

A CRITICAL REVIEW OF RASAPRADIP AND ITS APPLIED ASPECTS***¹Dr. Nalini Hedao, ²Dr. Sachin Sheth**

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ABSTRACT

Rasashastra is a branch dealing with mercury and other processing metals and minerals for the provide health and rejuvenation. *Rasashastra* literature has a huge history from the *Vedic grantha* to recent *grantha rasatangini*. *Rasapradip* is a book based on *rasaushadhi* processing along with formulations as well as purification and incineration methods. In the present Research work, the formulations were critically analyzed and categorized according to the mode of action of the formulations. also goes through the methods of purification and incineration to know their importance in rasa pharmaceuticals. After complete analysis of this book it can be concluded that this book is beneficial for academicians as a unique reference and plan for research protocols, for practitioners and *Rasashastra* pharmaceuticals to promote processing and utilize these unique formulations clinically.

KEYWORDS: *Rasapradip, Jvara, Rasaushadhi.*

INTRODUCTION

Rasashastra is an important branch of *Ayurveda* that deals with metals, minerals, mercury, gems, and their medicinal preparations. There are many classical books available for the study of *Rasashastra*. Some are based on the concepts of *Rasashastra*, *Dehasidhhi*, and *Lohasidhhi*, *Rasaratna Samuccaya* is one of the most important classical texts of *Rasashastra*

based on the *Rasashastra* concept as well as clinical aspects. Some are based on the clinical aspects, like *Rasayogsagar*, *Rasapradipa*.

Rasapradipa is an important classical text associated with the study of *Rasashastra*, the *Ayurvedic* science dealing with metals, minerals, gemstones, mercurial preparations, pharmaceutical processing, and therapeutic formulations. This book is studied for its descriptions of *rasa dravyas*, their purification (*shodhana*), formulations processing, preparation of medicines, and therapeutic applications. *Rasapradipa* is valuable because it presents practical aspects of *Ayurvedic* pharmaceuticals, particularly the processing of mineral and metallic substances. Like other *Rasashastra* texts, its subject matter includes the principles required to transform raw substances into therapeutically useful preparations.

About the Author:- This book is a collection of selected or most practical-oriented *kalpa* collection by Dr. Ravidatta Shastri. The only identity given about the author as residential from a veri village. The present book is translated by Prof. Siddhi Nandan Mishra. Dr. Padmini Rao and Dr. Prakash Deshpande also worked to complete the task.

About the Book:- The first edition of this book was collected by Ravidatta Shastri and published by Laxmivaikateshwar Press in 1935. The second edition was edited by Sidhhanandan Mishra and published by Chaukhambha Orientalia in 2009.

This is an extraordinary collection of fifty-four *kalpa* or formulations which are popular among *Ayurvedic* practitioners due to easy method of preparation, cost-effectiveness, and also therapeutically beneficial.

In this book, along with formulations, methods for incineration and purification are also described. These methods are unique and require comparatively less manpower. In this, seven minerals or ores are mentioned as *saptadhatu*. *Shilajatu* examination process with the help of *agni* is also elaborated. *Kshar nirmaan* is a process where the herbal drugs are dried, incinerated, and the white ash obtained in that is mixed with four times water, extracted the *kshar yukta jala* and dried up to white powder is found.

Analysis of Content

A total of fifty-four formulations mentioned in this book are classified according to action on *strotasa* and calculated according to their action. Most of the formulations are *kharaliya*, along with some being *parpati* and *kupipakwa* also.

Table No. 1: shows Kalpa in Rasapradip about Rasaushadhi used in Pranavaha Strotasa.

