

**EFFECTIVENESS OF INDIVIDUALIZED HOMOEOPATHIC
MEDICINE IN THE MANAGEMENT OF CONDYLOMATA
ACUMINATA: A CASE REPORT**

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ABSTRACT

Verruca vulgaris is a benign skin tumor arising from infection with the human papilloma virus (HPV), which is also responsible for *plantar warts* and *condylomata acuminata*. These may smooth, single, multiple or cauliflower like and are generally treated by applying medicine externally or surgical excision procedure. Homoeopathy has a major role in the treatment of warts with approach of individualization to cure the recurrence of patient. In this article, discussion is made on a case of 40 years old female presented with multiple genital warts, who is treated with single medicine through holistic approach selected on the basis of totality of symptoms. Gradual reduction in number and size of warts is observed within the period of three months without any recurrence in follow up visits.

KEYWORD: Condylomata acuminata, Thuja occidentalis, Verruca vulgaris, Human papilloma virus.

INTRODUCTION

Warts are small lesions of the skin caused by the virus known as human papilloma virus. Warts can look different depending on what kind they are and where they are on the body.

Warts are common in children, most occurring between ages 12-16 years. Up to 30% of warts disappear by themselves within 6 months. One of the most common viral infections that affect the skin is *verruca vulgaris*. The condition is very contagious and can be spread through direct or indirect contact. It is clinically significant due to its propensity to persist and recur. Even though it is usually harmless but it shows how complicated the interaction between viral activity and the immune system of the host is. The disease illustrates mechanisms of viral persistence, immune evasion, and host defense.^[1,2]

PATHOPHYSIOLOGY

The HPV is a DNA virus without an envelope, and it has icosahedral shape, part of the *Papillomaviridae* family. There are more than 200 types of HPV and, type 2 and 4 are the ones that usually cause these regular warts on the skin.^[3]

The virus gets into the body through small cuts or scrapes on the skin. Once inside, it targets the basal keratinocytes at the base of the skin layers. It stores its own DNA in these episomes, which are separate from the cell's DNA. It divides itself as the keratinocyte's growth.

As the infected cells push up toward the surface, the virus ramps up its replication. It makes proteins like L1 and L2 for the structure of new viruses, and then there are the E proteins, from E1 to E7, that regulate everything. The E6 and E7 proteins interfere with the normal controls of the cell, such as blocking p53 and pRb, which are proteins that stop tumors from growing. This leads to excessive cell growth, causing hyperkeratosis where the skin gets thick, acanthosis with more layers, and papillomatosis that makes those bumpy wart shapes. It all results in these rough, raised spots that we recognize as warts.^[4,5]

HPV can easily avoid the immune system. It doesn't cause any inflammation and adheres itself in the top layers of the skin, so it can lie around for a while and even reappear again after. Most of the time body handles it with T cells, which hunt down infected cells and get rid of them. Sometimes, warts just vanish on their own, shrinking without any treatment at all.

The way HPV spreads is pretty simple: direct skin contact or touching things someone else touched, like gym equipment or pool surfaces. The virus likes damp environments, so it's a

lot easier to pick up in places like pools or locker rooms, which explains why warts used to be so common, there.

Condylomata acuminata are non-malignant epithelial growths resulting from infection with HPV, predominantly types 6 and 11. These lesions typically impact the anogenital area and are spread through direct or indirect contact. They're usually not cancerous, but they stick around and have a recurring tendency. In some cases, spontaneous regression happens because of the host immune response. Topical agents, cryotherapy, and surgical excision are all common ways to treat this condition, but they can cause pain and come back.^[8]

Homeopathy takes an individualized approach by conderering at all of a person's symptoms and trying to get the body to heal itself. This case report examines the function of individualized homeopathic medicine in the treatment of condylomata acuminata.

CASE REPORT

A 40-year-old woman visited the outpatient department on November 17, 2025, concerned about wart-like growths in her vulvar area over the past year. She did not report any other symptoms. Additionally, she observed a brownish discoloration on the skin of her inner thighs, near the groin.

History of presenting complaint

Patient was apparently well before 1 year. She gradually started developing infrequent pruritus vulva with wart like eruption which rapidly developed in multiple numbers over whole vulva.

Mental generals

Music makes her sad. Starts weeping.

Physical generals

Craving: salty things. Sprinkle salt additionally.

Genitalia: Thick, excoriating, white discharge per vagina

Thermal reaction: Chilly

General aggravation- Cold aggravation

Family history

Mother: Hypertensive. Father: Hypertensive.

Local examination

Site: Bilateral labia majora

Lesion: Multiple, raised, grey colored, thick scattered eruptions with irregular margins.

