

PUTRAJEEVAKA AS A MATRUDHARAK

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INTRODUCTION

Women is blessed with motherhood. It is the happiest movement in the females life.

In the present scenario we come across many cases of vandyatwa. More than 1 million cases per year in india seen. 30% due to male, 30% female, 30% both, and 10% cases no causes.

Vandhyatwa is a universal problem of proportion. A couple is considered infertile if the woman does not conceive a child after one year of unprotected well timed intercourse.

Putrajiva- “Putram garbham jeevayati, Putrajiva”

Due to madhur rasa, madhur vipak, sheet veerya, it acts as garbhautpadak, garbhastapak, garbhavruddhikar so it provide jeevan to the garbha.

Nighantus have explained that putrajeeva is used in vandyatwa due to its vrishya property.

Putrajeevak is a well known plant which has been ascribed an important role in traditional ayurvedic system of health and herbal medicine. And it is also named as ornamental tree, childs amulet tree. It is found throught India. It belongs to Euphorbiaceae family. Its various parts are used to treat various clinical disorders. Mainly its seeds are used to treat vandyatwa.

The attempt has made to discuss the properties of Putrajeevak in female infertility.

KEYWORDS: Putrajeeva, Vandyatwa, Infertility.

AIMS AND OBJECTIVES

1. Discussing the properties of putrajeevak,
2. The action of putrajeevak in female infertility
3. Encourage the infertility couples.

MATERIALS AND METHODS

Causes

1. Gharbhautpattikar bhavas

- A. Rutu,
- B. Kshetra,
- C. Beeja,
- D. Ambu

2. Sadbhavas

- a. Mother,
 - b. Father,
 - c. Atma,
 - d. Satwa,
 - e. Satmya,
 - f. Rasa
3. Yoni pradusa/Abnormalities of reproductive system
 - a. Yoni vyapad/Gychnological disorders
 - b. Injuries to artavaha srotas
 - c. Yonyarsha
 - d. Garbhakosabhanga/Injuries to the Uterus or its Displacement
 - e. Bhaga Sankocha/Constriction of Vulva & Vagina
 - f. Sphalita Mutratwa/passage of Urine with Quivering/Flopping stream
 4. Manasik vikrutis
 5. Abnormalities of Sukra
 6. Abnormalities of Asrk
 7. Abnormalities of Diet
 8. Abnormalities of mode of Life
 9. Akala Yoga/coitus in improper time

10. Loss of Bala/Strength
11. Abnormalities of Atma & Satwa
12. Affliction by Tataharinis
13. Curses of God/Fate

Types /Classification of Vandya

1. Vandya / Sterility
2. Apraja / Primary infertility
3. Sapraja / Secondary infertility

Chikitsa/Treatment

Balavardhaka & Brmhana Dravyas used in balasankshaya & in Dhatu Ksheya

The drugs prescribed for Pumsawanakarma can also be used

Specific treatment

Abhyaga, Nasya, Basti

Properties of putrajeevak

Guna – Guru, picchil

Rasa – Madhur

Vipak – Madhur

Veerya – Sheet

Prabhav – Garbhakar

Doshakarma – Vatapittashamak

Chemical constituents – Seed contains - Putra flavones, putranjic acid, Putranjivoside, b
amurin, stigmasterol, saponins

Leaves also contains saponins

Part used – seed, leaves

Dose – beej choorna – 3-6gm

DISCUSSION

Putrajeeva - “Putram garbham jeevayati, putrajiva”

Putrajeevak is defined as it gives jeeva to the garbha as per bhava prakash

“Putrajeevo himo vrishyah shleshamado garbhajeevakah |

Chaksushyah pittashamano dahatrishnanivaranah ||

In Raj Nighantu explained that the putrajeevak is used in vandyatwa due to its vrishya property.

However there are several causes of infertility in women, but putrajeevak beej acts as supportive medicine for detoxifying the uterus, improving ovarian functions, which help to release of matured & healthy ovum for fertilization, making the uterus capable to implantation, continuing pregnancy due to the saponins present in it.

Putrajeevak beej acts as uterine tonic and improves the health of female organs of reproductive system and it makes uterus capable for implantation and to continue the pregnancy, so it is useful in cases of habitual abortions. The phytochemical present in it stigmasterol it acts as a estrogen which helps in hormonal balance. According to Harita vandhyatwa is not only limited upto conception but continuation of pregnancy upto the birth of alive child.

Pumsavan vidhi is well known aspect of ayurveda is conducted for desire baby it is most important drug considered in pumsavan vidhi ultimately it is used in infertility to give birth to healthy baby.

A research work is conducted by general ayurved physician of Gujarat and he tried the putrajeevak beej on 25 women, out of 25 women 20 women conceived after 23 months, one women had history of habitual abortion also treated successfully and one had still born baby was also treated successfully.

Putrajeevak not only taken internally for promoting healthy progeny but the hard wrinkled nuts are made into necklace and worn by children to keep good health.

Research work proved that it helps in menstrual disorders when taken from 4th day of menstrual cycle and also improving chances of conception if the seed kernel extract in milk is given from 1st to 4th day of menstrual cycle,. This is given with milk as it is comes under Ajasrik rasayan, so it gives strength to uterus so it helps in conception.

In ediopathic causes if putrajeevak beeja -4gm is dipped in 250ml of milk for whole night and next day morning the seeds are squeezed in milk and whole milk is to be taken early morning for 40 days, So it cures vandyatwa.

Our ancient aacharyas explained that it is used internally as well as externally, to wear necklace and rosaries made up off its hard seeds give birth to a child and also fight against evil spirit and ill health.

Putrajeevak is indicated in vandyatwa due to its vrishya property and garbhastapak action. An infertile women has no any value in society, she named as “vandhya stri” This putrajeevak gives her a new life and respect in a society. She may survive proudly and she becomes whole mother. According to my view it definitely acts in any type of infertility and provide motherhood to women so it is not only the putrajeevak but also matrudharak.

CONCLUSION

Mother is the most beautiful word in the world. To become mother is the first priority of women. Putrajeevak is garbhautpattikar, garbhasthapak, garbhavruddhikar. Putrajeevak acts as a dynamic drug in infertility.

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