

**SHARANGDHAR SAMHITA: A CRITICAL REVIEW****Dr. Yashwant Kumar Parmar<sup>1\*</sup>, Prof. Avadhesh Bhatt<sup>2</sup> and Dr. Kishwar Khan<sup>3</sup>**<sup>1&3</sup>M.D. Scholar, <sup>2</sup>Prof. and H.O.D.

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(Raj.)**ABSTRACT**

Ayurveda is an appendage of *Atharvaveda*. The knowledge of Ayurveda comes to us through many *Samhitas*. The word "Samhita" gives a sense of the antiquity and authenticity of Ayurveda. Ancient scholars have basically divided *Ayurvedic* literature into two parts: 1. *Brihatrayi* (*Charakasamhita*, *Sushrutasamhita* and *Asatangasangraha*). 2. *Laghutrayi*: (*Madhavanidan*, *Sharangdhara Samhita*, and *Bhavaprakash*). *Shargadharacharya* has collected most of the subject matter available in this *Samhita* from ancient texts like the *Charaka Samhita*, the *Sushruta Samhita*, and some other texts of *Rasashastra*.

**KEYWORDS:** *Sharangdhara samhita*, *Dosha*, *Dravya*, *Roga*, *Rasa* and *Kwatha*.

**INTRODUCTION**

In the mediaeval period, Ayurveda had reached a fully efficient state. *Rasasastra* was also developing during that period. *Rasayana* and *Vajikaran* were at their peaks during that period. During that time, the principles of medicine were weakening. Then scholars started creating medical texts. As a result, *Sharangdhara Samhita* was formed. The *Shargadhar Samhita* is divided into *Purva Khand*, *Madhyam Khand*, and *Uttar Khand*. *Shargadhara Samhita* has 32 chapters and 2600 verses. But at present, the complete 2600 verses are not available. The commentators *Shri Aadhamalla* and *Kashiram Vaidya* wrote commentaries on only 2325 verses.

## TIKAKAR AND BOOK

The author of this book was *Acharya Shargadhar*. Many commentaries have been written on the *Shargadhara Samhita*. The first Sanskrit commentary '*Deepika*' was written by *Sri Aadhamalla* in the 12th century. Among other Sanskrit Tikas, *Shri Bopdev* wrote '*Gudharthadeepika*', *Shargadhara* wrote '*Sharir Tika*', *Pt. Kashiramji* wrote '*Gudhartha-Deepika*' and *Sri Rudrata Bhatta* wrote '*Ayurveddeepika*'. *Shri Baijnath Saraswat* wrote '*Shargadhar-Sudhakar*' and '*Subodhini*' by *Pt. Prayagdutt Sharma* and many other commentators wrote *Tikas* in Hindi.

## PURVA KHAND

There are 7 chapters in this section. In the 1<sup>st</sup> chapter, invocation, importance of the book, medical instructions, calculation of chapters and verses of all three volumes, description of different values, description of new and ancient substances, description of dry and wet substances, animal material intake method, description of red and white sandalwood, description of inferiority in powder, proper and inappropriate substances, medicine substances based on location, the method of taking substances, the condemned drug substances, drug collection based on seasonal differences, and the reception of substance ingredients have all been described.

In the 2<sup>nd</sup> chapter, the duration of drug intake, the five states of matter, the characteristics of the substance, the 6 distinctions and symptoms of the *Rasa*, the order of origin of the *Rasa*, the qualities of the *Panchmahabhuta*, the qualities of the *Gurvadi Guna*, the description of *Virya*, the description of the *Vipaka*, the description of the *Prabhav*, Actions of *Rasa*, description of *Doshas* due to difference of seasons, description of seasons according to zodiac signs, seasons sequence for *Shodhana* and *Sanchaya – Prakopa - shamana kal* of *Doshas* have been described.

In the 3<sup>rd</sup> chapter, pulse examination, pulse movements, eye examination, tongue test, urine test, symptoms of a medically fit patient, symptom of a doctor, symptom of an attendant, symptom of medicine, four parts of therapy, nightmares and good dreams have been described.

