

UTILITY OF AUTOIMMUNE DISORDERS IN HOMOEOPATHY

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ABSTRACT

Background: As a result of factors including genetics, racial differences, and hormonal changes that affect growth. Each person's physical and mental disorders are produced as proteins by the genes that store genetic information in chemically coded DNA portions called "genes." "Thus, we hypothesized that a man's ability to recognize genetic factors as the root of any disease is a function of his genes. Homeopathic treatment will be simpler if autoimmunity is understood mentally. Homeopathic treatment will be simpler once the mental understanding of autoimmune disease is achieved. The repertory is an essential component in treating autoimmune illnesses.

Objectives: The chief goal of a homeopath is to treat the individual's genetic disposition, i.e. the miasm, rather than the sickness. Reviewing homoeopathic medicine's potential in treating autoimmune disorders

Methods: This research examined how homoeopathic medicine affected autoimmune illnesses, and explored Google Scholar and PubMed databases. The manuscripts of selected studies were examined for study design after reviewing abstracts. **Results:** Most studies indicate that homeopathic medicines can be used to treat patients and

manage ongoing inflammation without causing any harmful side effects on other parts of the body. This reduces the chances of developing further complications from the illness.

Conclusion: According to conventional scientific studies, women are more prone to developing autoimmune disorders compared to men. However, the homeopathic perspective

suggests that autoimmunity at the genetic level can occur before its manifestation at the physical level. In simpler terms, destructive defense (syphilis), fortification defense (sycosis), and physiological defense (psora) are all genetically based and can manifest in any offspring carrying the genes. Understanding autoimmune at this level will make it easier to apply various repertory homeopathic remedies to elucidate mental rubrics, pathological generals' rubrics, and clinical rubrics related to autoimmunity. Keywords: Homoeopathy, autoimmune disorders, immunity in homoeopathy, immunosuppressants, adverse effects.

KEYWORDS: This reduces the chances of developing further complications from the illness.

INTRODUCTION

Autoimmune disorders are more commonly found in women than men. Multiple sclerosis and idiopathic thrombocytopenic purpura are diseases. Sex differences remain unclear.^[1]

In autoimmune diseases and organ transplants, Immunosuppressants are drugs that suppress the immune system commonly Cyclosporine, Tacrolimus, Everolimus, mizoribine, and azathioprine. When administering medication, it is important to consider both the therapeutic benefits of the medication and its potential risks and side effects.^[2]

World Health Organization reports that homeopathy is one of the most widely used medical systems.^[3] The entire human race is treated by the homeopathic medical system. Selection of constitution-improving drugs. This approach helps prevent autoimmune disease recurrence without causing further suffering or side effects. Homeopathy follows the principle of "similia similibus curentur," which means "like cures like."^[4]

Statistics in the occurrence of autoimmune disorders

Autoimmune diseases affect 4% of the world's population, including over 80 major illnesses like type 1 diabetes, lupus, and psoriasis. They are the third most common cause of chronic illness in the US, affecting 5% to 8% of the population. With up to 50 million Americans suffering from autoimmune illnesses, the healthcare costs associated with these diseases amount to \$86 billion annually, making autoimmune disease a significant concern for women's health. Certain diseases are more common among women of African American, Native American, and Hispanic descent due to family history of autoimmune conditions.^[5]

Autoimmune illnesses have risen globally in the past 30 years, with the most significant increase in rheumatic, endocrinological, gastrointestinal, and neurological illnesses. Type 1 diabetes, myasthenia gravis, and celiac disease saw the highest increase in the West and North, indicating greater environmental influence. There are no long-term follow-up studies available.^[6]

