

## GREEN PREPARATION OF ZINC OXIDE NANOPARTICLES FROM PLANT SEEDS EXTRACT: A REVIEW

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### ABSTRACT

Metal-based nanoparticles have long been considered the trailblazing class in the field of nanoparticles. Zinc oxide nanoparticles are superior to other nanoparticles in several ways, including their optical and biological characteristics, which provide them a major competitive edge in biological and clinical applications. In the current study, zinc oxide nanoparticles (ZnO NPs) were created using an aqueous extract from the seeds of *Mangifera indica*. The current study's objective is to synthesize zinc oxide nanoparticles (ZnO-NPs) in an environmentally friendly manner using *Silybum marianum* seed extracts, which serve as stabilizing and reducing agents. Response surface methodology (RSM)'s central composite design (CCD) optimized the synthesis's temperature, pH, reaction time, plant extract, and salt concentration for regulated ZnO-NP size, stability, and maximum yields. The biosynthesis of ZnONPs using the aqueous extract from *Portulaca oleracea* seeds has been reported in the current study. The suggested technique is an inexpensive, environmentally friendly, plant-extract

mediated technology that can produce ZnONPs at pH 7 after an hour of heating at 60°C. The physicochemical properties of nanomaterials are distinct from those of their bulk

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counterparts. Moreover, biologically produced nanoparticles (NPs) are an improvement over alternative techniques. The objective of this work was to use an aqueous extract of *Lepidium sativum* seed to biosynthesize zinc oxide (ZnO) NPs. The current study described easy-to-follow, environmentally friendly procedures for producing ZnO nanoparticles in ambient circumstances using *Murraya koenigii* seed aqueous extracts. *Foeniculum vulgare* Polyphenolic chemicals found in millet seeds make them a viable choice for environmentally friendly nanoparticle manufacturing. This work uses ultrasonication to biosynthesize ZnO nanoparticles from fennel seeds. Nanotechnology (NPs) is a relatively recent scientific technique with several applications in the pharmaceutical and medical fields. Zinc oxide nanoparticles were created in this study using an environmentally safe and reasonably priced green synthesis with non-toxic grape seed extract acting as a reducing agent. We provide an efficient environmentally friendly process for extracting pumpkin (*Cucurbita pepo*) seeds, which yields zinc oxide nanoparticles (ZnO NPs). This method increases the potential medicinal and microbiological applications of ZnO NPs while lowering the toxic ingredients used in nanoparticle synthesis. In this work, we tried an easy, fast, and environmentally friendly way to make ZnO NPs from *Caesalpinia crista* seed extract in aqueous form. Using seed extract from *Nigella sativa* L., zinc oxide nanoparticles have been created. An annual herbaceous plant in the *Ranunculaceae* family is called *Nigella sativa* L. The production of zinc oxide nanoparticles depends critically on the concentration of plant extract. With its special qualities, including antifungal, antibacterial, semiconducting, UV filtering, and piezoelectric qualities, zinc oxide is an extremely alluring multipurpose material. Due to its nontoxic, safe, and biocompatible nature, this material finds extensive use in solar cells, light-emitting diodes, piezoelectric nanogenerators, biomedical applications, and high-performance nanosensors in cosmetics. The current study uses extract from *Moringa oleifera* seeds to biosynthesize zinc oxide nanoparticles in a quick, easy, economical, and environmentally friendly manner. The purpose of this study was to improve the green production of zinc oxide nanoparticles (ZnO NPs) mediated by the aqueous extract of loquat (*Eriobotrya japonica*) seeds using Response Surface Methodology (RSM). The concentration of zinc acetate (0.01–0.2 M), the pH value (8–12.5), and the precursor to the extract ratio (1: 2.5 to 1: 10) were among the independent factors that influenced the particle size and absorption content. A growing number of applications have made the biosynthesis of nanoparticles an intriguing field of study, primarily due to the need for novel, efficient, clean, and economical synthesis methods. This research aims to prepare pure zinc oxide nanoparticles using the Quince seed mucilage green synthesis method as a stabilizing agent for photocatalytic methylene blue

degradation. Utilizing cottonseed aqueous extract as an antioxidant material for the green synthesis of nanoparticles is an effective technique that offers several benefits, including low costs, an easy setup process, and environmentally beneficial methods. Additionally, the manufacture of zinc oxide nanoparticles (ZnO-NPs) utilizing an aqueous cottonseed extract was the main focus of this investigation. Solution combustion was used to create ZnO nanoparticles, and research was done on their antifungal, antioxidant, and anticancer properties. An extract from the seeds of the *Ricinus communis* plant is utilized as a fuel in the solution combustion method of synthesis.