PROVISIONAL DIAGNOSIS: *Condylomata acuminata*

TOTALITY OF SYMPTOMS

- Music makes people sad and cry.
- A strong desire for salty foods
- Cold aggravation
- Acrid milky white discharge from the vagina
- Several wart-like growths on the labia majora

MIASMATIC ANALYSIS

Symptom	Psora	Sycosis	Syphilis	Tubercular
Music makes person sad and cry	✓	—	—	✓
Strong desire for salty foods	✓	—	—	✓
Cold aggravation	✓	✓	—	—
Acrid milky white discharge from the vagina	✓	✓	—	—
Wart-like growths on labia majora	—	✓	✓	—

MIASMATIC DIAGNOSIS: Psoro-sycotic (Sycosis dominant)

REPERTORY USED: Synthesis Repertory of the Homeopathic Materia Medica^[9]

REPERTORIAL TOTALITY [RUBRICS]

- MIND - WEEPING - music, from:
- FEMALE GENITALIA/SEX - CONDYLOMATA – vulva
- FEMALE GENITALIA/SEX - LEUCORRHEA – acrid, excoriating
- FEMALE GENITALIA/SEX - LEUCORRHEA - milky
- GENERALS - COLD - agg.
- GENERALS - FOOD and DRINKS - salt – desire:

REPERTORISATION SHEET

MIND	Remedies	ΣSym	ΣDeg	Symptoms
1 MIND - WEEPING - music, from	thuj.	6	10	1, 2, 3, 4, 5, 6
FEMALE GENITALIA/SEX	phos.	5	13	1, 3, 4, 5, 6
2 FEMALE GENITALIA/SEX - CONDYLOMA Vulva	nat-m.	5	10	1, 3, 4, 5, 6
3 FEMALE GENITALIA/SEX - LEUKORRHEA acid, excoriating	ign.	5	7	1, 3, 4, 5, 6
4 FEMALE GENITALIA/SEX - LEUKORRHEA milky	med.	5	6	1, 2, 3, 5, 6
GENERALS	calc.	4	10	3, 4, 5, 6
5 GENERALS - COLD - agg.	graph.	4	10	1, 3, 4, 5
6 GENERALS - FOOD and DRINKS - salt - desire	sep.	4	10	3, 4, 5, 6
	carb-v.	4	9	3, 4, 5, 6
	kreos.	4	9	1, 3, 4, 5

REMEDY CONSIDERATION: Thuja occidentalis was selected on the basis of the totality of symptoms, repertorial evaluation, and final confirmation from Materia Medica. It was given in 200 ch potency 1 dose and placebo 30/ TDS for 14 days.

Thuja seems strong pull toward those muco cutaneous area. And its considered “the king of anti sycotic” *Thuja* has fig wart type, cauliflower shaped growths, or the ones on stalks, or verrucous ones and chronic stable eruptions around the vulva. When lesions are really vascular and kind of fragile, prone to bleeding easily, *Phosphorus* comes into play and *Natrum Muriaticum*, which fits for grainy or waxy kinds of eruptions, fluid retention, and their skin has a greasy feel.

William Boericke, Pocket Manual of Materia Medica^[10]- Condylomata and wart-like growths on mucous and skin surfaces, fig-warts. Vagina is very sensitive. There is a desire to be covered. Condylomata occur on the vulva and perineum. Profuse leucorrhoea that is thick and greenish.

J.T. Kent, Lectures on Homeopathic Materia Medica^[11] - The warts are cauliflower-like or seedy; they are often moist and ooze a foul-smelling fluid. the labia majora, vagina, and the area around the anus (perineum)

H.C. Allen, Keynotes and Characteristic^[12] - Warts: Large, seedy, pedunculated, on a stalk; exuding a foul fluid and bleeding easily. Sycotic growths; moist, polypi; condylomata that bleed easily.

John Henry Clarke, A Dictionary of Practical Materia Medica^[13] - Condylomata on the vulva and perineum, very sensitive, sometimes smelling like old cheese or fish brine. Warty growths on the labia and Sticking and itching in the female parts.



FOLLOW UP

No.	Date	Prescription	Follow-up / Response
1	01-12-2025	Placebo 30 TDS × 14 days	Eruptions reduced in size Leucorrhea better Brownish discoloration of inner thighs — status quo
2	15-12-2025	Thuja 1M — 1 dose Placebo 30 TDS × 14 days	Eruptions – status quo Leucorrhea better
3	29-12-2025	Placebo 30 TDS × 14 days	Eruption – reduced in number, Leucorrhea better Brownish discoloration slightly reduced
4	12-01-2026	Thuja 1M — 1 dose Placebo 30 TDS × 28 days	Eruption- resolved, Leucorrhea better Brownish discoloration better
5	09-02-2026	Placebo 30 TDS × 28 days	All complaints better — patient responding well to treatment
6	09-03-2026	Placebo 30 TDS × 28 days	All complaints better — patient maintaining improvement satisfactorily

CONCLUSION

Focusing on the entire totality of symptoms, individualized method using homeopathic medicine showed promising results. Over time, this approach improved Leucorrhea as well as completely eliminated all condylomata. This success highlights the effectiveness of individualized homeopathic treatments for tackling condylomata acuminata.

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