

**INTERDISCIPLINARY USE OF AGADA YOGA (VISHAGHNA KALPA)
IN AYURVEDA – A REVIEW****Ajay Kumar^{*1} and Santosh Kumar Vishwakarma²**^{*1}Post Graduate Scholar, Agada Tantra Evam Vidhi Vaidyaka.²Asst. Professor, Agada Tantra Evam Vidhi Vaidyaka, Government Ayurvedic College,
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Ayurvedic College, Patna,
Bihar, India.**ABSTRACT**

The Agada yoga (Vishaghna kalpa) described in Agadatantra, is used in treating various disease, like- case of poisoning, skin manifestation of poison and many systemic diseases. Agada may be of poisonous or non-poisonous origins (animal, plants, earth). These Agada yoga act faster than other drugs because of its property (Ras, Guna, Virya, Vipak, prabhava) which encounter the effect of poison. It acts as fast as poison so Agada is very important in treating diseases and also have a great scope in developing new Agada yoga, as a fast-acting drug. These drugs are used to treat the cases of poisoning and its complication. Hence, Agadatantra have a very important role in the treatment of various diseases along with Visha Chikitsa. This article is

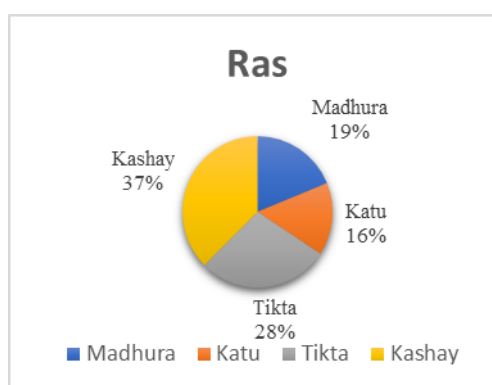
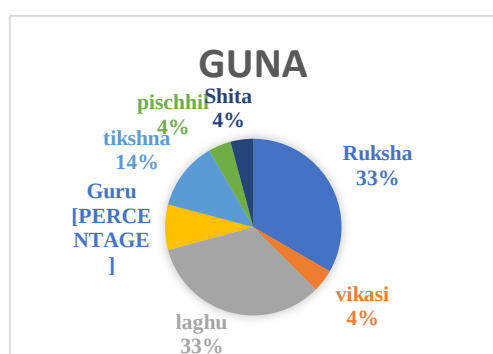
an effort to compile the information and references in support of above mentioned regarding Agada.

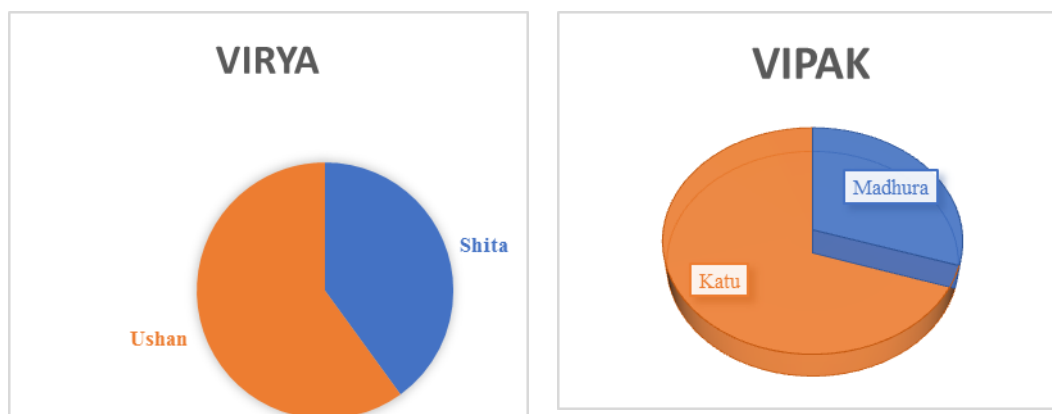
KEYWORDS: Agada yoga, Visha, vishaghna gana, chikitsa, drug formulations.**INTRODUCTION**

Ayurveda literatures are huge treasures of numerous drug formulations. Agada yogas/Vishaghna kalpa are the ones formulations which counteract the deleterious actions of visha or poison over the senses and organs. Require formulations for treating poisonous cases are must be effective, having quicker and unique in actions. Agada yoga, which constitutes vishaghna mahakashaya drugs as the major ingredients, meet these very requirements.

