WORLD JOURNAL OF PHARMACEUTICAL RESEARCH
CodenUSA: WJPRAP Impact Factor 8.63
Volume 15, Issue 22, 766-770. Case Study ISSN 2277–7105

HOMOEOPATHIC MANAGEMENT OF HEMORRHOIDS: A CASE STUDY UTILIZING BOGER BOENNINGHAUSEN'S CHARACTERISTICS AND REPERTORY

Dr. S. Bidwalkar[1], Dr. Soumya Singh*[2], Dr. Devendra Kumar Verma[2], Dr. Ananya Singh[3], Dr. Arunima[4], Dr. Pratishtha[5]

[1]Emeritus Professor Department of Repertory, Dr. MPK Homoeopathic Medical College, Homoeopathy University, Saipura, Sanganer, Jaipur.
[2]MD (PGR) Department of Repertory, Dr. MPK Homoeopathic Medical College, Homoeopathy University, Saipura, Sanganer, Jaipur.
[3]MD (PGR) Department of Practice of Medicine, Dr. MPK Homoeopathic Medical College, Homoeopathy University, Saipura, Sanganer, Jaipur.
[4]MD (PGR) Department of Homoeopathic Pharmacy, Dr. MPK Homoeopathic Medical College, Homoeopathy University, Saipura, Sanganer, Jaipur.
[5]MD (PGR) Department of Paediatrics, Dr. MPK Homoeopathic Medical College, Homoeopathy University, Saipura, Sanganer, Jaipur.

Article Received on 15 October 2026,
Article Revised on 05 Nov. 2026,
Article Published on 16 Nov. 2026,

https://doi.org/10.5281/zenodo.24277511

***Corresponding Author**

Dr. Soumya Singh

MD (PGR) Department of Repertory, Dr. MPK Homoeopathic Medical College, Homoeopathy University, Saipura, Sanganer, Jaipur.

How to cite this Article: Dr. S. Bidwalkar[1], Dr. Soumya Singh*[2], Dr. Devendra Kumar Verma[2], Dr. Ananya Singh[3], Dr. Arunima[4], [5]Dr. Pratishtha. (2026). Homoeopathic Management of Hemorrhoids: A Case Study Utilizing Boger Boenninghausen's Characteristics And Repertory. World Journal of Pharmaceutical Research, 15(22), 766–770.
This work is licensed under Creative Commons Attribution 4.0 International license.

ABSTRACT

Hemorrhoids are very commonly encountered anorectal condition characterized by rectal bleeding, pain, itching and discomfort.[1] In this case report we present a case of Hemorrhoids, presenting with bleeding per rectum along with pain for 1 week. Pain aggravated during passing stool, walking, sitting and after stool. After complete case taking and proper repertorization on the basis of totality of symptoms from Boger Boennighausen's Characteristics and Repertory (BBCR) by C.M. Boger, Carbo vegetabilis 30, three times a day was prescribed. The prognosis of the case is good and patient gets well.

KEYWORDS: Homoeopathy, Hemorrhoids, BBCR, Management, Individualisation.

INTRODUCTION: Hemmorhoids are anorectal condition affecting the modern quality of life. It is defined by

symptomatic enlargement and distal displacement of normal anal cushion.[1] very commonly presenting with symptoms such as bleeding per rectum, pain, itching, discomfort and prolapse.[2] The hemorrhoids are classified into external and internal. The further classification of internal hemorrhoids is known as Goligher's classification. It gives four degrees based on severity. In first degree there is only bleeding per rectum no prolapse, in second degree prolapse is present but is reducible, in the third degree prolapse has to be manually reduced and finally fourth degree permanent prolapse.[3]

Patient Information: A 30 year old unmarried male, who is a labourer, visited outpatient (OPD) of Girendra Pal Homoeopathic Hospital and Research Centre with complaint of bleeding per rectum and extreme pain during and after stool for 1 week.

History of Presenting Complaint: Patient was apparently well before 1 week, suddenly he started itching, burning sensation, pain and bleeding during stool. The intensity of itching, pain and burning increased with time and some bleeding continued. The pain aggravated during and after passing stool for sometime, sitting and walking. Patient could feel protrusion at anus. On examination dark blue colored protrusion could be seen at 12'o clock.

