

COMPARATIVE PHARMACOGNOSTICAL STUDY OF NAVIN AND *PURAN PIPPALI (PIPER LONGUM)*

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ABSTRACT

Pippali (*Piper longum* Linn) is a significant Ayurvedic drug used in various therapeutic applications and as a key component in classical formulations such as Trikatu choornm, Panchakola choornm, and Pippalyasavam. According to the Ayurvedic Pharmacopoeia of India (API), *Piper longum* Linn is recognized as its source plant. Despite its limited cultivation in Rajasthan, Pippali continues to be widely utilized in the preparation of numerous formulations. Raw drug samples of Navin and Puran Pippali were collected from Udaipur, systematically labelled, and analyzed using standard pharmacognostic and phytochemical procedures. Morphological assessment revealed slight differences in size, shape, and appearance between the samples. Phytochemical analysis indicated variations in the intensity of steroids, alkaloids, and flavonoids across the specimens. Further qualitative evaluation using Thin-Layer Chromatography (TLC) with a Stationary Phase: Silica

gelG60F254 and Mobile solution Toluene: Ethyl Acetate (6:4) Visualization: UV 366 nm was performed. The presence of the chemical composition of the samples, confirming variability among them.

KEYWORDS: Pippali, *Piper longum* Linn, Navin and Puran Pippali, Phytochemical analysis.

INTRODUCTION

Pippali (*Piper longum* Linn) is well-known for its efficacy on the Rasvaha and Pranvaha Srotas, playing a crucial role in managing Swasa, Kasa, and Jvara—three significant disorders associated with Pranavaha Srotas imbalance. The Urahsthana is Kapha-dominant, while Swasa primarily arises due to the vaigunya of Vata, particularly affecting Prana and Udana Vayu. Given Pippali's Kapha-Vata shamaka properties, it is extensively used for therapeutic purposes.

Pippali is utilized both as a single drug and as a key ingredient in approximately 320 classical Ayurvedic formulations, including Trikatu choornm, Panchakola choornm, Pippalyasavam, Ayaskriti, Amritarishtam, and Chyavanprasham. Ayurvedic scholars have long emphasized the concept of Kala Prakarsha in their texts. Acharyas Sharangdhara and Bhavamishra have elaborated on this principle at various instances in their respective Samhitas.

Most Dravyas are employed in their fresh form (Navin Dravya) for single drug usage or formulations, except for six specific substances—Vidanga, Krushna, Guda, Dhanya, Aajya, and Makshika. Acharya Charaka underscores the importance of evaluating a drug based on its nature, quality, and specific pharmacological actions, ensuring maximum therapeutic efficacy. This highlights the necessity of revalidating Ayurvedic concepts through scientific methodologies, particularly by assessing the qualities of Nava Pippali (fresh form) and Purana Pippali (aged form).

Systematic evaluation is essential to establish the identity, purity, and quality of Pippali. While it is widely used in practice, the period of collection and time of usage significantly influence its classification as Nava or Purana. The absence of specific phytoconstituents may impact its therapeutic effectiveness. Quantitative phytochemical analysis is crucial to determine the concentration of key bioactive compounds responsible for its medicinal properties. Through this study, the presence, absence, and concentration of phytoconstituents in Nava and Purana Pippali can be established, ensuring their therapeutic relevance. Additionally, the research can aid in determining the antipyretic activity of both forms, thereby validating their safety, quality, and efficacy.

MATERIALS AND METHODS

Sample collection

The genuine samples of Pippali (*Piper longum* Linn) were collected from Udaipur. They were shade dried and packed in zip lock polythene bag and labelled as Navin(N) and Puran(P) sample.

Assessment of Organoleptic Characters

Organoleptic characters of samples such as kind, shape of spike, size of spike, colour, texture, broken surface, odour and taste were recorded and compared as with API 2,3 standards.

Assessment of Microscopic Characters

Microscopic evaluations Powder Microscopy of fruit *Churna* samples were done.

Physico-chemical Screening

Physico-chemical values of loss on drying, total ash, acid insoluble ash, alcohol soluble extractive and water soluble extractive were calculated as per API2. The samples were detected for the presence of Phytoconstituents like steroids, flavonoids, alkaloids etc.

TLC

Thin Layer Chromatography (TLC) was performed to assess the phytochemical composition of Navin and Puran Pippali, helping to establish differences in their bioactive constituents. The TLC technique involved

- **Stationary Phase:** Silica gel G60F254
- **Mobile Solution:** Toluene: Ethyl Acetate (6:4)
- **Visualization:** UV at 366 nm

RESULTS

Macroscopic evaluation Result of macroscopic characters of all the Pippali fruit samples observed are shown in table 1 and figure1

Table 1. Macroscopic Characters of Pippali Samples.

