

MACRO- MICROSCOPIC APPEARANCES OF FOUR POPULARLY USED HERBS IN *KRIMIDANTA* (DENTAL CARIES)

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ABSTRACT

About: Plants exhibit strong antibacterial and healing potential, supported by both ethnomedicinal usage and modern research. Their phytochemical composition and pharmacological actions make them suitable candidates for developing a safe, effective and herbal mouthwash for the management and prevention of dental caries (*Krimidanta*). Authentication parameters are basic steps in any drug research. **Materials and Methods:** Pharmacognostic study involved the collection and authentication of plant materials including *Solanum torvum* fruits, *Solanum surattense* whole plant, *Ziziphus rugosa* bark, and *Zanthoxylum ovalifolium* fruits from their natural habitats, followed by voucher specimen deposition. **Results and Discussion:** Macroscopic evaluation documented external morphological features using digital imaging for proper

identification. Microscopic analysis was carried out by preserving samples in FAA solution, preparing transverse sections, staining with safranin, and observing under a trinocular microscope, revealing characteristic features like cork, cortex, parenchyma, xylem vessels, phloem, sclereids and starch grains. **Conclusion:** The results collectively validate the identification parameters of the selected drugs. These standardization parameters support the safety and efficacy.

KEYWORDS: *Krimidanta*, Pharmacognosy, Macroscopy, Microscopy.

INTRODUCTION

Teeth are vital for chewing, speech, facial structure, and aesthetics. *Acharya Sushruta* described eight *Danta Rogas*, among which *Krimidanta* is characterized by discoloration, cavities, pain, swelling, and discharge.^[1] *Krimidanta* can be correlated with dental caries caused by microbial destruction of tooth structures. Ayurveda recommends *Krimighna* and *Vatahara* drugs for its management.^[2] Medicinal plants possess strong antimicrobial and healing properties, making them suitable for oral care. While classical texts mention many formulations for dental caries in the form of decoction, gargling etc. *Brihati*(*Solanum torvum*), *Kantakari*(*Solanum surattense*), *Badara*(*Ziziphus rugosa*) and *Tumburu* (*Zanthoxylum ovalifolium*) are frequently suggested drugs for *Krimidanta*.^[3] These are often used in the form of decoction, tablet, application, mouth washes etc successfully since many years.

Brihati (*Solanum torvum*) a spiny shrub rich in alkaloids and flavonoids, exhibits analgesic, antipyretic, and antimicrobial activities and is used in conditions like *Shwasa*, *Jwara*, and *Krimi*. *Kantakari* (*Solanum surattense*) possesses anti-inflammatory, antibacterial, expectorant, and carminative properties and is commonly used in respiratory and gastrointestinal disorders.^[4] *Tumburu* (*Zanthoxylum ovalifolium*) fruits containing volatile oils and flavonoids, demonstrates antimicrobial, analgesic, and anti-inflammatory effects and is traditionally used in toothache and microbial infections.^[5] *Badara*(*Ziziphus rugosa*) is rich in triterpenoids and flavonoids, showing astringent, antimicrobial, and anti-inflammatory activities, and is beneficial in mouth ulcers, diarrhoea, and skin diseases.^[6] Collectively, these plants exhibit strong antibacterial and healing potential, supported by both ethnomedicinal usage and modern research. Their phytochemical composition and pharmacological actions make them suitable candidates for developing a safe, effective and herbal mouthwash for the management and prevention of dental caries (*Krimidanta*).^[7]

Authentication parameters of raw drugs used in herbal formulation forms a major step in any research. Hence with all this background a study has been planned to record Macro-microscopic profile of these four herbs.^[8]



Figure 1: Herbs used in Dental caries.

MATERIALS AND METHODS

PHARMACOGNOSTIC STUDY

Collection of Plant Materials: Matured plant samples like fruits of *Solanum trovum* Sw, whole plant of *Solanum surratense* Burm f., bark of *Zizipus rugosa* Lam. and fruit of *Zanthoxylum ovalifolium* Wight. from their natural habitat, authenticated, voucher specimen deposited and used for further study. (Voucher No. 260107140).

