

A CONCEPTUAL STUDY OF NIDAN PANCHAK WITH SPECIAL REFERENCE TO ARSHA VYADHI

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ABSTRACT

In this article we understood the basic concept of *Arsha* according to *Nidan Panchak*. *Nidan Panchak* gives idea about etiological factors and pathogenesis of the disease. *Nidan panchak* is one of the important way of diagnosis in *Ayurveda*. It helps to diagnose disease, its causes and prognosis. In the word *Nidan Panchak*, *Panchak* means five sub types i.e. *Nidan*, *Purvvaroop*, *Roopa*, *Upshaya* and *Samprapti*. Diagnosis is the important part of the treatment. Proper treatment of the disease cannot be done without proper diagnosis. Treatment can also be done in different sub types of *NidanPanchak*. We can treat the patient in *Purvaroop* also. *Acharyas* also explained *chikitsa* in *Purvaroop* of many diseases. *NidanPanchak* is explained by many

Acharyas but it is widely explained in *MadhavaNidan*. *ArshaVyadhi* is described by all the classics of *Ayurveda*. *AcharyaSushruta* explained this *Roga* in “*AshtaMahagada*”. Different *Acharyas* explained *Nidan Panchak* of *Arsha* in their *Samhitas*. We can see a slight difference in their description by comparing, but most of the points are similar.

KEYWORDS: *Arsha Vyadhi*, *Nidan Panchak*, *Nidan*, *Purvaroop*, *Roopa*, *Upshaya*, *Samprapti*.

INTRODUCTION

Arshais a very common problem among all anorectal disorders. It has highest prevalence rate and has been reported since thousands of years. *Arsha* is clinically a stuff condition of haemorrhoidal venous plexus along with abnormally displaced enlarged anal cushion. It is characterized by inflamed or prolapsed pile mass, bleeding per rectum and some discharge

from anus. These are Sprouts of muscles having different shapes, appearing in *Gudamarga*. These fleshy masses obstructs the pathway and troubles the patient like an enemy. These are very difficult to treat. The vitiated *doshas* (*vata*, *pitta* and *kapha*) impure the *twak*, *mamsa* and *medadhatu* and cause *mamsaankuras* (fleshy masses). These masses are called *Arshas*. For better understanding of this disease thorough knowledge of pathology i.e. *Nidan Panchak* is must.

MATERIAL AND METHODS

This is a review article i.e. based on a review of *Ayurvedic* texts. Main *Ayurvedic Samhitas* used in this article are *Charak Samhita*, *Sushrut Samhita*, *Ashtang Hridaya*, and all relevant book which gives idea to complete this article.

1. NIDANA OF ARSHA

Nidana of *Arsha* can be classified mainly in two groups, as *Sahaj* and *Janmottaraja*.

Nidana of SahajaArsha

Dushti (vitiation) of *Beej-bhaga*, which produces the *Gudavali* is the cause of *SahajaArsha*. *Beej-bhaga* vitiation occurs due to 2 factors

- 1) *Mithya Aahar* and *vihar* of mother and father
- 2) *Poorvajanmakarma*

According to *Sushruta* the vitiated *shonita* and *shukra* is the cause of *Sahaj Arsha*.

Nidana of Janmottaraja Arsha

a) *Samanya Hetu*

Samanya hetu are those which responsible for all types of *Arsha*. Following are the *SamanyaHetu* described by *Acharya Charaka*.

i. *Aaharaj Hetu*

Guru, *Madhur*, *Sheeta*, *Abhishyandi*, *Vidahi*, *Virudhdha-bhojan*, *Pramit-bhojan*, *Asatmya-bhojan*; *Matsya*, *Varaha*, *Mahisha*, *Aja-Mansa*; *Krusha-Prani Mansa*; *Shushka Mansa*; *Nava shuka Dhanya*, *Nava shami Dhanya*, *Pinnak*, *Shaluka*, *Shastika*, *Shrungataka*, *Shushka*, *Teela*, *GUD-vikruti*, *Viruddha Dhanya*, *Aama moolaka*, *Guru raga*, *Gurushaak*, *Kasheruka*, *Kilat*, *Krounch Daan*, *Lashuna*, *Mrunala*, *Atikranta Madya*, *Ati-snehapan*, *Dadhi*, *Guru Jala*, *Ikshu Ras*, *Ksheer*, *Manda*, *Mansa Yoosha*.