A brief review over the Vishaghna Gana drugs on the basis of their Ayurvedic properties (Ras, Guna, Virya, Vipaka) are described and the average values of Ras Guna Virya and Vipak of vishaghna gana dravya are as follow.

Acc. to Acharya Charak	DRUGS Vishaghna	Guna				Ras				Virya		Vipak	
		Ruksha/Snigdha	Laghu/Guru	Tikshna/Mridu	Vishada/Pishchila	Madhura	Kattu	Tikta	Kashaya	Ushan	Shita	Madhura	Kattu
1.	Haridra	R	L				K	T		U			K
2.	Manjishtha	R	G			M		T	K	U			K
3.	Nishotha	R	L	T			K	T		U			K
4.	Chhoti ela	R	L			M	K				S	M	
5.	Kala nishotha	R	L	T			K	T		U			K
6.	Chandan	R	L			M		T			S		K
7.	Katak		L		V	M		T	K		S	M	
8.	Shirisha	R	L	T		M		T	K	U			K
9.	Nirgundi	R	L				K	T		U			K
10	Lashodha	S	G		p	M		T	K		S	M	
	Average values Of Vishaghna Gana	R=80% S=10%	L=80% G=20%	T=30%	P=10% V=10%	M=60%	K=50%	T=90%	K=40%	U=60%	S=40%	M=30%	K=70%





The above average values of Vishaghna Gana drugs are more resembles to the properties of Visha, hence it acts faster like Visha (poison). This article is based on the textual review. Descriptions related to Agada were collected from various classical text of Ayurveda.

LITERATURE REVIEW

Vangasen Samhita Visha Rogadhikara

Takshrya agada ref 116-118

Indication-Takshaa visha nashak

Maha agada ref 119-120

Indication-Sarwa vish nashaka

Dashanga dhupa ref 121-125

Indication-Ugra visha & Gara visha nashak

Chandrodaya agada ref 139-140, Suryodya agada ref v.s 141 -142, Amrita ghritha ref 143-144, Tanduliye ghritha ref 146, Ajeya ghritha ref 147-149

Indication-Sarwa visha nashak

Nagadantyadi ghritha ref 145

Indication-Snake, Insect and Sarwa Gara visha nashak

Mrityupashapahar ghritha ref 150-156

Indication-Skin manifestation of Gara visha, Tamak, Kandu, Mansad, Tamprawesh, Sarwa visha nashak

Vrishadi ghritha ref 163

Indication-Gara visha nashak

Chkradata Visha Chikitsa

Masuragura yoga ref 3

Indication-Sarpa visha nasak

Grihadhumadi ref 5

Indication-Krishana sarpa visha nashak

Karna guth ref 6

Indication-Sarpa visha nashak

Shweta sarshap ref 7

Indication-Sarpa visha nashak

Natakushtha churnam ref 8

Indication-Takshaka visha nashak

Kukura visha nashak yoga ref 25

Indication-Alark visha nasha

Dashanga agada ref 29-30

Indication-Sarwa kita visha nashak

Bhaishajyaratnawali Visharogadhika

Ajita agada ref 41-42

Indication-Sthawara-jangama visha nashak

Aparajita agada ref 43-44

Indication-Dhatugata visha nashak, Sarpa Visha Nashak Yoga Ref 45-46, Sarpa Visha Nashak, Murchhahar anjana ref 47

Indication-Sarwa visha janya murchha nashak

Kulikadi vati ref 48

Indication-Sarpa visha and Vishamjwar nashak

Vishavajrapat rasa ref 59-60

Indication-Sarpa and Kanda visha nashak

Tanduliye ghrita ref 61

Indication-Sarwa visha rognuta

Mrityupashachchedi ghrita ref 62 -67 Indication-Jangama visha nashak, Vishajanya tamak shwas, Kandu Manasdhatu kshaya, tamahprawesh, skin manifestation.