Sr. No.	Kalpa Name	Contents	Procedure	Dose/ Anupana	Therapeutic Indication
1	Kshaykesari Rasa	Vidang churna- 2 P, Agnibhrushta Sphatika 3 P, Sh. Vatsanabha churna 1 P, Navasadar- 1 P, Mishri churna- 1 P	Mardana	½ ratti with madhu	Kshaya roga
2	Bhutankusha Rasa	Sh. Parada- 1 P, Sh. Gandhak – 2 P, Tamra Bhasma- 3 P, Marich Churna – 10 P, Abhrak Bhasma- 4 P, Vatsanabha visha churna- 1 P, Apamarga mool churna – 1 P	Kajjali Nirmaan, Nimboo swarasa Bhawana 1 day mardana	65 mg with bibhitak phala tvak churna and madhu	Vaataj Kasa
3	Kasakartari Rasa	Vanga Bhasma- 1 P, Pippali Churna – 2 P, Haritaki churna- 3 P, Bibhitak churna- 4 P, Vasachurna – 5 P, Bharangi Churna- 6 P, Khadir sar – 21 P	Babbultvaka Kwath 21 times Bhawana	3 ratti	Kasa, Shwasa, Kshaya, Hikka
4	Shwasakasari Rasa	Rajika, Vidarikand and, Pippali, Lashun, Marich, Atis, Lavang – 1-1 P each	Bhringraj, Arkapatra, Ghritkumari, Nirgundi patra, Mundi kwath, Chitrak mool quath	3 ratti	Shwasa, Kasa
5	Shwasahemadri Rasa	Sh. Manashila – 20 gm, Sh. Tamra Katori 2 in no– 20 gm, Sh. Parada- 20 gm, Sh. Gandhak- 20 gm	2 Tamra Katori samanya shodhana Valuka yantra paka 9 hrs	1 ratti with madhu	Shwasa

Table No. 2: shows Kalpa in Rasapradip about Rasaushadhi used in Annavah Strotasa.

Sr. No.	Kalpa Name	Contents	Procedure	Dose/ Anupana	Therapeutic Indication
1	Anandbhairav Rasa	Rasasindoor, Sh. Gandhak, Lauha Bhasma, Vatsanabha	Bhawana with nimboo swarasa insert in sh.	3 ratti	Grahani – chitrakmool, Bhang, Saunth,

		<i>churna, Trikatu - 1-1 P each Sh. Shankha – 20 P</i>	<i>Shankha Gajapaka</i>		<i>Adrak Agnimandya- Marich, Madhu, Ghrit Kshay, Udar, Vaata roga</i>
2	<i>Agnikumar Rasa</i>	<i>Sh. Parada, Sh. Gandhak, Vatsanabha Visha, Trikatu, Tankan, Lauha Bhasma, Ajmoda, Afim- 1-1 P each Abhrak Bhasma- 8 P</i>	<i>Bhawana with chitrak mool quath</i>	1 ratti	<i>Grahani, Ajirna roga</i>
3	<i>Grahanikapata Rasa</i>	<i>Sh. Parada, Sh. Gandhak, Atis churna, Haritaki, Abhrak Bhasma- 10 gm each</i>	<i>Bhawana jambiri nimboo swarasa mardana</i>	500 mg	<i>Sangrahani</i>
4	<i>Nityodit Rasa</i>	<i>Rasasindoor, Tamra Bhasma, Lauha Bhasma, Abhrak Bhasma, Sh. Vatsanabha, Sh. Gandhak- 1-1 P, Sh. Bhallatak – 6 P</i>	<i>Bhawana with Suran kand, Maankans</i>	½ - 1 Ratti	<i>Gudaj rog Samuha</i>
5	<i>Rajvallabha Rasa</i>	<i>Sh. Parada, Sh. Gandhak, Chitrak Moolchurna – 3 gm each, Navsadar- 11/2 Pala</i>	<i>Kajjali nirmaan</i>	1 Masha	<i>Mansa ka adhik bhojana shighrapaki, Sannipataj Ajirna</i>
6	<i>Loknatha Rasa</i>	<i>Sh. Bubhukshit Parada – 2 P, Sh. Gandhak- 2 P, Kapardika- 4 P Shankha _ 8 P, Tankan- 1 P</i>	<i>Kapardika poorana by kajjali, Kapardika poorana in shankha and Putapaka</i>	6 Ratti	<i>Vataj vikar- ghrit Pittaj Vikar- Makhhan Kaphaj Roga- Madhu, Atisar, Kshaya, Aruchi, Sangrahani, Mandagni</i>
7	<i>Krimikuthar Rasa</i>	<i>Karpoor- 8 P, Kutaj tvak, Trayamana, Ajmoda, Vidanga, Sh. Hingula,</i>	<i>Bhringaraj swarasa, Mushakarni Rasa and Brahmi</i>	3 ratti with kanchanar churna	<i>Krimi</i>