In the 4<sup>th</sup> chapter, symptoms of *Dipan*, *Pachan*, *Shaman*, *Anuloman*, *Stransana*, penetration, catharsis, vomiting, purification, piercing, *Lekhan*, *Grahi*, *Stambhan*, *Rasayan*, *Vajikaran*, *Shukral*, *Sukshma*, *Vayavayi*, *Vikasi*, intoxicating substances, *Visha*, *Pramathi*, *Abhishyandi*,

*Vidahi, Lngan, Brihan, Rukshan, Snehan, Swedan, Slakshna, Sthir, Sar, Pichhil, Vishad, Sthool*, fluid, Concentrated, *Tikshna, Mand* and *Mridu* substances have been described.

In the 5<sup>th</sup> chapter, body, *Kala, Aashay, Dhatu* and *Updhatu* are described. Type of skin and their name are also described in this chapter. Description of *Dosha* have been mentioned. Introduction of *Sandhi*, bone, *Marma, Sira, Dhamani*, muscles, ligaments, *Randhra, Mal, Strotas, Jaal, Kurch, Rajju, Sevani, Sanghaat*, Seemant, tongue, heart, lungs, spleen, liver, pancreas, kidney, testis, penis and uterus have been also described in this chapter. Type of body nourishment and body nourishment through *Pranavayu*, definition of life and death, importance of *Roganivriti*, importance of treatment, direction for disease prevention, importance of *Samdosha* and definition of healthy have been described. *Srishtikrama, Buddhi*, senses, *Panchtanmatra, Prakriti, Vikriti* and *Aatma* have been mentioned. Symptoms of *Moh, Ahankar, Kaam, Krodha, Lobha* and *Rogarogya* have been also described in this chapter.

In the 6<sup>th</sup> chapter, introduction and type of *Aahar*, type of digestion, introduction of *Grahani* and functions of *Jatharagni* have been described in this chapter. Introduction of *Rasa*, stool and urine, process of blood formation, importance of blood, sequence of *Dhatu* formation, *Garbhavatrana* sequence, *Jaatkarma Sanskar*, description of *Mantra*, and introduction of *Naal Chhedan* have been also mentioned in this chapter. Description of maternity, *Aahar Vihar* of maternity, method of breastfeeding, alternative of mother milk, symptoms of pure milk, method of child care and baby food have been described. Three type of age stage, description of medicine doses, suitable treatment of children and time period for treatment have been mentioned. Description of *Anjan, Ubtan*, bath, *Abhyanga*, exercise, and sex have been also mentioned in this chapter. Description of *Prakriti*, symptoms of *Jrimbha*, causes and symptoms of sneeze (*Chhink*), *Udgar*, sleep, *Bhram, Tandra, Klam, Utklesh, Glani* and *Gourav* have been mentioned in this chapter.

In the 7<sup>th</sup> chapter, introduction of *Rogabhed*, number of fever, calculations of all diseases like *Ajirna, Grahani, Pravahika, Arsha, Krimi, Kamla, Raktapitta, Kas, Kshaya, Shosh, Shwas, Hikka, Aruchi, Chhardi, Svarbhed, Trishna, Murchhadi, Madatyay, Dah, Unmad, Apasmar, Aamvat, Shool, Udavart, Aanah, Urograha, Hridroga, Udar Rog, Gulma, Mutraghat, Mutrakrichh, Ashmari, Prameha, Somroga, Pramehapidika, Medoroga, Shoth, Vridhiroga, Andamala, Granthi, Arbuda, Shlipad, Vidradhi, Vrana, Koshtbheda, Asthibhanga, Nadvirana, Bhagandar, Updansha, Shookaroga, Kushtharoga, Kshudraroga, Visarpa,*

*Amlapitta, Vatrakta, Vataj-Pittaj-Kaphaj & Raktaj Roga, Mukhroga, Oshtharoga, Dantaroga, Jivhagat roga, Talugat roga, Kanthagat roga, Karnaroga, Nasaroga, Shioroga, Netraroga, Punsatvaroga, Shukraroga, Striroga, Raktapradar, Yoniroga, Garbharoga, Stangatroga, Stridosha, Prasutavikar, Balroga, Balgraha and Padroga* have been described in this chapter. Also mentioned *Panchkarma vyapad, Snehadi vyapad, Vish* description and *Mad* description in this chapter.