Shirishadirishtha ref 71-73

Indication-vishajanya roga nashak

Yogaratnakara Vishachikitsa

Ghrutadi saptak agada ref vishachikitsa 3, Pratyangiramoola yoga ref vishachikitsa 4

Tankanarka moolyoga ref vishachikitsa11

Indication-Sarpa visha nashak

Naktamaladi anjana ref vishachikitsa 7

Indication-Sarpa vishjanya murchha nashak

Pipplyadi agada ref dushivishachikitsa 2

Indication-Dushi visha nashak

Sharkarasuvarnadi yoga ref kritrim vishachikitsa 2

Indication-Kritrim visha nashak

Putra jiwamajja yoga ref kritrim vishachikitsa 3

Indication-Ugr kritrim visha nashak

Grihadhumadi agada ref kritrim vishachikitsa 4

Indication-Gara visha nashak yoga

Parawatadi hima ref kritrim vishachikitsa 6

Indication-Gara visha janya Trishna, Kas, Shwash, Hikka, and Jwara nashak

Garanashan ras ref Garanashan ras 1-2

Indication-Gara visha nashak

Griha dhumadi yoga ref Aakhuvishachikitsa 1

Indication-Mushak visha nashak

Kushthadi churna ref Aakhuvishachikitsa 3, Tulsi ras pryoga ref Aakhuvishachikitsa 4, Chitrak tail, Chitrapphaladi yoga, ref Aakhuvishachikitsa 5-6 Aakhuvishantaka rasa ref Aakhuvishachikitsa ras 1

Indication-Aakhu visha nashak

Aajakshiradi yoga, Manahshiladi gutika, Sweta punrnwadi yoga, Hanspadi yoga, ref Vrishchika visha 1-7

Indication-Vrishchika visha nashak

Dasanga agada ref kita jalaukadi 2

Indication-Kita visha nashak

Girikarni aadi lepa ref luta visha 2

Indication-Luta vish nashak

Kasturiaadi yog, Guratailadi yoga, Kukuta vishthadi lepa, ref Swan visha vishachikitsa 3-5

Indication-Swan visha nashak

Saindhawadi yoga, Aagardhumadi yoga, Mayurapischhadi yoga, ref samanya vishachikitsa 1-3

Indication-Sathawara-jangama visha nashak

Garunanjan ref Garunanjan 1-2

Indication-Rataundhi, Graharoga, Sarpa visha, Sampurna sandhi roga, Shitajwara, Ajirna dosha.

Mrityuchhedi ghrita ref Mrityuchhedi ghrita 1-6

Indication-Gara visha-janya twak roga, Tamadosh, Kanduroga, Mansasaad, Sarwa visha nashak.

Rastarangini Chaturvinshatitarang

Mrityunjaya ras ref 67-70

Indication-Phuphusa shotha, Prawahika, Jwara, Aadhyman, Ajirna, Sanipataka jwara, Aantrajwar

Hinguleshwara ras ref 78-79

Indication-Aam vatashamaka, Vatajwarahar

Panchamrita ras ref 83-86

Indication-Jalodaraa, Shirahshoola, Pinas, Galagraha, Nasika rog, Kantha rog, Kaphahara. Shiwatandaw ras ref 89-92

Indication-Lock jaw, Perspiration, Unconscious stage of patient.

Aanandabhairaw ras ref 93-95

Indication-Prawahika, Sujak, Jwaratarisar.

Jaya vati ref 99-101

Indication-Navjwara, Raktapita

Kaphaketu ras ref 106-109

Indication-Pratishay, Kaas, Kantha roga, Karna roga, Pratamak shwas.