Past History: Nothing significant.

Family History: Parents are alive and healthy. Patient is single child.

Personal History: No addiction.

Physical Generals

Thermals: Chilly

Appetite: 3 meals / day, appropriate

Desires: sweets

Thirst: 3-4 l/ day

Stool: satisfactory, semi solid, D_1 $N_{0,}$ blood mixed with stool, pain during and after stool

Urine: satisfactory, pale $D_{5\text{-}6}N_{0\text{-}1}$

Perspiration: no stain, normal odor, Normal

Sleep: 7-8 hours/ day, refreshing sound sleep

Mental Generals: irritation due to pain and itching.

Physical Examination: Proctoscopy.

Inspection	hemorrhoid, dark blue colored swollen, at 12'o clock

Diagnosis: First degree Hemorrhoid

Analysis of symptoms

Location	Sensation	Modality	Concomitant
Anus	pain	Aggravation during and after stool, walking, sitting	
Anus	itching	Aggravation during and after stool	
Anus	burning	Aggravation during and after stool	
Anus	bleeding	Aggravation during and after stool	

Miasmatic Analysis

Symptoms	Psora	Sycosis	Syphilis
Itching	✓		
Burning	✓		
Pain during and after stool	✓	✓	
Bleeding per rectum			✓
Dark blue protrusion at anus		✓	

Miasmatic evaluation for the presenting symptoms was done with the help of Chronic Disease by Dr. Hahnemann.[4]

Totality of Symptoms

Burning in the anal region.

Bleeding per rectum.

Hemorrhoids dark blue.

Itching around anal region.

Painful hemorrhoids.

Protruding hemorrhoids.

Aggravation on sitting.

Aggravation on walking.