The *Sushruta* has mentioned only *Adhashana*, *Virudhdhashana*.

ii. Viharaj Hetu

According to *Charaka*, *Sushruta* and *Vagbhata* the *Viharaj hetu* are described as in table-1

Table 1: Samanya Viharaja Hetu of Arsha.

Sr.no.	Hetu	Charak	Sushrut	Vagbhat
1.	Agnimandya	+	+	+
2.	Ati-Vyayama/Vyavaya	+	+	+
3.	Gud Gharshana	+	+	+
4.	Utkatasana	+	+	+
5.	Vegodeerana	+	+	+
6.	Vega Vidharana	+	+	+
7.	Atipravahana	+	-	+
8.	Aamagarbha Bhransha	+	-	+
9.	Guda Kshanan	+	-	+
10.	Kathin Aasan	+	-	+
11.	Vishama-Aasana/Prasuti/Cheshta	+	-	+
12.	Aasan Sookh	+	-	-
13.	Asamyak sanshodhan	+	-	-
14.	Asamyak Bastinetra Pranidhan	+	-	-
15.	Avyavaya	+	-	-
16.	Basti Vibhrama	+	-	-
17.	Diva Swaap	+	-	-
18.	Garbhata Peedana	+	-	-
19.	Shayya sookh	+	-	-
20.	Sheetamba Sparsha	+	-	-
21.	Ushtra/Udbhranta-Yaan	+	-	-
22.	Amatisaar/Atisaar/Grahani	-	-	+
23.	Gulma	-	-	+
24.	Jeerna Kaas	-	-	+
25.	Jwara	-	-	+
26.	Pandu	-	-	+
27.	Kshavathu	-	-	+
28.	Vibandha	-	-	+
29.	Vyadhijanya Krushata	-	-	+
30.	Yaan Sankshobha	-	-	+

b) Vishesh Hetu

Vishesh hetu are those which responsible for specific type of *Arsha*. The types of *Arsha* are according to the *Dosha* involvement. The *Vishesh Hetu* of *Arsha* are shown in Table 2

Table 2: Vishesh Hetu of Arsha.

Sr.no.	Type of Arsha	Aaharaj Hetu	Viharaj Hetu
1.	Vataja Arsha	Kashay Ras Sevan Katu Ras Sevan Tikta Ras Sevan Rooksha Anna Sevan Sheetal Anna Sevan Laghu Anna Sevan Pramit/Alpa Bhojan Teekshna Anna Sevan Teekshna Madya Sevan Anaashana	Ati Maithun Sevan Ati Vyayam Ati Vata Sparsha Ati Atapa Sparsha Shoka Sheetal Desh Sevan Sheetal Kaal Sevan
2.	Pittaja Arsha	Katu Ras Sevan Amla Ras Sevan Lavan Ras Sevan Ushna Aahar/Aushadhi Ushna Jalan Kshar Sevan Madyapan Vidahi Anna Sevan Teekshna Aahar Teekshna Aushadhi	Ati Vyayam Agni Sevan Atapa Sevan Prabha Sevan Ushna Desh Ushna Kaal Krodha
3.	Kaphaja Arsha	Madhur Ras Sevan Amla Ras Sevan Lavan Ras Sevan Snigdha Aahar Sheetal Aahar Guru Aahar	Aasan Sookh Diva swap Achintanan Praag Vata Sevan Shayya Sookha Rati Sheetal Desh/kaal Sevan

2. PURVARUPA OF ARSHA

The *poorva roopas* of Arsha described by Acharyas are shown in Table 3

Table 3: Poorva Roopas of Arsha.

Sr.no.	Poorva Roopa	Charak	Sushrut	Vagbhat
1.	Anna Vishtambha/Aatop	+	+	+
2.	Grahani/Pndu rog Akshanka	+	+	+
3.	Udgaar bahulya	+	+	+
4.	Shakti Saad	+	+	+
5.	Amlika/Anna ashraddha	-	+	+
6.	Antra Koojana/Guda Parikartan	-	+	+
7.	Akshy Shoth	-	+	+
8.	Indriya daurbalya	-	+	+
9.	Bharama/Tandra	-	+	+
10.	Kaas/Shwas	-	+	-
11.	Kruch chata-annam-pakti	-	+	-
12.	Amashaye paridaaha	-	+	-

