

**REVIEW: TRANSFEROSOMES: A VESICULAR TRANSDERMAL DELIVERY SYSTEM****Ganesh Rajendera Badak\*, Shubhangi Manikpuriya and Dr. Gajanan S. Sanap**

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Article Received on  
20 Feb. 2023,

Revised on 13 March 2023,  
Accepted on 03 April 2023

DOI: 10.20959/wjpr20235-27745

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**ABSTRACT**

Transferosome s are especially optimized patches or vesicles, which can respond to an external stress by rapid-fire and stoutly affordable, shape metamorphoses. Similar largely deformable patches can therefore be used to bring medicines across the natural permeability walls, similar as skin. When tested in artificial systems. Transferosome s can pass through indeed bitsy pores (100mm) nearly as efficiently as water, which is 1500 times lower. medicine laden transferosome s can carry unknown quantum of medicine per unit time across the skin(up to 100 mg cm<sup>2</sup>h<sup>-1</sup>). Transdermal medicine delivery system is constantly used due to its several advantages over other routes medicine delivery but the penetration of medicine via the stratum conium is a rate limiting step, its major limitations like, it can not be

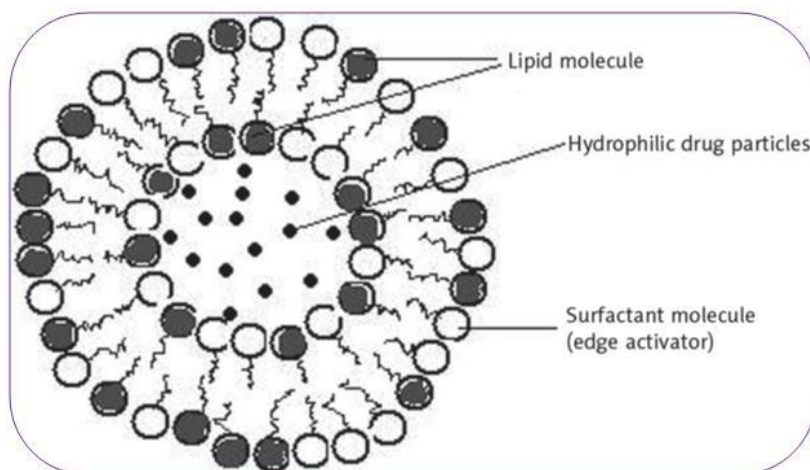
suitable to transport the larger size patch. That's why vesicular system like Transferosome s are developed to overcome these limitations. The elastic vesicles distort themselves to access the skin through pores. It's more effective & safer in composition also others. In this type of delivery, medicine release can also be controlled according to the demand. therefore, this approach can overcome the problems which do in conventional ways.

**KEYWORDS:** Colloids elastic vesicles, liposomes skin penetration enhancement ultradeformable vesicles.

**INTRODUCTION**

Transferosome is a personal medicine delivery technology, an artificial vesicle designed to parade the characteristics of a cell vesicle suitable for controlled and potentially targeted medicine delivery. Transdermal administration of medicines is generally limited by the hedge

function of the skin. Vesicular systems are one of the most controversial styles for transdermal delivery of active substances. Liposome and niosomes are the vesicular carrier systems which have entered a lot of attention over the last decades as a means of transdermal medicine delivery.<sup>[1]</sup> The skin represents an ideal route of medicine administration in terms of availability and ease of operation. Topical operation of creams and poultices for ornamental and remedial goods in the skin and original apkins has been used for thousands of times. More lately, transdermal delivery of medicines for systemic effect has been developed with a variety of transdermal remedial systems (substantially patches) now available. Still, the range of motives that can achieve remedial quantities at their target point following operation to the skin is oppressively limited. This is due to the effective hedge parcels of complete skin, which is primarily associated with the remotest layers of the epidermis, videlicet the stratum conium.<sup>[2]</sup> Transfersomes are a type of elastic or largely deformable vesicle. They've been extensively used as a new carrier for effective transdermal delivery of bioactive. improvement of penetration of both low as well as high molecular weight medicines is the principle bid in designing these vesicles. Vesicles form at some specific proportion of phospholipids and surfactant when reused to interact privately. The inflexibility of the vesicle is controlled by the rates of individual surfactants and total quantum of surfactants.