### **MADHYAM KHAND**

There are 12 chapter in this section. In the 1<sup>st</sup> chapter, *Panchkashaya*, three deferent methods of *Swarasa* formation, does of *Swaraspaan* and different type of *Swarasa* like *Amrita Swarasa, Vasa Swarasa, Triphaladi Swarasa, Tulsi Swarasa, Jambuvadipatra Swarasa, Babuladi Swarasa, Aardrak Swarasa, Bijpur Swarasa, Shatavaryadi Swarasa, Alambushadi Swarasa, Mundi Swarasa, Kushmand Swarasa, Gangeruki Swarasa and Brahmi Swarasa* have been mentioned. *Somroga Chikitsa, Udarda Chikitsa and Ushnopadrava Chikitsa* have been mentioned in this chapter. *Putpak Method, Kutaj Putpak, Aralutwaka Putpak, Tittir Putpak, Dadim Putpak, Bijpuradi Putpak, Vasa Putpak, Kantakari Bibhitak Putpak, Shunthi Putpak, Suran Putpak and Mrigashringa Putpak* have been mentioned in this chapter.

In the 2<sup>nd</sup> chapter, method of *Kwath* formation and different types of *Kwath* like *Guduchyadi Kwath, Shalparnyadi Kwath, Kashmaryadi Kwath, Katphaladi Kwath, Parpatadi Kwath, Drakshadi Kwath, Bhunimbadi Kwath, Patoladi Kwath, Panchabhadra Kwath, Kantakaryadi Kwath, Aaragvadhadi Kwath, Amritashtak Kwath, Dashmool Kwath, Abhayadi Kwath, Pippalyadi Kwath, Kiratadi Kwath, Nidigdhika Kwath, Devdarvadi Kwath, Kshudradi Kwath, Mustadi Kwath, Vrihatguduchyadi Kwath, Nagardi Kwath, Dhanyapanchak Kwath, Vatsakadi Kwath, Kutajashtak Kwath, Dhatakyadi Kwath, Shalparnyadi Kwath, Triphaladi Kwath, Indrayavadi Kwath, Phalatrikadi Kwath, Punarnavadi Kwath, Vasadi Kwath, Renukadi Kwath, Bilvatwak Kwath, Gridhrasinashak Kwath, Rasnapanchak Kwath, Rasnasaptak Kwath, Maharasnadi Kwath, Erandadi Kwath, Haritakyadi Kwath, Eladi Kwath, Gokshuradi Kwath, Varadi Kwath, Darvyadi Kwath, Chavyadi Kwath, Pathyadi Kwath, Kanchanar Kwath, Shakhatak Kwath, Varunadi Kwath, Khadiradi Kwath, Laghumanjishthadi Kwath, Vrihatmanjishthadi Kwath, Panchavalkal Kwath, Pathadi Kwath, Nimbadi Kwath and Shatpushpadi Kwath* have been described. Description of *Langhan*, method of *Pramathyapak, Mustakadi Pramathya*, method of *Yavagu* formation, *Aamradi Yavagu*, method of *Yush* formation, *Saptamushtika Yush, Panadi Method, Shadangapaniy,*

*Ushnodak Method, Ksheerpak Method, Panchamulpakva Ksheer, Trikantakapakva Ksheer, Vilepi, Peya, method of Bhakta formation, method of Manda formation, Ashtaguna Manda, Yavamanda and Lajmand* have been also mentioned in this chapter.

In the 3<sup>rd</sup> chapter, the method of *Fanta* formation, *Vrihat Madhukpushpadi Fanta, Aamradi Fanta, Laghumadhukpushpadi Fanta*, the method of *Mantha* formation, *Kharjuradi Mantha, Masurasaktu Mantha* and *Yavasaktu Mantha* have been described.

In the 4<sup>th</sup> chapter of this section, the method of *Hima* formation have been described with *Aamradi Him, Marichadi Him, Nilotpaladi Him, Amritadi Him, Dhanyak Him* and *Dhanyakadi Him*.

