

PROTEIN FIBER IN DRUG DELIVERY SYSTEM**Vaishnavi Mohanrao Sonawane^{1*}, Pranali Hatwar² and Dr. Gajanan Sanap³**

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ABSTRACT

There's a pressing need for long-term, controlled medicine release for sustained treatment of habitual or patient medical conditions and conditions. Guided medicine delivery is delicate because remedial composites need to survive multitudinous transport walls and binding targets throughout the body. Nanoscale protein-grounded polymers are decreasingly used for medicine and vaccine delivery to cross these natural walls and through blood rotation to their molecular point of action. Protein-grounded polymers compared to synthetic polymers have the advantages of good biocompatibility, biodegradability, environmental sustainability, cost effectiveness and vacuity. This review addresses the sources of protein-grounded polymers, compares the similarity and differences, and highlights characteristic parcels and functionality of these protein accoutrements for sustained and controlled medicine release. Targeted medicine delivery using largely functional multicomponent protein mixes to guide active medicines to

the point of interest will also be bandied. A systematical explication of medicine-delivery effectiveness in the case of molecular weight, flyspeck size, shape, morphology, and porosity of accoutrements will also be demonstrated to achieve increased medicine immersion. Eventually, several important biomedical operations of protein-grounded accoutrements with medicine-delivery function — including bone mending, antibiotic release, crack mending, and corneal rejuvenescence, as well as diabetes, neuroinflammation and cancer treatments are epitomized at the end of this review.

KEYWORD: Protein biopolymer, drug delivery, controlled release, silk, collagen, elastin, keratin, animal protein, plant protein.

INTRODUCTION

New discoveries in drug and the way different affections should be treated produce a need for further sophisticated styles of medicine delivery. Traditionally, the remedial efficacy of biomolecular medicines, similar as proteins and oligonucleotides, is frequently limited by their short half- lives due to proteolysis and renal concurrence.^[1,2] medicines in blood rotation could be fleetly filtered in the order and cleared via the reticuloendothelial system (RES) before reaching the target point. For medicines administered through injection, the vasculature can give a direct path to the point of complaint or take divergences where the medicine can be excluded. still, these medicines have to be administered at a high lozenge and frequence to perfuse and circulate through the vasculature, eventually diffusing into the towel interstitium, to achieve the asked remedial effect.^[3] While the oral route for administering medicines is the most accessible, safe and extensively accepted system, these bioactive composites must be undoable in the stomach to avoid substantial losses due to acid and pepsin in the stomach and pancreatic enzymes in the small intestine.^[4] Once it reaches the intestine, medicines must be dissolvable and absorbed through the intestinal mucosa.^[3] These above traditional styles aren't suitable for habitual and patient medical conditions taking medicine- delivery systems that arenon-toxic, long- term, and controlled to deliver the correct lozenge at the correct time. Thus, there's an inviting need for mechanically stable polymer accoutrements as medicine- delivery carriers to synopsis rectifiers from declination and concurrence, while sparing the rest of the body from redundant toxin. Polymer accoutrements can be fluently reused into different shapes and structures including flicks, microcapsules, microspheres, nanoparticles, micelles, gels, and filaments. With the operation of polymer carrier systems, rectifiers and biomolecular proteins can cover itself against the harsh terrain of the gastrointestinal tract and give effective point-specific delivery avoiding the threat of significant side goods and immunological responses. Interests in protein-grounded biopolymers for medicine delivery have increased in recent times. Compared to synthetic polymers, they've advantages of being water-answerable, biocompatible, biodegradable andnon-toxic.^[4] numerous natural beast proteins similar as keratin, collagen, elastin, and silk are fairly affordable and sustainable. They're fluently deduced from their natural sources and simple to reuse under mild conditions. These proteins have been studied considerably, having high biocompatibility and favorable structural parcels for colorful biomedical operations. medicine- delivery styles using these protein polymers form an essential part of the medicinal operations with release geste, declination profile, and mucoadhesive nature. Factory- grounded proteins, similar as zein deduced from sludge