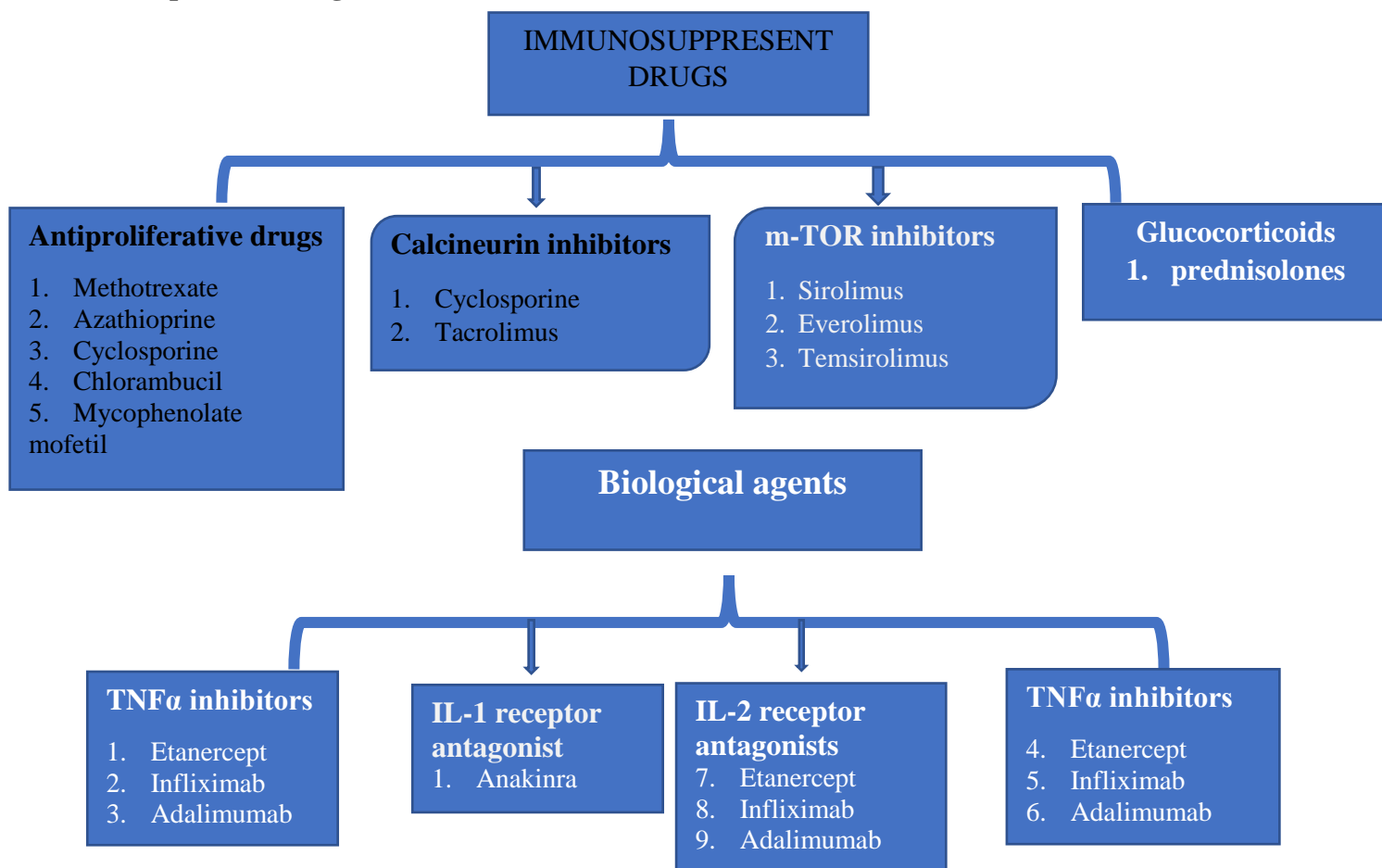
The leading cause of death for young and middle-aged women in the US is autoimmune diseases. The incidence rates for both diseases are less than one and 20 cases per 100,000 person-years, respectively. Patients make up 85% of the population. Disease-specific research and studies on related diseases are vital due to ethnic and geographic variations in disease incidence.^[7]

Age of onset

Autoimmune disorders are more common in women, primarily due to the X chromosome and hormonal changes. Systemic Lupus Erythematosus (SLE) and Psoriasis are two examples of autoimmune diseases that affect women more frequently than men. The VGLL3 transcription factor is linked to autoimmune diseases in both genders. Hormonal changes during pregnancy and postpartum can also increase susceptibility to autoimmune diseases with increased estrogen levels triggering pro-inflammatory cytokine production.^[8] Rheumatoid arthritis (RA) affects individuals aged 30-60, with symptoms typically appearing between 16-40 and beyond 60, with younger onset affecting those aged 16-40.^[9]

Risk factors

75% of Americans with autoimmune illnesses are female, and heritable causes account for the majority of cases. The majority of deaths and disabilities among women under 65 are caused by these disorders. Development is influenced by elements like heredity, racial differences, and hormone changes. The majority of autoimmune disorders are polygenic and associated with particular HLA molecules.^[10]