In the 5<sup>th</sup> chapter, the method of *Kalka* formation have been described with *Vardhamanpippali Kalka, Nimbapatra Kalka, Mahanimba Kalka, Rason Kalka, Pippalyadi Kalka, Vishnukranta Kalka, Shunthyadi Kalka, Apamargabij Kalka, Badrimool Kalka, Laksha Kalka, Tanduliyak Kalka, Vandhyakarkotakadi Kalka, Abhayadi Kalka, Trivritadi Kalka, Til Kalka* and *Shunthi Kalka*.

In the 6<sup>th</sup> chapter there have been described, *Churna* with different *Churna* like *Aamlaki Churna, Pippali Churna, Triphala Churna, Triushan Churna, Panchkol Churna, Trigandh - Chaturjat Churna, Krishnadi Churna, Jivaniyagan Churna, Ashtavarga Churna, Lavanapanchak Churna, Kshardvaya Churna, Sudarshan Churna, Triphalapippali Churna, Katphaladi Churna, Shringyadi Churna, Yavksharadi Churna, Shunthyadi Churna, Haritakyadi Churna, Laghugangadhar Churna, Vridhagangadhar Churna, Ajmodadi Churna, Marichadi Churna, Kapitthashtak Churna, Dadimashtak Churna, Pippalyadi Churna, Lavangadi Churna, Jatiphaladi Churna, Mahakhandav Churna, Narayan Churna, Hapushadi Churna, Panchsam Churna, Chitrakadi Churna, Vadvanal Churna, Hingvadi Churna, Yavanikhandava Churna, Talisadi Churna, Sitopaladi Churna, Lavanbhaskar Churna, Eladi Churna, Vyaghri Churna, Panchnimba Churna, Shatavaryadi Churna, Ashvagandhadi Churna, Musalyadi Churna, Navayas Churna, Panchavalkal Churna, Mashadi Churna* and *Bakultvwaka Churna*.

In the 7<sup>th</sup> chapter there have been mentioned, *Vati Kalpana* with different *Vati* like *Bahushalgud, Marchadi Gutika, Gudadi Gutika, Aamalkyadi Gutika, Sanjivani Vati, Vyoshadi Vati, Vridhadaruk Modak, Suran Pindi, Suran Vatak, Mandur Vatak, Pippali*

*Modak, Chandraprabha Vati, Kankayan Vati, Yograj Guggulu, Kaishor Guggulu, Triphaladi Guggulu, Gokshuradi Guggulu, Triphaladi Modak, Kanchanar Guggulu, Mashadi Modak and Udardnashak Modak.*

In the 8<sup>th</sup> chapter there have been mentioned, *Avaleh Kalpana* with different *Avaleh* like *Kantakari Avaleh, Chyavanprashavaleh, Kushmandavaleh, Surnavaleh, Agastyaharitaki Avaleh, Kutajavaleh* and *Kutajashtakavaleh*.

In the 9<sup>th</sup> chapter there have been described, *Sneh Kalpana* with *Pippalyadi Ghrita, Changeri Ghrita, Masur Ghrita, Kamdev Ghrita, Paniyakalyanak Ghrita, Amrita Ghrita, Mahapanchatikta Ghrita, Kasisadi Ghrita, Jatyadi Ghrita, Shadabindu Ghrita, Triphala Ghrita, Gauradya Ghrita, Mayur Ghrita, Phal Ghrita, Panchatikta Ghrita, Lakshadi Tail, Angarak Tail, Narayan Tail, Varuni Tail, Baladi Tail, Prasarni Tail, Mashadi Tail, Shatavari Tail, Kasisadi Tail, Pind Tail, Arka Tail, Marichadi Tail, Triphaladi Tail, Nimbabij Tail, Yashtimadhuk Tail, Karanj Tail, Nilikadi Tail, Bhringaraj Tail, Irimedadi Tail, Jatyadi Tail, Hingvadi Tail, Bilva Tail, Kshar Tail, Pathadi Tail, Vyaghri Tail, Kushthadi Tail, Grihadhum Tail, Vajri Tail, Karviradi Tail, Chandanadi Tail, Vacha Tail, Nirgundi Langali Tail, Chakramarda Tail, Dhatur Tail, method of Katu Tail Murchhan and Patrakalka.*