**KEYWORDS:** Biosynthesis, Seeds extract, Nanoparticles.

## INTRODUCTION

Recently, nanotechnology has drawn interest as a possible future growth platform across several industries. Due to its innovative potential in the healthcare, engineering, and food industries, nanotechnology has garnered a lot of interest. Specifically, theranostics—a state-of-the-art combination system of treatments and diagnostics—uses the principles of nanotechnology for improved bioavailability of active pharmaceutical components and target-specific drug delivery. As a cheap, safe, and biocompatible substance, zinc oxide (ZnO), a rare inorganic metallic oxide, has drawn a lot of interest. ZnO has been designated by the US FDA as the safest metal oxide. The primary function of zinc is to preserve the connections between proteins and nucleic acids in tissues and cells. ZnO has significantly more chemical stability than other physiologic metals like iron, cobalt, and manganese. There are several engineering uses for zinc oxide nanoparticles (ZnO NPs), including catalysis, piezoelectric devices, pigments, chemical sensors, bio-molecular detection, diagnostics, cosmetic materials, and UV protection in particular.<sup>[1]</sup> A variety of metal nanoparticles, including gold, copper, silver, and zinc, have been used in conjunction with biopesticides due to their ability to increase the solubility of less soluble active ingredients, as well as their durability, efficacy, improved dissolution rate, controlled release of active components, improved stability, improved absorption, and bioavailability. As a result, it is thought that nanotechnology can offer an effective and environmentally friendly substitute for controlling insect pests in agriculture without upsetting the balance of nature.<sup>[2]</sup> Purslane, or *Portulaca oleracea* L., is a plant that grows abundantly around the world, especially in Egypt (also called Regla). Numerous medicinal uses exist for the leaves and seeds of *Portulaca oleracea* L., including diuretic, antipyretic, antiasthma, anti-inflammatory, and antitussive properties.

Numerous investigations have also confirmed *Portulaca oleracea* L.'s varied pharmacological effects on antioxidants, type-2 diabetic treatment, hypoglycemic and hypocholesterolemic conditions, and influenza A viruses. Alkaloids, omega-3 fatty acids (linolenic acid,  $\alpha$ -linolenic acid), coumarins, flavonoids, phenolic compounds (protocatechuic and p-hydroxybenzoic acids), polysaccharides, vitamins, and dietary minerals like calcium, magnesium, potassium, iron, and oxalate are among the various compounds found in purslane. It has been discovered that the seeds of *Portulaca oleracea*, often known as Regla seeds, work better than the other components. Furthermore, the seeds of *Portulaca oleracea* have a content of nonvolatile oil including 17.4% and  $\alpha$ -sitosterol.<sup>[3]</sup> ZnO is mostly made using environmentally friendly methods and used in a variety of industries, including optoelectronic devices, as well as as an ingredient in paint, glass, dental materials, medical ointments, and furnishings. There are several ways to prepare ZnO NPs: (i) physical methods like chemical vapor deposition, microwave heating, and thermal evaporation; (ii) chemical methods like coprecipitation process, sonochemical, spray pyrolysis, and hydrothermal procedures; and (iii) biological methods like using microorganisms and plant extracts (seeds, fruits, leaves, and roots).<sup>[4]</sup> The physiochemical processes for creating metal nanoparticles are expensive, time-consuming, and labor-intensive. Furthermore, significant amounts of secondary waste are produced as a result of the operations' inclusion of chemical agents for reduction and precipitation. Plant extracts provide a biological synthesis route for the synthesis of numerous metallic nanoparticles that are more solvent-friendly and allow for reduction, capping, and control with well-defined sizes and shapes of nanoparticles. These simple, environmentally friendly reaction ethics are known as biosynthetic methods. Researchers have been examining the possibility of synthesizing metallic nanomaterials in an aqueous medium with the aid of capping or stabilizing agents to avoid the use of hazardous organic chemicals, solvents, and harsh reaction conditions (pressure, temperature, and extended refluxing time) for the preparation of nanomaterials.<sup>[5]</sup> ZnO nanoparticles have been cleared for use by the US Food and Drug Administration because of their antibacterial activity and environmental friendliness. ZnO nanoparticles have a wide range of uses. They are used as food preservatives in the food industry, as UV ray absorbers in the cosmetic and health industries, as anti-cancer and antibacterial agents in medicine, and many other areas.<sup>[6]</sup> Nanotechnology is a relatively new field with enormous potential in the pharmaceutical and medical fields. One of the major issues facing medicine worldwide is the growing emergence of pathogenic bacteria that are resistant to drugs in certain strains. The application of nanoparticles in the battle against disease germs and bacteria resistant to several drugs has a

strong basis thanks to nanotechnology. For the synthesis of nanoparticles, two methods—bottom-up and top-down—have been proposed. Large macroscopic particles are milled and attrited in the top-down method. It starts with the synthesis of large-scale designs and uses plastic deformation to get it down to the nanoscale. Since this method is expensive and time-consuming, it cannot be used to produce nanoparticles on a big scale.<sup>[7]</sup> One common nosocomial infection-causing opportunistic pathogen is *Klebsiella pneumoniae* or *K. pneumoniae*. *K. pneumoniae* is a rod-shaped, capsulated, nonmotile, Gram-negative bacteria. With the ability to ferment lactose, the bacteria can create more protective factors and potentially develop resistance to drugs when they come into contact with the fastest-growing disease. Because inorganic antibacterial agents are more stable under harsh conditions than organic materials—such as high temperatures and pressure—they have recently attracted attention as the preferable alternative to organic agents for the management of microorganisms. Even at low concentrations, inorganic substances—metal oxides in particular—show strong antibacterial action. Among the many advantages that inorganic antibacterial agents have over their organic counterparts are their extended shelf life and stability under harsh circumstances, such as high temperatures and pressures. At the moment, the most widely used inorganic antibacterial substance is metal oxide nanoparticles.<sup>[8]</sup> There are several ways to create nanoparticles, including chemical, biological, and physical processes. Because of their low biocompatibility, toxicity, complexity, laboriousness, and expense, the old technologies are becoming less and less popular. Instead, biological or "green" methods that employ plants, algae, and microbes are preferred. Because green synthesis techniques are simple, quick, straightforward, inexpensive, and environmentally beneficial, they are highly preferred. Numerous structurally diverse phytoconstituents that are formed during metabolism and can be used for NP synthesis are found in plants, including phenols, flavonoids, alkaloids, tannins, chlorophylls, and carotenoids. There is an additional benefit to this, which is the elimination of the need for harmful and manufactured chemicals. Zinc oxide nanoparticles (ZnO NPs) can be efficiently synthesized from a wide variety of plants and plant parts, including leaves, stems, bark, fruit, seeds, flowers, roots, peels, rhizomes, petals, and more. These plant parts have varying amounts and combinations of phytochemicals that function as reducing agents. Different plant parts and phytocompounds, such as leaves, peels, flowers, fruits, seeds, petals, and bioflavonoid rutin, are used to synthesize ZnO NPs. Additionally, ZnO NPs have a variety of biological properties, including cytotoxicity, antioxidant, photocatalysis, antibacterial, and anti-inflammatory and anti-diabetic properties. However, *Sida acuta* was used to synthesize the chitosan/zinc oxide

