

**FUNDAMENTAL STUDY OF LOK PURUSH SAMYA SIDDHANT
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(Mah.).**ABSTRACT**

Acharya Atreya while explaining to *Agnivesha* says that the *lokat* *bhavas* and *purushgat bhavas* are *aparisankeya* and these have similarities with each other. There are so many animals and plants in the *lok*. But why is *lok* compared with *purush* only? *Acharya Sushruta* has mentions *Purush* is the most important creative factor of the nature and another creation are made for *Purush*. Being the most important entity of the *lok*, *purush* is compared with it. According to *Acharya Charaka*, *Loka* and *Purusha* both are *shaddhatwatmaka*. *Shada dhatu* means composition of six elements namely five *mahabhutas* and *chetanatatwa*. Universe is composed of these six factors and sixth one is *brahma*, whereas in living being, it is *Avyakta*. *Lok Purush Samya Siddhant* narrated to see oneself in universe and universe in oneself. This produces *Satyabuddhi* and person gets *Moksha*.

KEYWORDS: *Purush, lok, mahabhutas, chetanatatwa, Satyabuddhi, Moksha.***INTRODUCTION**

Lok Purush Samya Siddhanta is firstly mentioned in *Yajurveda* where it has been explained as: “*Yat Pinde Tat Brahmande*”.^[1] This seems to be similar to *Pindabramhand Nyaya* described in *Vedant Darshana*.^[2] According to this, what is there in the universe same is present in the body. This *nyaya* is explained by *Aachary Charak* as - *loka-purusa-samyasiddhanta*.^[3] This *siddhanta* is the one of the basic fundamental principles of other *siddhantas*. In the chapter *Purushvichaysharir*, the similarities between *purush* and *lok* has been mentioned and the main aim behind this *siddhanta* is to achieves *satyabuddhi*^[4] (real knowledge) the one who is able to understand and realize that *lok* (universe) and *purusha*

(individual) are one and the same. And person realizes that I am responsible for all *sukh dukh* in this universe and when he realizes this, person begins to path of *moksha*.^[5]

DISCUSSION

Acharya Atreya while explaining to Agnivesha says that the *lokgata bhavas* and *purushgata bhavas* are *aparisankheya* and these have similarities with each other.^[6] In *Garbhavkranti sharir* chapter, he has explained the similarities only in *panchbhautik bhavas* of *purush* and *lok*.^[7] In the next chapter *Purushvichaysharir*, he has explained the similarities in *adhyatmik* and *bhautik bhavas* of *purush* and *lok*.^[8] There are so many animals and plants in the *lok*. But why is *lok* compared with *purush* only? Acharya Sushruta has mentions *Purush* is the most important creative factor of the nature and another creation are made for *Purush*. Being the most important entity of the *lok*, *purush* is compared with it.^[9]

Table 1: similarities between *lokgata* and *purushgata bhavas*^[10]

Sr. No.	<i>Lokgata Bhav</i>	<i>Purushgata Bhav</i>
1.	<i>Prithvi</i>	<i>Murti</i>
2.	<i>Aap</i>	<i>Kled</i>
3.	<i>Tej</i>	<i>Abhisantap</i>
4.	<i>Vayu</i>	<i>Pran</i>
5.	<i>Viyat</i>	<i>Sushir</i>
6.	<i>Bramh</i>	<i>Antaratma</i>
7.	<i>Vibhuti of Bramh</i>	<i>Vibhuti of Antarman</i>
8.	<i>Vibhuti of Bramh is Prajapati</i>	<i>Vibhuti of Antarman is man</i>
9.	<i>Indra</i>	<i>Ahankar</i>
10.	<i>Aditya</i>	<i>Aadan</i>
11.	<i>Rudra</i>	<i>Rosha</i>
12.	<i>Soma</i>	<i>Prasad</i>
13.	<i>Vasu</i>	<i>Sukh</i>
14.	<i>Ashwini Kumar</i>	<i>Kanti</i>
15.	<i>Marut</i>	<i>Utsah</i>
16.	<i>Vishvedev</i>	<i>Indriyas and Indriyarthas</i>
17.	<i>Tam</i>	<i>Moh</i>
18.	<i>Jyoti</i>	<i>Gyan</i>
19.	<i>Sristi</i>	<i>Garbhadhan</i>
20.	<i>Krityug</i>	<i>Balyawastha</i>
21.	<i>Treta</i>	<i>Yuvawastha</i>
22.	<i>Dwapar</i>	<i>Vridhawastha</i>
23.	<i>Kaliyug</i>	<i>Rogi</i>
24.	<i>Yugant</i>	<i>Mrityu</i>
25.	<i>Brihaspati*</i>	<i>Mati*</i>
26.	<i>Gandharva*</i>	<i>Kaam*</i>

Activities in human body are also similar to that occurring in universe. All the activities of universe and individual are mainly of three types^[11]

- 1) *Visarga* - to give strength or union.
- 2) *Adana* - transformation or change or digestion.
- 3) *Vikshepa* - movement.

Following functions keep the balance in nature

- Moon has principle of cohesion or union which is responsible for the keeping the molecule intact and help in the new growth.
- The sun is representative of principle of thermogenesis or transformation.
- Principle of movement represented by wind or wind is responsible for all types of movement.

In the same way, *Tridosha* i.e., *kapha*, *pitta* and *vata* maintain the balance of all body function.

Panchbhautikatva^[12]

The composition of human body is just like the composition of nature or universe. *Ayurveda* states that each and every element is made up of *panchmahabhuta*.

Agnisomiya^[13]

Loka is *Agnisomiya* in nature. *Shukra* is *saumya* and *artava* is *agneya* in nature. Thus, *purusha* which is made up of *shukra* and *artava* is also *Agnisomiya*.