In the 10<sup>th</sup> chapter there have been described, *Sandhan Kalpana* with *Sidhu, Sura, Varuni, Shukta, Vinashta, Chukra, Madhushukta, Gudashukta, Tushambu, Sauviri, Kanjik, Ushirasav, Kumaryasav, Pippalyasav, Lohasav, Mridvikasav, Kutajarishta, Vidangarishta, Devdarvadirishta, Khadirarishta, Babbularishta, Draksharishta, Rohitakarishtha and Dashmularishta.*

In the 11<sup>th</sup> chapter there have been described, *Dhatu* with *Suvarna Bhasma, Rajat Bhasma, Aar Bhasma, Tamra Bhasma, Pittal Bhasma, Kansya Bhasma, Nag Bhasma, Vang Bhasma* and *Loh Bhasma*. There have been also mentioned *Updhatu* like *Swarnamakshika, Vimal, Tuttha, Abhraka, Nilanjan, Manashila, Hartal* and *Rasak*. Methods of *Ratna* purification, *Vaikrant, Shilajatu, Mandoor* and *Paniyapratissaraniya Kshar* also have been described in this chapter.

In the 12<sup>th</sup> chapter there have been described, *Parad* with *Jvrankush Ras, Jvrari Ras, Shitari Ras, Jvraghni Gutika, Loknath Ras, Laghuloknath Ras, Mrigankpottali Ras, Hemgarbhpotalli Ras, Anandabhairav Ras, Suchikabharan Ras, Jalabandhu Ras, Unmatt Ras, Panchavaktra*



*Ras, Sannipatanjan, Narach Ras, Ichchabhedi Ras, Basantakusumakar Ras, Rajamrigank Ras, Sanyamagni Ras, Amritarnav Ras, Suryavarta Ras, Svachhandabhairav Ras, Hansapottali Ras, Trivikram Ras, Mahataleshwar Ras, Kushthakuthar Ras, Udayaditya Ras, Sarveshvar Ras, Mehabaddha Ras, Mahavahni Ras, Vidyadhar Ras, Trinetra Ras, Gajakesari Ras, Agnitundavati Ras, Ajirnakantak Ras, Manthanbhairav Ras, Vatanashan Ras, Kanakasundar Ras, Sannipatabhairav Ras, Grahanikapat Ras, Grahanivajrakapat Ras, Madannkamdev Ras and Kandarpasundar Ras.* There have been also mentioned purification method of different *Vish Dravyas* like *Jaypal, Ahiphen, Bhanga, Vishamushti, Langali, Gunja, Karvir, Arka* and *Sehund* milk.

### UTTAR KHAND

There are 13 chapter in this section. In the 1<sup>st</sup> chapter have been described, *Sneha Kalpana* with type of *Sneha, Snehapan Kal*, dose of *Sneha*, demerits of improper *Snehapan*, *Sneha* according to *Doshas*, eligible persons for *Ghrita Pan*, eligible persons for *Tail Pan*, eligible persons for *Vasa Pan*, eligible persons for *Majja Pan*, method to use *Snehapan*, ratio of *Sneha, Snehapan* from *Yavagu, Snehapan* from *Dharoshna Dugdha*, treatment of *Snehajirna*, able patient of *Snehapan*, ineligible patient of *Snehapan*, character of *Snigdha* and *Ruksha Snehan*, treatment of *Ruksha* and *Atisnigdha Snehan* and result of *Snehapan*.

In the 2<sup>nd</sup> chapter there have been described, *Svedan Kalpana* with numbers of *Sved*, property of *Sved*, use and type of *Sved*, type of *Sved* according to *Doshas*, before *Svedaniy* patient, after *Svedaniy* patient, *Ubhayavidh Svedaniy* patient, arrangement for *Svedan*, result of *Svedan*, ineligible patient of *Svedan*, place for *Mridu Sved*, side effects of extra *Svedan*, method of *Tap Sved*, method of *Ushm Sved*, method of *Upanah Sved*, method of *Drava Sved*, *Dhatuvraddhi* from *Svedan*, Period of *Svedan* and method of bath from luke warm water.