nanocomposite, which demonstrated improved and superior antibacterial and photocatalytic characteristics.<sup>[9]</sup> Due to their unique optical, electrical, mechanical, magnetic, and chemical properties that distinguish them from bulk materials, noble metal nanoparticles have attracted a lot of attention recently. These distinctive and unusual traits can be the result of their enormous surface areas and small stature. These elements have caused metal nanoparticles to be widely used in many different sectors, such as photonics, electronics, and catalysis. Because of their numerous applications—such as non-linear optics, bio-labeling, spectrally selective coating for solar energy absorption, intercalation materials for electrical batteries as optical receptors, chemical reaction catalysis, and antibacterial qualities—zinc nanoparticles are among the noble metal nanoparticles that are of particular interest.<sup>[10]</sup> Because of its special qualities, such as piezoelectric, semiconducting, magnetic, and optical properties, UV blocking properties, strong catalytic capability, antibacterial activity, strong adsorption efficiency, high antidiabetic capabilities, and antifungal action, zinc oxide (ZnO) nanoparticles are thought to be a promising versatile multifunctional material. Being a nontoxic inorganic material that is highly biocompatible, safe, and chemically stable under demanding process conditions, it finds extensive use in the biomedical, textile, and cosmetic industries as a UV absorber, high-performance nanosensor, solar cell, and treatment of wastewater. The miraculous traditional medicinal plant *Moringa oleifera* Lam. is a member of the Moringaceae family. It is widely grown throughout India for a variety of commercial uses, including water purification, meditation, coloring, skin conditions, bronchitis, ear, and eye ailments, and urinary infections. Due to its remarkable qualities, including its high nutritional content, ability to lower cholesterol, antioxidant capacity, strong antihypertensive, diuretic, antipyretic, anti-asthmatic activity, potential antimicrobial activity, potent wound healing effect, high level of anti-inflammatory activity, antidiabetic action, anticancer, antitumor, circulatory, and cardiac stimulant, it is rightfully referred to as a "wonder plant."<sup>[11]</sup> Lately, nanotechnology research has garnered significant global attention. Due to their unique characteristics, including size, shape, and high surface area to volume ratio, different nanoparticles (NPs) have a wide range of possible uses in the pharmaceutical, cosmetic, and food industries. NPs have been synthesized and reported using a variety of methods over the years, including chemical, biological, and physical approaches. Due to its rapidity, economy, and one-step nature, as well as its use of ecologically acceptable solvents and reduced generation of hazardous compounds, green synthesis has garnered more attention in recent times. It has been suggested that they can function as reducing, capping, and stabilizing agents for NP biosynthesis as a novel method without the use of toxic chemicals.



Different biological sources, such as plant extracts, microorganisms, and enzymes, can reduce the metal ions within the solution into NPs.<sup>[12]</sup> The textile industry's dye effluent, which contains chemicals and pollutes both the environment and people, is one of the main environmental pollutants. In addition to being discharged into water supplies, these dyes color the water and cause cancer in people. In addition to the textile and dyeing industries, other sectors that generate colored wastewater include those that make paper, paper products, leather goods, cosmetics, and dyes. Later human generations may have genetic changes as a result of these colors' non-degradation and uptake by plants. Therefore, getting rid of these contaminants is crucial. Several physicochemical techniques, including adsorption, ion exchange, reverse osmosis, and ultrafiltration, have been used to remove dye from industrial effluent. The aforementioned procedures are not regarded as inclusive methods since they do not include destructive processes; instead, they only transfer pollutants from the aqueous phase to the solid phase. Numerous research carried out in the last few years to eliminate these contaminants with optical catalysts have demonstrated the environmental friendliness, sustainability, and lack of secondary contamination of photocatalytic degradation. An electron-hole pair is produced in a light-exposure photocatalyst and contributes to the reaction's acceleration. One of the primary nanostructure photocatalysts is nanoparticles, particularly metal nanoparticles and metal oxides. The following characteristics should be present in an ideal optical catalyst for oxidation in the photocatalytic process: optical stability, physiological and chemical neutrality, affordability and availability, the reactants' ability to adsorb under effective photon activation, non-toxicity, a suitable band gap, and the ability to not degrade after the hole is formed. Zinc oxide and titanium dioxide are two substances that have been utilized as photocatalysts to date to remove a variety of contaminants. Here, the numerous properties of nanoscale zinc oxide—such as its relatively simple preparation, low cost, non-toxic, antimicrobial qualities, high chemical and mechanical strength, and a combination of suitable electrical, optical, and thermal properties—make it an eco-friendly material with a wide range of applications. Presently, the functional oxide materials' anticipated advancements offer a potent instrument for the expanding field of technological advancements in the next generation of electronics. These days, oxide semiconductors like ZnO are essential parts of many different technologies.<sup>[13]</sup> Using nanoscience has gained popularity as a multipurpose technology in recent years. Within the domain of nanoscience, particles measuring between one and one hundred nm on at least one dimension are referred to be nanoparticles. In addition, nanotechnology was discovered on Earth millions of years ago, but it wasn't until recently brought to light by

