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Research Article

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## ANALYTICAL STANDARDIZATION OF RASNADI GHRITAM

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#### **ABSTRACT**

The term stroke is also known as cerebro vascular accident or cerebro vascular insult or brain attack. Annual incidence of stroke is estimated between 180 and 300 per 1000 persons. The incidence is rises steeply with age and adoption of less healthy life styles. According to Ayurveda CVA is compared with Pakshghata mentioned in 80 types Vata vyadhi. So samanya Vata vyadhi chikista sutras like snehana, swedana, sodhana(virecana) followed by vasti to be followed. In hemiplegia snehana can be done internally or externally with siddha ghritas or tailas having vata samaka drugs. One such ghritas is Rasanadi ghritam which contain Rasna.Sati, Pushkaramula, Mahoushada, Pippali, Chitraka.It is indicated in vataroga mentioned in

(A.H .VATAVYADHI. CHI 21/57) and also having Vata hara properties. An attempt has been made in present study to prepare Rasnadi ghrita and analysis it for its organoleptic properties like Iodine value, Moisture value, Saponification value as well as Chromatographically for developing standard parameters.

**KEYWORDS:** Rasnadi ghritam, Pakshaghata, Snehapana.

#### INTRODUCTION

The importance of Ayurveda in global scenario is because of its holistic approach towards positive life style. Pancha karma therapy is an effective therapy in managing neurological, auto immune, psychiatric and chronic metabolic diseases. Pakshaghata is mentioned 80 types

of Vata vyadhi, and characterized by loss of function in the either half of the body sometimes associated with pain and impairment of speech. The treatment of Hemiplegia is focused on improving sensation, motor abilities allow the patients to better manage their activities of daily living. So Snehana, Swedana, Mridu Virecana, Vasti etc are consider the best way to treat a patient of hemiplegia. In hemiplegia Snehana can be done internally or externally with siddha ghritas or tailas having Vata shamaka drugs use in hemiplegia. These ghritas or tailas orally to lubricate the body system reduce dryness and aid in removing impurities. In condition of hemiplegia it mainly the oil is medicated with vata hara drugs in hemiplegia brain is damaged due to lack of blood supply and nutrition. For the repair of the damaged time and nutrition plays a very important role sneha mainly contain protein and fat metabolism of the body as nerve tissue are closely connected with the fat and protein metabolisam, snehana because of its similarity of constitution with the nerve fiber may be help in repair the structural degeneration and restore the lost function, Due to its Brimhana propertity of snehana dravya it normalize the Vata dosha, relieve from the pain in the body soothens and enable the nerve to the properly.

Sneha kalpana is a procedure where the active principles present in the drugs are extracted in to the sneha during pharmaceutical process.Rasnadi Ghrita is one such formulatio which mainly consist of Rasna,Sati,Pushkaramula,Mahoushada,Pippali ,Citraka are as kalka dravyas and as well as kashaya dravya and go ghritam as base.

*Alpina galanga* Rosacoe. known as **RASNA** part used is Rhizome having properties like Vāta Śūlahara, Kāsahara, Śophahara, Pācaka.

Hedydichium spicatum Buch part used rhizome known as **SATI** having properties like Śotha, Swāsa, Kāsa, Jvara, Sūla, Sidhma, Vrana, Hikka.

*Inula racemosa* Hook.f. as known as **PUSHKARAMULA** part used Mulam Kaphavata hara, Deepana.

Zingiber officinalis as known as **MAHOUSHADA** part used is Rhizome Ajīrna, Agnimāndya, Anahā, Sotha.

Piper Longum Linn as **PIPPALI** partused is fruit vatakapha hara,Pittakara,Deepana, Rasayana,Vrishya, Rechana, Medhya.

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Plumbago zeylanica as known as CITRAKA part used is Mulam Agnimāndya, Ajīrna,

Grahaņī, Udara.