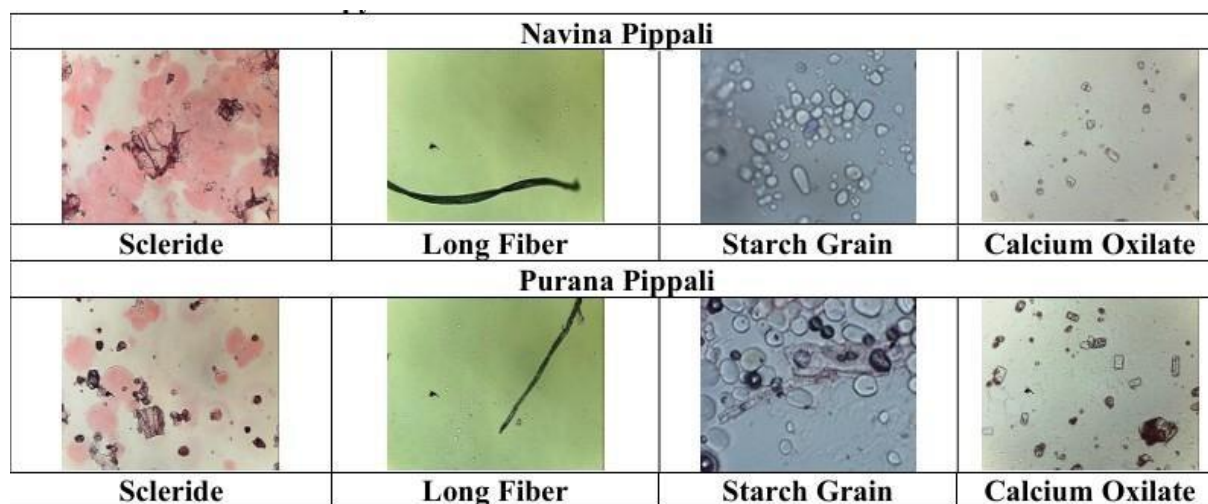
Sample	Characters as API							
	Kind	Shape of spike	Size of Spike	Colour	Texture	Broken Surface	Odour	Taste Length
	Berry	Cylindrical	Length 2.5 to 5cm Breadth: 0.4 to 1cm	Greenish black to black	Woody	6 to 12 fruitlets arranged around a central axis	Aromatic	Pungent
Navin	+	+	+	Greenish Black	+	+	+	+
Puran	+	+	+	Dark Greenish Black	+	+	+	++

+ Indicates similar feature

Microscopic Evaluation

Powder Microscopic evaluation was done for *Navin* and *Puran Pippali* fruit.

Powder Microscopy

**Fig. 1: Powder Macroscopic Characters of Navin and Puran Pippali.**

Results of Qualitative Test Done in Navin and Puran Pippali Samples

The methanolic extract of market samples showing following chemical constituents are shown in table 2

Table 2: Qualitative Analysis.

Samples	Navin Pippali		Puran Pippali	
	Aqueous Extract	Ethanol Extract	Aqueous Extract	Ethanol Extract
Carbohydrate	+++	++	+++	++
Alkaloids	+++	++	+++	++
Amino acids	+	-	+	-
Protein	++	+	++	+
Saponin	+	-	+	-
Glycosides	+	-	+	-
Phenolic compound	+	+	+	+
Steroids	+	-	+	-
Tannins	++	+	++	+

Physico-Chemical Evaluation of Navin and Puran Characters observed are mentioned in table 3,4,5,6.

Table 3: Physico Chemical Evaluation.

Name of sample	Loss on drying (%)	Total ash (%)	Acid insoluble ash (%)	Water soluble ash (%)	Water soluble extractive (%)	Alcohol soluble extractive (%)
API		Not >7	Not >0.5		Not >7	Not >5
Navin	8.65	6.25	2.68	4.58	16.65	11.41
Puran	6.91	6.89	2.74	4.81	17.65	11.89

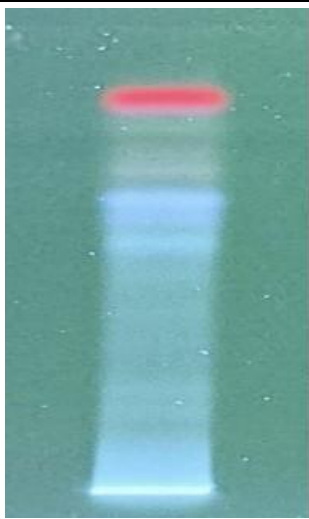
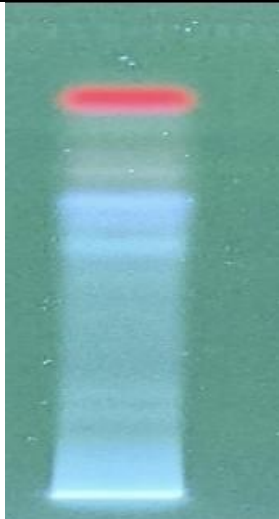
Table 4: Microbial contamination.