**Figure 1: Transfersomes.**

## HISTORY OF TRANSFEROSOMES

Transfersome is a term registered as a trademark by the German company IDEA AG, and used by it to relate to its personal medicine delivery technology. The name means “carrying body”, and is deduced from the Latin word ‘transferre’, meaning ‘to carry across’, and the Greek word ‘soma’, for a ‘body’. The conception of transfersome was introduced in 1992 by

Cevc and co-workers. These vesicular transferosomes are more elastic than the standard liposomes and therefore well suited for the skin penetration. Transferosomes were developed in order to take the advantage of phospholipids vesicles as transdermal medicine carrier. These tone-optimized summations, with the ultra flexible membrane, are suitable to deliver the medicine reproducibly either into or through the skin, depending on the choice of administration or operation, with high effectiveness. The performing flexibility of transferosome membrane minimizes the threat of complete vesicle rupture in the skin and allows transferosomes to follow the natural water grade across the epidermis, when applied under non-occlusive condition. Transferosomes can access the complete stratum corneum spontaneously along two routes in the intracellular lipid that differ in their bilayers parcels.

### USES AND ADVANTAGES OF TRANSFEROSOMES

- Transferosomes retain an structure conforming of hydrophobic and hydrophilic halves together as a result can accommodate medicine moles with a wide range of solubility.<sup>[3]</sup>
- Transferosomes retain an structure conforming of hydrophobic and hydrophilic halves together and as a result can accommodate medicine moles with wide range of solubilities. They can distort and pass through narrow condensation (from 5 to 10 times lower than their own periphery) without significant loss.
- High deformability of this system gives better penetration of complete vesicles. They can act as a carrier for low as well as high molecular weight medicines e.g. analgesic, anesthetic, corticosteroids, coitus hormone, anticancer, insulin and albumin
- They're biocompatible and biodegradable as they're made from natural phospholipids analogous to liposomes.
- They cover the repressed medicine from metabolic declination illustration protein and peptides.
- They've high use effectiveness, in case of lipophilic medicine near to 90%.<sup>[4]</sup>
- They act as depot, releasing their contents sluggishly and gradationally
- They can be used for both systemic as well as topical delivery of medicine.
- Easy to gauge up, as procedure is simple, don't involve lengthy procedure and gratuitous use or pharmaceutically inferior complements.<sup>[5]</sup>
- It facilitates the medicine patch penetration in and across the stratum corneum.

### DISADVANTAGES OF TRANSFEROSOMES<sup>[6]</sup>

- Transferosomes are chemically unstable because of their predilection to oxidative declination.
- Chastity of natural phospholipids is another criteria militating against relinquishment of transferosome s as medicine delivery vehicles.
- Transferosomes phrasings are precious.

### TRANSFEROSOME S v/s OTHER CARRIER SYSTEMS<sup>[7-8]</sup>

Transferosome s are generally differ from the mixed micelles. They're as following;

- In size, a transferosome s is lesser than the standard lipid micelles.
- Each vesicular transferosome s contains a water filled core whereas a micelle is just a simple adipose drop. As a result, transferosome s can carry water as well as fat-answerable agent in comparison to micelles that can only incorporate lipoidal substances.
- Transferosome s are different from generally used liposomes as they're much more flexible and adaptable.
- Confocal Scanning Ray Microscopy(CSLM) can be used to separate the penetration capability of all these carrier systems in the complete marines skin. In all these vesicles the largely deformable transferosome s transverse the stratum cornea and enter into the feasible epidermis in significant volume

### MATERIAL FOR TRANSFEROSOMES

Transferosomes is a tone adaptable and optimized mixed lipid total and composed of phospholipids like phosphatidyl choline which tone assembles into lipid bilayer in waterless terrain and closes to forma vesicle. A bilayer softening element (similar as a biocompatible surfactant or an amphiphile medicine) is added to increase lipid bi subcaste inflexibility and permeability. This alternate element is called as edge activator.