METHODOLOGY

Macroscopy

The external features of the test samples were documented using Canon IXUS digital camera. The macroscopic features were compared to local flora for authentication.^[9]

Microscopy

Sample was preserved in fixative solution. The fixative used was FAA (Formalin-5ml + Acetic acid-5ml + 70% Ethyl alcohol-90ml). The materials were left in FAA for more than 48 hours. The preserved specimens were cut into thin transverse section using a sharp blade and the sections were stained with saffranine. Transverse sections were photographed using Zeiss AXIO trinocular microscope attached with Zeiss Axio Cam camera under bright field light. Magnifications of the figures are indicated by the scale-bars.^[10]

RESULT

Macroscopy



Figure 1: a *Solanum trovum* Sw (Brihatiphala)



Figure 1: b *Zizipus rugosa* Lam (Badara Twak)



Figure 1: c *Zanthoxylum ovalifolium* Wight. (Tumburu Phala)

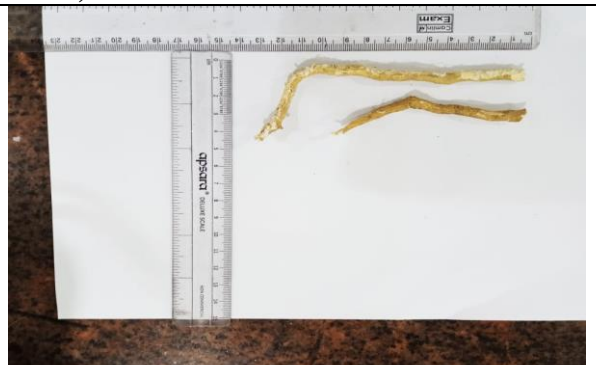


Figure 1: d *Solanum surratense* Burm f. (Kantakari root)

MICROSCOPY

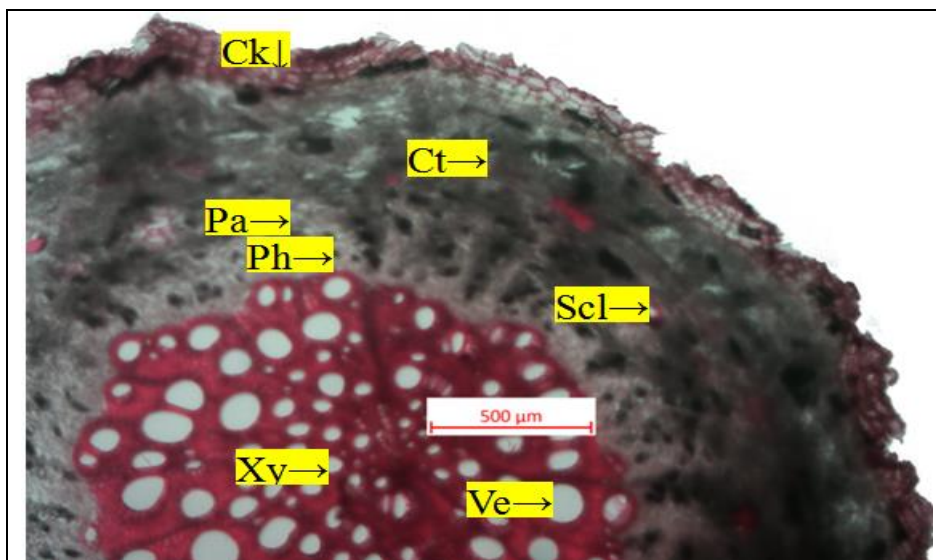
Figure 2: Microscopy of *Solanum surratense* root.