S.No	Microbial contamination	Value		Reference Value	Test method
		Navina Pippali	Purana Pippali		
1	Total bacterial count	10^4 /g	10^3 /g	10^5 /g	A.P.I, Part II, Vol-I, Appendices- 2.4
2	Total fungal count	10^2 /g	10^1 /g	10^3 /g	

Table 5: Heavy metals.

S.No	Test for heavy metals	Value		Reference Value	Test method
		Navina Pippali	Purana Pippali		
1	Lead	2.658 PPM	2.685 PPM	NMT 10 PPM	A.P.I, Part II, Vol-I, Appendices- 2.3.7
2	Cadmium	0.158 PPM	0.175 PPM	NMT 0.3 PPM	
3	Arsenic	1.236 PPM	1.267 PPM	NMT 3 PPM	
4	Mercury	0.128 PPM	0.147 PPM	NMT 1 PPM	

Table 6: Thin Layer Chromatography.

Rf Value		Test method
Navina Pippali	Purana Pippali	Stationary Phase: Silica gelG60F254 Mobile solution Toluene: Ethyl Acetate (6:4) Visualization: UV 366 nm
 0.004, 0.175, 0.233, 0.442, 0.625, 0.686, 0.784, 0.860, 0.955	 0.008, 0.176, 0.237, 0.446, 0.624, 0.684, 0.784, 0.858, 0.954	

DISCUSSION

Macroscopic and Microscopic Evaluation

Navin and Puran Pippali exhibited slight variations in macroscopic characteristics such as color and texture, with Navin Pippali appearing **greenish-black**, while Puran Pippali was **dark greenish-black**. The texture, odor, and taste were consistent with Ayurvedic Pharmacopoeia standards. Microscopic analysis of powder samples showed similarities, confirming structural integrity across both forms.

Phytochemical and Physicochemical Variations

- **Phytochemical Analysis:** The intensity of key phytoconstituents varied. Steroids were detected in *Navin Pippali* but absent in its *Puran Pippali* counterpart. Alkaloids and flavonoids were present in both samples, though their concentrations fluctuated.
- **Physicochemical Parameters:** Notably, Navin Pippali exhibited a higher loss on drying (8.65%) compared to Puran Pippali (6.91%), which might indicate differences in moisture retention and stability. The total ash content in *Puran Pippali* was slightly higher, implying a greater concentration of inorganic components. Water and alcohol-soluble extractive values also varied slightly, affecting solubility and bioavailability.

Microbial and Heavy Metal Analysis

Both samples were evaluated for microbial contamination and heavy metal content, adhering to safety standards

- **Microbial Count:** *Navin Pippali* had slightly higher bacterial and fungal counts, indicating possible differences in storage conditions or aging effects.
- **Heavy Metal Presence:** The concentrations of lead, cadmium, arsenic, and mercury in both samples remained well within permissible limits.

Thin Layer Chromatography (TLC)

TLC analysis revealed distinct R_f values, confirming slight variations in the chemical composition between *Navin* and *Puran Pippali*. This underscores the impact of aging on phytoconstituent profiles.

1. **Overall Similarity in Composition:** Both samples display closely matching R_f values across the TLC profile, indicating the presence of common bioactive compounds. This suggests that the fundamental phytochemical composition remains intact despite aging.
2. **Minor Variations in R_f Values:** Some differences were observed in the R_f values, particularly at the lower range (0.004 vs. 0.008) and middle segments (0.175 vs. 0.176, 0.233 vs. 0.237). These variations may point to
 - Shifts in chemical concentration due to aging.
 - Potential formation or degradation of minor constituents over time.
3. **Consistency at Higher R_f Values:** The high R_f spots (0.784–0.955) were nearly identical across both samples, reaffirming that key phytoconstituents such as alkaloids, flavonoids, and steroids remain stable in both forms.
4. **Implications for Therapeutic Activity:** Despite slight modifications, *Puran Pippali* retains essential bioactive compounds, making it pharmaceutically viable. The loss or reduction of specific compounds may impact pharmacodynamics, necessitating further exploration.

CONCLUSION

The study confirms significant biochemical differences between *Navin* and *Puran Pippali*, influencing its therapeutic efficacy. While both forms meet Ayurvedic Pharmacopoeia standards, the altered presence of steroids and moisture content

highlights differences in potency. These variations suggest that selecting the appropriate form based on Ayurvedic principles can optimize medicinal benefits.

The TLC analysis highlights that *Navin* and *Puran Pippali* share a largely consistent chemical profile, with minor shifts in R_f values that could influence therapeutic efficacy. The differences may affect bioavailability, potency, or drug formulation preferences in Ayurvedic applications.

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