MATERIAL AND METHODS

A. PHARMA CEUTICAL STUDY

a. Procurement of raw material

All the ingredients were purchased from kerala (trivendrum) local market and foreign matter

adhering to raw drugs was removed and clened. The base which was used for preparation this

ghrita i.e go ghrita purchased from local market.

b. Raw drug standardization

HPTLC Study of ethanol extract of powder of Rasna, Sati, Pushkaramula, Mahoushada,

Pippali, Citraka carried out at State Drug Testing Laboratory, Hyderabad.

c. Method

Hptlc analysis of the samples were carried out by loaded as 6.0mm band length of the sample

in the 10x10cm silica gel 60f 254 HPTLC plates using Camag Linomat 5 instrument with a

100µl syringe. The plates were vertically positioned in the chambers saturated with respective

organic. The chromatographic chamber left undisturbed till the completion of experiment.

The samples were allowed to run under mobile phase, the plates are visualized in a photo

documentation chamber Camag visualize 101017. Ethanol extract of drug sample was used

for spotting. The mobile phase was run with 100nl/sec.

d. Results

The mobile phase was stopped and the plates were removed from the chromatographic

chamber, the Hptlc plates are air dried then they were sprayed with anasaldehyde acid and

vanillin sulphuric acid and left for developing the colour. The electrostatic attraction takes

place in the absorption phenomena therefore the polar nature of solvent influence absorption.

Generally absorption is maximal in non-polar solvent and decreases as the polarity is increase

commonly solvents are used in the increasing order of polarity as follows:

Hexane<Bezene<Carbontetrachloride<Ethileethere<Chloroform<Acetone<Water.

The Rf value of the compound were determine the following formula:

Rf value: Distance moved by the substance

Distance moved by the solvent

#### **B. PREPARATION OF RASNADI GHRITA**

#### a) Preparation of kalka dravya

Dried drugs of Rasna(rhizome), Sati(rhizome), Pushkaramul(mula), Pippali (fruit), Citraka (mula)were taken into general rule of sneha kalpana and were pounded in a clean khalwa yantra to form coarse powder. Sufficient quantity of water was added to form kalka.

#### b) Preparation of kashaya dravya

Preparation of Decoction was based on Śārṅgadhara Samhitā's (Ma.Kh.9) general rule by mixing above said coarse powder of the drugs with water in the ratio of 1:4, which was there after heated at medium temperature, till it reduced to one fourth of its original quantity.

## c) Method of preparation of drug

For Ghrta-Pāka, drugs were taken in specific proportion as mentioned in Āyurvēdic classics,

Drugs Quantity

Kalka Dravyas - 1 partCow Ghee - 4 partsKwātha - 16 parts

At first Ghṛta was taken and then Kwātha was added to it. It was allowed to boil on Madhyam Agni until whole quantity of Kwātha was vaporised then Kalka was added and boiled. To confirm whether the water part was completely vaporised or not, 'Varti Parikṣā' and 'Kalka Parikṣā' was performed. Along with this, Snēha Siddhi Lakṣaṇas mentioned in our classics were assessed. When kalka was put on fire it did not produce any crackling sound and when rolled in between the fingers forms a varti. Phena santhi is observed then heating was stopped. Then the vessel was taken out of gas stove, siddha ghrita is filtered through double layered cloth in the warm stage its self.

### C. ANALYTICL STUDY

#### **Organoleptic characters**

Rasnadighrita was inspected for Colour, Odour, Appereance, Touch. and Carity.

## Physico-chemical properties

## Iodine value<sup>[4]</sup>

The iodine value of an oil or fat is the weight of iodine absorbed by 100 parts by weight of the sample; it is determined bythe following method.

## Iodine monochloride method (Wij's method)

Place the sample accurately weighed in a dry iodine flask of 250 ml capacity, add10 ml of carbon tetrachloride and dissolve. (The approximate weight in grams of the sample to be taken may be calculated by dividing 20 by the highest expected Iodine value). Add 10 ml of Chloroform and 20ml of Iodine mono-chloride solution, insert the stopper previously moistened with Potassium iodide solution and allow standing in a dark place at a temperature of about 17°C for 30 minutes. Add 15 ml of Potassiumiodide solution and 100 ml of water shake and titrate with N/10 Sodium thio-sulphate using starch mucilage as indicator. Note the number of ml required (a). At the same time carry out the operation in exactly the same manner, but without the sample being tested and note the number of ml N/10 Sodium thio – sulphate required (b).