13.	Bala haani/ Shosha Ashanka	-	+	-
14.	Nidra/Pipasa	-	+	-
15.	Alpa-Purishata	+	-	
16.	Daurbalya/Udar-rog Ashanka	+	-	+
17.	Aalasya/Anga-Saad	-	-	+
18.	Agnimandya	-	-	+
19.	Atisaar/Malavroodh	-	-	+
20.	Dhoomaka/Krodha	-	-	+
21.	Bhinna-Varnata	-	-	+
22.	Prabhut-Mutrata	-	-	+
23.	Pindi Kodweshtana	-	-	+
24.	Sheersha/Prushtha-Shoola	-	-	+
25.	Dukkhopacharata	-	-	+
26.	Sashabda-kartanavat sashool Kruchchata vata	-	-	+

3. ROOPA

a) Samanya Roopas

According to Vagbhat the Samanya Roopas of Arsha are as follows;

i. Subjective General Symptoms

Agnimandya	Asya-vairsya	Arochaka	Payu shool
Vankshana shool	Hrudaya shool	Nabhi shool	Krushata
Angamarda	Klama	Kshaam-bhinna	Kantiheen
		swara	
Hatotsah	Deenata	Asaarata	Sarakta-Shtheevana
Jwara	Swasa	Kaas	Pipasa
Timir	Baadhirya	Peenasa	Pandu
Klaibya	Vaman	Visthambha	Kwachit
			Amla/Haarit/Rakta/Pandu/Pitta/Viband h-Malpravrutti
Shoth	Vaivarnya	Asthiparva shool	

ii. Objective General Symptoms

AcharyaCharak has described the general different sizes and shapes of Arsha, as follows;

Sarshap	Kharjur	Kebuka	Shikhee-tunda/Jinvha
Yava	Shrungataka	Badar	Padmamukul-karnika
Karkandu	Maasha	Gostana	Daksha-Tunda/Jinvha
Udumbara	Tintikera	Makusthaka	Shika-tunda/Jinvha
Kasheruka	Bimbee	Tinduka	

Masur	Jamboca	Kareera
Kalay-pinda	Shrunga	Angushtha
Kakantika	Muddga	

b) Vishesh Roopas

i. Sahaj Arsha

Table 4: Symptoms of Sahaja Arsha.

Sr.no.	Roopa	Charak	Sushrut	Vagbhat
1.	Aalsya/Antrakooj	+	+	-
2.	Durbala-angata/Timir	+	+	-
3.	Swar-vikruti/Krodha	+	+	-
4.	Karna-roga/Peenasa	+	+	-
5.	Hrudaya-Upalepa/Trushna	+	+	-
6.	Atopa/Udaawart	+	+	-
7.	Aniyat-Vibandha/Angamarda	+	-	-
8.	Ati-Krushata/Daurbalya	+	-	-
9.	Jwara/Kaas/Swas/Ashmaree	+	-	-
10.	Hrullas/Indriyopalepa	+	-	-
11.	Nabhi/Basti/Vankshana shool	+	-	-
12.	Kshayathu/Pariharsha	+	-	-
13.	Vibandha/Pravahika/Prameha	+	-	-
14.	Shirsha-Asthi-parva shool	+	-	-
15.	Prachur Tikt-amlodgaar	+	-	-
16.	Prachur Vibandha mutrata	+	-	-
17.	Tanu/Sandra-purishopveshee	+	-	-
18.	Vividha Varna Yukta mala tyag	+	-	-

Table 5: Local sign and symptoms of Sahaja Arsha.

Sr.no.	Roopa	Charak	Sushrut	Vagbhat
According to Shape				
1.	Kinchit Antar mukhani	+	+	+
2.	Durdarshani	-	+	+
3.	Kinchit Antar/Bahir Kutilani	+	-	-
4.	Jatilani/Anuni/Mahanti	+	-	-
5.	Rhaswani/Deerghani	+	-	-
6.	Vishama visrutan/Kinchit vruttani	+	-	-
According to Colour				
1.	Panduni	-	+	+
According to Surface				
1.	Daarunani	-	+	+
2.	Rooksha	-	-	+
According to Consistency				
1.	Parushni	-	+	+

ii. Vataj Arsha

Table 6: Symptoms of Vataja Arsha.