Fig 2a. TS of Root

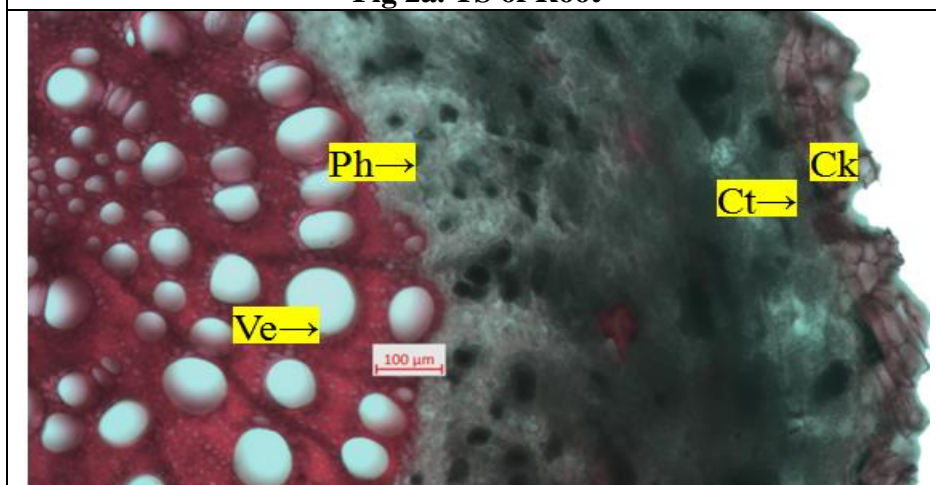


Fig 2b. A portion enlarged

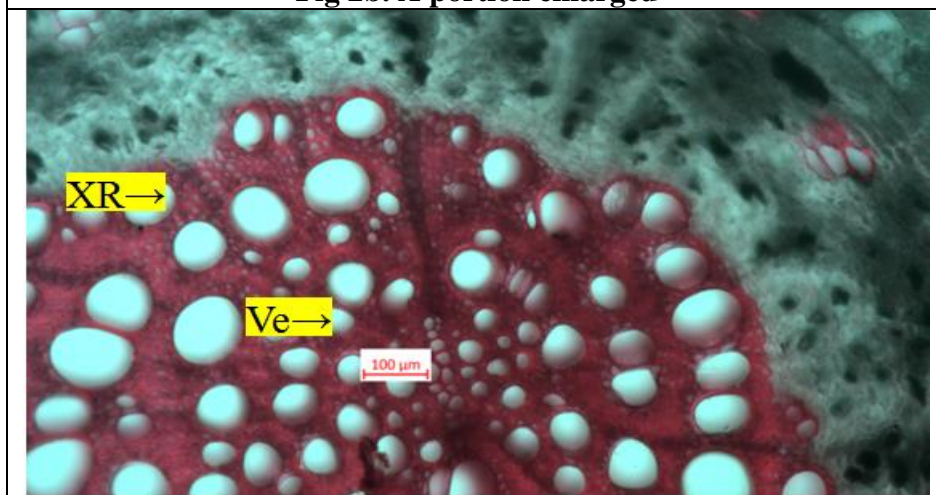


Fig 2c. Xylem

Ck – cork; Ct – cortex; Pa – parenchyma; C – Calcium oxalate crystals; Ph – phloem; Ve – vessel; Xy – xylem; XR – xylem rays

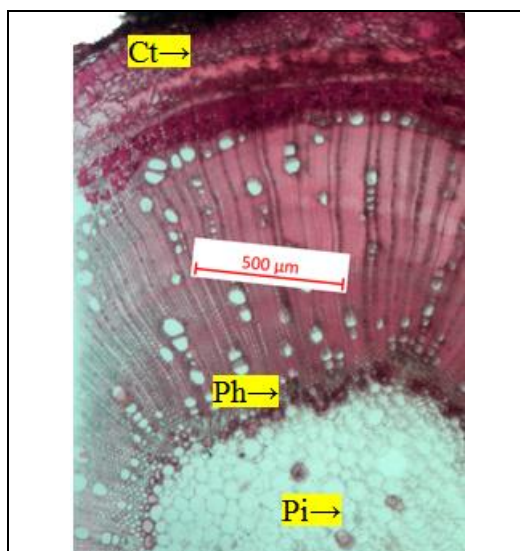
Figure 3: Microscopy of *Ziziphus rugosa* stem bark