		Vatsanabha Churna, Nagkeshar, Palash Beej- 1-1 P each	swarasa		
8	Vangeshwara Rasa	Rasasindoor, Vang Bhasma, Tamra Bhasma, Sh. Gandhak- 1-1 Pala	Arkadugdha Bhawana 1 day Bhoodhar putapaka	2 ratti with shwet Punarnava churna and madhu	Gulma, Pleea, Udar roga
9	Ichhabhedi Rasa	Shunthi, Marich, Sh. Parada, Sh. Gandhak, Sh. Tankana 1-1 P each and sh. Jaipal – 3 P	Kharaliya kalpa Bhawana with jala	2 ratti	Virechana Pathya – Takra, bhakta
10	Gunjabhadra Rasa	Sh. Parada – 9 gm, Sh. Gandhak- 36 gm, Gunja beej – 18 gm, Jaipal beej- 3 gm	Bhawana with Agnimantha, Jambeeri nimboo rasa, Dhatura swarasa, Kakamachi Swarasa	4 ratti	Virechana , Urustambha
11	Shulantak Rasa	Triphala, Trikatu, Musta – 1 P, Trivrutta, Chitrak mool- 1 P, Sh. Parada, Sh. Gandhak- ½ P each, Lauha Bhasma, Abhrak Bhasma- 2 P each, Vidang churna – 1 P	Kharaliya kalpa Bhawana with Triphala quath	4 ratti with bhakta mand a	Parinam shool, Amlapitta, Vamana, Annadrav sgula, Sannipataj Shula
12	Sarvashulakuthar Rasa	Sh. Parada, Sh. Gandhak, Triphala, Trikatu, Sh. Tankana, Sh. Hartaal, Sh. Vatsanabha, Tamra Bhasma, Sh. Jaipal – 1-1 P each	Kharaliya kalpa Bhawana with bhringaraj swarasa – 1 day Bhawana	2 ratti with marich churna and adrak swarasa	Sarva shool
13	Shul nikuntan Rasa	Sh. Parada, Sh. Gandhak, Vatsanabha, Saindhav, sh Tankana, Sphatika, Marich,	Kharaliya kalpa	2-3 gm lepa on udara	Sarva Shool nashak

		<i>Naga Bhasma, Sh. Hartaal, Sh. Manashila, Sh. Jaipal, Sh. Guggulu, Sh. Tutha, Navsadar – 1-1 P each</i>			
14	<i>Shikhivadav Rasa</i>	<i>Rasasindoor, Tamra Bhasma, Abhrak Bhasma, Sh. Gandhak, Swarnamakshik Bhasma, Yavakshar- 1-1 P</i>	<i>Chitrakmool quath 1 day mardana</i>	<i>3 ratti</i>	<i>Vataj gulma</i>
15	<i>Vasuki Bhushan Rasa</i>	<i>Sh. Parada, Vanga Bhasma, Tamra Bhasma, Sh. Gandhak – Samabhag</i>	<i>Arkapatra swaras Kukkutputa then Bhawana with Vasapatra swarasa</i>	<i>3 ratti with kalami sora</i>	<i>Gulma, Pleea roga</i>
16	<i>Gandamalakandana Rasa</i>	<i>Sh. Parada- 12 gm, Sh. Gandhak – 6 gm, Tamra Bhasma- 18 gm, Mandura Bhasma- 35 gm, Trikatu- 24 gm each, Saindhav- 6 gm, Sh. Guggulu, Kanchanar tvak – 140 gm each</i>	<i>Guggulu kalpa</i>	<i>3 ratti</i>	<i>Gandmala</i>

Table No. 3: Mentioned about Kalpa in Rasapradip book about Rasavaha Strotasa.

Sr. No.	Kalpa Name	Contents	Procedure	Dose/ Anupana	Therapeutic Indication
1	<i>Kalpataru Rasa</i>	<i>Sh. Parada, Sh. Gandhak, Sh. Visha:- Vatsanabhvish churna, Manashila, Tankan – 12 gm each Sh. Shunthi churna – 24 gm, Pippali churna – 120 gm, Marich</i>	<i>Kharaliya kalpa 3 hrs Jala bhawana</i>	<i>1 ratti with adrak swarasa</i>	<i>Vatkaphaj Jvara, Shwasa, Kasa, Mukhaprasek, Agnimandya, Aruchi Nasya in Shiroshula, Kaphavataj Roga, Moha , Pralap, Kshavathu</i>