Visha rasayanam ref 114-118

Indication-Balya, Vrishya, Varnya, Agni Vardhak, Udar shool, Aphara, Ajiran

Amrita rasayanam ref 121-130

Indication-Stri sambhoga balya bardhaka, Kas, Shwasa, Kshayaroga, Kailabya nashak, Atisara, Grahani, Agnimandh, Rakta janya twak rog, Kushtha roga, Stanya utpadaka, Oja vardhak, Dhriti smriti vardhak, Prameha nashaka,

Vishaprabha vartika ref 151-162

Indication-Manyastambha, Hanustambha, Pakshaghat, Parigraha, Sarvangraha, Prist-trik kampadikam, Svatika vedana

Nawajiwan rasa ref 204-209

Indication-Vibandhahara, Atisara, Mansikasram udabhaw awasadnoota

Agnitundi ras ref 210-215

Indication-Agnimandh, Snayushakti vardhak, Atisar, Kati-pristha vedana

Lakshami vilas ras ref 216-221

Indication-Viryavardhak, Balya ,Varnya, Agnimandha, Rakta vardhaka

Shoolnirmoolan ras ref 222-226

Indication-Agnimandh, Atisara, Grahani, Visuchika, Balya, Varnya, Gulma nashak, Vatika shool, Udar shool,

Sirmeyavishapaho yoga ref 230

Indication-Alarka visha nashak

Vishatinduka taila ref 231-233

Indication-Vatika roga, Pakshaghata, Ardhavabhedaka

Nindrodya ras ref 267-270, Nindrodya ras ref 267-270

Indication-Anindra

Sindurabhusana ras ref 275-278

Indication-Atisarahara

Vishatinduka taila ref 231-233

Indication-Vatika roga, Pakshaghata, Ardhavabhedaka

Sindurabhusana ras ref 275-278

Indication-Atisarahara

Harshodya vati ref 279-286

Indication-Balya, Varnya, Agnivardhak, Vrishya, Viryastambhak,

Manglodya vati ref 298-300

Indication-Sannipatikajwara, Pralap, Anindra,

Vedanantaka malahara ref 301-305

Indication-Gudankura vedana,

Ikshavediye ras ref 321-328

Indication-Verechaka dravya

Jalodarari ras ref 239-332

Indication-Jalodara

Jwarari ras ref 333-335

Indication-Navjwara nashak

Anjana bhairaw ras ref 336-338

Indication-Sannipatik netra roga

Vrishachika hara lepa ref 339-341

Indication-Vrishchika visha nashak

Unmadagajankusha ras ref 383-385

Indication-Unmada rog, Jwara.

Madanodya modaka ref 418-426

Indication-Kam shakti vardhaka, Vrighaniye,

Trailokya Vijaya vati ref 427-430

Indication-Rajyakshma janya kaas

Trailokya sammohana ras ref 432-436

Indication-Ruchikar, Dhriti-smriti vardhak, ailabyaphari, Harshutshahkar Shukrasatambhak

Gunjadyatailam ref 457-459

Indication-Twak roga, Kandu, Kushtha, Darunaka, Vatika-vedanasantak

Gunjajiwana ras ref 465-466

Indication-Balya, Klamotejana vardhak.

Gunjabhadra ras ref 467-470

Indication-Urustambha

Karviradya tailam ref 494-495

Indication-Tawak rog

Kshara sutra ref 527-530

Indication-Arsha, Bhagandra.

Vishuchidhvansana ras ref 566-570

Indication-Visuchika

Mritasanjiwana ras ref 571-574

Indication-Tibra shwas, Badhiryam, Mukata, Hingatra, Pralap,

Sushruta Samhita Kalp Sthan

Aaragvadhadi Yoga Ref S.K.5/54

Indication-Mobile or immobile poisoning with Kapha dosha aggravation

Chandanaadi Parisheka Ref-S.K.5/16

Indication-Snake bite poisoning

Draakshaadi Agada Ref- S.K.5/76-78

Indication-Specifically, The poison of Mandalian snakes.

Ekasara Gana Yoga - Ref [S.K.5/84-86]

Indication-To destroy poison of snake, rat bites etc.

Kaakolyaadi yoga Ref- S.K.5/27

Indication-In case of Mandalin poisoning in sixth phase intake of above drug group and sweet anti-poisonous recipe is useful in sixth phase of poisoning.