scientists. Although the range of sizes varies, particles smaller than 100 nm are typically the target since many distinct material properties can manifest in this size range. Some significant physical features are altered as the morphology of a particle changes from micro to nanoscale. Firstly, the ratio of surface area to volume increases, and on the other hand, the particle size enters the realm of quantum effects. It is possible to influence the behavior of the atoms outside the particle from its surface by comparing the activation of the atoms within by raising the surface-to-volume ratio, which gradually results from decreasing the particle's size. This has an impact on the size as well as some chemical and physical characteristics of nanoparticles. Furthermore, the term "nanoparticle" does not accurately describe the properties of many materials whose dimensions lie in the nanoscale. The goal of nanotechnology is to use the unique and powerful characteristics of materials on a tiny scale. The ratio of an object's surface area to volume rises as it gets smaller, into the nano range. Given the significance of material at the nanoscale, a variety of synthesis techniques for ZnO nanoparticles (ZnONPs) have been documented in the literature. These techniques include chemical vapor deposition, gas phase synthesis, hydrothermal synthesis, electrochemical synthesis, microwave synthesis, and sol-gel synthesis. The green synthesis is a more advantageous approach than the others that have been mentioned because of its easy setup, short process, low cost, and environmentally friendly features. One issue with creating NPs chemically is that the chemicals that are absorbed into their surface when creating NPs can have unintended impacts on delicate materials utilized in medical applications.<sup>[14]</sup> Metal oxide nanoparticles have many uses in the realm of innovation, including surface coatings, bioengineering, horticulture, optoelectronics, and biolinguistics in industries. The primary determinants of their innate characteristics are morphology, crystallinity, form, and structure. The ability to produce profoundly ionic zinc oxide nanoparticles with a high surface zone, unusual precious stone shapes, and large sizes makes them remarkable. The two main benefits of using ZnO nanoparticles with natural antibacterial experts are their excellent stability and extended usability. Because of their unique electrical, optical, mechanical, physical, and chemical capabilities, ZnO nanoparticles are widely used in paint materials, catalysis, sunscreen formulation, plastic and elastic assembly, hardware, and pharmaceuticals. With a wurtzite structure, ZnO is a critical minimal-effort semiconductor. Even in the fields of sun-oriented cells, gas sensors, food bundling materials, and piezoelectric nanogenerators, ZnO NPS has been thoroughly studied. When it comes to malignant cells, such as human kidney cells, bronchial epithelial cells [BEAS-2B], human hepatocytes, embryogenic kidney cells, and human alveolar macrophage adenocarcinoma cells, ZnO NPS exhibits strong



harmfulness against microbes and least impact on human cells.<sup>[15]</sup> The present review focuses on the green synthesis of zinc oxide nanoparticles from various plant seeds.

## METHODOLOGY

### Mango Seed

**Mango Seed Extract Preparation:** Mango seeds were harvested from raw mangoes that were purchased. At the Nanomedicine Lab of Saveetha Dental College and Hospitals in India, the endocarp (seed) component of the mango was sliced into smaller pieces and shade-dried for a period of five to seven days. The mango seed that had been shade-dried was ground into a coarse powder. One gram of powdered mango seed and 100 milliliters of distilled water are contained in a conical flask. A magnetic stirrer running at 600 rpm was used to continuously mix it. The hard powder was then heated for 15 to 20 minutes at 70 °C in the heating mantle until it became mushy. Whatman The fluid was filtered using No. 1 filter paper.

**Zinc Oxide Nanoparticle Synthesis:** 75 mL of distilled water was mixed with a 10 mM zinc nitrate solution. After adding 25 mL of the ready-to-use seed extract, everything was well combined. The solution mixture was kept in an orbital shaker at 30 °C for fifteen hours. After 15 hours, the solution's hue changed from white to dark brown, forming ZnO NPs. After that, the mixture was centrifuged for 20 minutes at 8000 rpm. Following centrifugation, the pellet was twice cleaned with deionized water to remove any last traces of residual pollutants, and the supernatant was disposed of. The pellet was then taken out of the centrifuge and placed in an oven set to 80 °C with hot air. The pellet was pulverized into a powder once it dried.