		churna- 120 gm			
2	Bhairav Rasa	Sh. Vatsanabh visha churna- 1 P, Shunthi – 2 P, Pippali- 3 P, Rakta arkamool tvak- 5 P	Kharalita kalpa 3 hrs mardana with Adrak swarasa	2 Ratti	Vaatjvara
3	Suryashekhar Rasa	Sh. Parada, Sh. Tankan , Sh. Gandhak, Sh. Jaipal, Saindhav lavana, Marich, Chincha tvak kshar – 10 gm each	Kharaliya kalpa Jambiri nimboo swarasa 1 day mardana	2 ratti With ushnodaka	Vatkaphaj Jvara
4.	Chandrashekhar Rasa	Sh. Parada, Sh. Gandhak, Marich, Sh. Tankana- 1 P each, Sugar – 4 P	Kharaliya Kalpa Matsya pitta Bhawana 3 days	2 Ratti with adrak swarasa, madhu	Jvara
5	Kanak Rasa	Swarna Bhasma 24 gm, Sh. Gandhak- 36 gm, Tamra Bhasma – 12 gm, Abhrak Bhasma – 12 gm, Swarnamakshik Bhasma- 6 gm, Vanga Bhasma- 6 gm, Sauviranjan – 9 gm, Lauha Bhasma- 24 gm Vatsanabha Visha- 9 gm, Sh. Kalihari churna – 46 gm	Bhawana Bhudhar puta paka	½ ratti Adrak swarasa or madhu	Sannipat Jvara
6	Mrutsanjivani Vati	Vatsanabha vish, Trikatu, Gandhak, Tankana, Tamra Bhasma, Dhattura beej, Sh. Hingula – 1-1 Part	Kharaliya Kalpa with with bhang swarasa	2 ratti	Sannipat Jvara
7	Mrutsanjivani Rasa	Sh. Parada, Sh. Gandhak, Lauha Bhasma, Tamra Bhasma, Sh. Vatsanabha churna, Sh. Hartaal, Kankushta, Manashila, Hingula, Chitrak,	Bhawana with Adrak, Nirgundi, Bhanga, Jambeeri swarasa, Changeri swarasa 3-3 days mardana After that Baluka yantra paka		

		<i>Hastishundi, Ati visha, Trikatu, Swarna makshik, Bhanga, Jaipal, Meghanad, Saindhav 1-1 Part each</i>			
8	<i>Sannipatanal Rasa</i>	<i>Rasasindoor, Sh. Gandhak – 1-1 P each, Tamra Bhasma, Yashad Bhasma, Hingula, Amlavetas – 2P each</i>	<i>Jambiri nimboo swarasa Bhawana bhoodhar puta add hingu, karpura, Shunthi, pippali, Marich, Bhawana with brahmi and adrak swarasa 7-7 bhawana</i>	<i>3 ratti with adrak swarasa and madhu</i>	<i>Sannipat jvara,</i>
9	<i>Sannipat Gajankusha Rasa</i>	<i>Sh. Parada, Abhrak Bhasma, Sh Hartaal, Swarnamakshik Bhasma, ghritbharjit Hingu – 1-1 P each</i>	<i>Bandhya karkoti Rasa, Patol Quath, Nirgundi Rasa, Sugandha vala, Nimba tvak, Chitrak mool quath, Dhattur swarasa, Kalihari quath, Patha quath, Bhringaraj swarasa, Jambiri nimboo Rasa – 1-1 bhawana each Add trikshar, Saindhav, Sugandhavalala, Visha</i>	<i>3 ratti with ushnodaka</i>	<i>Sannipat Jvara</i>
10	<i>Sandhikari Rasa</i>	<i>Sh. Parada, Sh. Gandhak, Abhrak Bhasma, Yavakshar, Tankan, Sajjikshar, Jirak churna, Trikatu churna, Triphala churna, Saindha- 1-1 P each</i>	<i>Kharaliya Kalpa chitrak mool quath Bhawana 1-1</i>	<i>5 ratti with pippali churna and madhu</i>	<i>Sannipat Jvara</i>
11	<i>Panchavaktra</i>	<i>Sh. Parada, Sh.</i>	<i>Kharaliya Kalpa</i>	<i>1 Ratti</i>	<i>Sannipat</i>

