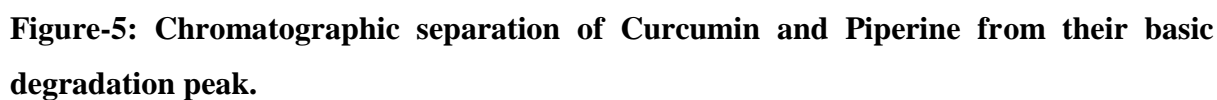


Figure-4: Chromatographic separation of Curcumin and Piperine from their acidic degradation peak.

Under basic hydrolysis Curcumin was found highly unstable (0.2N NaOH) and showed nearly 80% degradation within 30 minutes but piperine was found much stable to basic condition than curcumin hence basic condition was maintained for further two hours giving piperine degradant peak.



Oxidation was performed using hydrogen peroxide 3% w/v curcumin and piperine was found much unstable and hence milder stressed condition (1.5% H₂O₂) was tried giving good results. Curcumin oxidation gave a degradant peak with increasing concentration periodically while Piperine do show decrease in peak intensity with time but no degradant peak of Piperine was observed.



Under photo degradation piperine was found to be highly sensitive to light and gave three distinct degradation peak within 7 hours, Curcumin was much stable than piperine under photodegradation. Curcumin gave four to five less intense peaks after seven hours.

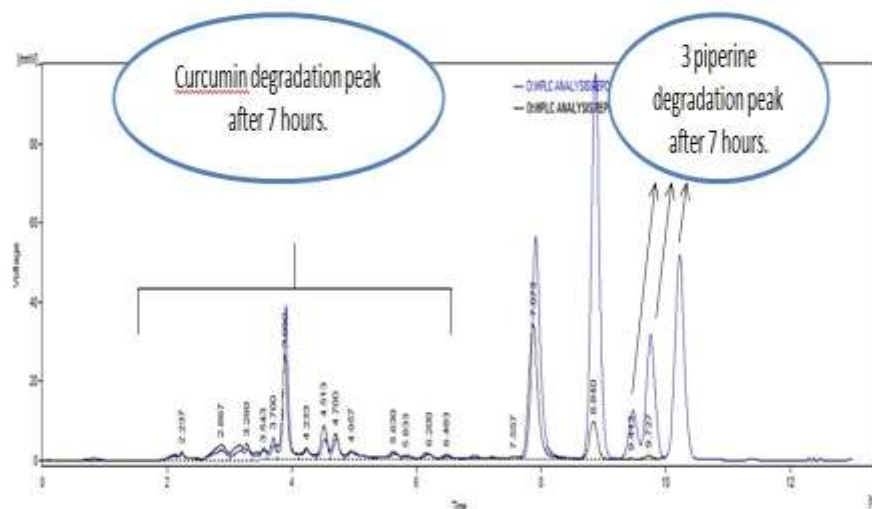


Figure-7: Chromatographic separation of Curcumin and Piperine from their photolytic degradation peak.

Both Curcumin and Piperine were found to be thermally stable and gave no distinct peak after maintaining 72 hours thermally stressed condition. Also both drugs were found to be stable under neutral degradation giving no distinct peak after 12 hours study under stressed condition.

CONCLUSION

A rapid, convenient, accurate, precise method for simultaneous estimation and identification of Curcumin and Piperine in presence of their degradant product was developed. Both Curcumin and Piperine were found much stable in acidic condition, stability decreases as pH increases. Both drugs were found prone to oxidative hydrolysis but showed thermal stability. Piperine was found to be highly photosensitive as compared to Curcumin. Above developed method can be said to be more economical and applicable compared to other literature reported methods in terms of column life as no buffer is used as mobile phase component and as 0.1% Acetic acid is used this will confirm applicability of developed method for LC-MS for degradant identification and also can be used for routine quality control of Curcumin and Piperine in different laboratories.

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