

PHYTOMEDICINE AN ANCIENT APPROACHES INTO SOURCE OF THERAPEUTIC IN FUTURE

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ABSTRACT

Phytomedicine attained from herbal sources are in great demand in the advanced world as they're suitable to cure numerous contagious conditions. These factory grounded medicines give outstanding donation to ultramodern rectifiers. The natural drug are attracting renewed attention from both practical and scientific view points, but the mode of action of folk herbal drugs and affiliated products in nature is indeed more complex than mechanistic explanation of a single bioactive factor. They've proved their efficacy for primary health care because of their safety and lower side goods. They also offer rectifiers for age- related diseases like memory loss, osteoporosis, vulnerable

diseases, etc. The new set up fashion ability is due to their nearly miraculous success with cases which were given up as hopeless by the allopathic croakers as their side effect free treatment. The integration of phyto drug into the health system should be developed in such a way to bring harmony between the traditional and ultramodern system of health care with minimal trouble to each other. The present review deals with impact and present script of Phytomedicine in the society.

KEYWORDS: Phytomedicine, herbal medicine, medicinal plant.

INTRODUCTION

Shops are important sources of drugs and presently about 25 of pharmaceutical conventions in the United States contain at least one factory- deduced component. In the last century, roughly 121 pharmaceutical products were formulated grounded on the traditional knowledge

attained from colorful sources. Plant deduced medicines came into use in the ultramodern drug through the uses of factory material as indigenous cure in myth or traditional systems of drug. The world is now moving towards the herbal drug or phytomedicines that repair and strengthening fleshly systems (especially the vulnerable system, which can also duly fight foreign raiders) and help to destroy offending pathogens without poisonous side goods. The foremost attestation about the operation of herbal remedies comes from China and dates back to 2800 BC. moment, it has been developed as a separate assiduity as numerous people favor herbal drug over synthetic drug. The ancient record is evidencing their use by Indian, Chinese, Egyptian, Greek, Roman and Syrian dates back to about 5000 times (Table 1). About 500 shops with medicinal use are mentioned in ancient textbooks and around 800 shops have been used in indigenous systems of drug. Indian key is a vast depository of medicinal shops that are used in traditional medical treatments (Chopra *et al.*, 1956), which also forms a rich source of knowledge. The colorful indigenous systems similar as Siddha, Ayurveda, Unani and Allopathy use several factory species to treat different affections (Rabe and Staden, 1997). Over, 000 species of shops are in use throughout the world. In India around, 000 medicinal factory species have been recorded (Dev, 1997), but further than 500 traditional communities use about 800 factory species for curing different conditions (Kamboj, 2000). presently 80 of the world population depends on factory- deduced drug for the first line of primary health care for mortal relief because it has no side goods. Several nonsupervisory models for herbal drugs are presently available including tradition medicines, untoward substances, traditional drugs and salutary supplements. Adjustment and enhancement in the processes of regulation is demanded, which combines scientific studies and traditional knowledge. Eventually, the trend in the domestication, product biotechnological studies and inheritable enhancement of medicinal shops, rather of the use of shops gathered in the wild, will offer great advantages, since it'll be possible to gain invariant and high quality raw accoutrements which are abecedarian to the efficacy and safety of herbal medicines (Calixto, 2000). In this review we bandy the impact of phytomedicine in the present script.

Table 1: Phytomedicine used by various people around the globe.

Drug	Basic investigation	Referance
Codeine, morphin	Opium the latex of <i>Papaver somniferum</i> used by ancient Sumarians. Egyptians and Greeks for the treatment of headaches, arthritis and inducing sleep.	Nessler <i>et al.</i> (1985)
Atropine, hyoscyamine	<i>Atropa belladonna</i> , <i>Hyascyamus niger</i> etc., important drugs in Babylonium folklore.	Taylor (1985)