(sludge), have also proven to be a veritably seductive medicine- delivery carrier that has enhanced commerce with the natural terrain, immersion, and retention time. Zein proteins have been modified and tested in formats of different oppositeness grounded on pH via electrostatic relations or hydrophobic bonds with anti-microbial agents and anticancer medicines for controlled release.^[5] Other factory proteins (similar as soy protein and wheat gliadin) are also constantly explored for colorful medicine- delivery operations, which can be used to deliver proteins, peptides, DNA, and vaccines.^[2] With beast and factory proteins, their separate hydrolysates and small peptides can be reclaimed from agrarian, submarine (fisheries) and beast (flesh and meat) sectors and be directly employed in high- precedence fields similar as biomedical engineering and pharmaceuticals.^[6] In this review, we will first bandy the structure and implicit operations of these natural protein- grounded polymers. Next, we will bandy the fabrication of colorful accoutrements from these proteins and their medicine- release efficacy. Using these natural protein polymers as an excipient for transdermal, nasal, optical and oral medicine delivery, we will also bandy in detail the goods of medicine flyspeck size and viscosity and their list capacity.

Nano medicine and proteins

Nano drug and proteins in the field of treatment numerous proteins and peptides similar as insulin, vaccines, antibodies and colorful recombinant proteins have been used in drug and remedy, and among the important exploration areas in Nano drug is the development of new medicine delivery systems to ameliorate their function and parcels.^[7-9] On the other hand, one of the most important challenges facing Nano pharmaceutical phrasings is the commerce of different blood proteins with them and the conformation of a protein crown (Protein nimbus) around the nanoparticles, which plays an important part in the final performance of nanoparticles (Fig. 1). These include vulnerable system proteins, including antibodies, and complement systems. expansive efforts are being made to control the commerce of medicine phrasings with a variety of proteins, especially vulnerable system proteins, to ameliorate the performance of Nano medicines.^[10-13] colorful peptides and proteins have also been considered to target medicine- containing nanoparticles to target towel or apkins, similar as excrescence towel, including cell- piercing peptides (CPPs), antibodies, and phage peptides (Fig. 2). Eventually, protein nanoparticles themselves, as medicine carriers, are among the new medicine delivery systems.