Fig 3a. TS of stem

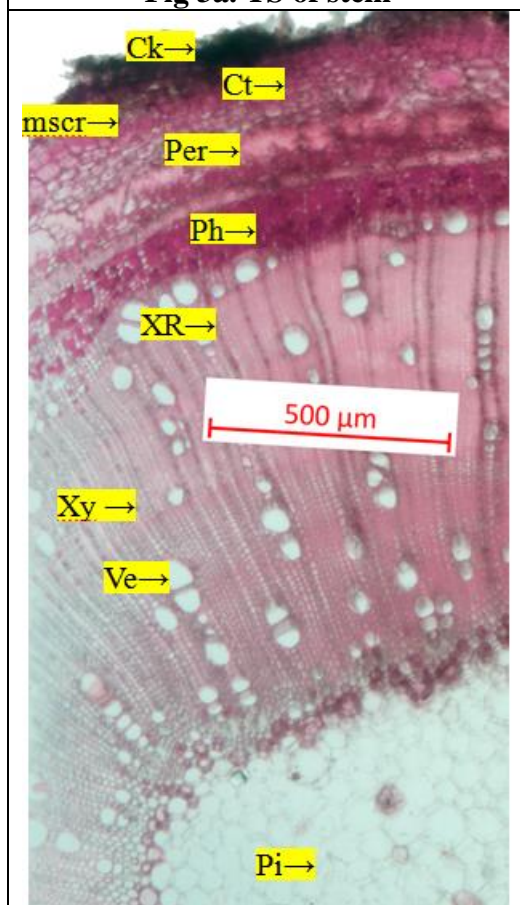


Fig 3b. A portion enlarged

Ck – cork; **Ct** – cortex; **Pa** – parenchyma; **C** – Calcium oxalate crystals; **mscr** – microsphenoidal crystals of calcium oxalate; **Per** - Pericyclic fibres; **Ph** – phloem; **Pi** – pith; **Ve** – vessel; **Xy** – xylem; **XR** – xylem rays;