	<i>Rasa</i>	<i>Gandhak, Sh Tankana, Marich Churna, Vatsanabha Churna</i>	<i>Dhattura panchang swarasa Bhawana 1 day</i>		<i>Jvara</i>
12	<i>Jvarankusha Rasa</i>	<i>Mrigshringa – 1 Kg Jvalamukhi Rasa – 1Lt</i>	<i>Gajaputa Add 1/8th part trikatu churna</i>	<i>3 nishka</i>	<i>Vata pitta Jvara</i>
13	<i>Jvarari Rasa</i>	<i>Sh. Parada, Kharpar Bhasma, Sh. Hartaal, Sh Tuthha, Sh. Tankana, Sh Gandhak- 1-1 P</i>	<i>Karvellak swarasa Bhawana and Valuka yantra paka</i>	<i>½ - 1 ratti with marich churna, Tambula Patra</i>	<i>Jvara, Visham Jvara</i>
14	<i>Shitari Rasa</i>	<i>Sh. Hartaal, Sh Tuthha , Tamra Bhasma, Sh. Parada, Sh. Gandhak, Sh. Manashila- 12 gm each</i>	<i>Bhawana and Kukkuta puta paka Arkadugdha, Snuhi dugdha, Danti mool, Trivrutta quath- 7-7 bhawana</i>	<i>1 ratti</i>	<i>Shitjvara</i>
15	<i>Jvaraghni Vati</i>	<i>Sh. Parada- 1 P, Sukshmaila, Pippali, Haritaki, Akkarkara churns, Katutaila shodhit gandhak, Indravaruni phala – 4 P each</i>	<i>Kharaliya Kalpa</i>	<i>3 ratti with guduchi swarasa</i>	<i>Sarva Jvara</i>
16	<i>Unmatta Rasa</i>	<i>Sh. Parada, Sh. Gandhak, - 1 P each, Shunthi, Pippali, Marich Churna – 2 P each</i>	<i>Bhawana with dhatura phala swarasa- 1 then add trikatu churna</i>	<i>Nasya</i>	<i>Sannipat Jvara</i>
17	<i>Martand Rasa</i>	<i>Sh Parada, Sh. Gandhak- 40 P each, Sh. Tankana – 10 P</i>	<i>Bhawana in Tamra khalva Bhudhar Puta paka</i>	<i>4 ratti</i>	<i>Asadhya sannipat jvara</i>
18	<i>Chintamani Rasa</i>	<i>Sh. Parada, Sh. Gandhak, Tamra Bhasma, Abhrak Bhasma, Triphala, Trikatu, Jaipal- 1-1 P each</i>	<i>Dronpushpi swarasa Bhawana 1 day mardana</i>	<i>1 ratti</i>	<i>Ajirna, Ashta jvara, Shool, Aamvata</i>

Table No. 4: Mentioned about *kalpa* in *Rasapradip* book on *Raktavaha Strotas*.

Sr. No.	Kalpa Name	Contents	Procedure	Dose/ Anupana	Therapeutic Indication
1	Vatraktari Rasa 1	Sh. Parada 1 P, Sh. Gandhak 1 P, Abhrak Bhasma- 2 P, Sh. Guggulu – 4 P, Guduchi satva- 8 P	Kajjali nirmaan Bhawana nirgundi patra swarasa, Gokshur kwath, Guduchi, Kokilaksha mool – 7-7 bhawana	3 ratti	Vaatrakta
2	Vatraktari Rasa 2	Sh. Parada, Sh. Gandhak, Lauha Bhasma, Abhrak Bhasma, Hartaal, Manashila, Sh. Shilajatu, Sh. Guggulu, Vidanga churna, Triphala, Trikatu, Sh. Afim, Punarnava, Deodaru, Chitrakmool, Daruharidra, Shwet Aparajita mool 1-1 ratti	Kajjali Nirmaan , Mixing of drugs Bhawana with Triphala kwath, bhringaraj swarasa – 3-3 bhawana	4-4 ratti with nimba panchang churna 3 gm and goghrit 3 gm	Mahaghor and Gambhir vatrakta roga
3	Arkeshwara Rasa	Sh. Parada- 4 Pala, Sh. Gandhak- 12 Pala, Sh. Tamra patra – 93 gm	Kajjali Nirmaan, Tamra patra par achhadit then Bhasma yantra paka then arkadugdha Bhawana given 12 varaha puta paka then Bhawana with Triphala quath, chitrak mool quath, kakadsingi quath	2 ratti	Vaatrakta, Mandal kushta, Supti kushta
4	Sameerpannag Rasa	Abhrak Bhasma, Sh. Gandhak, Vatsanabha churna, Trikatu , Sh. Parada, Sh. Tankana- 1- 1 P each	Bhringraj swarasa 7 bhawana	3 ratti adrak ,mishri, trikatu	Vaat roga Nasya – sangnya nasha
5	Vijayeshwar Rasa	Sh. Hartaal – 1P, Rasasindoor – 1 P Sh. Bhanga churna – 8 P Guda- 10 P	Guda paka	3 gm with daruharidra, nimba, Khadir quath	Shvet Kushta