Iodine value = 
$$\frac{\text{(b-a)} \times 0.01269 \times 100}{\text{Wt. of Sample in grams}}$$

## Moisture value w/w<sup>[5]</sup>

Weighed quantity of oil was taken in a crucible, heated to 105 ° c for an hour. After cooling it was reweighed. The difference in the weight, before and after heating, indicated amount of moisture presents (loss on drying).

## Saponification value<sup>[6]</sup>

The Saponification value of an oil or fat is defined as the number of milligrams of Potassium hydroxide required to neutralize the fatty acids resulting from the complete hydrolysis of 1gram of the sample.

### **Procedure**

Weigh 2 gram of the oil or fat into a conical flask and add exactly 25 ml of the alcoholic Potassium hydroxide solution. Attach reflex condenser and heat the flask in boiling water for 1hr along with shaking frequently. Add 1 ml of Phenolphthalein (1%) solutionand titrate excess alkali with N/2 Hydrochloric acid (titration=a ml) and carry out a blank at the same time (titration=b ml).

Saponification value = 
$$(b - a) \times 56.1$$
  
Wt. of sample in grams

## **RESULTS**

Table no-1: Organoleptic changes as follows.

S.no	Parameters	Results
1.	Colour	Yellow
2.	Odour	Slightly pungent odour
3.	Appearance	Oily(after cooling it become solidiedfy)
4.	Clarity	Clear,transparent
5.	Touch	Snigdha
6.	Taste	Slightly madhura

Table -2: Physio chemical parameters.

S.no	Name of the test	Value
1.	Moisture value w/w	1.95
2.	Iodine value	35.98
3.	Saponification value	171.29

#### HPTLC CHROMATOGRAPHIC STUDY

#### **RESULTS**

#### **RASNA**

Before spraying: In track -1 are 0.27+0.68, in track -2 are 0.15+0.27, and in track-3 are 0.14+0.26.

After spraying: In track -1, 0.15,0.35, 0.68+0.91:track-2 0.15, 0.29,0.35,0.69+0.91 and in track-3: 0.14,0.34,0.48,0.69 and 0.90 are in close proximity as per reference of analysis API PART -2,VOLUME-5.

#### **SATI**

Hptlc chromatograms of alcoholic extract of sati with mobile phase. Toluene:Ethyl acetate(9;1) at wave length 254nm are carried out and obtained peacks in track-1,track-2, and track-3 are reported.

### **PUSHKARA MULA**

Hptlc chromatograms of alcoholic extract of Pushkaramula is carried out and obtained peaks at RF VALUE at wave length 254nm in track-1 are 0.29, 0.35.0.38, 0.64.0.72, 0.95 in track-2 0.11,0.28,0.38,0.48,0.64 and 0.74 and in track-3, 0.11, 0.28, 0.37, 0.47, 0.74, 0.94 and at wavelength 366nm in track-10.29,0.38,0.48,0.63,0.72 and 0.95 intrack-2 0.11, 0.27, 0.35, 0.39, 0.49, 0.64 and 0.72 and in track-3 0.11, 0.28, 0.34, 0.49, 0.63, 0.73 and 0.95 are in close proxity as per reference of analysis.

#### **PIPPALI**

Hptlc study of alcoholic extract of Pippali is carried out and the obtained peaks at RF VALUES.

Before spraying:In track-1 are 0.15,0.27,in track-2 0.25,0.50 and in track-3 0.14,0.25,and 0.50.

After spraying: In track-1 are 0.04,0.35,0.43+0.82 in track-2 0.04 ,0.35,0.43+0.82 and in track -3 0.05,0.35,0.44+0.83 are in close proximity as per reference of analysis.

## **MAHOUSHADA**

Hptic study of alcoholic extract of Mahoushada is carried out and the obtained peaks at RF VALUE.

The results at Rf 0.05, 0.08, 0.10, 0.12, 0.15, 0.18, 0.21, 0.24, 0.26, 0.29, 0.31, 0.33, 0.37, 0.38, 0.44, 0.46, 0.49, 0.52, 0.54, 0.56, 0.60, 0.63, 0.65, 0.71, 0.73, 0.76, 0.78, 0.80, 0.81.

