

## CRISPR-CAS9 (CLUSTERED REGULARLY INTERSPACED SHORT PALINDROMIC REPEATS) SYSTEMS: MECHANISMS, ADVANCES AND FUTURE DIRECTIONS

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### ❖ ABSTRACT

CRISPR-Cas9 has emerged as a revolutionary tool in the field of genetic engineering, allowing precise and targeted modifications to genomes. This review outlines the CRISPR-Cas9 mechanism, its transformative advances, and future applications. Derived from bacterial defense systems, CRISPR-Cas9 enables the alteration of DNA in living organisms, opening new avenues in medicine, agriculture and biotechnology.

### ❖ INTRODUCTION

The CRISPR-Cas9 system has fundamentally changed the landscape of molecular biology, offering a simple yet powerful method for genome editing. Derived from bacterial immune system this tool has allowed scientist to edit genes with unprecedented accuracy and efficiency. Since its first use of editing mammalian cells in 2013, CRISPR-Cas9 has been applied across diverse fields, including medicines, agriculture and synthetic biology.

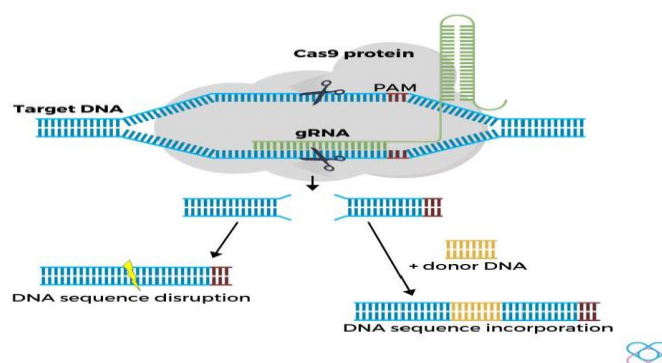
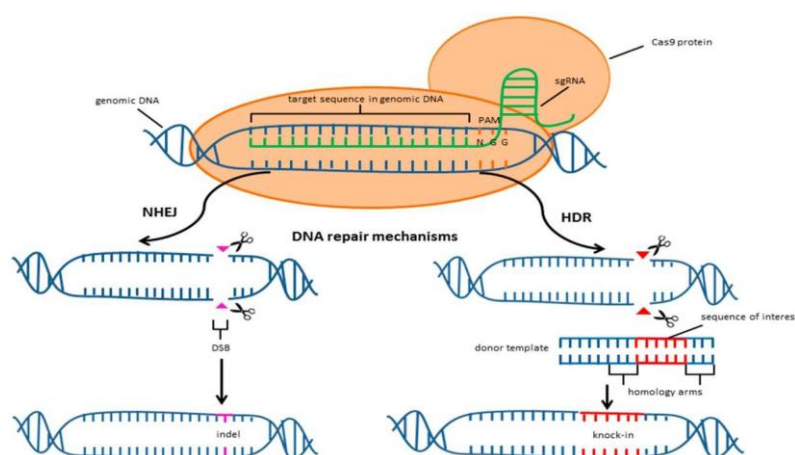


Figure 1: CRISPR Cas9 Diagram.

## 1. Mechanism

CRISPR works by using a guide RNA (gRNA) to direct the Cas9 enzyme to a specific DNA sequence in the genome. The gRNA is designed to match the target sequence, ensuring precise binding. Once the gRNA finds its complementary DNA sequence, the Cas9 protein cuts both strands of the DNA at that site. This break in the DNA activates the cell's natural repair mechanisms. The repair can occur through two main pathways: non-homologous end joining (NHEJ), which often introduces random mutations that can disrupt the gene, or homology-directed repair (HDR), which allows for precise editing if a repair template is provided. This system enables highly targeted modifications to the genome.



**Figure 2: Mechanism.**

**The mechanism involves four stages**

- ✓ Stage 1: Target Recognition
- ✓ Stage 2: Cas9 Binding
- ✓ Stage 3: Double- Stranded Break
- ✓ Stage 4: Repair Machinery

### 1. Target recognition

In CRISPR, target recognition is achieved through the interaction between the guide RNA (gRNA) and the target DNA sequence. The guide RNA contains a sequence that is complementary to the target DNA, allowing it to bind specifically to that sequence. Once the gRNA binds to the complementary DNA, the Cas9 protein assists by scanning the genome and identifying sequences that match the gRNA. However, for Cas9 to initiate a DNA cut, the target sequence must also be followed by a short DNA motif called the PAM (Protospacer Adjacent Motif). The presence of the PAM sequence is crucial for Cas9 to recognize and bind

to the target, ensuring specificity. After binding, Cas9 makes a double-strand break in the DNA at the target site. This combination of the gRNA's complementarity and the PAM sequence ensures the high precision of target recognition in CRISPR.