Table No. 6: Mentioned about Aushadhi Kalpa used in Rasapradip book used in Medovaha sansthan.

Sr. No.	Kalpa Name	Contents	Procedure	Dose/ Anupana	Therapeutic Indication
1	Chandrakala vati	Ela, Karpura, Sh. Shilajatu, Amalaki, Jatiphal, Gokshur, Shalmali, Rasasindoor, vanga, Lauha Bhasma- 1 P	Kharaliya kalpa Bhawana with guduchi swarasa, Shalmali tvak rasa and 1.5 gm madhu	3 ratti with guduchi swarasa	Prameha
2	Harishankara Rasa	Rasasindoor, Abhrak Bhasma – 1-1 Part each	Amalaki swarasa Bhawana – 7 times	2 ratti	Prameha
3	Pramehari Rasa	Vanga Bhasma , Rasasindoor – same parts		2 ratti with madhu	Jirna prameha
4	Paradadi Rasa	Sh. Parada, Sh. Gandhak, Lauha Bhasma	Kharaliya kalpa Bhawana with nirgundi patra swarasa, Shwetmushali kwath – 1-1 bhawana	8 Ratti with lodhra churna 1 gm and madhu	Prameha
5	Shatkatvaradi Churna	Trikatu, Pippali mool, Chavya, Chitrak, Triphala, Panchalavana, Bakuchi – 1-1 P each	Churna nirmaan	3 gms	Medoroga, shoth, agnimandya, Aamvat, Kapharoga

Table No. 5: Mentioned about Aushadhi Kalpa in Rasapradip book used in Mutravaha sansthan.

Sr. No.	Kalpa Name	Contents	Procedure	Dose/ Anupana	Therapeutic Indication
1	Somatisrutiyari Rasa	Sh. Parada – 3 nishka, Sh. Gandhak – 2 nishka Marich churna – 18 gm	Kajjali Nirman in taptakhalva – 1 P Marich churna- 2 P	2 ratti Ushnodaka	Somaroga
2	Pashanbhedaka Rasa	Sh. Parada – 20gm Sh. Gandhak – 40 gm Pashanbhed churna- 60 gm	Kajjali Nirmaan then shvetpunarnava wsarasa Bhawana- 1day add churna	3 ratti	Ashmari

Table No. 7: Mentioned about Aushadhi Kalpa used in Rasapradip book used in Ashthivaha sansthan.

Sr. No.	Kalpa Name	Contents	Procedure	Dose/ Anupana	Therapeutic Indication
1	Aamvatari Rasa	Sh. Parada – 1 P, Sh. Gandhak- 2 P, Triphala, chitrak mool – 4 P and Guggulu – 5 P	Eranda taila Bhawana	4 ratti with eranda taila 1 tola and ushnodaka	Aamvata
2	Udaybhaskar Rasa	Rasasindoor, Abhrak Bhasma, Sh. Manashila, Sh. Gandhak, Sh. Hartaal, Sh. Hingu, Sh. Kankushta, Musta – 1-1 P each	Bhawana with snuhi kshir, Arka kshir, dhatur swarasa, Nirgundi swarasa, Maharasnadi quath Kukkut puta paka then after Bhawana with ajamutra	2 ratti with tila kshar and kushta churna , madhu	Vataj shul shamana

Table No. 8: Mentioned about Aushadhi Kalpa used in Rasapradip book for Vajikarana.