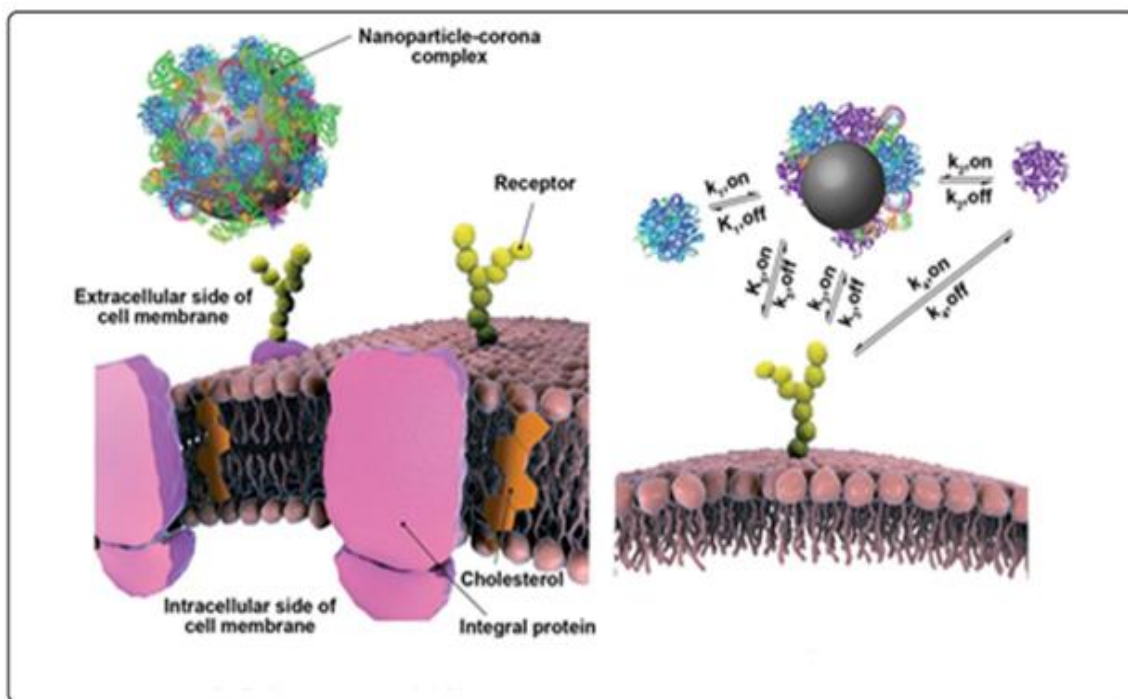


Fig. 1: Nanoparticle protein crown: the formation of a protein crown around transferrin-targeted nanoparticles obscures the second transferrin binding and prevents it from binding to the surface of the target cell.

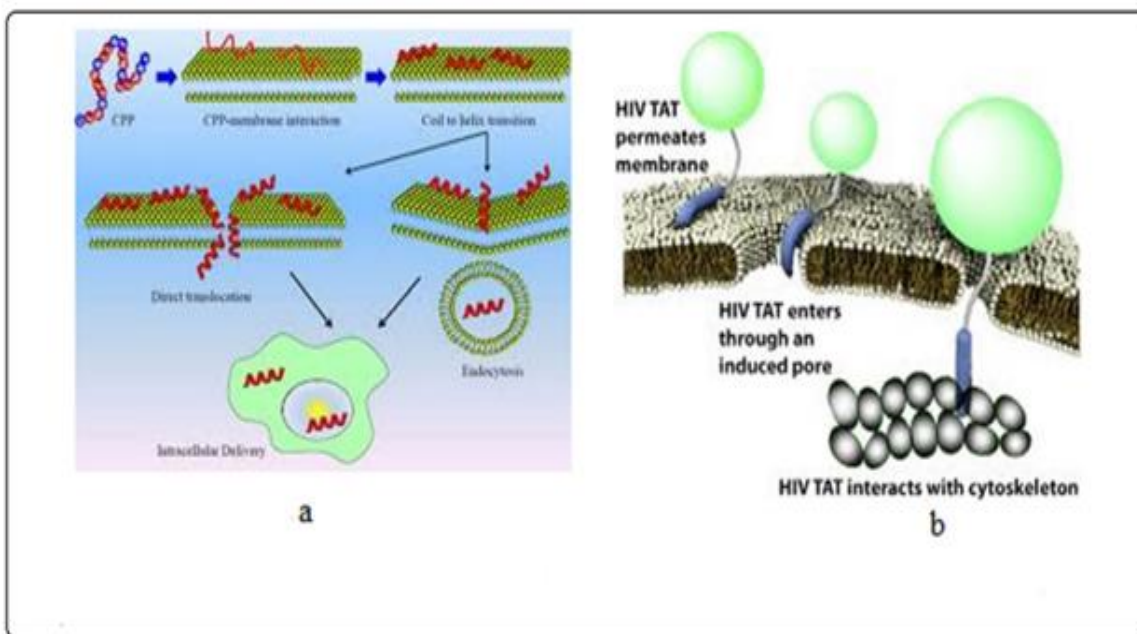


Fig. 2: Cell penetrating peptides: a cell-penetrating peptides enter the cell by various mechanisms directly or through endocytosis pathways and can enter the cell-bound cargo. b AIDS TAT peptide is one of the cell-penetrating peptides that has been used in various studies to introduce nanoparticles into cells.

Protein Materials

Many fibrous protein materials such as keratin, collagen, elastin and silk have been widely used in drug-delivery research (Figure 1). Since protein materials share similar properties, they can be processed in similar manners.^[14,15,16]