Krishna Mrittikaadi Yoga Ref S.K.5/17

Indication-Snake bite poisoning

Ksheeraadi sechana Yoga Ref- S.K.5/60

Indication-When wounds are with putrefied muscle, generally in cases of poisoning of wounds caused by spider bite poisoned arrow or any wound contaminated

Mahaa-Agada Ref S.K.5/61-63

Indication-Effects of poison in different phases of all types.

Rishabha Agada Ref- S.K. 5/68-73

Indication-Snake, Insect poisoning

Saavakaamika (Vanshtwagadi) Agada Ref- S.K. 5/78-80

Indication-Retention of faeces, Urine, Flatus or foetus; Cataract, Pterygium, Sloughing caused by poisons of Spiders, Rat, Snakes and Insects

Sanjeevana Agada Ref-S.K. 5/73

Indication-Unconsciousness in person with poisoning.

Taarkshya Agada Ref- S.K. 5/65-68

Indication-Poisoning due to Takshaka snake.

Bilvaadi Yoga (Bilvaadi Gutika) Ref- S.K. 36/84-85

Indication-Poisoning due to poison bites of Snake, Spider, Mice, Scorpions etc. Vishuchika (simultaneous vomiting and Diarrhea) Indigestion, Artificial poisoning and Fevers specially makes the person suffering from possession of evil spirits healthy again

Ksharagada ref-S.K.6/3-7

Indication-Sarw vishhar, Sharkara, Ashmari, Arsha, Vatagulma, Kash, Shool, Udarroga, Ajirna, Grahani Roga, Aruchi, Shoph, Sarwasar, Shoph, Shwas roga

Kalyanaka Sarpi ref-S.K. 6/9-11

Indication-Vishanashak, Grahaniwaraka, Apasmar Nashak, Pandu roga, Garavish, Shwas roga, Mandaagni, Jwar, Kash, Shosh roga, Alpaviryata, Bandhyata

Amrita Sarpi, ref-S. K 6/12-13

Indication-Vishanashak

Mahasugandhi (Agadraj) ref-S. K 6/14-27

Indication-Sarwvishnashak Yoga

Ashtanga Hridayam Uttar Sthan

Chandanaadi Jala Parisheka ref- A.H.U. 36/47

Indication-The part which is bitten (by poisonous snakes) should be applied with paste of anti-poisonous drugs again & again and irrigation with above medicated water added with Chandan & Usheer.

Karaveeraadi Kalka Ref - A.H.U. 36/70-71

Indication-When bitten by Vyantara snakes.

Shireesha Beejadi Agada Ref- A.H.U. 37/43

Indication-In case of poisoning of Insects, Snakes, Spiders, Mice & Scorpions

Manjishthaadi Ghrita Ref- A.H.U. 36/59

Indication-In case of strong/powerful poisonous root poisoning.

Padmakaadi Yoga Ref- A.H.U. 36/79

Indication-In sixth stage of poisoning by Manidali Snake.

Charak Samhita Chikitsa Sthan

Manjishthadi Yoga Ref - C.Chi. 23/196-197

Indication-In case of poisoning due to Mandali snakes

Naagadantyadi Ghrita Ref- C.Chi. 23/241-242

Indication-Bitten by snakes, insects poisoning,

Vyoshaadi Leha Ref- C.Chi. 23/197-198

Indication-Poisoning due to Rajimanaa snakes.

DISCUSSION

There are many Agada yogas which if properly prepared can act as Rasayana (rejuvenates) and Prativisha (Antidote). The Agada yogas which are having Ushna (hot potency), Teekshna and Vyavayi (quick spreading) properties will help in the removal of diseases and visha from the body. These Yogas act faster mainly, because of its vishaghana ingredient and Prabhava (exclusive).

CONCLUSION

The kalpa/ Agada describe in various classical text is very useful in Visha Chikitsa as well as in the Kaya Chikitsa disease. These drugs are not confine only into the treatment of poisoning. It is also useful in the treatment of various systemic disease and complication due to poisoning or insect, snake and other poisonous bite. Hence, these are very useful drugs in this modern era where the life is very fast and the importance of time left all things behinds.

So, more study / experiment is needed for the development of new Agada yoga (drugs composition).

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