Sr. No.	Kalpa Name	Contents	Procedure	Dose/ Anupana	Therapeutic Indication
1	Vyadhihar Soot	Hingullotha Parada-1P, Rasakarpura- 2 P, Sh Gandhak – 1 P	Bhavana and then purana in kukutand and give 5 times laghuputa and valuka puta	4 ratti with tambula patra	Vajikarana, Vali palit roga nashak
2	Lauha rasa	Sh. Parada – 1P, Sh. Gandhak- 2 P, Tikshna lauha Bhasma- 3 P	Mardana then Kumari swarasa Bhawana, Tamra samputa and kept in dhanyarashi	1 kola with madhu and ghrit	Valipalit nashak, Mandagni, Shvasa, Kasa, Pandu, Kapha vaataj roga, Vatrakta, mutradosha, Sangrahani, Andakosha vridhhi

Saptadhatu:- Swarnamakshik, Tuthha, Abhrak, Nilanjan, Manashila, Hartaal, Kharpar
Common method to prepare Bhasma of Saptadhatu :- Sh. Manashila and sh. Gandhak
levigated with arkadugdha and do paste on dhatu patra. Repeat it for 12 puta can be
converted into Bhasma.

Shodhana

1. *Swarnamakshik shodhana* is recommended by *saindhav lavana* and *nimboo swarasa*, heating in an iron pan up to complete red hot.
2. *Nilanjan shodhan* is mentioned with *jambiri nimboo swarasa Bhawana*.
3. *Vimal / Raupyamakshik Shodhana* :- levigated with *vandhyakarkotaki*, *meshshringi kwath*, *jambeeri swarasa* in the presence of sun light.
4. *Tuthha Shodhana* :- Levigated with *kabutar vishta* and one tenth of *tankana* or any other drug like *dugdha* or *madhu* give *laghuputa*.
5. *Abhrak shodhan* :- Heating and quenching in *godugdha* and levigated with *tanduliya swarasa* or *nimboo swarasa*. *Dhanyabhrakikaran* is also mentioned with *kanji*
6. *Gairik, Kasis, Tankan, Varatika, Sphatika, Shankha* and *Kankushta* purification is mentioned with *jambiri nimboo swarasa Bhawana*.
7. *Manashila shodhana* is mentioned with *aja mutra* and *aja pitta*.
8. *Harataal shodhana* is recommended with *swedana* in *dolayantra* by any drug like *kanji*, *kushmand swarasa*, *Tila taila*, *triphala quath* in 3-3 hrs.
9. *Kharpara Shodhana* :- place the *kharpara* in human urine or cow's urine
10. *Hirak Shodhana* :- *swedana* in *kulaththa* or *kodrav kwath yukta dolayantra*
11. *Shilajatu Shodhana* :- Melted in any one of the drugs like *Godugdha*, *Triphala quath*, *Bhringaraj Swarasa*. Also *suryatapi* method is mentioned for purification. *Agnipariksha* mentioned.

Bhasma Preparation

1. **Swarna Bhasma Preparation:-** *Swarna bhasma* preparation is given by 4 methods. First is melted with *naga* and *putapaka*, given with 30 *vanyopala puta*, and given repeatedly 7 times with the help of *gandhak*. Second *Kanchanar tvak kwath bhawit Kajjali lepa* on *Swarna patra* and 3 times repeated *puta* is given. In the third method, *Manashila* and *Rasasindoor* are triturate with *arkadugdha* and given *lepa* on *Swarna patra*, and heat is given in *musha*. Fourth part of *paravat mal* and *gandhak lepana* on *Swarna patra* and give *putapaka* of 5 *vanyopala* repeated 9 times, and give 30 *vanyopala paka*.

Rajat Bhasma Preparation:- Two methods of *Rajat Bhasma* preparation are given first, prepared by *mardana* with *shudhha hartal* and *nimboo swarasa lepa* on *rajat patra* and 30 *vanyopala puta* given repeatedly up to 14 times. *Swarnamakshik Bhasma* *mardana* with *snuhikshir* and *lepana* on *Rajat Patra* and give 30 *vanyopala puta*. Repeat up to 14 times *puta*.

2. **Tamra Bhasma Preparation:-** One method of *Tamra Bhasma nirmaan* mentioned in the book. *Tamra patra* triturate with *nimboo swarasa* and prepare *dhatupishti*. Kept this

dhatupishti in *Minakshi*, *changeri* and *Punarnava kalka* and gave 12 hrs *paka* and gave *suran kand swarasa mardana* for 1 day and *gajaputa* given.