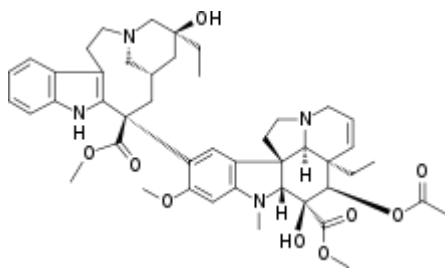
Ephedrine	Crude drug derived from <i>Ephedra sinica</i> , used by Chinese for respiratory ailments since 2700 BC.	Bechgaard (1997)
Quinine	<i>Cinchona</i> spp, used by Peruvian Indians for the treatment of fevers	de Oliveira et al. (2010)
Emetine	Brazilian Indians and several others South American tribes used root and rhizomes of <i>Cephaelis</i> spp to induce vomiting and cure dysentery	Perumal Samy and Gopalakrishnakone (2007)
Colchicine	Use of <i>Colchicum</i> in the treatment of gout has been known in Europe since 78 AD	Serre et al. (1952)
Digoxin	<i>Digitalis</i> leaves were being used in heart therapy in Europe during the 18th century.	Mulrow et al. (1984)
Artemisinin	Isolated in China from <i>Artemisia annua</i> L. and derivatives have been used against malaria that has become resistant to chloroquine.	de Oliveira et al. (2010)

PHYTOCHEMICALS: BIOLOGICAL BACKGROUND

All plants produce chemical compounds as part of their normal metabolic conditioning. These include primary metabolites, similar as sugars and fats, set up in all plants, and secondary metabolites set up in a lower range of plants, some useful ones set up only in a particular rubric or species. It's the secondary metabolites and colors that can have remedial conduct in humans and which can be meliorated to produce medicines. These factory grounded medicines are effective to work as phytomedicines in the mortal body. Plants over regulate and down regulate their biochemical paths in response to the original blend of beasts, pollinators and microorganisms (Baldwin, 2002). The chemical profile of a single factory may vary over time as it reacts to changing conditions. Plants synthesize a bewildering variety of phytochemicals but utmost are derivations of a many biochemical motifs. Some of the phytochemicals that can be useful as factory grounded medicines are banded.

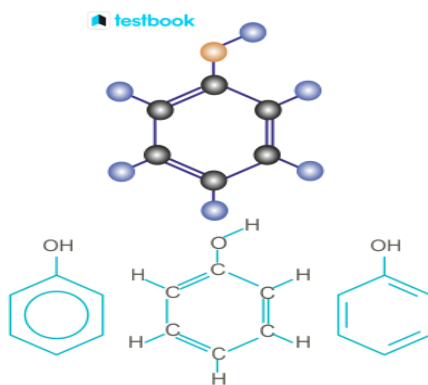
Alkaloids

Alkaloids contain a ring with nitrogen. numerous alkaloids have dramatic goods on the central nervous system. Caffeine is an alkaloid that provides a mild lift but the alkaloids in *Datura* beget severe intoxication and indeed death. Some of the alkaloids are hyoscyamine (*Datura stramonium*), atropine (present in *Atropa belladonna*, Deadly nightshade), cocaine (present in *Erythroxylon coca*, the Coca factory), codeine and morphine (present in *Papaver somniferum*, the opium poppy), tetrodotoxin (a microbial product in *Fugu* and some salamanders), vincristine and vinblastine (mitotic impediments set up in the Rosy Periwinkle) (Figure 1)

**Fig: 1 Alkaloids.**

Phenols

Phenols are a class of chemical composites conforming of a hydroxyl group(- OH) clicked directly to an aromatic hydrocarbon group. The simplest of the class is phenol(C_6H_5OH). The anthocyanins that give grapes their grandiloquent color, the isoflavones, the phytoestrogens from soy and the tannins that give tea its astringency are phenolics(Figure 2)

**Fig: 2 Phenols.**

Glycosides

Glycosides correspond of a glucose half attached to an aglycone. Glycosides are characterized by the glycone, by the type of glycosidic bond, and by the aglycone. Some of the glycosides, by the type of aglycone are alcoholic glycosides, anthraquinone glycosides, coumarin glycosides, cyanogenic glycosides, flavonoid glycosides, phenolic glycosides(simple), saponins, steroidal glycosides or cardiac glycosides, steviol glycosides and thioglycosides(Figure 3).