### Silybum marianum Seeds

**Preparation of seed extract of Silybum marianum:** We gathered seeds of Silybum marianum from the vicinity of the University of Agriculture in Faisalabad, Pakistan. To obtain a consistent sample, the gathered seeds were cleaned, allowed to dry naturally, ground into a powder, and then put through a sieve. To create the seed extract, 10 g of Silybum marianum seed powder was added to 100 mL of distilled water. After that, the solution was heated to 80 °C for 20 minutes on a hot plate. After heating, the mixture was left to stand at room temperature ( $27 \pm 2$  °C) for the entire night. Subsequently, the extract was filtered using Whatman's filter item No. 1 and refrigerated at 4 °C in preparation for the subsequent fabrication of ZnO nanoparticles.

**Optimization of parameters for the synthesis of ZnO-NPs:** Once plant extract was successfully prepared, different synthesis parameters were optimized for the synthesis of novel ZnO-based nano-biopesticides with minimum particle size. These parameters included temperature variation between 60 and 80 °C, pH variation between 10 and 12, stirring time between 40 and 120 min, and salt concentration of zinc nitrate between 0.06 and 0.6 M.

**Green synthesis of ZnO-NPs:** To synthesize ZnO-NPs, various RSM treatments were carried out under various circumstances. ZnO-NPs were synthesized by adding 10 mL of *Silybum marianum* seed extract to a 100 mL solution of 0.06 M zinc nitrate hexahydrate and sodium hydroxide. The solutions were kept at 60 to 80 °C and pH 12 using a magnetic stirrer. Zinc ions were converted to zinc metal by seed extract. ZnO-NP synthesis was detected with color shifts. Following a 20-minute centrifugation, the nanoparticles settled and were then cleaned with distilled water to get rid of any remaining contaminants or extract. After being dried in an oven, zinc oxide nanoparticles were refrigerated at 4 °C.

#### **Portulaca oleracea seed**

**Preparation of Portulaca oleracea seed extract:** To create the 2.5% w/v extract of *Portulaca oleracea*, 2.5 g of dried seeds were added to 100 mL of deionized water, and the mixture was then boiled for 20 minutes. After cooling the extract, it was filtered using Whatman paper No. 1, and 100 ml of de-ionized water was added to finish the solution. The extract was made freshly for each experiment.

**Synthesis of ZnONPs using Portulaca oleracea seeds aqueous extract:** Weighing out 0.75g of zinc nitrate hexahydrate and dissolving it in 100 mL deionized water produced a  $2.5 \times 10^{-2}$  M stock solution. ZnO nanoparticles were created by adding a certain volume of extract from *Portulaca oleracea* seeds to a specific volume of  $\text{Zn}(\text{NO}_3)_2 \cdot 6\text{H}_2\text{O}$  at room temperature. The mixture was then finished to a volume of 10 ml using deionized water. The concentration of zinc nitrate ( $2.5 \times 10^{-3}$  -  $1 \times 10^{-2}$  M), the amount of extract (1-3 ml), the reaction duration (5-60 min.), the pH (3-11), and the temperature (20-80 °C) were all taken into consideration during the optimization investigation. The UV-VIS spectrophotometer tracked the development of ZnO nanoparticles. The ZnONPs were made under ideal conditions by dropping 15 ml of the extract into 50 ml of zinc nitrate ( $2.5 \times 10^{-2}$  M), then heating the mixture at 60 °C for one hour, or until the extract's color vanished and a white jelly precipitate was formed. Following that, the product was split into two sections: one was dried at 60 °C in an oven (designated ZnO-60), and the other was placed in a crucible and kept

in the furnace for two hours at 500 °C for calcination (designated ZnO-500). Zinc oxide nanoparticles were produced as a white powder after calcination.

### **Lepidium sativum Seed**

**Preparation of Lepidium sativum Seed Extract:** The *lepidium sativum* seeds were obtained from local merchants in Dhamar, Yemen. They were cleaned with DW and allowed to dry at room temperature before being ground into a fine powder using a home blender. Next, 10 g of ground seed powder was combined with 200 mL of DW and stirred for 30 minutes at 25 °C. The mixture was then heated to 60 °C for 15 minutes, cooled, and then filtered to get the needed pure extract. Local vendors in Dhamar, Yemen, provided the *Lepidium sativum* seeds, which were then ground into a fine powder using a home blender after being cleaned with DW and allowed to dry at room temperature. Subsequently, 200 mL of DW was mixed with 10 g of pulverized seed powder while stirring for 30 minutes at 25 °C. To achieve the desired pure extract, the mixture was then heated to 60 °C for 15 minutes, cooled, and finally filtered.

**Green Synthesis of ZnO NPs:** In a standard experiment, 20 milliliters of DW were mixed with 6 grams of zinc nitrate salt to create the zinc nitrate solution. After dissolving 4 grams of sodium hydroxide in 20 milliliters of DW, the mixture of zinc nitrate was gradually added. A magnetic stirrer was used to constantly agitate the reaction mixture for 75 minutes at room temperature while about 3 mL of extract was added dropwise. After filtering the produced solution, DW was used twice to wash the precipitate. At room temperature, the cleaned precipitate was allowed to air dry for 48 hours. After the final product was obtained, it was annealed for 90 minutes at 200 °C, and the resulting powder was characterized in different ways.