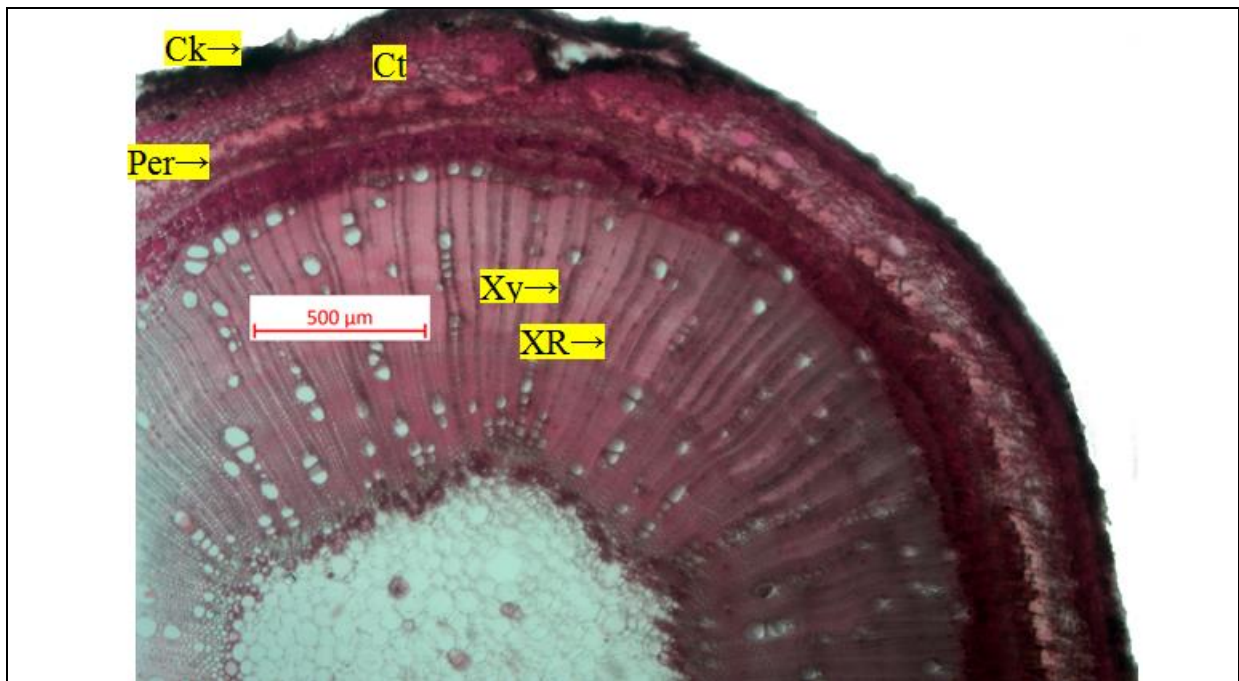


Fig 3c. Cork, cortex, pericycle, xylem and pith

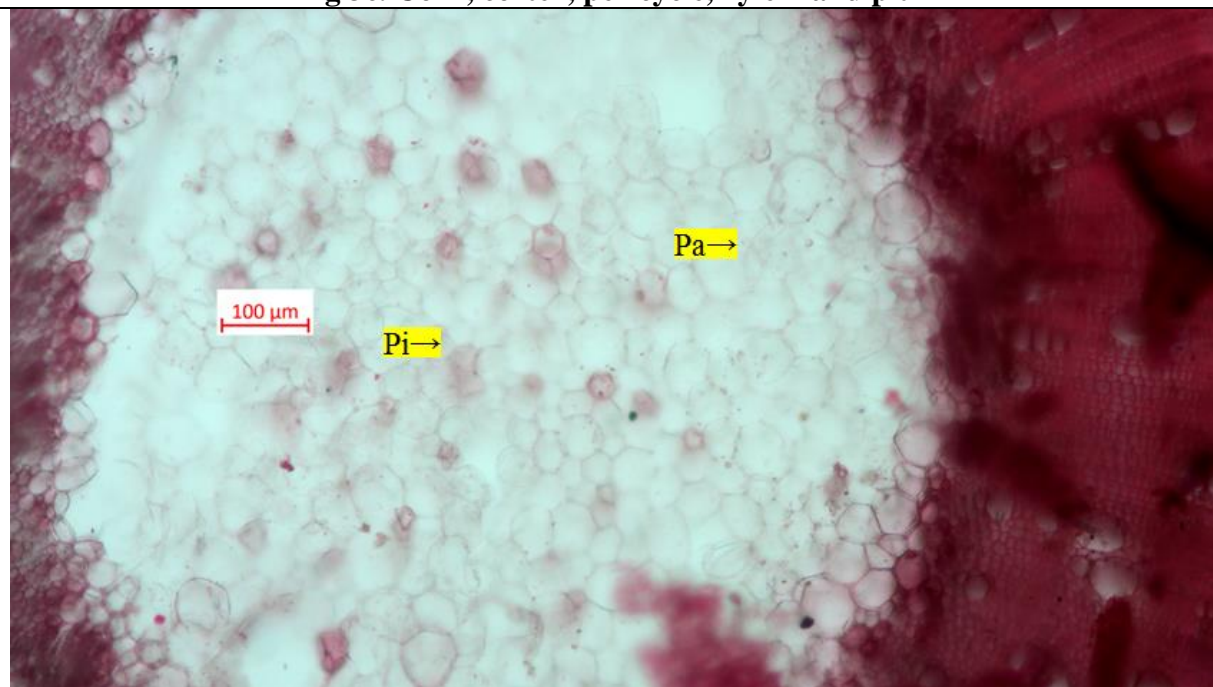


Fig 3d. Pith

Ck-cork; **Ct**-cortex; **Pa** - cortical parenchyma; **Per** - pericyclic fibres; **Xy** - xylem; **XR**-xylem rays; **Pi** - pith

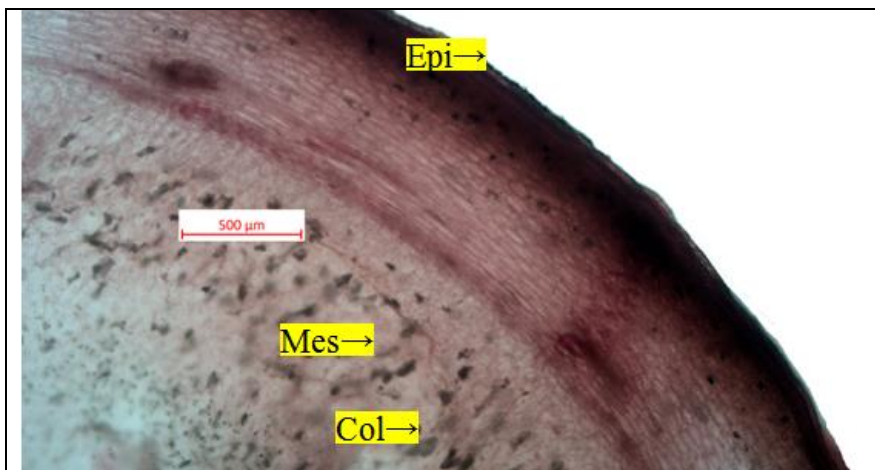
Figure 4: Microscopy of *Solanum torvum* fruit