## 2. Cas 9 Binding

Cas9 binding in CRISPR is a critical step in the genome editing process. The Cas9 protein is guided to the target DNA sequence by the guide RNA (gRNA), which contains a sequence complementary to the target DNA. For Cas9 to bind and cut the DNA, it must locate a specific short DNA motif called the PAM (Protospacer Adjacent Motif), which is usually a few base pairs away from the target sequence.

Once Cas9 identifies the PAM sequence, it binds to the DNA and the gRNA forms complementary base pairs with the target DNA. This pairing ensures that Cas9 is positioned correctly on the target site. After successful binding, Cas9 undergoes a conformational change, which activates its nuclease domains, allowing it to cut both strands of the DNA at the target site. The binding is highly specific due to the combined action of the gRNA-DNA pairing and the requirement for the PAM sequence. This ensures that Cas9 makes cuts only at the desired location in the genome.

## 3. Double stranded break

In the CRISPR-Cas9 system, the double-stranded break (DSB) is a critical step for genome editing. Once the Cas9 protein is guided to the target DNA sequence by the guide RNA (gRNA), it creates a precise cut through both strands of the DNA at the target site. The Cas9 protein has two nuclease domains (RuvC and HNH) responsible for cutting each strand of the DNA. The RuvC domain cuts one strand, while the HNH domain cuts the complementary strand, resulting in a double-stranded break. This DSB occurs at a specific location just upstream of the PAM sequence.

Once the double-stranded break is made, the cell's natural DNA repair mechanisms are activated. The cell typically repairs the DSB using one of two pathways:

- a. **Non-Homologous End Joining (NHEJ):** This is error-prone and often introduces random mutations (insertions or deletions) at the break site, which can disrupt the gene.
- b. **Homology-Directed Repair (HDR):** This uses a template to precisely repair the break, allowing for targeted insertion or replacement of specific DNA sequences.

The DSB created by Cas9 is the key to either knocking out genes or introducing precise

genetic changes in the CRISPR system.

#### 4. Repair machinery

In the CRISPR system, once a double-stranded break (DSB) is introduced into the DNA by the Cas9 protein, the cell's natural DNA repair machinery is activated to fix the break. There are two primary pathways for DNA repair

➤ Non-Homologous End Joining (NHEJ)

- Error-prone and the more common repair mechanism.
- NHEJ directly joins the broken DNA ends without the need for a template.
- This process often introduces small insertions or deletions (indels) at the break site, which can result in a frameshift mutation, effectively disrupting or knocking out the gene.
- NHEJ is frequently used for gene disruption or knockout applications.

➤ Homology-Directed Repair (HDR)

- High-fidelity but less common pathway.
- HDR uses a homologous DNA template to accurately repair the break. The template can either be a sister chromatid (naturally present during cell division) or a synthetic template introduced by researchers.
- HDR allows for precise editing by incorporating specific DNA sequences from the template, enabling targeted gene modifications such as gene correction, insertion of new sequences, or replacement of faulty genes.

In summary, after Cas9-induced DNA cuts, NHEJ is often used for gene disruption, while HDR is utilized for precise editing when a repair template is available. The balance between these pathways depends on the cell type and the experimental design.