Materials commonly used for the preparation of transferosome s are summarized in the following table;

Ingredient	Ingredient	Functions
Phospholipid	Soya Phosphatidylcholine Egg Phosphatidylcholine Disteryl Phosphatidylcholine	Vesicle forming Componet
Surfactant	Sodium Cholate Sodium deoxy Cholate Tween 80	For Providing Flexibility

	Span 80	
Alcohol	Ethanol Methanol	As a Solvent
Dye	Rhodamine-123 Rhodamine-DHPE Fluorescein-DHPE Nil red 6 Corboxy fluorescence	For Confocal ScaningLaseer Microscopy (CSLM) Study
Buffering Agent	Saline phosphate buffer (PH 6.5) 7% v/v ethanol Tris buffer (PH 6.5)	As a hydrating medium

### Scope of transferosomes

Transfersome technology is best suited for noninvasive delivery of remedial moles across open natural walls. The vesicles of transferosomes can transport across the skin, for illustration, moles that are too big to diffuse through the hedge. exemplifications include systemic delivery of therapeutically meaningful quantities of macromolecules, similar as insulin or interferon, across complete mammalian skin. Other operations include the transport of small patch medicines which have certain physicochemical parcels which would else help them from diffusing across the hedge. other magnet of the transfersome technology is the carriers capability to target supplemental, subcutaneous towel. This capability relies on minimization of the carrier associated medicine concurrence through cutaneous blood vessels supersystem the non-fenestrated blood capillary walls in the skin together with the tight junctions between endothelial cells avert vesicles getting directly into blood, therefore maximizing original medicine retention and propensity to reach the supplemental towel targets. compass of transfersomes is substantially intended for topical operation although other routes may be considered for farther examinations. medicine should be named in such a way that it fits in the criteria of topical delivery. Transferosomes should have ideal limits for waterless solubility, lipophilicity, molecular size, melting point and pH of the waterless logged result. Further in future by combining colorful other strategies, vesicular system will find the central place in new medicine delivery, particularly in diseased cell sorting, diagnostics, gene and inheritable accoutrements, safe, targeted and effective in vivo delivery.

### Method of Preparation of Transferosomes

#### 1. Thin film hydration fashion<sup>[9-10-11]</sup>

For the medication of transferosomes thin film hydration fashion is used, which comprised of substantially three way;

a) At first, the vesicle forming constituents phospholipids and surfactant were dissolved in unpredictable organic detergent. The organic detergent faded above the lipid transition temperature using rotary evaporator. Final traces of detergent were removed under vacuum for overnight. The deposited lipid flicks were doused with buffer by gyration at 60 RPM/min.

b) The thin film is doused with buffer result(pH6.5) by gyration at 60 rpm for 1 hr at the corresponding temperature. The performing vesicles were swollen for 2 hr at room temperature.

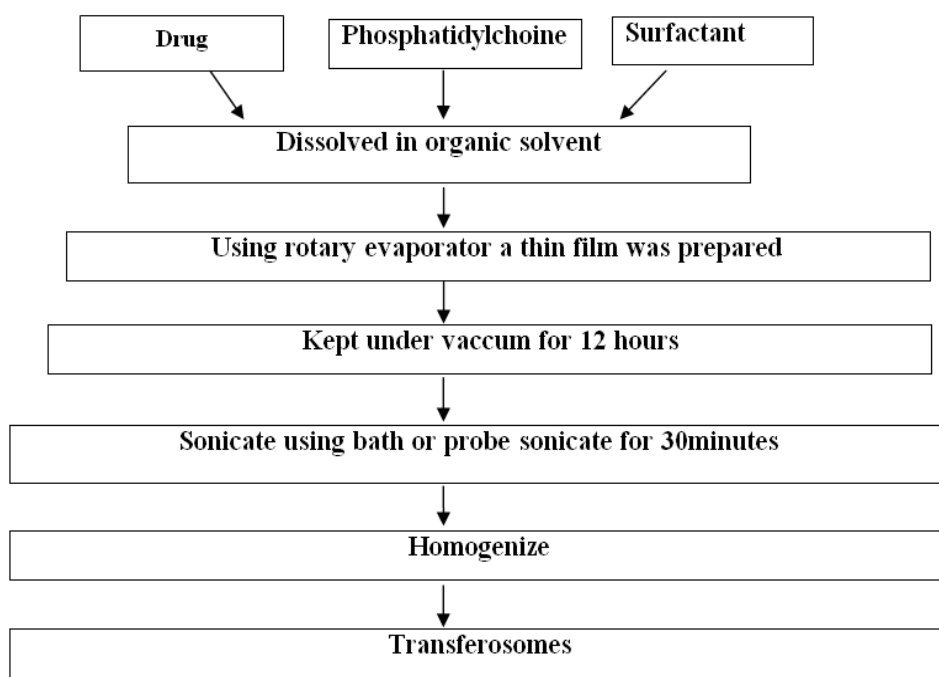
c) To prepare small vesicles, performing vesicles were sonicated at room temperature or 50 °C for 30 min, using a bath sonicator or inquiry sonicator. The sonicated vesicles were homogenized by homemade extrusion 10 times through a sandwich of 200 and 100 nm polycarbonate membranes.