Sr.no.	Roopa	Charak	Sushrut	Vagbhat
A) Related with Pain				
1.	Kati-parshav shool	+	+	+
2.	Prushtha shool	+	+	+
3.	Nasa/Nabhi/Medhra/Gud-shool	-	+	-
4.	Parva bheda	-	+	-
5.	Karna/Prushtha shool	+	-	+
6.	Mansa/Vankshana shool	-	-	+
7.	Trik/Basti/Kukshee/Shankha shool	-	-	-
8.	Angmarda/Shirobhitaap	+	-	-
B) Related with Mala Mutra Vega				
1.	Mutra Purish Krushnata	-	+	+
2.	Sa-pravahikopaveshi	+	-	+
3.	Safen-Sashabda-Sashoolopaveshi	-	-	+
4.	Granthi-Pichchil-Vibandhopaveshi	-	-	+
5.	Arun/Parush/Shyav-Mutra Purish	-	-	+
6.	Vibandha-Vata-Mutra	+	-	-
7.	Prabhoot Mutrata	+	-	-
C) According to Colour changes of different parts of body				
1.	Vadan-Nakha-Nayana-Twaka Krushnata	+	+	+
2.	Arunata/Parushata/Shyavata	+	-	-
According to Upashayanupshay				
1.	Snigdha Ushnopashyani	+	-	-
E) Others				
1.	Ashtthila/Gulma/Pleehodar	-	+	+
2.	Chimchimayana at Arsha	+	+	-

Table 7: Local signs and symptoms of Vataj Arsha.

Sr.no.	Roopa	Charak	sushrut	Vagbhat
A) According to Consistency				
1.	Shuska	+	+	+
2.	Kathina/Parusha/Rooksha	+	-	+
3.	Khara	-	-	+
B) According to Size and Shape				
1.	Kadamba-Pushpakruti	-	+	+
2.	Tundikeri-sadrusha	-	+	+
3.	Mukula/Nadi-sadrusha	-	+	-
4.	Suchimukhakruti	-	+	-
5.	Bimbeefala/Karpasfala-sannibha	-	-	+
6.	Khajura/Siddhartak-sannibha	-	-	+
C) According to Colour				
1.	Arun Varna	-	+	+
2.	Shyav Varna	+	-	+
D) According to Surface				
1.	Mlaan/Sphutit-Mukhani	+	-	+

2.	Teekshnagrani/Vakrani	+	-	+
3.	Visham Visrutani	+	-	-

iii. Pittaj Arsha

Table 8: General symptoms of Pittaja Arsha.

Sr.no.	Roopa	Charak	Sushrut	Vagbhat
A) Related with Mala-Mutra Vega				
1.	Peet-Mutrata	+	+	-
2.	Sadah-Sarudhir-Atisaryet	-	+	-
3.	Bhinna Varchansi	+	-	+
4.	Harit Varchansi	+	-	-
5.	Prachur/Visragandhi Vidmutrata	+	-	-
6.	Aama/Drava/Ushna Varchansi	-	-	+
7.	Neel/Rakta Varchansi	-	-	+
B) According to change in Colour of different parts of body				
1.	Nakha, Nayana, Twak Peetata	+	+	+
2.	Nakha, Nayana, Twak Harita	-	-	+
C) According to Upashayanupashay				
1.	Sheetopashayani	+	-	-
D) Related with Local Deformity				
1.	Daah	+	+	+
2.	Guda-paak/Rudhira-Vahana	+	-	+
3.	Kandu/Nistoda/Shool	+	-	+
E) Others				
1.	Daaha, Jwara, Pipasa	+	+	+
2.	Moorchha	-	+	+

Table 9: Local signs and symptoms of Pittaj Arsha.

Sr.no.	Roopa	Charak	Sushrut	Vagbhat
A) According to Consistency				
1.	Mruduni	+	-	+
2.	Sparsha-Asahani	+	-	-
B) According to Size and Shape				
1.	Yava/Jalauka-Mukha sadrushya	-	+	+
2.	Shuk-Jinvha sannibha	-	+	+
3.	Yakruta khanda sannibha	-	-	+
C) According to Colour				
1.	Neelagrani/Peetani	+	+	+
2.	Yakrut-Prakashani	-	+	+
3.	Aaaseet-Prabha	-	-	+
D) According to Surface and Discharge				
1.	Rudhir-Vahani/Visragandhi-Sravani	+	+	+
2.	Swedopkleda Bahulani	+	+	+
3.	Tanuni/Visarpini	-	+	+

iv. Kaphaj Arsha

Table 10: General symptoms of Kaphaj Arsha.

