

UNIVERSAL IDEOLOGIES OF DRAVYAGUNA CLASSICS W.S.R. TO ITS ACTIONS

Dr. Anju Bain*

B.Sc., B.A.M.S., Professor and HOD, Department of Dravyaguna, Rajiv Lochan Ayurved College and Hospital, Gunderdehi Road, Chandkhuri Durg, C.G., India.

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***Corresponding Author**

Dr. Anju Bain

B.Sc., B.A.M.S., Professor
and HOD, Department of
Dravyaguna, Rajiv Lochan
Ayurved College and
Hospital, Gunderdehi Road,
Chandkhuri Durg, C.G.,
India.

ABSTRACT

The Ayurveda idea of Dravyaguna Vigyan manages the overall standards identified with the Ayurveda pharmacognosy and pharmacology. Dravyaguna Vigyan works around Namajnana, Rupajnana, Gunajnana and Yuktijnana, and so forth. Strict significance of word Dravya implies material or things and Guna implies properties, consequently Dravyaguna Vigyan bargains around properties of Dravya (drugs). Dravyaguna Vigyan relates pharmacological activities with Rasa, Guna, Virya, Vipak and Prabhav of medications. According to Ayurveda Rasa, Guna, Virya, Vipak and Prabhav are innate properties of Ayurveda drugs which contribute towards the restorative activities of medications. This article introduced general standards of Dravyaguna and commitment of properties of Dravya towards pharmacological activities.

KEYWORDS: Dravyaguna, Pharmacognosy, Pharmacology, Rasa, Guna.

INTRODUCTION

Ayurveda corresponding to the properties and activities of drugs depicted word Dravyaguna which includes logical data on spices and Ayurveda definitions counting their inclination, classification, properties and pharmacological activities. This science explicitly bargains with pharmacognosy, pharmacology, remedial utility what's more, connection among activities and properties of Ayurveda drugs. According to Ayurveda the physic-compound properties of Ayurveda drugs work around ideas of Panchabhutas furthermore, Tridosha. Panchabhutas; Akasha, Vayu, Agni, Jala furthermore, Prithivi administers physiological exercises of body and drugs having explicit transcendence of Mahabhuta serves to manage related illnesses.

Essentially Tridosha (Vata, Pitta, Kapha) assuming stay in balance state, ordinary physiological elements of body noticed, yet irregularity among the Tridosha leads obsessive occasions and explicit Ayurveda drugs chips away at specific Doshas accordingly help in explicit Dosha vitiation. Properties of medications (Dravyaguna) adjust vitiated territory of Doshas by excellence of their Mahabhutas prevalence subsequently applies their activities on natural framework. According to Ayurveda Rasa, Guna Virya, Vipaka and Prabhava of medications oversee pharmacokinetics and pharmacodynamics activities of medications. Guna depicted intrinsic properties of medication, Rasa portrayed taste of drugs, Vipaka implies metabolite of medications, Virya alluded to strength of medications and Prabhava looks like explicit strength of medications. These all attributes of normal drugs answerable for specific natural activities accordingly offer remedial advantages in different kinds of wellbeing diseases. Idea of Guna and its Pharmacological Relationships Guna implies quality or property of medication, the traditional messages portrayed different sorts of Guna of Ayurveda drugs counting; Guru, Laghu, Shita, Ushna, Snigdha, Ruksha, Tikshna, Mridu, Kathina, Sukshma, Vishada and Pichhila Guna, and so forth Master guna quality contributes towards the weight acquire limit and helps in anorexic individual, these medications builds Kapha and overwhelming to earth and water components. Medication having Laghu Guna grants gentility in body furthermore, such medications arrives at site of activity effectively along these lines serves to clear moment channels too. These medications manage circulatory cycle and control Vata Dosha inside body. Sheeta Guna adds to conciliate fever in body, confers chilliness hence such medication helps in provocative conditions and fixes extreme working of stomach related fire in illness like diabetes. Medications have Ushna Guna grants hot strength in this manner helps in cold and hack, these medications upgrades Pitta and further develops absorptions consequently assists with managing metabolic exercises. Singdha Guna drugs adds to wipe out dryness of body, these medications placate exorbitant dryness of the body. These medications help in skin issues and keep up with water component of body. Ruksha Guna contributes towards dryness and these drugs assists with checking unreasonable unctuousness of the body. Teekshna Guna gives sharpness in body, substance with Teekshna Guna conciliate bluntness accordingly and improves cycle of detoxification; clears poisons from body.