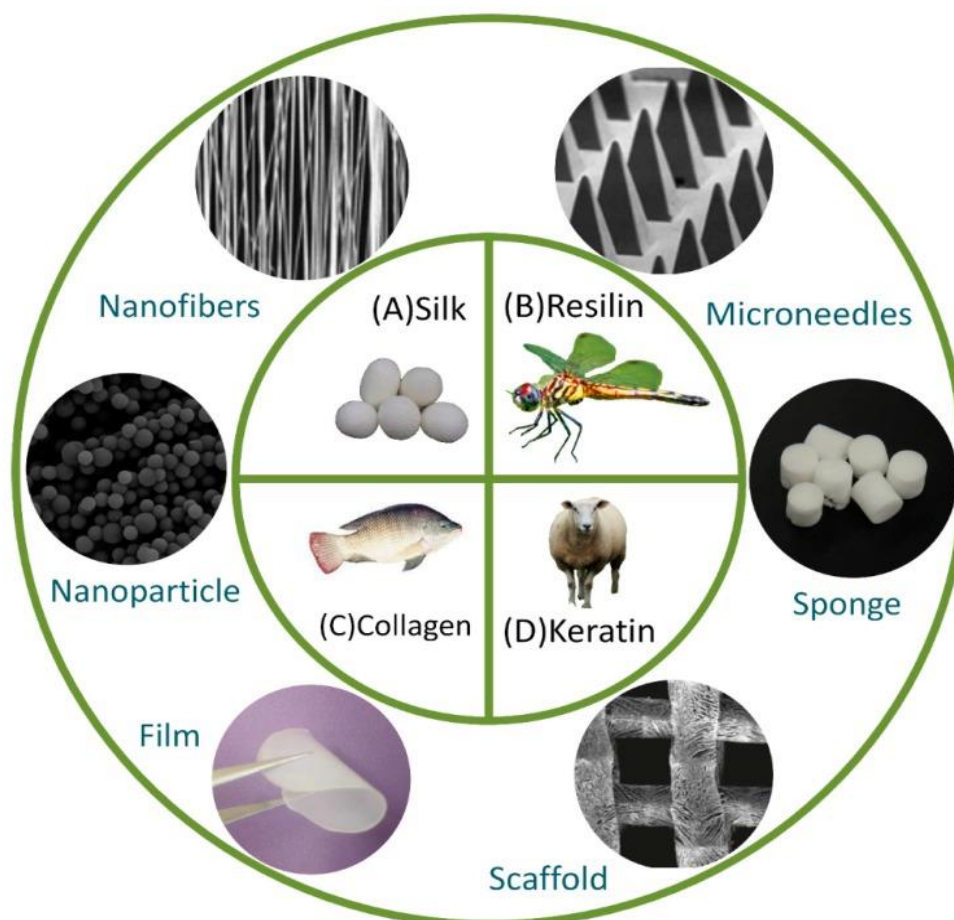


Fig. 3: Various proteins and their possible sources under research for drug-delivery applications: (A) silk from *Bombyx mori* cocoons; (B) resilin from dragonfly; (C) collagen from fish scales; (D) keratin from goat hairs. These proteins can be fabricated into various drug-delivery vehicles such as films, sponges, gels, fibers, nanoparticles and microneedles.

1] Keratin

Keratin is a stringy protein set up in the integumentary system of humans and creatures. It can be deduced from the external subcaste of mortal skin and the epidermal accessories of creatures similar as feathers, hair, hooves, cornucopias, nails, scales, and hair.^[6] Compared to petroleum- grounded polymers, keratin is veritably feasible and cost-effective option for biomedical operations. About 95 of pure keratins can be deduced from recycled hair with the

rest being other factors similar as hydrocarbons.^[17] At the molecular position, keratin can have three different configurations α -, β - and γ - keratin. The α - keratin is an intermediate hair protein that has an α - helix structure conforming of four right- handed α - helices intertwined to form a protofibril. It has a molecular weight ranging from 40 to 70 kDa and a low sulfur amino acid content of 1.5 – 2 w/ w which can form disulfide islands from conterminous chains. The β - keratin is also an intermediate hair protein but has a β - distance structure with amino acids rich in glycine, alanine, serine, lysine, histidine and tryptophan with a molecular weight ranging from 11 to 22 kDa. The structure is stabilized by hydrogen since no cysteine thiol groups are present.^[6] The γ - keratin is a matrix protein that has an unformed structure containing a large quantum of cysteine, glycine and tyrosine. It has a molecular weight ranging from 11 to 28 kDa and a high sulfur amino acid content of 4 – 8 w/ w which can form the high degree of intermolecular and intramolecular disulfide bonds. Grounded on the crosslinking cysteine remainders, hard and soft keratins can be generated for mechanical, thermal, and chemical stability.^[17] Unlike collagen and elastin, hair is a cheap source of keratin, which is the by- product of the cloth assiduity. Keratin biomaterials uprooted from hair and mortal hairs are biocompatible, biodegradable, nontoxic and veritably tunable. Further, keratin can contain cell adhesion motifs, RGD(Arg- Gly- Asp) and LDV(Leu- Asp- Val), which mimic the spots of cellular attachment for the development of medicine- delivery vehicles.^[18] It can be prepared into colorful forms similar as gels, flicks, fiber, and sponger for colorful medicine- delivery operations, crack dressings and neural towel- repairing operations.