Fig 4a. Epicarp and Mesocarp

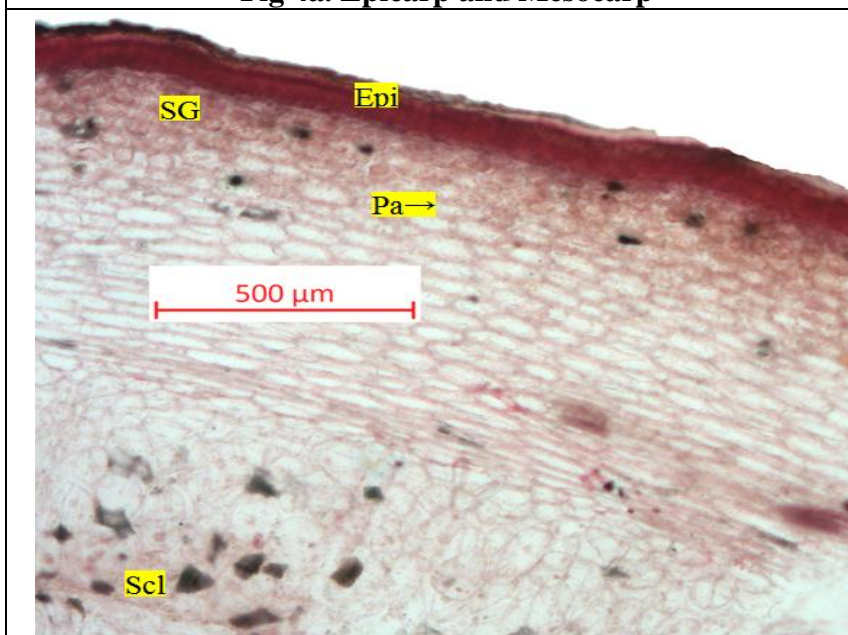


Fig 4b. Epicarp and mesocarp containing sclerenchyma

Epi - epicarp; Col - collenchyma; Mes - mesocarp; Pa - parenchyma; SG - starch grains;