In the 3<sup>rd</sup> chapter there have been described, *Vaman* with period of *Vaman – Virechan*, eligible person for *Vaman*, eligible disease for *Vaman*, ineligible disease for *Vaman*, ineligible patient for *Vaman*, method of *Vaman* in *Sukumar*, ingredients for *Vaman*, form of *Vaman & Virechan*, ingredients amount of *Vaman*, amount of *Kalka* for *Vaman*, Veg of *Vaman*, amount of *Prastha* in *Vaman*, different ingredients for different *Doshas* in *Vaman*, *Vamana* in *Pitta Dosha, Vaman*, in *Kapha – Vataj* disease, treatment of side effects in *Vaman*, rules for *Vaman*, symptoms of *Durvant*, symptoms of *Ativant*, symptoms of *Samyak Vat*, *Pathya* of *Vant*, benefits of *Vaman* and precotion in *Vaman*.

In the 4<sup>th</sup> chapter there have been described, *Virechan* with eligible patients for *Virechan*, period for *Virechan*, result of *Virechan*, eligible disease for *Virechan*, ineligible patients for *Virechan*, eligible patients for *Virechan*, type of *Koshtha* for *Virechan*, dose according to types of *Koshtha*, ingredients according to types of *Koshtha*, amount of *Virechan* according to types of *Veg*, amount of ingredients of *Virechan*, ingredients according to *Doshas*, *Erand Tail*, eligible *Virechan* for every seasons, *Abhayadi Modak*, rules in *Virechan Kal*, symptoms of *Samyak Virechan*, symptoms of *Durvirakta*, treatment of *Durvirakta*, side effects of *Ativirechan*, treatment in *Ativirechan*, symptoms of *Suvirakta*, benefits of *Virechan*, precotion in *Virechan* and *Pathya* in *Virechan*.

In the 5<sup>th</sup> chapter there have been described, *Anuvasan Basti* with two type of *Basti*, symptoms of *Basti*, direction of *Bastikram*, *Matra Basti* – the type of *Anuvasan Basti*, eligible patients for *Anuvasan Basti*, ineligible patients for *Anuvasan Basti*, ingredients for *Basti Netra*, size of *Netra* according to age, eligible ingredients for *Basti*, *Netra* of *Vran Basti*, results of *Samyak Basti*, time for *Basti*, the food before *Basti*, direction of amount for *Basti*, ingredients for *Anuvasan Basti*, the *Basti* after *Virechan*, method of *Basti*, symptoms of *Samyak Anuvasan Basti*, the *Pathya* after *Basti*, treatment of side effects in *Anuvasan Basti*, properties of *Ushnodaka*, properties of *Dhanyashunthi Jal*, *Niruhan Basti* with thw *Sneha Basti*, benefits of *Basti*, *Sneha Basti* for *Vat* patients, side effects of *Sneha Basti*, *Sneha Basti* without side effects, the *Guduchyadi Tail* for *Sneha Basti*, *Dhanyashunthi Kwath*, *Phalshruti* of *Basti*, *Sevankram* of *Basti*, *Vyapattiya* of *Basti* and *Pathya* – *Apathya* of *Basti*.

In the 6<sup>th</sup> chapter there have been described, *Niruhan Basti* with introduction, dose of *Niruhan Basti*, ineligible patients for *Niruhan Basti*, eligible patients for *Niruhan Basti*, method of *Niruhan Basti*, symptoms of correct *Niruhan Basti*, symptoms of incorrect *Niruhan Basti*, use of *Aasthapan* and *Niruhan Basti*, *Basti* according to *Doshas*, food management according to *Doshas*, sequence of *Basti*, *Utkleshan Basti*, *Doshahar Basti*, *Shodhan Basti*, *Shaman Basti*, *Lekhan Basti*, *Bringhan Basti*, *Pichhil Basti*, *Madhutailik Basti*, *Deepan Basti*, *Yuktarath Basti*, *Siddha Basti*, *Basti Kalpana*, *Tridhoshahar Basti*, *Raktavikar Basti* and *Pathya* – *Apathya* in *Niruhan Basti*.

In the 7<sup>th</sup> chapter there have been described, *Uttar Basti* with introduction, dose of *Uttar Basti*, method & use of *Uttar Basti* in male, method & use of *Uttar Basti* in female, method & use of *Uttar Basti* in children, direction of special dose for *Uttar Basti*, method & use of *Phalavarti*, method & design of *Phalavarti* and symptoms of *Phalavarti*.