#### ❖ Advances In CRISPR

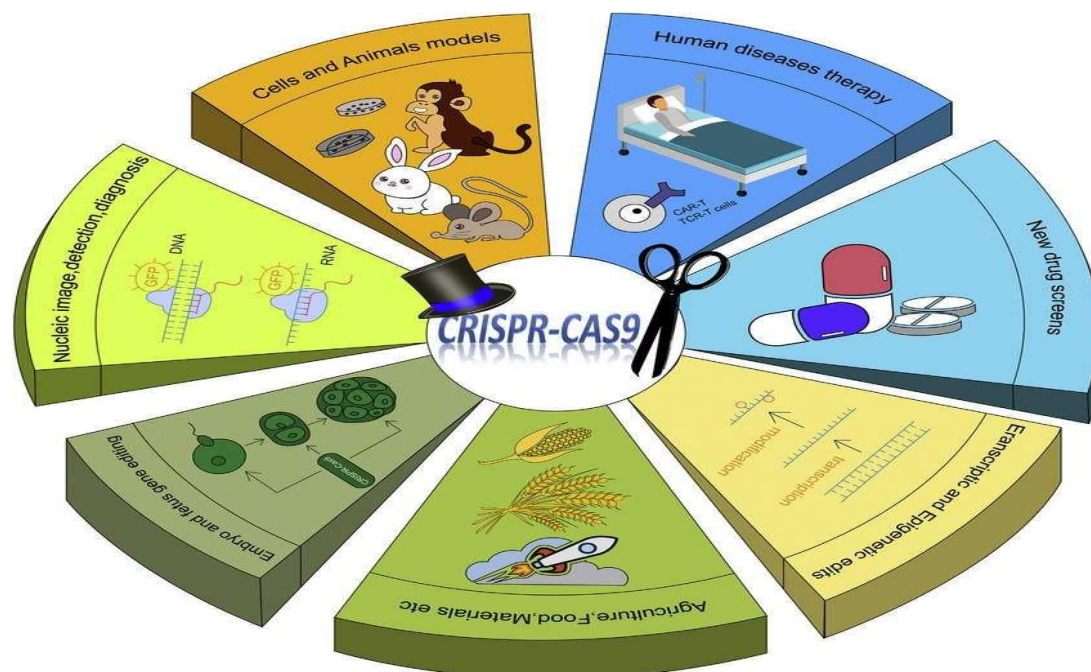
CRISPR technology has seen significant advances since its development, with ongoing innovations expanding its applications and improving its precision.

##### 1. CRISPR-Cas9 Variants

- Cas12 and Cas13: In addition to Cas9, other CRISPR enzymes like Cas12 and Cas13 have been discovered. Cas12 targets and cuts single-stranded DNA, while Cas13 targets RNA, offering a broader range of applications, including RNA editing and viral detection.
- Cas9 Variants: Modified versions of Cas9, such as high-fidelity Cas9 (HiFi Cas9) and eCas9, have been engineered to reduce off-target effects, improving precision and safety

for therapeutic applications.

## 2. Base editing



**Figure 3: Advances in CRISPR.**

- Base editors enable the precise conversion of one DNA base into another without introducing double-stranded breaks. This is done using a deactivated Cas9 (dCas9) fused with enzymes like cytidine deaminase (for C-to-T changes) or adenine deaminase (for A-to-G changes). This method avoids the risks of random mutations that can occur during DNA repair after a break.

## 3. Prime editing

- Prime editing, developed in 2019, is a more advanced form of genome editing that allows for highly precise insertions, deletions, and base changes without the need for double-strand breaks or donor DNA templates. Prime editors use a modified Cas9 fused to a reverse transcriptase enzyme and a prime editing guide RNA (pegRNA) to achieve specific edits.

## 4. CRISPR Off-Switches

- Tools like anti-CRISPR proteins have been developed to temporarily or permanently turn off CRISPR activity. These off-switches enhance safety by preventing unintended or prolonged CRISPR activity, making CRISPR-based therapies more controllable.

## 5. CRISPR Diagnostics

- CRISPR has been adapted for diagnostics through platforms like SHERLOCK (Cas13-based) and DETECTR (Cas12-based). These tools can detect specific DNA or RNA sequences, making them valuable for diagnosing diseases like COVID-19 and identifying genetic mutations.

## 6. Epigenome Editing

- Instead of cutting DNA, CRISPR-dCas9 (deactivated Cas9) can be used to modify gene expression without altering the DNA sequence. This involves fusing dCas9 to transcriptional activators or repressors to regulate gene expression, offering potential for treating diseases by modulating gene activity.

## 7. In Vivo CRISPR Therapies

- In vivo CRISPR therapies are advancing rapidly, with several clinical trials exploring the use of CRISPR directly inside the human body to treat genetic disorders. Early trials, such as those targeting sickle cell disease and Leber congenital amaurosis (a form of inherited blindness), have shown promise in correcting disease-causing mutations.

## 8. CRISPR Screens

- CRISPR screens allow scientists to systematically knock out, activate, or repress genes across the genome in order to identify genes that contribute to specific biological processes or diseases. This technology is valuable for drug discovery, cancer research, and identifying genetic targets for therapy.

## 9. CRISPR Gene Drives

- Gene drives use CRISPR to bias the inheritance of specific genes, potentially allowing the spread of genetic traits through populations, such as those that render mosquitoes resistant to malaria or other pathogens. This has applications in disease control and ecological engineering.

