

AETIOPATHOGENESIS OF AMAVAT

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ABSTRACT

Amavat is the disorder mentioned in ayurved in Laghutrayi i. e. Madhav Nidan, Bhavprakash, Sharangdhar Samhita. It is not mentioned in Charak, Sushrut, Vagbhat. It is the disease of joints. Sever pain and swelling of the joint is thwe main complaint of the patient. This disease can be correlated with Rheumatic fever and rheumatoid arthritis in the modern science. Migrating pain ios the diagnostic feature of the Amavat. This disease is included in Rasavah Strotas. In the complication stage permanent deformity can be observed. Also the involment of Hearrt is also important.

KEYWORDS: Amavat, rasvah, strotas, migrating.

INTRODUCTION

In ayurvedic text Madhav Nidan Amavat is mentioned in chapter 24. Amavat includes presence of Ama an Vata. Due to agnimandya only there is presence of ama in the body. So the Rasavah Strotas is involved. Cardinal features of the disease is migrating joint pain. This disease is very much acute, and long standing in the body.

AIMS AND OBJECTIVES

To study the etiological factors of Amvat.

To study the pathogenesis of Amavat.

To study signs and symptoms of Amavat.

MATERIALS & METHODS

1. All the samhitas like Madhav nidan, Sharangdhar, Yogrtnakar.
2. Also other boks in ayurveda and modern science.
3. Patients of Amavat.

Hetus of Amavat

Rasavah strotas dushti is the main causative part of the disease.

^[1]Agnimandya i. e. decreased power of the digestion leads to the formation of ama in the body. Ama is the product of improper digestion. Agnimandya is the causative factor for all the diseases.

^[2]Intake of incompatible food and also habits. is also the main factor for the Vata vitiation.

^[3]According to Madhukosh tika of Madhavnidan person having habit of taking incompatible and disagreeable food and drinks, person having weak digestive power, if does exercise after having sticky food or food material heavy to digest, can develop Amavat.

^[4]So weak digestive power is the main reason for the pathology of Amavat.

Also habit of having incompatible food and drinks. Virudha ahar and Vihar is the main root cause for the amavat.

This leads to agnimandya, rasvahstrotas dushti, and production of toxic material called Ama.

Pathogenesis of Amavat

^[5]Acute type of disorder having Ras dushti due to low digestive power of agni. Due to rasavah strotas dushti there is formation of Ama in the body. ^[6]Ama is very much toxic substance in the body. This ama is fermented material which is not properly digested. Due to vata prakop this ama circulates all over the body due to vitiated vata.

This ama is located in the kapha sthanas mainly Amashay, Sandhi, Uras, Kantha. Then it enters in the dhamani. Here the mixing of ama and existing doshas occurs. Due to stickiness of ama it is located in the body. Hence it leads to general signs and symptoms of vata (prakop) vitiation and ama. So ama and vata aggravates simultaneously and enters Koshtha, Trika, Sandhi.

This leads to stabhata of all joints. This called as amavata.

Strotas involved are annavah, rasavah, asthivah strotas. Type of strotodushti is Sanga. In development of the diseaseudbhavsthan is amashay, Pakvashay and prasar of the doshas is in strotas involved.

Cardinal signs and symptoms -

Ama symptoms^[7] Due to presence of ama obstruction in all strotas occurs. So bodyache, anorexia, excessive thirst, laziness, fever, indigestion and numbness are all the signs present indicating presence of ama.

Joint – Painfull swelling of joints of hands, feet, ankle, knee, hip, spinal column.

Nature of pain-sever like scorpion bite.

Migrating pain present in the joints.

General - Also anorexia, abnormal digestion, excessive urination, insomnia, stiffness.

Sadhyasadyatva- Single dosha involved is easily curable. If two dosha are involved then prognosis is better. If all the three doshas are involved then prognosis is very poor.

DISCUSSION

Production of ama is the main causative factor for the pathology. So the rasvaha strotas dushti is also a main condition. Ama locates in all kapha sthan, Also all big joints are involved. Vata prakop is also necessary for this.

CONCLUSION

Severe migrating pain like scorpion bite is present due to ama and vata prakop. All big joints are involved in this, Kapha dushti and rasavaha strotas dushti is thing to be concentrated.

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