2] Collagen

Collagen is a protein imperative to the structural integrity of apkins and cell growth in invertebrates and other organisms.^[19] It's an beast- grounded protein with three polypeptide chains set up in colorful connective apkins. Account for 30 of all proteins in mammals, collagen has colorful types in utmost of the extracellular matrix. Type I collagen, in particular, is a major element of different extracellular matrices present in skin, highways, bone, and corneas.^[19] Collagen can be used as a largely biocompatible and protean protein material. It can be reused into colorful forms suitable for medicine delivery (similar as hydrogels, microparticles and flicks).^[20] One challenge in treating collagen proteins is the heat. To make collagen water answerable, a fairly high quantum of heat is necessary to reuse. similar heat isn't suitable for withholding medicines and other substances in collagen flicks, microparticles, and other accoutrements. As a result, using other detergents similar as organic

acids can be employed. Areas of connection for collagen- grounded accoutrements include bone mending and cancer treatment.^[20] Collagen is also a dominant seeker material for corneal rejuvenescence due to its high biocompatibility. Since the cornea is substantially made up of type I collagen, it's a promising medicine- delivery biomaterial for corneal form. Indeed though collagen fulfills a variety of physiological functions and is veritably durable in vivo, uprooted collagen is fluently degradable in vitro, due to the dissociation of natural crosslinks during insulation and sanctification process.^[21] To reduce the rate of enzymatic and hydrothermal declination, collagen can be chemically crosslinked to give bettered mechanical stability. There are several ways to chemically crosslink collagen motes, but they're divided into two ordersbi-functional and amide- type. Bifunctional reagents, similar as glutaraldehyde, genipin, polyethylene glycol diacrylate (cut- DBA), and hexamethylene diisocyanate, are used to bridge amine groups of lysine or hydroxylysine remainders of collagen polypeptide chains and other natural protein- grounded polymers.^[21,22] still, a major handicap of these chemical crosslinking reagents is the implicit cytotoxicity or chromogenic effect of residual motes or composites. While genipin and carbodiimide (amide- type) don't have cytotoxicity, utmost crosslinking agents have the eventuality to be released into the natural terrain during declination.^[23] By opting and employing safe crosslinking revision styles to collagen, medicine stability and retention times can be increased.

3] Elastin

Analogous to collagen, elastin is a protein within the extracellular matrices of different flexible apkins.^[24] It's one of the most stable proteins in the body that can be stretched and relaxed further than a billion times and remain extremely undoable. Elastin is a heavily crosslinked structure with beta- helical secondary structure, making up a major element in elastic filaments.^[24] While natural elastin is undoable, there's also exploration into answerable elastin derivations, similar as mortal tropoelastin.^[24,25] Elastin- suchlike polypeptides(ELP) can also be synthesized. They're biopolymers composed of repetitive chains of the valine, proline, glycine, and unknown(Xaa) amino acids(e.g., VPGXG) from natural elastin protein sequence.^[26] With low critical result temperature and phase transition geste, elastin mixes are doable accoutrements for encouragement- responsive controlled medicine release and vascular stents.^[27] Functionalized elastin nanoparticles, microparticles, and macromolecular carriers can also be controlled genetically, performing in control over size and sequence. The implicit conditions conditions of interest using elastin accoutrements include osteoarthritis, cancer, and type II diabetes.^[27] Elastin is also a thermoresponsive protein that provides