## 2. Modified hand shaking(lipid film hydration fashion)

The system comprise of the following way;

a) medicine, Phosphatidyl choline and Edge activator(Surfactant) were dissolved in ethanol chloroform<sup>[11]</sup> admixture. Organic detergent was removed by evaporation while hand shaking above lipid transition temperature(43 °C). A thin lipid film was formed inside the beaker wall with gyration. The thin film was kept overnight for complete evaporation of detergent.

b) The film was also doused with phosphate buffer(pH7.4) with gentle shaking for 15 nanosecond at corresponding temperature. The transferosomes s suspense further doused up to 1 hour at 2- 8 °C.



### Characterization of Transferosomes

The characterization of transferosomes is analogous to liposomes, niosomes & micelles.<sup>[12]</sup> Following characterization parameters have to be checked for transferosomes.

- 1. Vesicle size distribution and zeta implicit** Vesicle size, size distribution and zeta eventuality were determined by Dynamic Light Scattering system by Malvern Zetasizer.<sup>[13-14]</sup>
- 2. Vesicle morphology** Vesicle periphery can be determined using photon correlation spectroscopy or dynamic light scattering(DLS) system. Samples were prepared in distilled water, filtered through a 0.2 mm membrane sludge and adulterated with filtered saline and also size dimension done by using photon correlation spectroscopy or dynamic light scattering(DLS) measures. Transferosomes vesicles can be imaged by TEM, phase discrepancy microscopy, etc. The stability of vesicle can be determined by assessing the size and structure of vesicles over time. Mean size is measured by DLS and structural changes are observed by TEM.<sup>[13-14]</sup>
- 3. Number of vesicles per boxy mm** This is an important parameter for optimizing the composition and other process variables. Non sonicated transferosomes phrasings are adulterated five times with 0.9 sodium chloride result. Haemocytometer and optic microscope can also be used for farther study.<sup>[15]</sup> The Transferosomes in 80 small places are counted and calculated using the following formula Total number of Transferosomes per boxy mm = (Total number of Transferosomes counted × dilution factor × 4000)/ Total number of square counted.
- 4. Entrapment effectiveness** The ruse effectiveness is expressed as the chance ruse of the medicine added. Entrapment effectiveness was determined by first separation of the un-entrapped medicine by use of mini-column centrifugation system. After centrifugation, the vesicles were disintegrated using 0.1 TritonX-100 or 50 n- propanol.<sup>[14]</sup> The ruse effectiveness is expressed as Entrapment effectiveness = (quantum entangled Total quantum added) × 100
- 5. Medicine content** The medicine content can be determined using one of the necessary logical styles similar as modified high performance liquid chromatography system(HPLC) system using a UV sensor, column roaster, bus sample, pump, and motorized analysis program depending upon the logical system of the Pharmacopoeial medicine.<sup>[16]</sup>
- 6. Turbidity dimension** Turbidity of medicine in waterless result can be measured using nephelometer.<sup>[14]</sup>



7. **Degree of deformability or permeability dimension** In the case of transferosomes, the permeability study is one of the important and unique parameter for characterization. The deformability study is done against the pure water as standard. Transferosomes medication is passed through a large number of pores of known size(through a sandwich of different microporous pollutants, with severance periphery between 50 nm and 400 nm, depending on the starting transferosomes suspense). flyspeck size and size distributions are noted after each pass by dynamic light scattering( DLS) measures.<sup>[17]</sup>
8. **Penetration capability** Penetration capability of Transferosomes can be estimated using luminescence microscopy.<sup>[17]</sup>
9. **Occlusion effect** Occlusion of skin is considered to be helpful for saturation of medicine in case of traditional topical medications. But the same proves to be mischievous for elastic vesicles. Hydrotaxis (movement in the direction) of water is the major driving force for saturation of vesicles through the skin, from its fairly dry face to water rich deeper regions. Occlusion affects hydration forces as it prevents evaporation of water from skin.<sup>[14]</sup>
10. **Face charge and charge** viscosity face charge and charge viscosity of Transferosomes can be determined using zetasizer.<sup>[15]</sup>
11. **In-vitro medicine release** In vitro medicine release study is performed for determining the saturation rate. Time demanded to attain steady state saturation and the saturation flux at steady state and the information from invitro studies are used to optimize the expression before further precious in vivo studies are performed. For determining medicine release, transferosomes suspense is incubated at 320C and samples are taken at different times and the free medicine is separated by mini column centrifugation. The quantum of medicine released is also calculated laterally from the quantum of medicine entangled at zero times as the original quantum.<sup>[15]</sup>
12. **In-vitro Skin saturation Studies** Modified Franz prolixity cell with a receiver cube volume of 50 ml and effective prolixity area of 2.50 cm<sup>2</sup> was used for this study. In vitro medicine study was performed by using scapegoat skin in phosphate buffer result(pH7.4). Fresh Abdominal skin of scapegoat were collected from bloodbath house and used in the saturation trials. Abdominal skin hairs were removed and the skin was doused in normal saline result. The adipose towel subcaste of the skin was removed by rubbing with a cotton tar. Skin was kept in isopropyl alcohol result and stored at 0- 40 °C. To perform skin saturation study, treated skin was mounted horizontally on the receptor cube with the stratum corneum side facing overhead towards the patron cube of Franz prolixity cell.



