

## AYURVEDIC MANAGEMENT OF SKIN DISEASE USING AYURVEDIC MEDICINES FOR DEEP GANGRENE: A CASE STUDY

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### ABSTRACT

Deep gangrene is a severe pathological condition characterized by tissue necrosis, infection, foul smell, and impaired circulation. This case study presents Ayurvedic management using classical internal medicines and local Ayurvedic applications. Significant improvement was observed in pain, swelling, discharge, and wound healing.

### INTRODUCTION

Gangrene refers to tissue death due to reduced blood supply and infection. Ayurveda correlates this condition with Dushta Vrana, Rakta Dushti, and Mamsa Dushti. Classical Ayurvedic texts describe therapies focused on wound purification and healing.

### CASE REPORT

A 38-year-old male presented with blackish discoloration, foul-smelling discharge, pain, swelling, and non-healing ulcerative lesion over the lower limb for three months.

### AYURVEDIC ASSESSMENT

The condition was assessed as Tridoshaja Dushta Vrana with predominance of Pitta and Rakta Dushti affecting Mamsa Dhatu and Raktavaha Srotas.

### TREATMENT PLAN

Internal medicines included Kaishore Guggulu, Gandhak Rasayan, Mahamanjisthadi Kwath, Triphala Guggulu, Neemghan Vati, and Haridra Khanda. Local applications included Jatyadi Taila dressing, Panchavalkala Kwath cleansing, and Haridra-Yashtimadhu Lepa.

## RESULTS

After eight weeks of Ayurvedic treatment, significant reduction in pain, foul smell, swelling, and discharge was observed. Healthy granulation tissue formation and improved wound healing were noted.

## DISCUSSION

Ayurvedic medicines used in this case possess anti-inflammatory, antimicrobial, Rakta Shodhaka, and Vrana Ropana properties. The holistic treatment approach contributed to improved tissue healing and reduction of infection.

## CONCLUSION

Classical Ayurvedic management showed encouraging results in chronic gangrenous skin disease. Further clinical studies are recommended for broader validation.

Medicine	Dose	Purpose
Kaishore Guggulu	2 tablets BD	Rakta Shodhana
Gandhak Rasayan	250 mg BD	Skin healing
Mahamanjisthadi Kwath	20 ml BD	Blood purification
Jatyadi Taila	Local application	Wound healing

## REFERENCES

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