## 10. Multiplexed CRISPR Editing

- Multiplexed CRISPR allows for the simultaneous editing of multiple genes within a single cell. This advancement is crucial for complex genome engineering projects, such as creating organisms with multiple beneficial traits or targeting multiple genes in gene therapy applications.



These advances are broadening CRISPR's impact across fields such as medicine, agriculture, diagnostics, and synthetic biology, making genome editing more precise, versatile, and safer for therapeutic use.

### ❖ Future directions

The future directions of CRISPR technology are poised to expand its potential even further, particularly in areas like precision medicine, agriculture, environmental conservation, and synthetic biology.

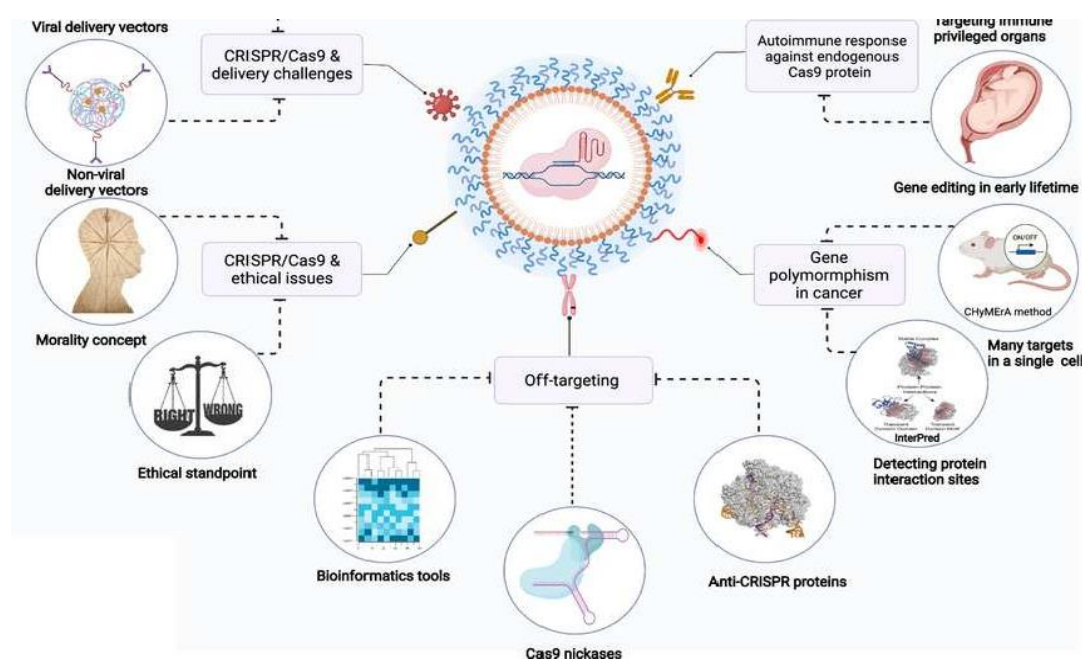


figure 4: Future Directions In CRISPR Cas9.

### 1. Improved Precision and Safety

- **Reducing Off-Target Effects:** Future efforts will likely focus on minimizing unintended cuts in the genome to improve the safety of CRISPR-based therapies. High-fidelity Cas variants and further refinements to the guide RNA design will enhance specificity, reducing off-target mutations.
- **Next-Generation cas enzymes:** Continued discovery and engineering of new Cas proteins (beyond Cas9, Cas12, and Cas13) may provide even more precise tools for DNA and RNA targeting, with better control over editing activity.
- **Safer delivery systems:** Developing non-viral delivery methods, such as nanoparticles, for CRISPR components will help improve the safety and effectiveness of in vivo gene editing, reducing immune responses or unintended genetic alterations.

## 2. Expanding CRISPR Beyond DNA

- RNA editing: Technologies like CRISPR-Cas13 and new RNA-targeting tools could enable RNA editing, which is reversible and avoids permanent changes to the genome. This could have applications in treating diseases where temporary gene regulation is needed, or in studying dynamic cellular processes without altering DNA.
- Epigenome editing: Advances in CRISPR-based epigenome editing will enable more precise control of gene expression without changing the underlying DNA sequence. This could be used to treat diseases caused by abnormal gene regulation or to study the role of gene expression in complex traits.