### **Murraya koenigii seed**

**Preparation of Seed Extract:** *Murraya koenigii* seeds were gathered from the environs of Chidambaram. After being repeatedly cleaned with deionized water to get rid of any undesired dust, the *Murraya koenigii* seeds were dried under a light source. A powder has been created by grinding the dry seeds. Deionized distilled water was used to dissolve the powder. To create the seed extract needed to reduce Zn<sup>2+</sup> (zinc ions) to ZnO NPs (zinc oxide nanoparticles), 6 g of dried, finely powdered, and cleaned *Murraya koenigii* seeds were combined with 100 mL of deionized water in a 250 mL glass beaker. Using a magnetic stirrer, the extract was heated for 40 minutes or until the color of the aqueous solution

changed from watery to light green. After that, the extracts were run through three passes of Whatman No. 1 filter paper. In preparation for more research, the produced seed extract was kept in Erlenmeyer flasks.

**Preparation of Zinc Oxide Nanoparticle:** Twenty milliliters of *Murraya koenigii* seed extract, eighty milliliters of zinc nitrate ( $\text{ZnNO}_2$ ), and a few drops of 2.0 M NaOH solution were added to a 250-milliliter conical flask. The mixture was vigorously stirred continuously for three to five hours until a black solution formed, which was then allowed to sit at room temperature for the entire night. The conical flask's bottom is where the white precipitate formed. The produced zinc oxide nanoparticles, or white precipitate, were dried at room temperature in a hot air oven after being cleaned three to four times with distilled water and five to seven times with ethanol. The produced zinc oxide ( $\text{ZnO}$ ) nanoparticles have been discarded in favor of additional research.

#### **Fennel seeds**

**Preparation of herbal extract:** Initially, the Ferdowsi University of Mashhad's Research Centre for Plant Sciences recognized and authorized the fennel seeds (voucher sp.no. E -1372 FUMH). The seeds were cleaned and then dried away from light so that the best ones could be separated and pulverized. The resulting aromatic powder was then kept at 4 °C in a sanitized glass container that was covered with aluminum foil. To make the extract, combine 10 grams of powdered herbal medicine with 100 milliliters of distilled water. Then, extract the mixture in an ultrasonic extractor (Panasonic Japan model 2600s, frequency  $28 \pm 5\%$ ) for 32 minutes at 30°C. The finished extract was then refrigerated in a dark-colored glass after being filtered via filter paper.

**Synthesis of ZnO nanoparticles:** 10 ml of aqueous plant extract and 90 ml of 0.1 M zinc nitrate solution were combined. This solution was stored in the dark at 28 °C for the entire night. After that, the liquid was centrifuged for 15 minutes at 10,000 rpm after being repeatedly cleaned with distilled water. After discarding the supernatant, the residual sediment was dried for three hours at 80°C in an oven. The powder was first ground in a mortar and then burned at 600 °C for two hours in a furnace. Eventually, ZnO nanoparticle powder in a white form was produced.

## Grape Seed

**Preparation of Grape Seed Extract:** A precise measurement of 1g of powdered grape seed powder is taken, and 100 mL of distilled water is added. The mixture is then heated for 15-20 minutes at 60–70 degrees, resulting in an extract. The mixture is then allowed to settle for a while before being filtered using Whatman no. 10 filter paper. To be used later, the filtered extract was gathered and kept in the refrigerator.

**Synthesis of Zinc Oxide Nanoparticles:** The green synthesis approach is used for the manufacture of ZnONPs. 20 milliliters of distilled water were used to dissolve 0.861 grams of zinc oxide (ZnO). An 80 ml solution was created by mixing the grape seed extract with the zinc oxide solution. Both visual and photographic evidence of the color shift was obtained. The mixture is maintained in a magnetic stirrer to create nanoparticles. The reaction mixture including ZnO NPs and seed extracts was centrifuged at 8,000xg for 15 minutes. The pellet that was produced was filtered and washed three times using distilled water.

## Pumpkin seeds

**Collection and preparation of seed extract:** Before beginning to prepare the extract, the pumpkin seeds were thoroughly cleaned with tap water after being obtained from a nearby bioorganic market. Any contaminants left were eliminated by twice cleaning with deionized (DI) water and air drying at room temperature. 100 milliliters of DI water, five grams of dried pumpkin seed powder, and one hour of stirring were combined. To get rid of any last remnants of contamination, the mixture was filtered three times with Whatman No. 1 filters.

**Synthesis of zinc oxide nanoparticles:** In a 300 mL glass beaker, 20 ml of the extracted seeds were heated to 60°C for 10 minutes. 50 mL of a 0.091 M zinc acetate Zn (CH<sub>3</sub>CO<sub>2</sub>)<sub>2</sub>·2H<sub>2</sub>O solution was added while stirring. The white liquid exhibited a faint green tint due to the reaction between the zinc acetate and pumpkin seed extract, and the white ZnO powder that dropped to the bottom indicated that Zn<sup>2+</sup> had been changed into ZnO. Additional sodium hydroxide was employed to keep the pH at 6 during this process because it is well-known that pH values have a substantial impact on the morphological, electrical, and optical features of ZnO NPs. Additionally, the mixture can be reduced to ZnO by centrifuging for 10 minutes at 6000 rpm following 30 minutes of internal contact. After that, the samples were repeatedly washed in ethanol and DI water to remove any last traces of impurities. After that, the samples were dried at 60 °C.

**Caesalpinia crista seed**

**Preparation of Seed Extract:** After boiling for five minutes, one gram of *C. crista* seed powder was extracted using 100 milliliters of double-distilled water. After passing through Whatman filter paper No. 1, the extract was centrifuged for 10 minutes at 10,000 rpm. ZnO NPs were synthesized with the help of the flutrate.