Allopathic Management^[11]**Adverse Drug Effects**

Immunosuppressants are drugs that suppress the immune system and are commonly used in organ transplants and autoimmune diseases. When administering medication, it is important to consider both the therapeutic benefits of the medication as well as its potential risks and side effects. For instance, treating cancer may cause bone marrow depression, while antihistamines may make a person slightly drowsy when used to treat a common cold. Therefore, it is crucial to weigh the pros and cons of using a particular medication for a specific patient before making a decision.^[12]

Cyclosporine is a second-line immunosuppressant used in autoimmune diseases like rheumatoid arthritis and psoriasis. However, it is nephrotoxic and impairs liver function, leading to adverse effects like blood pressure rise, diabetes, anorexia, and seizures.^[12]

Tacrolimus is used in Crohn's disease and atopic dermatitis but can precipitate diabetes and cause neurotoxicity.^[12]

Medications such as **everolimus, mizoribine, and azathioprine** can cause side effects that may include mouth sores, anemia, nausea, vomiting, constipation, headache, fatigue, cough, high blood pressure, dry skin, fever, nosebleeds, weakness, heart failure., leukopenia, rash, hyperuricemia, and vomiting.^[13]

Correlation Of Autoimmune Diseases with Homoeopathic Philosophy & Homeopathic Management

Homoeopathy is a treatment approach that considers a patient's medical history, constitution, and Miasmatic tendency. It uses the similia principle to establish a homeopathic response. Autoimmune diseases, a combination of Syphilitic and Psoric miasm, are triggered by latent psora, and a Miasmatic protocol involves starting with anti-tubercular remedies and switching to syphilitic remedies as pathology advances.^[14] In homoeopathy, the patient is seen holistically. When treating autoimmune diseases, homeopathic remedies are used to treat the patient without causing side effects in other parts of the body. This reduces the risk of further health problems caused by the disease.^[15]

Homoeopathy, initially a symptom-based science, focused on individualization through a comprehensive history of mind, body, and sensitivities. As science advanced, it became clear that the whole man, including the mind and body, resulted from a genetic code responsible for character inheritance. Hahnemann indirectly referenced genetics in his aphorisms.

Aphorism 81- Hahnemann discusses the inheritance of symptoms and mutations in diseases, highlighting the effects of genes on the human constitution.

Aphorism 5 says the examination should take into account the patient's constitution, moral and intellectual character, occupation, lifestyle, social and domestic relationships, age, and sexual functioning.

Aphorism 189- Dr. Hahnemann emphasized the importance of the whole organism's cooperation and participation in the body and mind, stating that genes within cells are responsible for everything in the organism. He classified diseases into three categories: Psora, sycosis, and syphilis, emphasizing the interconnectedness of the entire organism.

Hahnemann identified genetic processes as the cause of diseases and argued that to cure a patient, the genetic process, or miasm, must be treated. Homeopaths aim to treat this process, which is stored in chemically coded DNA sections, rather than the disease itself.^[16]

Autoimmune diseases are a significant medical challenge in the modern era, affecting almost all tissues and cells of the body. Homoeopathy offers a constitutional treatment for these diseases. Miasms in autoimmune diseases are assessed through pathology and symptomatology, which vary but are similar in most cases. Pathology involves damage and destruction, contributing to syphilitic and Psoric Miasms. Miasmatic protocols in autoimmune diseases involve starting with antitubercular remedies and switching to syphilitic remedies as pathology advances. Tuberculinum is an intercurrent in the initial stage, while syphilium serves the same purpose in later stages.^[17]

Most autoimmune diseases have a common inherited trait of syphilitic pathology. The percentage of sclerotic symptoms in autoimmune diseases is less. The destruction of joints and tissues in autoimmune diseases is more severe. Syphilitic miasm is characterized by suddenness, heightened sensitivity, and rapid disease progression. Examples include Vitiligo cases with no symptoms or correlation with autoimmune pathogenesis, rheumatoid arthritis with slow and gradual development, Grave's disease, and class III and IV rheumatoid arthritis with marked restriction and sclerosis changes.^[18]

Anti-miasmatic treatment: Anti-miasmatic drugs can be used to treat autoimmune diseases. In the theory of disease, miasm refers to an invisible, animated creature that influences or infects specific illness forms. According to Aphorism 11 of the Organon, sickness may manifest when the vital force is disturbed by a harmful agent. This theory suggests that life is explained by a spiritual vital force.

Understanding Miasm is important: Removing layers of suppression can lead to better symptom clarity, which in turn can significantly improve overall well-being. Taking anti-miasmatic medications can also result in a number of benefits, including improved appetite, better sleep, a more harmonious temperament, weight gain, and a clearer understanding of present-day symptoms. These medications can enhance both one's current constitution and future health.