In the 8<sup>th</sup> chapter there have been described, *Nasya* with *Nirukti* of *Nasya*, type of *Nasya*, period of *Nasya*, ineligible time and patients for *Nasya*, eligible & ineligible age for *Nasya*, *Virechan Nasya*, amount of *Virechan Nasya*, ingredients for *Virechan Nasya*, type of *Virechan Nasya*, *Avapid Nasya*, *Pradhaman Nasya*, eligible disease for *Virechan Nasya*, *Snehan Nasya*, eligible patients for *Avapid Nasya*, eligible disease for *Pradhaman Nasya*, *Gudadi Nasya*, *Madhukasaradi Nasya*, *Saindhvadi Nasya*, *Bringinghan Nasya*, *Marsha Shirovirechan*, eligible disease for *Bringinghan Nasya*, *Sneha* management according to type of *Doshas*, *Mashadi Nasya*, method of *Pratimarsha Nasya*, Dose of *Pratimarsha Nasya*, period of *Pratimarsha Nasya*, eligible patients for *Pratimarsha Nasya*, *Nasya* in *Palitya* disease, method of *Nasya* intake, *Hin – Atiyog* of *Nasya*, treatment in *Hin – Atiyog* of *Nasya*, symptoms of *Atisnigdha Nasya* and *Panchkarma*.

In the 9<sup>th</sup> chapter there have been described, *Dhumrapan* with method, eligible persons for *Dhumrapan*, reason for smoking cessation, period for *Dhumrapan*, *Dhumyantra*, type of *Dhumrapan*, method of *Vrandhupan*, *Balgrahanashak Dhupan* and *Pathya – Apathya* in *Dhumrapan*.

In the 10<sup>th</sup> chapter there have been described, *Gandush* with method of *Gandush & Kaval*, different between *Gandush & Kaval*, *Gandush & Kaval* according to age, *Snehik Gandush*, properties of *Madhu Gandusha*, *Gandush* in different disease, *Darvyadi Gandush*, *Pratisaran & Kaval*, *Matulungakesaradi Kaval*, type of *Pratisaran*, *Kushthadi Pratisaran*, *Hin – Atiyog* of *Gandush Samyakyog* of *Gandush*, *Datun* and *Tambul*.

In the 11<sup>th</sup> chapter there have been described, *Aalep* with synonyms and quality, *Shoethnashak Lep*, *Dahanashak Lep*, *Dashanga Lep*, *Bhallatak - Shoethahar Lep*, *Langalyadi Lep*, *Raktachandanadi Lep*, *Matulungadi Lep*, *Lodhradi Lep*, *Sinddharthkadi Lep*, *Ashvakhurmasi Lep*, *Vatpatradi Lep*, *Arushikahar Lep*, two types *Varunrogahar Lep*, *Indraluptahar Lep*, *Keshvardhak Lep*, *Romotpadak Lep*, *Romasanjanan Lep*, five types *Palitnashak Lep*, two types *Romnashak Lep*, *Arsholep*, *Karnamool Shoethahar Lep*, four types *Shvitrahahar Lep*, two types *Sidhmahar Lep*, two types *Netrarogahar Lep*, five types *Pama – Dadru – Vicharchikahar Lep*, *Vatvisarpahae Lep*, *Pittavisarpahar Lep*, *Kaphavisarpahar Lep*, *Vatarakta – Raktapittahar Lep*, two types *Vatik Shirorogahar Lep*, two types *Paittik, Shirorogahar Lep*, two types *Kaphaj Shirorogahar Lep*, *Lep* in *Shiroroga*, treatment of *Vranashoth*, *Vatik Vranashothahar Lep*, *Paittik Vranashothahar Lep*, *Shleshmika Vranashothahar Lep*, *Raktaj Vranashothahar Lep*, *Pachan Lep*, three types *Daran Lep*,