## 3. Gene Therapy and Disease treatment

- CRISPR in the clinic: The next decade will likely see more CRISPR-based therapies for genetic diseases, such as sickle cell disease, cystic fibrosis, and various forms of cancer, moving into late-stage clinical trials and regulatory approval.
- In vivo gene editing: Progress in delivering CRISPR directly into patients (in vivo) will enable treatments for diseases where ex vivo methods (editing cells outside the body) are not possible. For example, eye diseases, muscular dystrophies, and certain liver disorders could be treated with direct CRISPR injections.
- Regenerative medicine: CRISPR will play a role in stem cell therapies and tissue engineering, allowing for the correction of genetic defects in patient-derived cells before they are used to regenerate damaged tissues or organs.

## 4. Agriculture and Food security

- Crop Improvement: CRISPR will be used to create crops that are more resistant to pests, diseases, and climate change, as well as those with enhanced nutritional content. This could address food security challenges by improving crop yield and reducing reliance on chemical pesticides or fertilizers.
- Livestock engineering: CRISPR could be applied to livestock to enhance disease resistance, improve meat quality, and reduce environmental impacts (e.g., by lowering methane emissions from cattle).

## 5. Gene drives for population control

- Ecological and Environmental applications: CRISPR-based gene drives could be developed to control or eliminate disease vectors, such as mosquitoes that spread malaria, or to protect endangered species by controlling invasive species. However, ethical



concerns and environmental risks need to be addressed, particularly regarding unintended consequences on ecosystems.

## 6. Synthetic Biology and Bioengineering

- Building synthetic life: CRISPR will play a crucial role in creating synthetic organisms with custom-designed genomes for industrial purposes, such as biofuel production, bioremediation, or the synthesis of complex biological materials.
- Multiplexed gene editing: Future CRISPR platforms may enable simultaneous editing of multiple genes in a single organism, allowing for complex trait engineering. This could lead to the development of organisms with enhanced or entirely new biological functions.

## 7. Personalized medicine

- CRISPR for precision medicine: Advances in CRISPR could lead to personalized gene therapies tailored to individual patients' genetic profiles, offering treatments for rare genetic disorders that are currently untreatable.
- CRISPR Screens: These are expected to become more sophisticated, allowing researchers to identify therapeutic targets across the genome more efficiently. This will accelerate drug discovery and help in developing targeted treatments for cancer and other diseases.

## 8. Ethical, Legal and Social implications

- Gene editing ethics: As CRISPR moves toward human germline editing (editing genes that are passed to future generations), ethical concerns about its potential misuse or unintended consequences will grow. Future efforts will focus on establishing international guidelines and regulatory frameworks to ensure responsible use of CRISPR.
- Regulatory development: Governments and international bodies will need to develop more robust regulations to guide the use of CRISPR in various fields, including medicine, agriculture, and environmental applications.

## 9. Global health applications

- CRISPR Diagnostics: Technologies like SHERLOCK and DETECTR will expand in use, especially in low-resource settings. These CRISPR-based diagnostic tools could revolutionize global health by enabling rapid, affordable, and accurate detection of infectious diseases, such as COVID-19, HIV, and tuberculosis.
- Gene Editing for Pandemics: CRISPR could play a significant role in addressing future pandemics by rapidly identifying viral mutations or engineering resistance in populations.

## 10. Automation and AI in CRISPR Design

- **AI-Assisted CRISPR Design:** Artificial intelligence (AI) and machine learning algorithms will increasingly be used to design more efficient guide RNAs and predict off-target effects. This could dramatically speed up the process of developing CRISPR-based treatments and lower the risk of unintended outcomes.
- **Automation of CRISPR Labs:** The use of automation in CRISPR research, including high-throughput screening and robotics, will enhance the scalability of CRISPR experiments, making genome editing more accessible and faster to develop.

## ❖ CONCLUSION

CRISPR technology represents a revolutionary advancement in genetic engineering, with far-reaching implications in medicine, agriculture, biotechnology, and environmental science. Its ability to precisely edit DNA offers unprecedented opportunities for treating genetic diseases, improving crop resilience, and advancing synthetic biology. Ongoing innovations, such as prime editing, base editing, and RNA targeting, are enhancing the specificity and safety of CRISPR while expanding its range of applications. As CRISPR continues to evolve, it holds the potential to transform personalized medicine, gene therapy, and diagnostics. However, as its use grows, it is essential to address ethical considerations, safety concerns, and regulatory challenges to ensure responsible and equitable implementation of this powerful tool.

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