Sr.no.	Roopa	Charak	Sushrut	Vagbhat
A) Related with Mala Mutra Vega				
1.	Mutra-Purish Swetata	+	+	+
2.	Analpa-Sashleshma Atisarayet	-	+	+
3.	Mansa-Dhavan-Prakasham Atisarayet	-	+	-
4.	Pravahika/Mutra-Kruchhata	+	-	+
5.	Mutra-Purish Guruta/Pichhilata	+	-	-
B) According to change in Colour of parts of body				
1.	Nakha-Nayan-Twak-Vadana Shuklata	+	+	+
2.	Dashana Shuklata	-	+	-
3.	Twaka-adi/Vadana Panduta	+	-	+
C) According to Upashayanupashaya				
1.	Rooksha-Ushna Upashayani	+	-	-
D) Related with Lokal Deformity				
1.	Kandu	+	+	+
2.	Guruta/Stambhata/Stimitata	+	-	+
3.	Manda-Ruja	-	-	+
E) Others				
1.	Arochak/Shoth/Sheeta-Jwara	+	+	+
2.	Avipaka	-	+	-

Table 11: Local signs and symptoms of Kaphaj Arsha.

Sr.no.	Roopa	Charak	Sushrut	Vagbhat
A) According to Consistency				
1.	Snigdhani	+	+	+
2.	Sthirani	+	+	-
3.	Picchilani/Slakshnani	+	-	+
4.	Sparsh-Sahani	+	-	+
B) According to Size and Shape				
1.	Gostana/Kareera-Sannibha	-	+	+
2.	Panasasthi-Sannibha	-	+	+
C) According to Colour				
1.	Shwetani	+	+	+
2.	Panduni	+	+	-
D) According to Surface and Discharge				
1.	Maha-Moolani/Vruttani	-	+	+
2.	Upchitani/Pramaanvanti	+	-	+
3.	Ghana/Utchhritani	-	-	+
4.	Pichhastravini	+	-	-

v. Raktaj Arsha**Table 12: General symptoms of Raktaj Arsha.**

Sr.no.	Roopa	Charak	Sushrut	Vagbhat
1.	Dushta Rakta Pravrutti	-	+	+
2.	Piyyaj Arshavat Lakshanani	-	+	+
3.	Avagadha Purishata	-	+	+
4.	Analpa Rakta-Sahasaa Visrujanti	-	+	+
5.	Bala-Varna Heenata/Ojakshaya	-	-	+
6.	Kalushendriya	-	-	+
7.	Ushna Rakta-Pravrutti	-	-	+

Table 13: Local signs and symptoms of Raktaj Arsha

Sr.no.	Roopa	Charak	Sushrut	Vagbhat
1.	Kakantika Phala Sadrusha	-	+	+
2.	Vidruma Sadrusha	-	+	+
3.	Nyagrodha Prarooha Sadrusha	-	+	+

Table 14: Symptoms of Vatanubandhi Raktaj Arsha.

Sr.no.	Roopa	Charak	Sushrut	Vagbhat
1.	Adho-Vata Apravrutti	+	-	+
2.	Guda-Kati Shool	+	-	+
3.	Vit-Kharta/Rukshata/Shyavata	+	-	+
4.	Daurbalya/Uroo Shool	+	-	-
5.	Vit Kathina	+	-	-
6.	Fenil-Tanu-Aruna Varna Rakta Srav	+	-	-

Table 15: Symptoms of Kaphanubandhi Raktaj Arsha.

Sr.no.	Roopa	Charak	Sushrut	Vagbhat
1.	Guda Pichhilata/Stimitata	+	-	+
2.	Vit-Shwetata, Snigdhata	+	-	+
3.	Ghana Rakta-Srav	+	-	+
4.	Guda-Guruta, Snigdhata	+	-	-
5.	Pichhil, Tanumaya, Rakta-Srav	+	-	-
6.	Pandu Rakta-Srav	+	-	-
7.	Vit-Guruta, Peetata, Sheetata	+	-	-
8.	Vit-Shithilata	+	-	-

vi. Sannipataj Arsha

Colour: Same as Pittaja

Main Character: Off shoots of banyan tree, coral, Gunja (reddish black)

Shape, size, surface etc similarity : Bus of bamboo, seeds of jack fruit, udder of cow

Associated features : Same as Pitaaja

Character of Stool : While passing hard stool, excessive bleeding

Complications : Excessive blood loss, features like Shiro Roga, Hemiplegia etc.