PAST: The use of anti-miasmatic medications helps identify the complete set of symptoms by bringing them to the surface and organizing them.

CURRENT: The treatment of miasma is to remove the multiple layers of oppression, adjust the treatment plan to the symptoms, and achieve long-term health restoration.

UPCOMING: Removal of the stigma of miasma improves immunity, strengthens the constitution, and prevents susceptibility to diseases through correct diagnosis and therapeutic objectives.^[19]

PATIENTS ON LONG-TERM ALLOPATHIC MEDICATION

Long-term use of effective allopathic drugs can pose challenges to homeopathic treatment. Appropriate treatment can improve your overall energy. Asthma, arthritis, allergies, and autoimmune diseases are all caused by long-term cortisone use. Homeopathic medicines work quicker than antibiotics.^[20]

RESISTANCE AND HOMEOPATHY

The Latin word for immunity is immunizing. Homeopathy aims to strengthen the immune system by combining medicines with the body's immune system. This approach takes into account a patient's physical, mental, and genetic situation, resulting in a healthier patient and lower incidence of disease. The body's natural healing process is facilitated by the administration of homeopathic medicines. Homeopathic medicines are thought to strengthen the body's defenses against infections.^[21]

Homoeopathic studies correlated to Rheumatoid Arthritis

Dr. Chitram Umashankar, et al., 2023, The whole person is treated by the Homeopathy system. Selecting constitutional medicines. This approach prevents autoimmune diseases without side effects. The principle of similia similibus curentur means "let like be cured by like".^[4]

Autoimmune disease, Autoimmune diseases affect 4% of the world's population, including over 80 major illnesses like type 1 diabetes, lupus, and psoriasis. They are the third most common cause of chronic illness in the US, affecting 5% to 8% of the population. With up to 50 million Americans suffering from autoimmune illnesses, the healthcare costs associated with these diseases amount to \$86 billion annually, making autoimmune disease a significant concern for women's health. Females of African American, Native American, and Hispanic descent have a higher risk for certain autoimmune diseases that may be inherited.^[5]

Aaron Lerner, et al, 2015, Autoimmune illnesses have risen globally in the past 30 years, with the most significant increase in rheumatic, endocrinological, gastrointestinal, and neurological illnesses. Type 1 diabetes, myasthenia gravis, and celiac disease saw the highest

increase in the West and North, indicating greater environmental influence. There is a dearth of long-term follow-up studies.^[6]

Cooper GS, et al, 2003, Autoimmune diseases are a leading cause of death among women in the US, especially those who are young and middle-aged. The incidence rates for systemic sclerosis and rheumatoid arthritis are less than one and over 20 cases per 100,000 person-years, respectively. Patients make up 85% of the population. Disease-specific research and studies on related diseases are vital due to ethnic and geographic variations in disease incidence.^[7]

Anjum F, et al, 2020, Autoimmune disorders are more common in women, primarily due to the X chromosome and hormonal changes. Systemic Lupus Erythematosus (SLE) and Psoriasis are two examples of autoimmune diseases that affect women more frequently than men. The VGLL3 transcription factor is linked to autoimmune diseases in both genders. Hormonal changes during pregnancy and postpartum can also increase susceptibility to autoimmune diseases with increased estrogen levels triggering pro-inflammatory cytokine production.^[8]

Singh SP, et al, 2016, 75% of Americans with autoimmune illnesses are female, and heritable causes account for the majority of cases. The majority of deaths and disabilities among women under 65 are caused by these disorders. Development is influenced by elements like heredity, racial differences, and hormone changes. The majority of autoimmune disorders are polygenic and associated with particular HLA molecules.^[10]

The methods: The following search criteria were used to find relevant studies in Google Scholar and PubMed databases. The search terms used were “homeopathy AND autoimmune diseases” and search details (“homeopathy” [all disciplines] or “homeopathy” (MeSH term) or”). Homeopathy. [all areas] AND ('anti-miasma' [MeSH term] OR miasma [all areas]) Article type - Immunology, statistics and side effects of corticosteroids in homeopathy. Full texts of shortlisted studies were analyzed after reviewing abstracts for study design, and most studies used homeopathic medicines to treat patients prone to this disease and treat other parts of the body. It is effective in controlling the ongoing inflammatory process and thereby reducing symptoms without causing negative side effects. The risk of further complications due to disease Results were analyzed.

RESULT

Table No. 3: Research exploring the benefits of homeopathic treatment for Autoimmune Disease.