Idea of Rasa and its Pharmacological Connections-Rasa implies taste of medications; Rasa relies on blend of Bhutas in Dravya. Rasa are different sorts for example, Madhura, Amla, Lavana, Katu, Tikta and Kashaya. These Rasa offers specific natural activities thusly confers

positive helpful reactions. Madhura Rasa conciliates Pitta and upgrades Kapha in this way advances strength and helps irritation of Pitta and related issues. Dravya having Amla Rasa advance Kapha and Pitta while such mixtures conciliate Vata Dosha hence goes about as carminative, hunger energizer and helps in stomach related messes. Medications prevail with Amla Rasa grants Dipana-pachana impacts consequently support Agni. Dravya have Lavana Rasa builds Pitta and placates Vata Dosha along these lines advance stomach related framework and helps in anorexia and stomach related problems, since it placate Vata accordingly helps in Vatika issues, such mixtures moreover applies Vishyandi (soaking) impacts. Ayurveda drugs having Katu Rasa upgrades Vata and diminishes Kapha subsequently control developments of stool furthermore, pee. Katu Rasa helps in messes emerges due to the Kapha exacerbation. The volcanic idea of medications having Katu Rasa invigorates stomach related fire. Tikta Rasa compounds mollify Kapha and expands Vata Dosha. These medications goes about as retentive and assists with clearing block of moment channels of body. These intensifies help in Kaphaja problems directs circulatory working of body. Kashaya Rasa conciliates Pitta Dosha and expands Vata Dosha, drugs have Kashaya Rasa control stomach related fire, drug with Kashaya Rasa helps in Pittaja problems. These medications apply Stambhana impacts hence supportive in condition like the runs and furthermore fix draining issues. Idea of Vipaka and its Pharmacological Connections Vipaka alluded to the last metabolite of medications which delivered after assimilation measure. This natural change adjust activity of medication, implies if Katu drug changed in Madhura vipaka then unquestionably its natural activity get changed. Vipaka might be Madhura, Amla and Katu based on taste and based on properties it could be Guru and Laghu. Medications having Madhura vipaka builds Kapha Dosha furthermore, work with interaction of discharges. Amla vipaka expands Pitta accordingly these mixtures goes about as carminative also, further develops absorption. Mixtures having Katu vipaka expands Vata in this way serves to directs circulatory working of body. Vipaka modify impacts of Dosha, Dhātu and Mala accordingly Vipaka contributes essentially towards the healthy or unwholesome impact of medications on body. Idea of Virya and its Pharmacological Relationships- Virya implies Shakti or force or power of medications, this implies power of medication activity towards remedial reaction. According to Charaka drug goes about as instrument by righteousness of its Virya. Medication activity incredibly relies on its Virya, it is expressed that assuming Virya is low, drug not applies ideal pharmacological activities and the other way around. It is likewise expressed that Virya is quintessence of five Bhutas which oversee helpful strength of medication substance.

Idea of Prabhava and its Pharmacological Connections Prabhava is explicit force relies on specific nature (Bhautika sythesis) and thusly mindful for explicit pharmacological activity. Prabhava implies nature of explicit activities like emesis and purgation, and so forth It varies from Virya since Virya alluded for general power while Prabhava takes after distinct activities. It is expressed that medications having comparable Rasa and Guna however varying in pharmacological activity due to their Prabhava.

CONCLUSION

Dravyaguna implies properties of Dravya and ayurveda depicted explicit properties of Dravya like; Rasa, Guna, Virya, Vipak and Prabhav. According to Ayurveda Rasa, Guna, Virya, Vipak and Prabhav are innate properties of Ayurveda drugs which runs after helpful activities of medications. Ayurveda ideas accepted that regular medications apply their activities by excellence of their Rasa, Guna, Virya, Vipak and Prabhav. This idea explains pharmacological meaning of taste, properties, dynamic metabolite, intensity and explicit activities of medication substances.

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