4. SAMPRAPTI OF ARSHA

Samprapti is nothing but the process by which disease produces.

During the pathogenesis of disease vitiated *Dosha* reach the sensitive site of disease via *Trividha Rogamarga* i.e. *Bahya*, *Abhyantara* and *Madhyama*. According to *Acharya Charaka* the vitiated *Doshas* in *Arsha Vyadhi* reach the site of *Arsha* through *Bahya* and *Abhyantara Rogamarga*. *Samprapti* of *Arsha* can be identified in two ways, as follows;

Samanya Samprapti

While describing *Samanya Samprapti* of *Arsha* in any part of the body, *Charak* says that vitiated *Vatadidoshas* affecting *Tvak*, *Mamsa* and *Medas* produce *Mamsankur* of different shapes at anorectal and other regions. *Mamsankur* at *Gudavali* is called *Arsha* and in other parts it is described as *Adhimamsa*.

Vishesha Samprapti

Manifestation of *Arsha* described by *Vagbhat* and *Sushrut* as, due to indulging in *Nidana* of *Arsha*, causes *Agnimandya* and vitiation of *Apanavayu* which results in imbalance of faecal matter in anorectal region. The vitiated *Dosha* singly, dually, all or associated with blood, reach the three *Gudavali* through *Pradhana Dhamani* and causes development of pathological changes in *Gudavali* causing tuber like growth. *Arsha Vyadhi* can be developed by rubbing with glass, wood, stone, cloth etc and by excessive contact of cold water also.

Samprapti Ghataka

<i>Dosha</i>	:	<i>Apana Vayu, Pachaka Pitta, Kledaka Kapha</i>
<i>Dushya</i>	:	<i>Tvak, Mamsa, Medas and Rakta</i>
<i>Srotas</i>	:	<i>Raktavaha, Mamsavaha</i>
<i>Srotodushti</i>	:	<i>Sanga, Siragranthi</i>
<i>Udbhava Sthana</i>	:	<i>Amapakwashayodbhava</i>
<i>Vyakta Sthana</i>	:	<i>Gudavalitraya</i>
<i>Rogamarga</i>	:	<i>Bahya and Abhyantara</i>
<i>Agni</i>	:	<i>Jatharagni</i>
<i>Ama</i>	:	<i>Tajjanya Ama</i>
<i>Svabhava</i>	:	<i>Chirakaleena</i>

5. UPASHAYANUPASHAYA

i. UPASHAYA (Pathya)

In the treatment of any disease Diet is also important as medicine. Patient of *Arsha Vyadhi* should indulge food and drink habits which regulate bowel movement and improve digestive power. *Pathya* food described by the *Acharyas* can be re-arranged as follows;

- ✓ *Anna varga* : *Yava, Raktashali, Godhuma, Kulattha.*
- ✓ *Shaka varga* : *Surana, Patola, Vartaka, Punarnava.*
- ✓ *Ksheera varga* : *Aja ksheera, Chaga ksheera, Takra.*
- ✓ *Phala varga* : *Amalaki, Kapittha*
- ✓ *Ahara upavarga* : *Palandu, Nagara, Maricha.*

ii. ANUPASHAYA (Apathya)

Ahara: *Viruddha Ahara, Vistambika Ahara, Guru Ahara, Anupa Mamsa, Dusta Udaka.*

Vihara: *Vega Avarodha, Ati Streesanga, Kukkutasana, Prushta yana.*

CONCLUSION

This is the *Nidan Panchak* of *Arsha Vyadhi* explained by different *Acharyas*. By using this diagnostic method one can easily diagnose the disease and can start the treatment by stopping the disease manifestation as early as possible. Complications can be avoided by using *Nidan Panchak* in proper manner. *Nidan Panchak* is very useful to diagnose *Arsha Vyadhi* and treatment can be started as early as possible. It reduce the severity of the disease. Also treatment can be done in different *Purvaroopas* of *Arsha Vyadhi*.

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