## **CITRAKA**

Hptlc result of piumbagin of sveta chitraka is 16.93. [2]

#### RASNADI GHRITA INGREDIENTS



Rāsnā



**Pippalī** 



Chitrakā mūla



Śaţi



Śuņţi



puşkara mūla

## PREPARATION OF RASNADI GHRITA



Mridu paka of Rāsnādi ghṛta

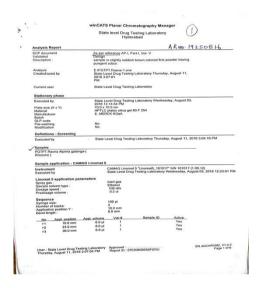


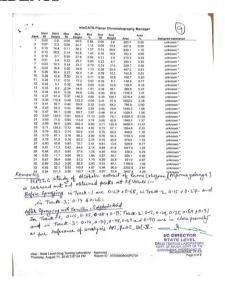
Madhyama paka of Rāsnādi ghṛta



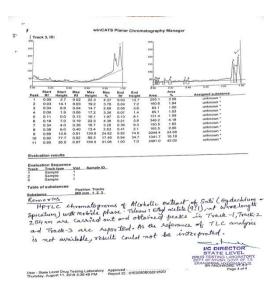
Filtered Rāsnādi ghṛta

## HPTLC RESULTS OF RASANADIGHRITA INGRIDENTS

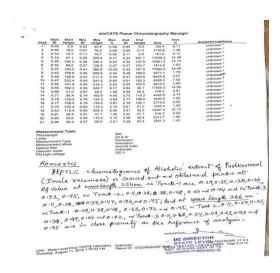


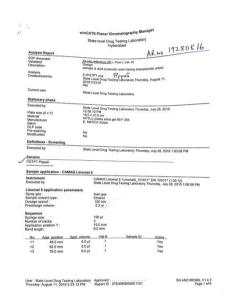








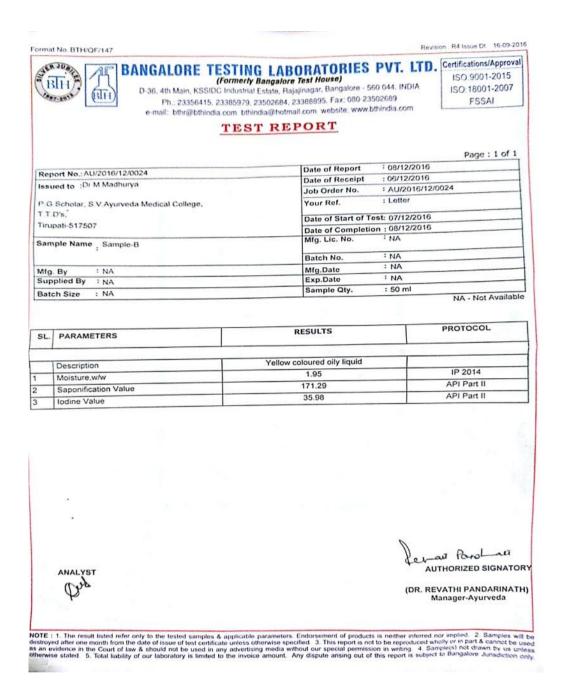




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Peak	Start	Start	Max	Max Height	Max %	End Rf	End Height	Area	Area %	Assigned substance
Peak 1	0.00	0.4	0.01	14.4	0.78	0.02	0.0	89.9	0.08	unknown *
2	0.03	0.3	0.08	115.0	6.22	0.10	0.0	2858.7	2.67	unknown *
3	0.10	0.7	0.14	167.2	9.05	0.16	82.6	5216.7	4.87 60.56	unknown *
6	0.16	83.0	0.25	783.4	1.99	0.32	14.1	1077.8	1.01	unknown *
6	0.40	6.8	0.42	17.7	0.95	0.42	14.5	211.7	0.20	unknown *
7	0.42	14.9	0.45	59.8	3.24	0.48	12.7	1489.2 894.9	0.84	unknown *
8	0.48	12,7	0.50	30.9	1.67	0.54	2.0	1353.9	1.27	unknown *
10	0.60	6.1	0.76	528.6	28.61	0.86	8.9	26894.0	25.13	unknown * unknown *
11	0.88	9.1	0.91	54.7	2.96	0.97	8.9	2122.7	1.98	distrown
Re		C 16								li (Pipeslongum) 24 values :
Re H	PTLO	Trace	ing k-3	in 7	the 100 100 100 100 100 100 100 100 100 10	06to	do.s	perto 0.15,00 00; au	27, W	li (Poperlongum) 25 Values. Track-2,0.25,50.5 Spraying in Track- 5,0.43 + 0.82 and 32, proximity as po
Re H	PTLO Cars sire S d wi 04,0	Trace	ing k-3.	in 7 0.11 3 + 0	Track 4,0:	06to	do.s	peak 0.15,00	27, W	Frank - 2, 0.25 \$ 0.5 Spraying in Track-
Re HI Before	PTLO Cars sire S d wi 04,0	Trace	ing k-3.	in 7	Track 4,0:	06to	do.s	perto 0.15,00 00; au	27, W	Frank - 2, 0.25 \$ 0.5 Spraying in Track-
Re HI Before	PTLO Cars sire S d wi 04,0	Trace	ing k-3.	in 7 0.11 3 + 0	Track 4,0:	06to	do.s	perto 0.15,00 00; au	27, W	Frank - 2, 0.25 \$ 0.5 Spraying in Track-
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Re HI Before	PTLO Cars sire S d wi 04,0	Trace	ing k-3.	in 7 0.11 3 + 0	Track 4,0:	0600 25 ~ 35 ~ 4+ 0	JOSTAT	Peckson 15,00	A Asterior Clarent Control Con	Frank - 2, 0.25 \$ 0.5 Spraying in Track-
Re HI Before	PTLO Cars sire S d wi 04,0	Trace	ing k-3.	in 7 0.11 3 + 0	Track 4,0:	0600 25 ~ 35 ~ 4+ 0	JOSTAT	Perkoning Lake	A Asterior Clarent Control Con	Franks 2, 0.25 \$0.35 Spraying on Trade 5,0.43 + 0.82 and sa proximity as pr