structure and maintains plianthood of numerous types of apkins and organs in the mortal body similar as skin, blood vessels, lung, and connective apkins. colorful forms of thermoresponsive elastin, similar as beast- deduced answerable elastin, recombinant mortal tropoelastin (rhTE), and elastin- suchlike polypeptides (ELPs), have been synthesized and employed to mastermind promising synthetic towel pulpits.^[28] ELPs are polypeptides deduced from the hydrophobic disciplines of elastin. They're extensively used as thermoresponsive units in biomaterials due to the presence of a sharp answerable- to-undoable phase change at a specific transition temperature. These elastin- deduced motes can be assembled linearly or come star- shaped using lysine amino acids as branching and terminal units with 1 – 3 pentameric reprises between each branch.^[29] The ELP transition temperatures can also be tuned using different forms of the sequence, Xaa-Pro-Gly-Xaa-Gly(XPGXG), where X represents different amino acids, to acclimate the lower critical result temperature(LCST) geste.^[28] With the capability to change from arbitrary coil to β - turn conformation upon hotting through the transition temperatures, ELPs can demonstrate temperature-dependent inflow and retention with the opening and ending of pores when reused into colorful forms of three- dimensional pervious hydrogels, elastomeric flicks, and electrospun pulpits. Being suitable to acclimate severance size and stress- stiffness, ELPs can enhance cell growth and intervene mesenchymal stem cell fate.

4] Silk

Silk is a protein of long literal use in biomedical operations, similar as towel and ligament form, whim-whams regenerators, and artificial blood vessels.^[30] Silk fibroin protein is substantially deduced from silkworm cocoons and spider vestments with undoable beta-distance crystal clear structures. Different silkworm silks have been used for medicine-delivery operations including *Bombyx mori*, Tussah, and Eri silks.^[31] Silk proteins can be prepared in colorful ways, similar as flicks^[32], 3D pervious pulpits^[33], and micro and nanoparticles.^[29], with controlled declination rates. Silk is an excellent material for medicine-delivery operations due to its mild processing conditions and aids in reducing cost. With desirable biocompatibility and controllable biodegradability, silk- grounded accoutrements make ideal long- term medicine- eluting depots. Silk- controlled release parcels are defined by two primary methodologies prolixity of substance cargo and solubilization/ declination of the silk material.^[33] A thin silk film with programmable solubility rate, for illustration, can release the asked substance as the film degrades within the designated area.^[33]

5] Corn Zein

Numerous types of factory- grounded proteins have been used for medicine- delivery operations. Zein is a major factory- grounded storehouse protein rich in prolamine set up in the endosperm of the sludge kernel.^[34] It's a by- product from the processing of sludge sludge present in sludge gluten mess and from the manufacturing of ethanol during the wet and dry milling processes.^[35] Zein has a molecular weight of about 40 kDa and is rich in glutamine, proline, alanine, and leucine remainders.^[5] It's grouped into four classes, α -, β -, γ - and δ - zein, with varying molecular weights and modes of birth.^[35] The α - zein consists of 70 – 85 of the total zein with molecular weights ranging from 22 to 24 kDa with a predominant triadicsuper-helix protein structure; followed by 10 – 20 of γ - zein consists with molecular weights ranging from 18 to 27 kDa. The remaining minor fragments correspond of 1 –5 of β - zein with a molecular weight of 17 kDa high in methionine and 1 –5 of δ - zein with molecular weight of 10 kDa.^[36] All zein fragments have hydrophobic and hydrophilic disciplines but zein is constantly considered to be a hydrophobic protein due to its insolubility in water and solubility in ethanol, acetone, and acetylacetone. Thenon-polar spiral innards of the zein protein have glutamine-rich turns and circles that allow it to tone- assemble into patches and layers.^[34] With consecutive spiral member folding in an antiparallel arrangement, zein can parade chemical and thermoplastic parcels that are heat and pH stable.^[36] Other excellent material parcels of zein include biodegradability, mechanical resistance and water hedge capability, making it seductive in operations similar as medicine delivery and coatings in food and medicinals.^[34] Also, zein has shown to form summations and entrap solutes like medicines or amino acids which make it an excellent matrix material for sustained release.