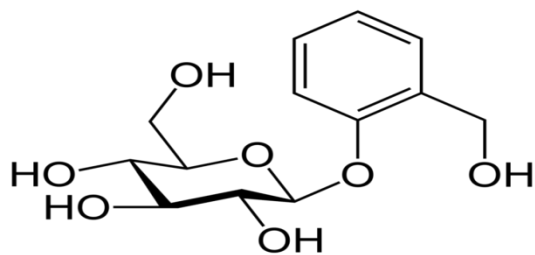


Fig: 3 Glycosides.

Artemisinin

Artemisinin and its semisynthetic derivatives are a group of drugs used in the treatment of malaria due to *Plasmodium falciparum*. It was discovered in 1972 by Tu Youyou, who shared the 2015 Nobel Prize in Physiology or Medicine for her discovery. Artemisinin is a medication indicated in the **treatment of malaria**. Artemisinin has been used in trials studying the treatment of Schizophrenia, Malaria, Falciparum, and *Plasmodium Falciparum* Figure(4) Artemisinin.

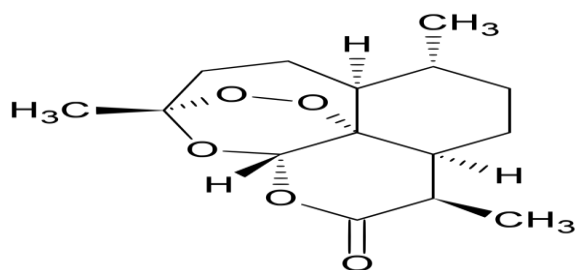


Fig: 4 Artemisinin.

PHYTOMEDICINE FROM HIGHER PLANTS

Factory grounded medicines give outstanding donation to ultramodern rectifiers; for illustration, windy insulated from the root of Indian factory *Rauwolfia serpentina* in 1953, was a revolutionary event in the treatment of hypertension and lowering of blood pressure. During 1950 to 1970 roughly 100 shops grounded new drugs and their part against complaint are shown in Table 3

Table 3: Role of phytomedicine and formulations to cure various types of disease and disorders.

Diseases	Phytomedicine / herbal formulation	Plants used	References
Digestive System	Pepticare	Glycyrrhiza glabra, Emblica officinalis and Tinospora cordifolia was tested for its anti-ulcer and anti-oxidant	Bafna and Balaraman(2005a)
Renal and cardia	DHC-1	Bacopa monniera, Emblica officinalis, Glycyrrhiza glabra, Mangifera indica and Syzygium aromaticum	Bafna and Balaraman(2005b)
Urolithiasis or renal calculi.	Cystone	Didymocarpus pedicellata, Saxifraga ligulata, Rubia cordifolia, Cyperus scarioosus, Achyranthes aspera, Onosma bracteatum, Veronica cinerea, Shilajeer, chrysanthemum, isatis, licorice, Ganoderma lucidum, Panax pseudoginseng, Rabdosia rubescens, saw palmetto, and scutellaria	Karamaker and patld(2010)
Prostrate cancer	PC-SPEs	Commiphora mukul, Allium sativum, Plumbago indica, Semecarpus anacardium, Hemidesmus indicus, Terminalia arjuna, Tinospora cordifolia, Withania somnifera and Ocimum sanctum	De la Taille et al(2000)
Cardiovascular	Caps HT2		Marry et al(2003)

ECONOMIC BENEFITS AND ROLE OF PRIVATE SECTOR IN PHYTOMEDICINE

The interest in natural antidotes has increased use of traditional medicine. In advanced countries, nearly 80 have used traditional medicine services. Herbal medicine, a form of traditional medicine, is a billion dollar industry. Programs for traditional medicine live in over 100 countries, but regulating quality and safety for patient use and sustaining knowledge and resources remain challenges (WHO, 2008). Given the fact that in utmost countries, truly little legislation is in place, civil society groups and governments have replied increasingly strongly. The product, processing and trade of phytomedicine products produce employment for the producing countries (Gunaseena and Hughes, 2000). Communities are looking for concrete short term benefits and, in utmost cases, fiscal benefits. therefore, they would not be interested in long drawn out access and benefit agreements. There is a need for backing agencies and bioprospectors to start funding the communities or the service providers to communities to work through the process of value addition to both implicit and living products, through a bottom up approach.