**Synthesis of ZnO NPs:** A magnetic stirrer heater was used to heat 50 milliliters of *C. crista* seed extract to 80 °C for 60 minutes. When the temperature hit 80°C, five grams of zinc nitrate hexahydrate ( $\text{Zn}(\text{NO}_3)_2$ ) (0.8 mM) were added to the seed extract. The combination was cooked until it was reduced to a paste with a rich yellow color. The paste was gathered in a ceramic crucible and burned for two hours at 400 °C in a muffle furnace. ZnO NPs were obtained as a light yellow powder, which was carefully gathered and kept for analysis at 4 °C.

**Black cumin (*Nigella sativa* L) seed**

**Preparation of seed extract:** The NS seeds were gathered from the Iranian torbatheidarieh, which is close to Mashad. They were dried and ground into powder. After that, 500 g of the produced powder was combined with 96% ethanol to make a water extraction, which was done for 72 hours using an incubator setup. Following the extraction of the solvent under vacuum, the extract was dried in an oven set between 45 and 50 °C. Since the dried extract weighed 33.3 g, 33.3% of it was present. After that, the extract was stored in a refrigerator. Ultimately, the extract was employed to create silver nanoparticles.

**Synthesize of nanoparticles zinc oxide:** 30 mL of water was used to dissolve  $\text{Zn}(\text{NO}_3)_2 \cdot 4\text{H}_2\text{O}$ . Next, under microwave radiation (600W, 5s On, 5s Off) for two minutes, ammonia solution was gradually added to the previously mentioned solution (pH was adjusted to roughly 8). After centrifuging, the precipitate was cleaned with distilled water.

**Moringa olifera seeds**

**Preparation of extract:** After three days of sun drying, moringa olifera seeds were cleaned with 70% ethanol. After that, the seeds were placed in a hot air oven set to 60 °C for the entire night to dry. Using a mortar and pestle, the fully dried seeds were ground into a powder and then sieved through mesh number 60. 100ml of distilled water was placed in a beaker along with 10g of powdered Moringa olifera seeds that had been sieved. For two hours, the solution was stirred magnetically at a constant temperature of 40 °C and a speed of 300 rpm (Tarsons Spinot Digital). After that, the solution was centrifuged for 15 minutes at 4 °C at



3000 rpm. The Whatman filter paper was used to collect and filter the supernatant following centrifugation. An airtight container was used to keep the collected filtrate.

**Green synthesis of ZnO nanoparticles using Zn(NO<sub>3</sub>)<sub>2</sub>:** water and 50ml of the extract were combined in a beaker. An electrical water bath was used to indirectly heat the solution. Upon reaching 60°C, 5g of Zn(NO<sub>3</sub>)<sub>2</sub> crystals were added in 1g increments, with a 5-minute interval in between each addition. To ensure adequate mixing, the temperature was continuously stirred at 60 °C during the addition procedure. The reaction was completed when a thick paste with a yellow tint was obtained by continuing to heat the mixture between 60 and 80 degrees Celsius. The resulting paste was spread out onto filter paper, which was stored within a dry, clean crucible. After that, the paste was calcined for two hours in a muffle furnace that had been preheated to 400 °C. White powder without the filter paper was still in the crucible after this time. The obtained white powder underwent qualitative examination and ZnO nanoparticle conformation characterization.

#### **Loquat seeds**

**Preparation of seed aqueous extract:** The lotus seeds had a thorough washing with tap water, were dried for 24 hours at 50°C in the oven, and were subsequently ground into a powder using a spice grinder for storage. Aqueous extract of loquat seed (AELS) was made by combining 25 g of powdered seed with 100 mL of deionized water. After that, the mixture was agitated for 60 minutes at 40°C using a magnetic hotplate stirrer. Subsequently, the supernatant was collected using Whatman No. 1 filter paper and kept for future studies at 4 °C. Also, a freeze dryer (OPERON, Korea) was used to obtain the dried AELS.

**Green synthesis of ZnO NPs:** ZAD was dissolved in deionized water at different pH values (8.0–12.5) to prepare different concentrations of ZAD solutions (0.2–0.01 M). The ZAD solutions were then added dropwise in a volume ratio of 2.5–10 times to the AELS while stirring at 60 °C for two hours using a magnetic hotplate stirrer. Following the process reaction's completion, the white, creamy sediment sank to the bottom after 24-hour incubation at 25 °C. It was then centrifuged for 30 minutes at 4300 ×g. The gathered ZnO NPs were rinsed twice with deionized water, then ethanol, and then dried in an oven for three hours at 50°C.

### Quince seeds

**Mucilage extraction of quince seed:** After being cleansed and washed five grams of quince seeds, were combined with 150 milliliters of distilled water and heated to 60 degrees Celsius for four hours using a heater stirrer. Following the extraction of mucilage, the suspension was centrifuged for 10 minutes at 6000 rpm to eliminate waste and extract mucilage.