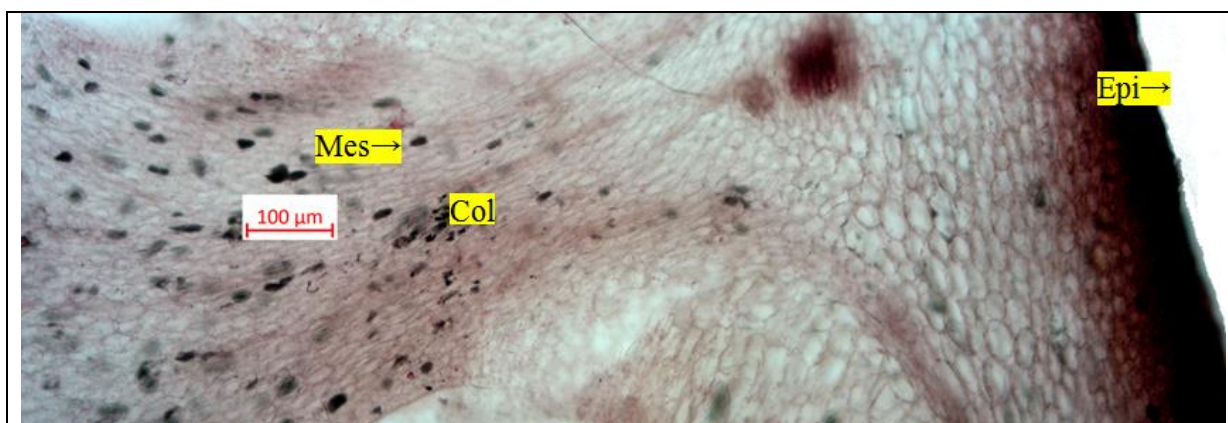
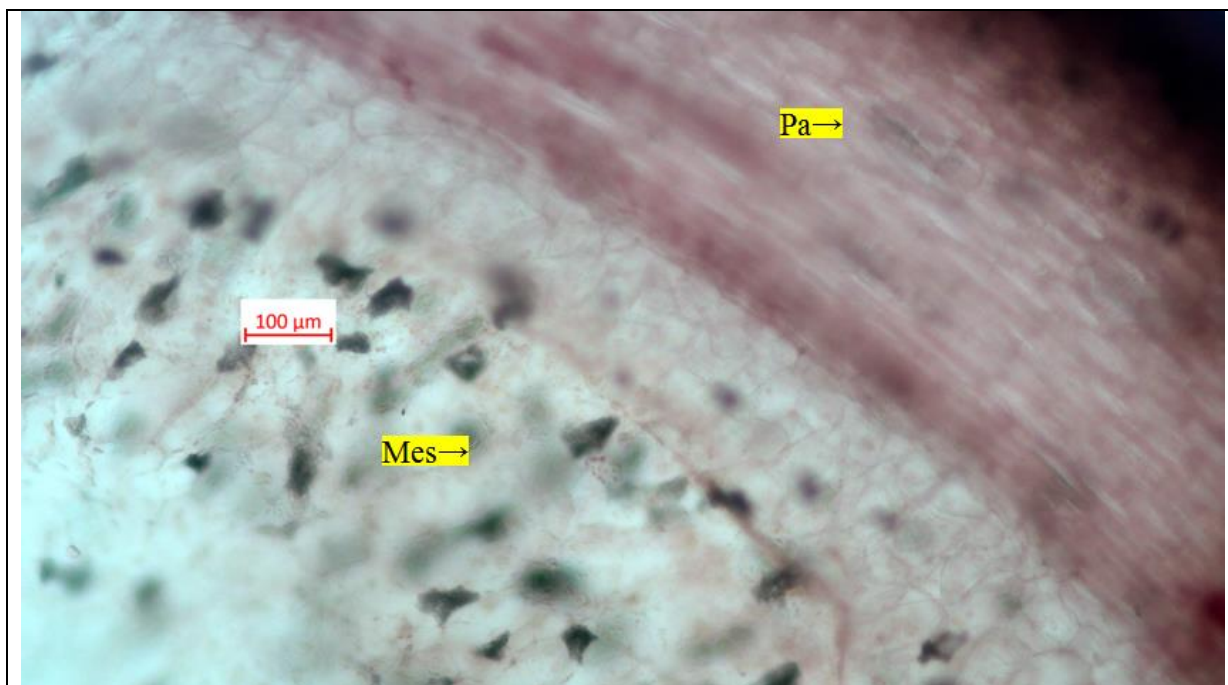
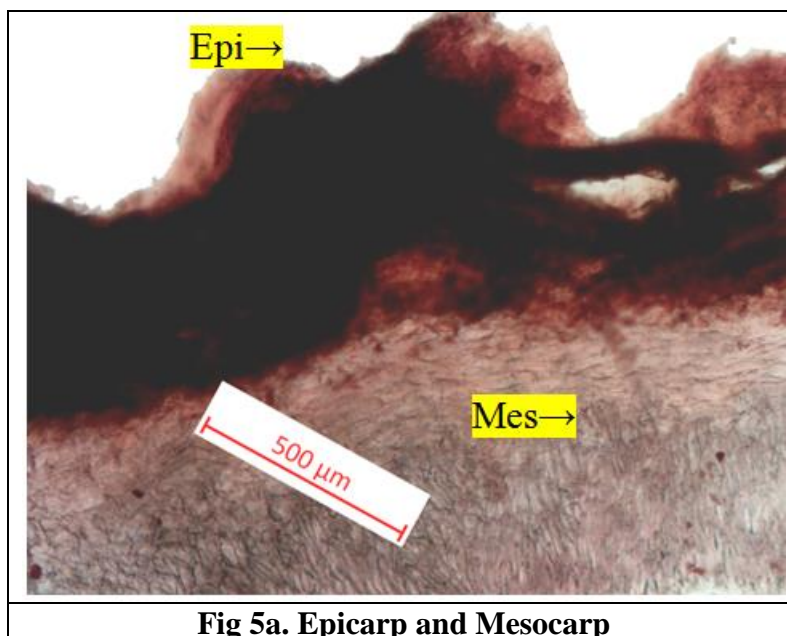


Fig 4c. Pericarp constituting of Epicarp and Mesocarp

**Fig 4d. Mesocarp**

Epi - epicarp; **Col** - collenchyma; **Mes** - mesocarp; **Pa** – parenchyma.