*Shodhan Lep, Ropan Lep, Kriminashak Lep, Udarshoolahar Lep, Vatvidradhihar Lep, Pittavidradhihar Lep, Kaphvidradhihar Lep, Aagantuj Vidradhihar Lep, two types Galgand Lep, two types Apachinashak Lep, Shlipadahar Lep, Andavridhihar Lep, three types Updanshahar Lep, two types Agnidagdhahar Lep, Bhagsankochak Lep, two types Lingavriddhikar Lep, Yonidravak Lep, two types Durgandhinashak Yog, Vashikaran Lep, method of Shirobasti, method of Karnapuram, time for Karnapuram, five types Karnarogahar Lep, Dipika Tail use in Karnashool, Shyonak Tail, Shukarvasa Yog, Svarjika Tail, Apamarg Tail, Shambuk Tail, Karnastravahar Yog, Svarjika Yog, Aamradi Tail, and two types Karnakitahar Tail.*

In the 12<sup>th</sup> chapter there have been described, *Raktanirharan* with time and benefits of *Raktanirharan*, symptoms of pure and impure blood, symptoms of *Raktadushti*, symptoms of *Raktavriddhi*, symptoms of *Raktakshaya*, symptoms of *Vatadushitrakta*, symptoms of *Pittadushitrakta*, symptoms of *Kaphadushitrakta*, methods of *Raktastrava*, eligible disease for *Raktastrava*, ineligible disease & persons for *Raktastrava*, *Yantra* for *Raktastravan*, *Raktastravan* by *Shringa* etc., ineligible time & patients for *Raktastravan*, time for *Raktastravan*, treatment in *Ati Raktastravan*, method of *Agnidah*, importance of blood, result of *Raktastravan*, *Apathya* in *Raktamokshana*, method of *Tumbi* in *Raktamokshana*, *Jalouka* in *Raktamokshana* and *Siravedha* in *Raktamokshana*.

In the 13<sup>th</sup> chapter there have been described, treatments of different eye disease with method of *Sechan*, three types *Sechan* on *Vatabhishyanda*, two types *Sechan* on *Raktabhishyanda*, *Netrashoolnashak* medicine, method of *Aashchyotan*, *Aashchyotan* According to *Tridosha*, period of *Aashchyotan*, three types *Aashchyotan Yog*, method of *Pindavidhan*, four types *Pindavidhan Yog*, method of *Bidalak*, six types *Bidalak Yog*, method of *Tarpana*, prohibition of *Tarpana*, period of *Tarpana*, symptoms of *Tarpana*, method of *Putapak*, type of *Putapak*, *Yog* of *Putapak*, method of *Anjana*, type of *Anjana*, prohibition of *Anjana*, medicinal dose of different *Anjana*, method of *Shalaka* formation, *Chandrodayavarti*, *Karanjavarti*, *Samudrafenadivarti*, *Dantavarti*, *Nilotpalavarti*, *Kusumikavarti*, *Rasanjanavarti*, *Dhatrayadivarti*, *Tutthadi Rasakriya*, *Vatksheer Rasanjana*, *Prabodhanjana*, *Darvyadi Rasakriya*, *Rasanjanadi Rasakriya*, *Guduchi Rasakriya*, *Punarnava Rasanjana*, *Babbul Rasakriya*, *Hijjal Rasakriya*, *Katak Rasakriya*, *Rasakriya* in *Shirotpat*, *Krishnasarpa Vasanjana*, *Lekhnanjana*, *Kananjana*, *Churnanjanana*, method of *Pratyanjana*,

*Nayanamritanajana*, *Sarpavishnashak Anjana*, method of *Netraprasadan*, importance of eye protection and importance of the book.

## DISCUSSION AND CONCLUSION

First of all, the knowledge of *Nadi* examination is obtained in this book. The use of substances like *Shukrastambhak*, *Ahifen* (Opium), *Jaypal*, *Bhang* etc. is also found in this book. The description of the fulfillment of the whole body by *Vishnupadamrit* (oxygen) and the description of a worm named *Nayuk* is also found in this book. The abundance of the use of poisons for medicine is also found in this book. The description of *Panchakarma*, *Dharasveda*, *Shiobasti*, *Murdhatel*, *Bidalak*, *Shonitstrava* etc. is also found in the medical methods. In this book, the law of *Parsnidah* (in cholera disease) and the law of local burning in liver-spleen is also found. In this book, the description of many diseases like *Vajikaran*, *Vashikaran*, filling of list, fracturing, penis enlargement, hair growth etc. is also found.

## REFERENCES

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