PHYTOMEDICINE: ROLE OF WORLD HEALTH ORGANIZATION

The World Health Organization (WHO) estimates that 4 billion people, 80 of the world population, presently use herbal drug for some aspect of primary health care. On the adding

trend in the use of herbal medications as remedies for major conditions, there's also a growing concern about their efficacy, safety and control. This urged the WHO to come out with recommendations for control in the document "Research Guidelines for assessing the Safety and Efficacy of Herbal Medicines" in 1993. The guidelines are equal in harshness to those applicable for medicines in general (Simaan, 2009). Traditional, reciprocal and indispensable drug (TCAM) has for the last 30 times been honored by the WHO as furnishing culturally respectable, affordable and sustainable primary healthcare (Hollenberg *et al.*, 2008). WHO has hosted interregional shops to address methodologies for the selection and use of traditional drugs in public primary health care (PHC) programs. WHO, the International Union for the Conservation of Nature and Natural coffers, and the World Wide Fund for Nature developed guidelines for conservation of medicinal shops. Their prolonged strategy includes forestallment of the exposure of timbers and associated species and the establishment of botanical gardens. WHO's Traditional Medicine Programme hopes that people will apply known and effective agro artificial technologies to the civilization and processing of medicinal shops and the product of herbal drugs for the creation of large-scale networks for the distribution of seeds and shops (Akerele, 1993). WHO notes that of 119 factory deduced pharmaceutical drugs, about 74 are used in ultramodern drug in ways that identified in a straight line with their traditional uses as plan medicines by resident culture. Major pharmaceutical companies are at this time conducting general research on plant materials gathered from the rainforests and other places for their potential medicinal value. In 1991, WHO developed guidelines for the assessment of herbal medicine, and the 6th International Conference of Drug Regulatory Authorities held at Ottawa in the same year ratified the assessment.

METABOLOMICS IN PHYTOMEDICINE RESEARCH

In order to ameliorate the delicacy and thickness of control phytomedicine medications worldwide, nonsupervisory authorities are requesting exploration into new logical styles for the stricter consistency of phytomedicines. similar styles have to be both objective and healthy, and should address the reproducibility of the content of the chemical biographies (Wang *et al.*, 2004). Metabolomics has been employed as an innovative way to meet those demands (Sumner *et al.*, 2003). Plant metabolomes are anticipated to be a great deal other complex than their mammalian counterparts (Fiehn, 2002). The metabolomes of medicinal shops are particularly a precious natural store for the substantiation grounded et of new phytotherapeutics and nutraceuticals. relative metabolomics platforms are evolving into

new technologies for covering complaint development, medicine metabolism, and chemical toxicology (Shyur and Yang, 2008). A whole range of well given cancer chemotherapeutic medicines are deduced from secondary metabolites of the factory, similar as paclitaxel (taxol), camptothecin (irinotecan, topotecan), and podophyllotoxins (etoposide, teniposide). The great eventuality of factory secondary metabolites or natural products to serve as health care products or lead composites for new medicine development henterest in medicinal and nutraceutical exploration. The use of whole shops or excerpts as drugs gave way to the insulation of active composites, beginning in the early 19th century with the insulation of morphine from opium; still, in the reductionist approach, single active phyto compounds are occasionally slightly suited because of their low cornucopia in shops, or a diapason of pharmacological efficacy traditionally observed arises only as a synergistic action of multiple constituents in a single factory or from a multiple medicinal factory expression, as in traditional Chinese drug (Williamson, 2001). The ways used are multidisciplinary or target emulsion analysis and metabolic profile, the main ways are gas chromatography, high performance liquid chromatography and nuclear magnetic resonance (NMR). Further, metabolomics makes use of several reciprocal logical styles scrupulous, ‘hyphenated’ ways of LC/MS, LC/MS and LC/NMR are likely to have increased impact. These approaches calculate on chromatographic separations, of ten coupled with well developed calibrations for specific analytes.