The effective saturation area of patron cube exposed to receptor cube was 2.50 cm<sup>2</sup> and capacity of receptor cube was 50 ml. Correction factors for each aliquot were considered in computation of release profile. The samples were anatomized by any necessary logical fashion.<sup>[18]</sup>

- 13. Physical stability** The original chance of the medicine entangled in the expression was determined and were stored in sealed glass ampoules. The ampoules were placed at  $4 \pm 20^\circ\text{C}$  (refrigeration),  $25 \pm 20^\circ\text{C}$  (room temp), and  $37 \pm 20^\circ\text{C}$  (body temp) for at least 3 months. Samples from each ampoule were anatomized after 30 days to determine medicine leakage. Percent medicine lose was calculated by keeping the original ruse of medicine as 100.<sup>[17]</sup>

### APPLICATION OF TRANSFEROSOMES<sup>[19,20]</sup>

1. Transferosome s have the eventuality for the controlled release of the administered medicine.
2. Adding the stability of labile medicines due to the objectification of phospholipids.
3. Large motes weight composites can be fluently transported across the skin with the help of transferosomes. For illustration, insulin, interferon like leukocytic deduced interferon (INF) can be delivered through mammalian skin. They've been extensively used as a carrier for the transport of other proteins and peptides. As protein beach peptides are large biogenic motes delicate to transport into the body and degraded in the GI tract and transdermal suffers due to their large size.
4. since transferosome s gain analogous bioavailability to subcutaneous injection. mortal serum albumin was set up to be effective in producing the vulnerable response when delivered by transdermal route reprised in Transferosomes.
5. supplemental medicine targeting the capability of transferosomes to target supplemental subcutaneous apkins is due to minimal carrier associated medicine concurrence through blood vessels in the subcutaneous towel.
6. Transdermal immunization Transcutaneous hepatitis- B vaccines have given good results. A 12 times advanced AUC was attained for zidovudine as compared to normal control administration. Selectivity in deposit in RES (which is the usual point for hearthstone of HIV) was also increased.
7. NSAIDS are associated with number of GI side goods. These can be overcome by transdermal delivery using ultra deformable vesicles.

8. Transfersomes have been extensively used as a carrier for the transport of proteins and peptides. Proteins and peptide are large biogenic moles which are veritably delicate to transport into the body, when given orally they're fully degraded in the GI tract. These are the reasons why these peptides and proteins still have to be introduced into the body through injections. colorful approaches have been developed to ameliorate these situations. The bioavailability attained from transfersomes is kindly analogous to that performing from subcutaneous injection of the same protein suspense.
9. The transfersosomal medications of this protein also convinced strong vulnerable response after the repeated picutaneous operation, for illustration the adjuvant immunogenic bovine serum albumin in transfersomes, after several dermal challenges is as active immunologically as is the corresponding fitted proteo- transfersomes medications.
10. Delivery of insulin by transfersomes is the successful means of non invasive remedial use of similar large molecular weight medicines on the skin. Insulin is generally administered by subcutaneous route that's inconvenient. Encapsulation of insulin into transfersomes (transfersulin) overcomes these entire problems. After transfersulin operation on the complete skin, the first sign of system ichypoglycemia are observed after 90 to 180 min, depending on the specific carrier composition.
11. Transfersomes have also been used as a carrier for interferons, for illustration INF-  $\alpha$  is a naturally being protein having antiviral, anti proliferive and some immunomodulatory goods. Transfersomes as medicine delivery systems have the eventuality for furnishing controlled release of the administered medicine and adding the stability of labile medicines.
12. Another most important operation of transfersomes is transdermal immunization using transfersomes loaded with answerable protein like integral membrane protein, mortal serum albumin and gap junction protein.