Repertorial totality

ANUS AND RECTUM- Burning

ANUS AND RECTUM- Bleeding

ANUS AND RECTUM- Haemorrhoids- blue, dark

ANUS AND RECTUM- Itching-anus

ANUS AND RECTUM- Haemorrhoids- painful

ANUS AND RECTUM- Haemorrhoids- protruding, prolapsed

CONDITIONS OF AGGRAVATION AND AMELIRATION IN GENERAL- sitting -agg

CONDITIONS OF AGGRAVATION AND AMELIRATION IN GENERAL- walking-agg

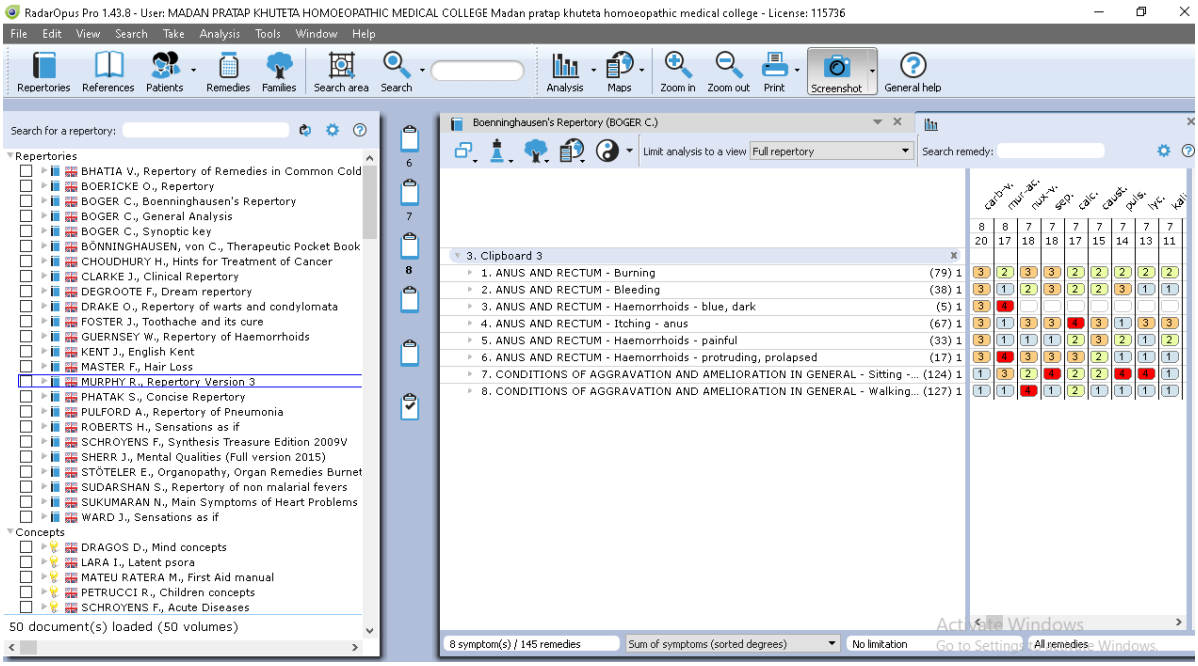


Figure 1: Repertorization of case from Boger Boenninghausen's Characteristics and Repertory using RADAR opus.

Justification: In Boericke's Materia Medica he mentions in Carbo vegetabilis itching and burning in rectum and at anus, discharge of blood from rectum. Bluish, burning piles, pain after stool. Whereas, Nitric acidum presents with violent cutting pains lasting for hours and Nux vomica has blind hemorrhoids with ineffectual urging to stool.[5]

Date	Follow up	Prescription
6/7/2025	Pain, burning, itching in anal region along with bleeding.	Carbo vegetabilis 30/TDS X 3 days
10/7/2025	Bleeding stopped, itching, pain and burning decreased	Rubrum 30/ TDS X 7 days
16/7/2025	No bleeding, pain, itching or burning present.	Rubrum 30/ 1D/ SOS
26/7/2025	Patient feeling well overall.	No medicine.

MANAGEMENT

Maintain proper intake of water. Take simple diet, avoid oily, spicy food.

DISCUSSION

At first consultation, patient visited with complaint of pain, burning, itching in anal region along with bleeding per rectum. After detailed case taking according to Organon of Medicine. The case presented with pathological symptoms hence Boger Boenninghausen's Characteristics and Repertory by C.M. Boger was selected for repertorisation on the basis of

totality of symptoms. Carbo vegetabilis 30 was prescribed on the basis of repertorization three times a day for 3 days. The case was followed up by Rubrum 30 three times a day for 7 more days along with diet management. The case reflects the rapid and gentle cure following Homoeopathic principles. The case was observed for two more follow ups and overall betterment in patient was noticed.

CONCLUSION

The principle of Homoeopathy 'Similia Similibus Curantur' which means like cure like has been demonstrated in this case. The medicine with most similar symptoms was prescribed and gentle cure was witnessed.

REFERENCES

1. Singh S, Verma DK, Bidwalkar S, Arunima, Pratishtha, Shreya. Hemorrhoids and homoeopathy: an overview of therapeutic approach and management. World Journal of Pharmaceutical Research, 2026; 15(21): 538–542.
2. Aigner F, Gruber H, Conrad F, Eder J, Wedel T, Zelger B, Engelhardt V, Lametschwandtner A, Wienert V, Böhler U, et al. Revised morphology and hemodynamics of the anorectal vascular plexus: impact on the course of hemorrhoidal disease. Int J Colorectal Dis., 2009; 24: 105–113. doi: 10.1007/s00384-008-0572-3
3. American Gastroenterological Association medical position statement: Diagnosis and treatment of hemorrhoids. Gastroenterology, 2004; 126: 1461–1462. doi: 10.1053/j.gastro.2004.03.001.
4. Hahnemann S. The Chronic Diseases: Their Peculiar Nature and Their Homoeopathic Cure. Tafel LH, translator; Dudley P, editor. New Delhi: B. Jain Publishers, 1998.
5. Boericke W. *Pocket Manual of Homoeopathic Materia Medica & Repertory*. New Delhi: B. Jain Publishers, 1996.
6. Boger CM. *Boenninghausen's Characteristics and Repertory*. New Delhi: B. Jain Publishers, 1993.
7. *RadarOpus* [Computer program]. Version 4.2. Isnes, Belgium: Zeus Soft, 2026.