RESEARCH HURDLES IN PHYTOMEDICINE

Natural Drug are attract renewed mind is encouraging from both realistic and scientific view points, the efficacy has verified over the long decades, but the form of action of folk herbal drugs and affiliated products from environment is indeed more complex than mechanistic explanation of a single bioactive fractionated or incompletely fractionated excerpts are used. frequently fusions of different ingredients attendance. In any cases mutualism is most likely playing an important part. Evaluation and insulation of these fusions of the active element and their mode of action will be the grueling task. also, a potentially far reaching observation in terms of the safety of consuming certain sauces has been also estimated. further inflexibility will be needed of new experimenters of natural products than ever ahead. But because of the new tools available the prices in terms of interest and the donation to society will be similarly lesser than they've always been preliminarily. There seems modest query that a phytomedicine member of staff will have a part to play for numerous further times and that pharmacognosists can look to the future with a great deal of expectation.

PHYTOMEDICINE: MARKET POTENTIALITY

Plant deduced medicines are important in Germany and Russia. for the most part natural medicines are imported by several country for their operation of established medicinal medication from colorful corridor of the country. The total trade of phytomedicine shows its fashion ability and use by people each over the world (Calixt, 2000; Blumenthal, 1999). The European request alone reached \$7 billion in 1997; the German request corresponds to about 50 of the European request, about \$3.5 billion which represents about \$42.90 per capita; the request in France corresponds to about \$1.8 billion, Italy follows with \$700 million, UK has \$400 million, Spain and Netherlands have request deals of \$300 million and \$100 million independently(Okigbo and Mmekaka, 2006). About 75 of the population of France has used approving or indispensable drug at least formerly(Enwonwu, 2000) and about 60 million of Americans over 18 times uses phytomedicine in the cure of snap, becks, headaches, depression, diarrhea and others(Calixto, 2000). moment nearly 40 of all medicines listed in the German Croaker's office Reference are deduced from factory material.

The leading shops specified as mono- medications in Germany are *G. biloba*, Horse groaner, Hawthorn, and St. John's Wort with veritably high growth rates that are stronger than utmost of their chemical challengers. Europe has the most advance request in the world in the area of phytomedicines with the stylish established criteria for licensing and quality control. It can be regarded as a model for extra.

Transnational development(Gruenwald,1998). In Venezuela, the commerce of medicinal shops presents different strengths and pitfalls, among them stands out as a head corner gravestone, the diversity of species that enriches and supplies the offer/ demand of this request(Baquero et al., 2009). In the United States, the demand for medicinal shops soared after the end of 1994 Dietary Supplements and Health Education Act(DSHEA) that permitted labeling phytomedicine as "salutary supplements" and allowing their deal without the oversight power of Food and Drug Administration(Singh et al., 2007). China followed by USA, Australia and Indonesia are the loftiest importers of herbal medicines(Figure 2).

In India, the trade of total herbal products is estimated at \$1 billion and the trade in of herbal crude excerpt is about \$80 million, of which 50 is contributed by Ayurvedic typical medications(Table 4, Perumal and Gopalakrishnakone 2007).

CONCLUSION

Phytomedicine counts to their established charges, also hold large public as well as medical interest worldwide as source of nutraceuticals or new superiminent composites for medicine improvement. Not only herbal remedy uprising created fresh openings but also served to stimulate exploration in the field of nonstop applicability to mortal health care. The hunt for active phytochemicals will be greatly superior by the combination of colorful metabolomics approaches with an selection of bioactivity assays in mammalian systems to separate between factory species, alkaloids, or phytopreparations, and to identify new superiminent emulsion campaigners for unborn enlargement. In reciprocal development, the use of refined herbal excerpts with other biochemical factors in combination rather than as insulated independently composites(s), may confirm to be veritably useful as broader and holistic therapeutical or pharmacological agents for a mixture of mortal health care operation. The integration of Phytomedicine into the health system should be developed in such a way to bring agreement between the traditional and ultramodern coordination of health care with minimal trouble to each other. There may be some who might well remonstrate at what they see as the straight forward prospect of working on phyto- drugs, ago much is formerly well-known.

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