Preparation methods of formation on biopolymers

Once the raw protein materials are prepared, there are different ways to process them, and the method ultimately used is determined by their delivery applications (some key examples have been summarized in Table 1). Drug stability, release kinetics, and method of administration are all factors that affect the final form of the material.

Table: Biomedical application of protine biomaterial.

Material	Applications
Collagen	Engineering of cartilage, corneal, nerve, ocular, skin, and tendon/ligament tissues, surgical conduits, wound repair, integrated in a variety of composite materials to enhance favorable drug-delivery properties
Elastin	Controlled drug delivery, engineering of cartilage, liver, ocular, and vascular graft tissue, highly tunable thermoresponsive intracellular functionalized peptide drugs,

	wound healing applications
Keratin	Antibacterial, drug delivery, tissue engineering, trauma and medical devices, wound healing
Silk	Adhesive fillers, engineering of cartilage or load bearing tissues, wound dressing, enzyme immobilization, drug delivery
Zein	Biomineralization, controlled drug release, enhanced mechanical strength, microbial resistance, positive cell attachment and osteoblast growth

Films and Coating

Flicks are thin layers of a particular substance. They're flexible and can cover vast areas. These two parcels open avenues for medicine delivery on colorful shells using flicks. Crack dressing, for illustration, requires a material that can match the inflexibility of the skin and the pressure forced onto it. Using protein- grounded flicks invested with medicine treatment can be nonstop while reducing the threat of infection from multiple treatments and medicine admissions. Silk flicks can be prepared by several way. First silk cocoons or raw filaments are degummed to separate the sericin from the silk fibroin filaments.^[37] The degummed fiber is also dried, followed by dissolution in lithium platitude or other organic detergents. The performing silk result is dialyzed for farther sanctification to gain a silk waterless result. This new result can be also cast into colorful molds or areas to form silk flicks.^[37] Microparticles and nanoparticles containing a asked medicine or substance can be incorporated into silk flicks in the result stage for controlled medicine- release operations.

Practical and Spheres

Patches for medicine- delivery operations are generally on the micro- and nano- scale. Microparticles are patches with compasses between 0.1 and 100µm, while nanoparticles measure between 1 and 100 nm in periphery. recapitulating medicines and other substances into patches of similar size will increase release capabilities in a targeted towel or organ. Using protein- grounded patches will add the biocompatibility necessary to use microparticles and nanoparticles in controlled medicine release.^[38]

Hydrogels

Hydrogels are networks used in easing the controlled release of cells and other bioactive motes.^[39] Their three- dimensional design aids in the controlled release of motes similar as proteins, antibodies, and medicines. Hydrogels are occasionally invested with nanoparticles to foster their uses in medicine- release operations.

Plant Protein

Factory proteins The use of factory protein nano carriers is a new approach in medicine delivery. Unlike beast protein nano carriers, factory proteins similar as zein and gliadin have a longer medicine release capability due to their hydrophobic nature.^[40–42] Also, due to high hydrophobicity, stable nanoparticles of factory proteins may be produced without the need for chemical and physical treatments and the use of chemical linker moieties, which are frequently used in the manufacture of beast protein Nano carriers.^[43–45] Vegetable proteins are extensively available and are important cheaper than beast proteins. They are also not at threat of transmitting beast conditions to humans, similar as bovine insanity. The presence of different functional groups in these proteins makes it possible to change the face of the performing nanoparticles to regulate the physical and chemical parcels and bind the targeting agent.^[46–49]

Animal Protein

Animal proteins, such as meat, eggs, and milk, are complete proteins, meaning they provide all of the essential amino acids our body needs. Animal products provide the highest-quality protein sources. Casein is the main protein in milk. Its advantages as drug-carrying nanoparticles include low cost, easy access to its sources, high stability and non-toxic. Many of the structural and physicochemical properties of caseins make it possible to use them as drug delivery systems. Therapeutic proteins can be used to replace a protein that is abnormal or deficient in a particular disease. They can also augment the body's supply of a beneficial protein to help reduce the impact of disease or chemotherapy.