Research exploring the benefits of homeopathic treatment for Autoimmune Disease				
S.No	Author	year	Article title	Result
	Umashankar, C., & Patil, A. S.	2023	Umashankar, C., & Patil, A. S. (2023). A Narrative Evaluation of Homeopathic Relevance in Treating Autoimmune Diseases, Including Rheumatoid Arthritis, with Rubrics and Justifications. Zenodo (CERN European Organization for Nuclear Research). https://doi.org/10.5281/zenodo.8355159	Homeopathy is a form of medicine that uses individualized remedies to treat the full person. and picking drugs for the Constitution. This method reduces pain and side effects while preventing the return of autoimmune disorders like RA, scleroderma, multiple sclerosis, and psoriasis. "Similia similibus curentur," which translates to "let like be cured by like," is the guiding principle of homeopathy. ^[4]
	Autoimmune disease	-	Autoimmune disease – National Stem Cell Foundation. (n.d.). National Stem Cell Foundation. https://nationalstemcellfoundation.org/focus/autoimmune-disease/	"It is assessed that about 4% of the world's population is impacted by autoimmune disorders., which include over 80 serious conditions like type 1 diabetes, lupus, and psoriasis. They impact 5% to 8% of the population and are the third most common cause of chronic illness in the US. Autoimmune diseases affect up to 50 million Americans, and they represent a huge threat to the health of women since they cost the nation's healthcare system \$86 billion yearly. Due to autoimmune problems that frequently run in families, Females of African American, Native American, and Hispanic origin have a higher risk of developing certain diseases. ^[5]
	Aaron Lerner	2015	Aaron Lerner, Patricia Jeremias, Torsten Matthias. The World's Incidence and Prevalence of Autoimmune Diseases is Increasing. International Journal of Celiac Disease. Vol. 3, No. 4, 2015, pp 151-155. http://pubs.sciepub.com/ijcd/3/4/8	Over the past 30 years, autoimmune diseases have become more prevalent around the world, with rheumatic, endocrinological, gastrointestinal, and neurological conditions seeing the largest increases. The West and North experienced the biggest increases in type 1 diabetes, myasthenia gravis, and celiac disease, indicating stronger environmental influence. Unfortunately, they

				have not conducted any long-term follow-up studies. ^[6]
	Cooper GS	2023	Cooper GS, Stroehla BC. The epidemiology of autoimmune diseases. <i>Autoimmun Rev.</i> 2003 May;2(3):119-25. doi: 10.1016/s1568-9972(03)00006-5. PMID: 12848952.	Autoimmune diseases are the foremost cause of death among young and middle-aged women in the US. The frequency rates for systemic sclerosis and rheumatoid arthritis are less than one and over 20 cases per 100,000 person-years, respectively. Patients make up 85% of the population. Disease-specific research and studies on related diseases are vital due to ethnic and geographic variations in disease incidence. ^[7]
	Angum F	2020	Angum F, Khan T, Kaler J, Siddiqui L, Hussain A. The Prevalence of Autoimmune Disorders in Women: A Narrative Review. <i>Cureus.</i> 2020 May 13;12(5):e8094. doi: 10.7759/cureus.8094. PMID: 32542149; PMCID: PMC7292717.	Autoimmune diseases are more common in women and are primarily caused by changes in the X chromosome and hormones. Systemic lupus erythematosus (SLE) and psoriasis are two examples of autoimmune diseases that affect women more often than men. The VGLL3 transcription factor is linked to autoimmune diseases in both genders. Hormonal changes during pregnancy and postpartum can also increase susceptibility to autoimmune diseases with increased estrogen levels triggering pro-inflammatory cytokine production. ^[8]
	Singh SP	2016	Singh SP, Wal P, Wal A, Srivastava V, Tiwari R, Sharma RD. Understanding autoimmune disease: an updated review. <i>IJPTB.</i> 2016 Jul;3:51-65.	75% of Americans with autoimmune illnesses are female, and heritable causes account for the majority of cases. The majority of deaths and disabilities among women under 65 are caused by these disorders. Development is influenced by elements like heredity, racial differences, and hormone changes. The majority of autoimmune disorders are polygenic and associated with particular HLA molecules. ^[10]