Rec H 13 Before and O. Toan Lee	PTLO Cari STE S d w 04,0	Trace	end k-3. 0.4: 0.5, c	in = 10 13 + 00 0 35, unaly	1,0:	DRU DRU DEP ERF	JOSTATION OF AVELOGADE	IRECTO E LEVE	27, 0, 2, 27, 0, 3, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2,	Frank - 2, 0.25 \$ 0.5 Spraying in Track-
Rec H 13 Before and O. Toan Lee	PTLO Cari STE S d w 04,0	Trace	end k-3. 0.4: 0.5, c	in 7 0.11 3 + 0	1,0:	DRU DRU DEP ERF	I/C DI STAT G TESTITION	RECTCE LEVE	27, 0, 2, 27, 0, 3, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2,	Franks 2, 0.25 \$0.35 Spraying on Trade 5,0.43 + 0.82 and sa proximity as pr







#### **DISCUSSION**

### 1. Saponification value

The amount of alkali needed to saponify a given quantity of fat will depend up on the number of —COOH group present. The long chain fatty acids found in fats have low saponification value because they have relatively less number of Carboxylic Functional groups per unit mass of the fat as compared to short chain fatty acids. Saponification value is directly proportional to the fatty matter content. More the fatty matter content there will be the more chances of rancidity factor and less will be the shelf life and therapeutic value. In this study, Rasnadi ghritam Saponification value was-171.29.

#### 2. Iodine value

The determination of Iodine number is useful in determining the quality of oil or whether it is free from adulteration. Iodine number is also a measure of the degree of unsaturation of fat. The more Iodine number, more are unsaturated fatty acid bonds present. This indicates that more number of double bonds in the ghrita. The more iodine is attached, the higher is the value of its being more reactive, less stable, softer and more susceptible to oxidation and rancidification with Taila. The result reported by this study Rasnadi ghritam is -35.98.

#### 3. Moisture value w/w

An excess of moisture content in medicinal plant material will encourage microbial growth, the presence of fungi or insect and deterioration following Hydrolysis. Limits for moisture content should therefore be set for every given material. The moisture value of Rasnadi ghritam-1.95.

## **CONCLUSION**

Rasnadi ghritam was subjected to standardization methods to check its shelf life, rate of decomposition and stability. Iodine value is-35.98 Moisture content W/W value is 1.95, Saponification value is 171.29.

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