## FACTORS AFFECTING PROPERTIES OF TRANSFEROSOMES

In the process of carrying an optimized expression of transfersome s, there are number of process variables that could affect the parcels of the transfersomes. These variables principally involve the manufacturing of transfersomal phrasings, which are linked as follows

1. Effect of Phospholipids Edge Activator rate The phospholipids Edge activator (lecithinsurfactant) should be an optimized rate due to the fact that this greatly affects the ruse effectiveness, vesicle size and saturation capability. In general, it has been reported that the EE could be reduced due to the presence of a advanced surfactant attention. This

may be due to the result of increased vesicles' membrane permeability because of the arrangement of surfactant moieties within the vesicular lipid bilayer structure, which could induce pores within the vesicular membrane and lead to an increased fluidity and prompt the leakage of the entrapped medicine.<sup>[21]</sup> A further increase in the edge activator content may lead to severance conformation in the bilayer and a reduced saturation capability of the vesicles.<sup>[22]</sup>

2. Effect of colorful Detergents colorful detergents similar as ethanol or methanol are used. Selection of the applicable detergent depends on the solubility of all the expression constituents in the detergent and their compatibility with the detergent. rather, all the excipients, including the medicine, should fully dissolve in the detergent and should gain a clear transparent result to produce a better film-forming capability and good stability after hydration.<sup>[23]</sup> Detergents used in the expression can also play their function as penetration enhancers that ameliorate medicine flux through the membrane. According to Williams and Barry(2004), ethanol was used in colorful studies to enhance the flux of hydrocortisone, 5-fluorouracil, estradiol and levonorgestrel through rat skin.<sup>[24]</sup>
3. Effect of colorful Edge Activators(Surfactants) Deformability, as well as the use effectiveness of transferosome vesicles, are affected by the type of edge activators used in their formulations. This could be due to the difference in the chemical structure of the EA.<sup>[24]</sup> Generally, the vesicle size decreases by adding the surfactant attention, the hydrophilicity of the surfactant head group, carbon chain length and the hydrophilic lipophilic balance (HLB). The three surfactants, including tween 80, span 80 and sodium deoxycholate, were used to prepare the transferosomes, and a reduction of the vesicle size was set up when the advanced surfactant attention used. This might be due to the fact that the high surfactant attention(further than 15) induce micelle conformation rather than vesicle conformation.<sup>[26]</sup>
4. Effect of the Hydration Medium The hydrating medium may correspond of either water or saline phosphate buffer (pH6.5–7). The pH position of the expression should be suitable to achieve a balance between both the expression parcels and natural operations, as well as the route of administration. The lipid bilayer of transferosomes mimics the phospholipids substructure of the cell membrane, and only unionized medicines remain membrane-bound to the phospholipids bilayer and access through the intracellular route.<sup>[28]</sup>

## CONCLUSION

Transferosome s are especially optimized patches or vesicles, which can respond to an external stress by rapid-fire and stoutly affordable, shape metamorphoses. similar largely deformable patches can therefore be used to bring medicines across the natural permeability walls, similar as skin. When tested in artificial systems. Transferosome s can pass through indeed bitsy pores(100 mm) nearly as efficiently as water, which is 1500 times lower. medicine laden transferosome s can carry unknown quantum of medicine per unit time across the skin (up to 100 mg cm<sup>2</sup>h<sup>-1</sup>). Transdermal medicine delivery system is constantly used due to its several advantages over other routes medicine delivery but the penetration of medicine via the stratum corneum is a rate limiting step, its major limitations like, it can not be suitable to transport the larger size patch. That's why vesicular system like Transferosome s are developed to overcome these limitations. The elastic vesicles distort themselves to access the skin through pores. It's more effective & safer in composition also others. In this type of delivery, medicine release can also be controlled according to the demand. therefore, this approach can overcome the problems which do in conventional ways.

## ACKNOWLEDGEMENT

I would like to express my genuine thanks Dr. Gajanan Sanap, Principal, LBYP college of Pharmacy, for giving me this opportunity to carry out my study in the LBYP (Affiliated University DBATU) Maharashtra, India.

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