Biomedical Application

1] Bone healing

Bone is an area of concentrated cellular and molecular association, and any damage to the bone is considered a bone injury.^[50] Bone tissue is able of reconstruction following the time of injury. Still, conditions like similar as osteoporosis performing in weakened and brittle bones. Likewise, bone is an area delicate to treat with medicines taking heavy blood rotation.^[51] The protein accoutrements listed above with the colorful forms have been extensively used to prop in bone mending. By furnishing access to medicines, stimulants, and other substances, protein- grounded medicine delivery is part of the future of bone form and bone strengthening.

2] Antibiotic Release

Antibiotics date back to the early 1940s. The development of penicillin during this time revolutionized the world of drug. One major area of study is the development of antibiotics with lower bacterial resistance. Still, another area of focus, administration, mustn't be overlooked.^[52] There are areas of the body, similar as bone and eyes, to which it's harder to administer antibiotics. Medicine- loaded protein accoutrements can prop in administering to rather delicate areas. Due to their tunable parcels, medicine release can be controlled in a substance that can match the mechanical parcels and stress of natural towel in those surroundings.

3] Cancer Treatment

Cancer is a complaint that affects the conformation of cells. It causes out- of- control cell growth, performing in excrescence figure- up. Cancer has come one of the leading causes of death since the turn of the century. Administration of cancer- fighting medicines is an seductive area of study. The nature of cancer generally requires frequent administration, multitudinous clinical visits, and multiple procedures for medicine administration. As a result, studies have turned to proteins for druthers to the regular visits and administrations. Elastin and silk- grounded accoutrements show implicit in remedying similar issues.

- 1. Neuroinflammation:** Neuroinflammation is inflammation of the nervous towel, performing from brain injury, strokes, intracerebral hemorrhages, and other traumatic events.^[53] Anti-inflammatory medicines are stylish administered locally. Using temperature- touched off ELP aggregation of nanoparticle depots can significantly drop the loss of medicine to rotation, optimizing the medicine's contact to the point of inflammation.^[51]
- 2. Wound Healing:** Surface injuries generally bear disinfecting before covering with a girth. Some injuries, still, bear fresh medicines for full treatment. Silk flicks have been tested for medicine delivery and covering on skin face.^[54] In one study, silk and gelatin admixture was used in an in vitro test using rats.^[54] Polyethylene glycol was added to the mix to reduce declination speed. The result was promising, healing the crack in one week after the release of all of the medicine loaded into the protein- compound film.^[54]
- 3. Corneal rejuvenescence:** Corneal complaint is the leading cause of blindness. The only extensively accepted and effective treatment system is keratoplasty, a transplant from a

healthy, mortal patron. With the deficit of patron towel, the adding demand for corneal graft reserves have made allogenic and synthetic accoutrements the gold standard.^[55]

CONCLUSIONS

Although the content of controlled- release medicine delivery isn't new, advances in accoutrements wisdom have allowed for a different force of new medicine developments. Admission of similar medicines can be achieved through colorful polymers and other accoutrements. Synthetic polymers introduce the issue of biocompatibility, performing in expansive testing to prove comity. operation of colorful naturally being proteins and mixes of similar proteins show pledge in perfecting medicine delivery. Although biocompatibility must still be established, using naturally being proteins can minimize biocompatibility issues. Some medicines, for illustration, can also make use of the composition of the proteins used, binding to the amino acid factors of the material. This review concentrated on the parcels and prospect of protein accoutrements similar as silk, collagen, elastin, and keratin. Each can be reused into colorful forms (microparticles, hydrogels, microneedles, etc.) to suit the operation more. As exploration continues, further fabrication styles will arise, performing in new conditions to be treated using proteins. Of course, there are still numerous challenges to be met. Some medicines, for illustration, may bear development under high temperatures, which would denature proteins. In time, these challenges will be faced and overcome by fabricating thermally stable protein- compound accoutrements. In time, development of other proteins with proven biomedical use can be acclimated to medicine- release operations. In time, the field will continue to grow, opening further avenues of exploration, further openings to fight complaint, and further achievements in the area of wisdom.

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