3. **Tikshna Lauha Bhasma Nirmaan:-** Four methods of *Tikshna lauha bhasma nirmaan* given. First is *sh lauha churna* and *mardana* with *patalgarudi swarasa* and three *gajaputa* given, then triturate with *ghritkumari swarasa* and 3 *gajaputa* given and lastly triturate with *guduchikand swarasa* and 6 *gajaputa* given. *Sh. Tikshna lauha churna* taken 12 parts and *sh parada* or *hingula* 1 parts triturate with *ghrit kumari swarasa* and 6 hr *gajaputa* given, repeated 7 times. *Mardana* with *guduchi swarasa*, *patal garudi* and *arkadugdha mardana* and *puta* given. Fourth method mentioned in which *kajjali* and *lauha churna* triturate with *kumari swarasa* give 6 hrs *mardana* and wrest with *erandpatra* 3 hrs kept in sunrays and 3 days kept in *tamrapatra*.
4. **Naga Bhasma Preparation:-**Two methods are given for *Naga Bhasma marana*. *Sh. Manashila* is triturate with *tambulpatra rasa* and levigated on *naga patra*; four *kukkutaputa* are given and 28 *kukkutaputa* are given without *Manashila*. Second *puta naga Bhasma* is prepared with *jarana* process with *pippalitvak*, *Imalitvak* and converted into *churna*, then *sh. Manashila* is triturate with *kanji* and 60 *puta* given.
5. **Vanga Bhasma preparation :-** One method of *Vanga Bhasma nirmaan* given in which *jarana* with *pippali tvak*, *sh. Hartal* and *imali tvak* are given up to *churna* preparation. Add water for *prakshalana* and then add *sh. Hartal*; triturate with *nimboo swarasa* and *gajaputa* given. *Gajaputa* repeated 7 times.
6. **Pittal Bhasma Preparation:-** *Shudhha Gandhak lepa* with *nimboo swarasa* on *Pittal patra*. Give two *Gajaputa* to prepare *Bhasma*.
7. **Kansya Bhasma Nirmaan :-** Lavigated sulphur with *arkakshir*, *vatakshir*, *nirgundi kshir* and milk and paste on *kansya/ tamra/ pittal patra* and give *gajaputa*. Repeat it four times can be converted into *Bhasma*.
8. **Swarnamakshik Marana:-** *Swarnamakshik shodhan* is prepared with lavigated with *kulattha kwath*, *Til taila*, *takra* and goat urine and incinerated with *puta*.
9. **Abhrak Marana:-** *Marana* is mentioned by two methods: first by *arkaksheer bhawana* and seven *gajaputa*. Second, with herbal drugs, *bhawana* and 20 *gajaputa* are mentioned.
10. **Hiraka Marana :-** Three methods of marana are given by the heating and quenching method in different media like horse urine, *kulattha kwatha* and *medhak mutra*.
11. **Vaikrant Shodhana and Marana:-** Mentioned the heating and quenching method
12. **Mani mukta Praval Shodhana and Marana:-** *Shodhana* mentioned *swedana* in *dolayantra vidhi*,

13. Mandur Marana :- *Mandur marana* given with heating and quenching method up to 7 or 21 times in triphala quath Media.

Kshar preparation Process:- Incinerated plant material mixed with four times water. The water content, which is the supernatant, is collected and dried; the white powder prepared after completing the process is known as kshar.

DISCUSSION

Among the fifty four *kalpa*, most of the *kalpa* approximately 18 formulations acting on *rasavaha strotasa* i.e. *Jvara*, 16 formulations prescribed for *agnivaha strotasa* diseases like *grahani agnimandya*, five formulation recommended on *raktavaha strotasa* diseases like *vatarakta*, skin diseases, five *kalpa* mentioned for *medoyukta dioseases* like *prameha*, *medoroga*, only small quantity formulations are recommended in the *mutravaha*, *Asthivaha* and *vajikarana roga*.

Among all the *kalpa*, only a few, approximately seven, are prepared by the *agnipaka* method and one is prepared by the *gudapaka* method. *Kharaliya method* is most commonly preferred in the preparation.

CONCLUSION

Rasapradip is a latest book have beneficial for students, practitioners, and academic purposes also. This book contains unique formulations which can be planned for clinical and research-related studies. This book contains unique methods for minerals and metals processing; these process also research-oriented for more benefits at lower cost.