**Green synthesis of zinc oxide (ZnO) nanoparticles:** To reduce and stabilize the required nanoparticles, 5 g of zinc nitrate hexahydrate was combined with 20 ml of plant mucilage in a beaker. The amount was then increased to 100 ml with distilled water and left at that level for four hours. The mixture was then agitated for the next two hours at a temperature of 80 °C and a speed of 250 rpm using a heater stirrer until the volume was less than 15 ml. For five hours, the mixture was heated to 80 °C in the oven, causing all of the water to evaporate and leaving behind gel. After being kept at ambient temperature for ten days, the gel was calcined for two hours at 400, 500, and 600 °C in an oven to extract ZnO nanoparticles and eliminate the plant mucilage. The TGA/DTA data for the deteriorated mucilage of Quince seeds were used to determine the calcination temperatures. The feasibility and reproducibility of three produced nanoparticle samples (calcined at 400, 500, and 600 °C) were examined.

### Cottonseed

**Preparation of cottonseed extract:** Ten grams of peeled cottonseed from a known source were ground up and added to one hundred milliliters of deionized water for the extraction procedure. The combination was then heated to 50 °C for four hours, at which point a yellowish-green solution emerged. Following the filtration procedure and cooling the wormed mixture to room temperature, a glossy yellowish-green solution was obtained. Ultimately, the extracted solution was kept cold to create the desired nanoparticles.

**Synthesis of ZnO nanoparticles:** 50 milliliters of deionized water were made at room temperature with zinc acetate dehydrate (0.02 M). Ten milliliters of peeled cottonseed extract, fifty milliliters of sodium hydroxide, and fifty milliliters of zinc acetate were gradually added over four hours. For two hours, the mixture was submerged in an ultrasonic bath to reduce the zinc ion content. The resulting white solid was centrifuged at 15,000 rpm for 15 minutes. To remove any remaining contaminants, the generated nanoparticles were lastly cleaned with ethanol and distilled water. The white powder was eventually dried for a single night in an oven.

**Ricinus communis seeds**

**Preparation of plant extract:** 50 g of *Ricinus communis* plant seeds were crushed in a mortar and then filled to overflow with 200 ml of water. ZnO NPs were synthesized using the filtrate, which had been cooled and filtered.

**Synthesis of ZnO NPs:** ZnO NPs were synthesized using solution combustion synthesis (SCS) with an aqueous extract of *Ricinus communis* plant seeds as fuel. Under continuous stirring, 1.0 g of Zn (NO<sub>3</sub>)<sub>2</sub>·6H<sub>2</sub>O in 5 mL of double-distilled water and 35 mL of the aqueous extract from the plant seeds of the *Ricinus communis* were completely dissolved. Plant seed extract and zinc nitrate served as the fuel and oxidizer, respectively. The mixture was transferred to the crystallizing dish and placed inside the muffle furnace before it was heated. Under constant blending, 35 ml of *Ricinus communis* plant seed fluid concentration and twice refined water were completely broken up. Separately, the plant seed extract and zinc nitrate served as an oxidant and fuel. The mixture was placed in the solidifying dish and heated in the suppressor heater. The heater's temperature was maintained at  $400 \pm 10$  °C. The arrangement bubbles up in 10 to 15 minutes because of the gasoline using up quickly. The response mixture yields a white, highly permeable ZnO NP.

**CONCLUSION**

In summary, our research has shed light on the potential uses of biowastes—like the seeds or peels of therapeutic plants—in the biomedical industry for the synthesis of metal nanoparticles. This study demonstrated that the aqueous mango seed was used to synthesize ZnO NPs. Zinc oxide nanoparticles from *Silybum marianum* were made with distilled water as the solvent. This work reports on the production of ZnONPs using an aqueous extract from *Portulaca oleracea* seeds. With an hour of heating at 60°C, the disclosed method—which is low-cost, plant extract mediated—can synthesize ZnONPs at pH 7. In conclusion, a "green" method of synthesizing ZnONPs using *Murraya koenigii* aqueous seed extract and zinc nitrate bioreduction was shown. This work uses ultrasonication to biosynthesize ZnO nanoparticles from fennel seeds. In this study, grape seed extract was used in a straightforward, inexpensive, and biological method to create zinc oxide nanoparticles. Using pumpkin seed extract, we created a sustainable process for greenly synthesizing ZnO NPs. In the current study, *C. Crista*'s aqueous seed extract was used to create ZnO NPs. An annual herbaceous plant in the Ranunculaceae family is called *Nigella sativa* L. Using seed extract from *Nigella sativa* L., zinc oxide nanoparticles have been created. The production of zinc

oxide nanoparticles depends critically on the concentration of plant extract. Moring olefera seed extract was used to successfully synthesize multifunctional zinc oxide nanoparticles using an economical, straightforward, effective, quick, easily scalable, and environmentally friendly method. It was looked into how ZnO NPs were biosynthesized utilizing AELS. The RSMCCD data showed that the size and absorption of ZnO NPs may be significantly impacted by the ZAD concentration, pH, and ratio of ZAD solution to AELS. Nonetheless, the responses were significantly impacted by the ZAD to extract ratio. Quince seed mucilage was used as a reducing and stabilizing agent throughout the green synthesis process to create pure zinc oxide nanoparticles, which were then calcined at 400, 500, and 600 °C. Cottonseed water extract was used to create ZnO-NPs, which has benefits including a cheap, easy-to-prepare, expensive, and secure process. Solution combustion has been used to successfully synthesize ZnO NPs with morphology using *Ricinus communis* extract.

### Conflict of Interest

There are no conflicts of interest in this review study, the authors guarantee.

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