Shaddhatwatmak^[14]

According to *Acharya Charaka*, *Loka* and *Purusha* both are *shaddhatwatmaka*. *Shada dhatu* means composition of six elements namely five *mahabhutas* and *chetanatatwa*. Universe is composed of these six factors and sixth one is *brahma*, whereas in living being, it is *Avyakta*.

According to Acharya P. V. Sharma^[15]

The plant parts or substance which is morphologically similar to body parts are beneficial to that body part. For e.g. - bark of tree is similar to skin hence it is beneficial for the skin. Thus, nature has indicated that what is to be used for the management of which type of disorders on the basis of *lok purush samya siddhant*.

Table 2: similarities between *purushgata* and *lokgata bhavas*.

S. N.	<i>Purushagata Bhava</i>	<i>Lokagata Bhava</i>
1.	<i>Urdhavagata Amlapitta</i> (Gastro- Oesophagial reflex disorder)	<i>Jwalamukhi</i> (Volcano)
2.	Pyrexia or fever	Global warming
3.	<i>Udavarta</i> (Abnormal movement of <i>vayu</i>)	<i>Chakravata</i> (Hurricanes)
4.	Psoriasis	Pollution
5.	<i>Kampa</i> (Tremors)	<i>Bhookampa</i> (Earthquake)
6.	<i>Unmesha</i> (Dilatation of pupil in the body)	Blossoming of flower
7.	Periodic shedding of endometrium in women Uterus	Periodic shedding of leaves from the trees
8.	Beneficial for the Skin	bark of tree
9.	Alveoli (Effective in Lungs disorders)	Grapes
10.	Diuretic property	<i>Atibala</i>
11.	Potent Brain tonic	Chestnut
12.	Beneficial for Testes	Seed of Jack fruit
13.	<i>Raukshya</i> (<i>Rasa kshaya</i>)	Drought
14.	<i>Garbha Akriti</i>	<i>Beeja Abhisanskar</i>
15.	<i>Agnashaya</i> (Pancreas)	<i>Karvellaka</i>
16.	<i>Amashaya</i> (Stomach)	<i>Lasuna</i>
17.	Thyroid	<i>Kanchanara</i>
18.	<i>Mastulunga Majja</i>	<i>Mandukparni</i>
19.	<i>Kesha</i>	<i>Bhringaraj</i>
20.	Eyes	Carrot
21.	Heart	Tomato
22.	Breast	Citrus
23.	Bone	Celery
24.	Hearing	Mushroom
25.	Uterus	Avocado

In *Ashmari adhyan* of Nidanstan^[16]

To fill the ocean, small rivers bring the water to the ocean, similarly in our body the *pakvashya gata nadi* take the *mutra* from *pakvashya* and bring *mutra* to the *vasti*.

In *Siravarnavibhakti sharir*^[17] it is mentioned that small water pathways are made by human to nourish their fields, and in plants leaves has small venules to nourish the tree, similarly in our body various *siras* has been originated from *nabhi* and nourishes the body through various channels and movements.

In *Dhamnishareer*^[18] *Acharya Sushruta* has mentioned that how lotus plant has small holes in its stem to facilitate the upward movement of water similarly in human body *dhamni* have similar anatomy and function to nourish body with the *rasa*.

In *Grahni adhyaya*^[19] of *Chikitsa sthan Acharya Charak* while explaining the function of *Grahni* he gives example that how fire cooks rice in pot in this universe, same function is done by *grahni* in our body in order to digest the uncooked food which is the function of *grahni*.

Acharya Charaka also used this *siddhanta* to explain various diseases in *Ayurveda* i.e. while describing the *kustha acharya* used structures of plants and animals to explain the anatomy of various *kusthas* like.^[20]

UDUMBARFALABHASAM hence named the *kustha* as *udumber kustha*.

ALABUPUSHPAVARNAM for describing *siddham kustha* which reflects similarity in their appearances.

IMPORTANCE AND UTILITY Any changes occurring in the universe causes structural and functional changes in the body. Hence, changes in normal structure and function of universe play important role in cause and development of disease or abnormal condition (etiopathogenesis).

- Person after understanding the similarities, will not harm the nature rather will protect it because both human and environment are in mutual relationship with each other.

CONCLUSION

Lok Purush Samya Siddhant can be explained in terms of “Law of Uniformity of the Nature”. This principle narrated to see oneself in universe and universe in oneself. This produces *Satyabuddhi* and person gets *Moksha*. *Acharya Charaka* has described that the person who sees all the *purushgata* and *lokgata bhavas* similar, being in all stages (*jagrat*, *swapana*, and *sushupti*) achieves *brahma* like form, and then he does not involve in *dharma* and *adharma*.

Acharya Charaka has explained that the person, who knows *para* (*purush*) and *apar* (*prakriti*) after seeing himself in the *lok* and *lok* in him, gets peace based on knowledge which never ends.

Acharyas has used this *siddhanta* in framing various examples in *samhitas*, what they had seen in the universe they correlate it with the anatomy and physiology of human body right from considering *hridaya* as *pundrikoupam* to the *yoni* as *shankhnabi akriti*, from describing the function of *grahni* to framing name to the *kusthas*, from explaining *janpadoudvansh* to

the origin of *alasya*, *lobha*, *krodha*, *irshya* and then disease in human body. Everything is explained in *samhitas* on the basis of similarity between the two. They framed that all the *dravyas* are *panchbautik* and *purush* is also made of *panchmahabhootas*.

So, it can be concluded that the anatomy and physiology of human body or diseases occurring in human body. Both are in one or other aspect is similar to what is present in this universe.

Hence health of individual is directly or indirectly linked with this universe.

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