Figure 5: Microscopy of *Zathoxylum ovalifolium* fruit**Fig 5a. Epicarp and Mesocarp**

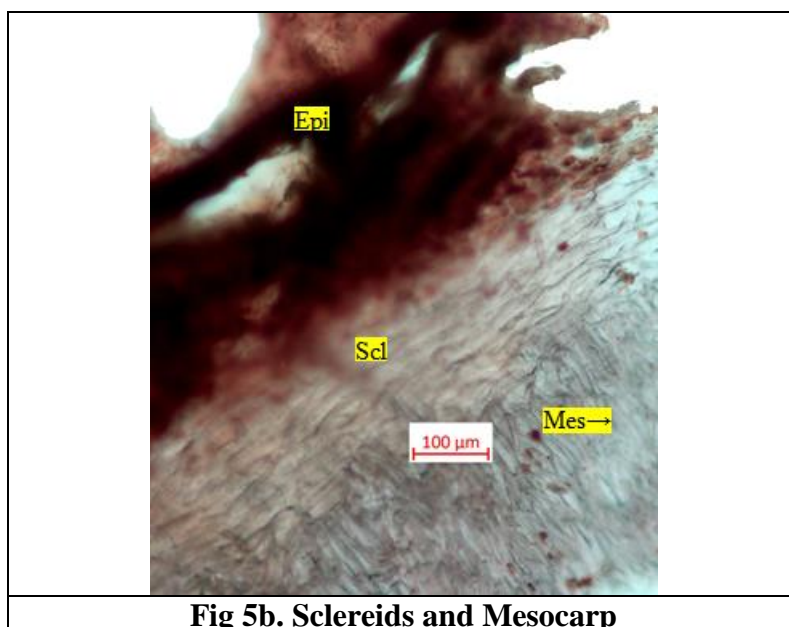


Fig 5b. Sclereids and Mesocarp

Epi - epicarp; **Mes** – mesocarp; **Scl** sclereids.

RESULTS OF MICROSCOPY

The root *Solanum surratense* has distinct features like striated cork which is 3-4 rows beneath which a narrow cortex containing stone cells and sclereids, Ground tissue is parenchymatous. Phloem is narrow, Xylem consists of xylem vessels, fibers, xylem rays.

The stem bark of *Ziziphus rugosa* consists of thick cork, cortex, following which ring of pericyclic fibers, narrow phloem, centrally xylem and pith. Microscopy of *Solanum torvum* fruit consists of pericarp comprising of Epicarp and Mesocarp which consists of collenchyma. Pericarp is parenchymatous consists of starch grains. *Xanthoxylum rhetsa* fruit pericarp consists of epicarp and mesocarp. Mesocarp consists of collenchyma cells.

DISCUSSION

Brihati (*Solanum torvum*), *Kantakari* (*Solanum surattense*), *Tumburu*(*Zanthoxylum ovalifolium*), and *Badara*(*Ziziphus rugosa*) widely used in Ayurveda and folklore medicine for their therapeutic properties. Collectively, these plants exhibit strong antibacterial and healing potential, supported by both ethnomedicinal usage and modern research. Their phytochemical composition and pharmacological actions make them suitable candidates for developing a safe, effective and herbal mouthwash for the management and prevention of dental caries (*Krimidanta*). Authentication parameters are basic steps in any drug research.

The pharmacognostic study involved the collection and authentication of plant materials including *Solanum torvum* fruits, *Solanum surattense* whole plant, *Ziziphus rugosa* bark, and

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Macroscopic evaluation documented external morphological features using digital imaging for proper identification. Microscopic analysis was carried out by preserving samples in FAA solution, preparing transverse sections, staining with safranin, and observing under a trinocular microscope, revealing characteristic features like cork, cortex, parenchyma, xylem vessels, phloem, sclereids and starch grains. The results collectively validate the identification parameters of the selected drugs. These standardization parameters support the safety and efficacy.

CONCLUSION

The present study successfully generated Macro-microscopic features of *Brihati* (*Solanum torvum*), *Kantakari* (*Solanum surattense*), *Tumburu* (*Zanthoxylum ovalifolium*), and *Badara* (*Ziziphus rugosa*) which are popularly used in the management of *Krimidanta*. Pharmacognostic evaluation confirmed the authenticity and purity of the selected plant materials.

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