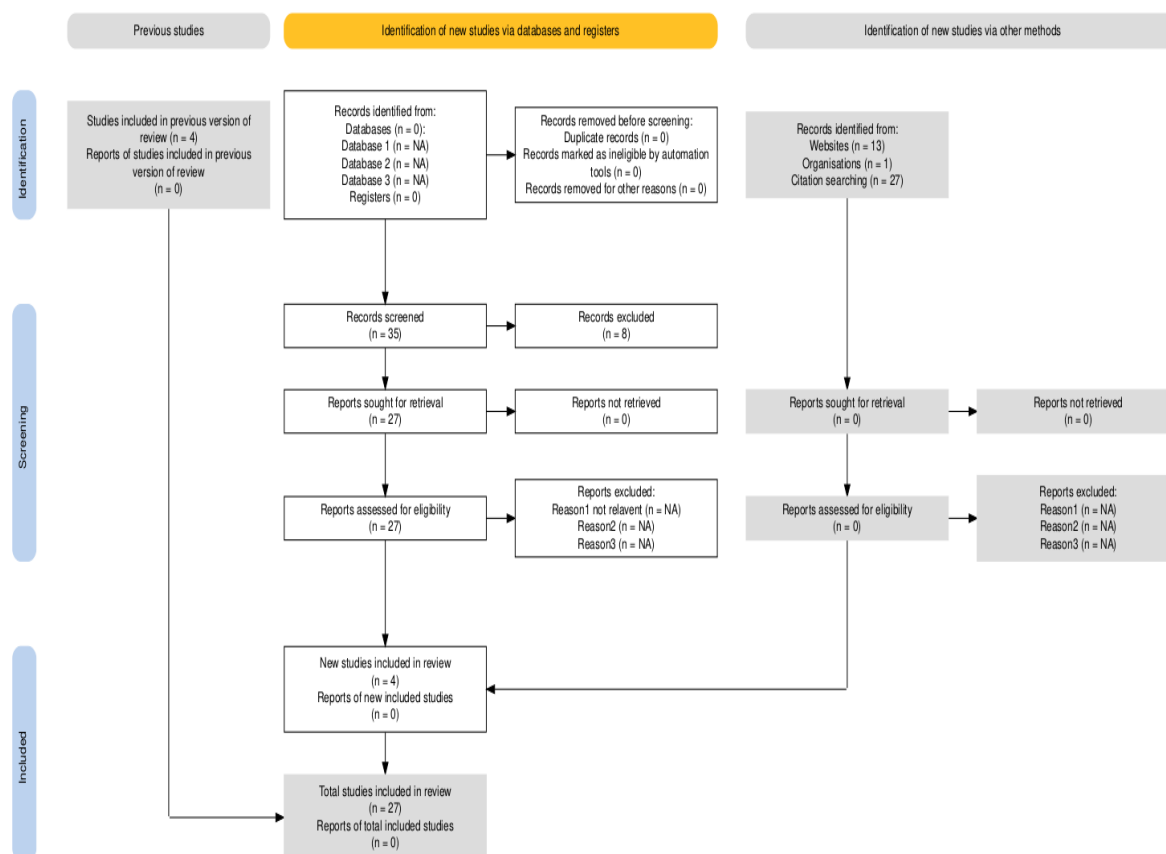


Figure 1: PRISMA flow diagrams.^[28]

DISCUSSION

All selected studies on autoimmune diseases, anti-miasmatic studies in homeopathy, and Studies examining the use of homeopathic medicines for treating AD were evaluated for their effectiveness in boosting immunity. Homeopathy is a form of medicine that uses individualized remedies to treat the full person, and picking drugs for the Constitution. This method reduces pain and side effects while preventing the return of autoimmune disorders like RA, scleroderma, multiple sclerosis, and psoriasis. "Similia similibus curentur," which translates to "let like be cured by like," is the guiding principle of homeopathy.^[4]

4% of the world's population suffers from autoimmune disorders, which include over 80 serious conditions like type 1 diabetes, lupus, and psoriasis. They impact 5% to 8% of the population and are the third most common cause of chronic illness in the US. Autoimmune diseases affect up to 50 million Americans, and they represent a huge threat to the health of women since they cost the nation's healthcare system \$86 billion yearly. Females of African American, Native American, and Hispanic origin are more prone to developing certain diseases due to autoimmune issues that often run in families.^[5]

Over the past 30 years, autoimmune diseases have become more prevalent around the world, with rheumatic, endocrinological, gastrointestinal, and neurological conditions seeing the largest increases. The West and North experienced the biggest increases in type 1 diabetes, myasthenia gravis, and celiac disease, indicating stronger environmental influence. Their lack of long-term follow-up studies, unfortunately.^[6]

Autoimmune diseases are an important reason for death among young and middle-aged women in the United States. The incidence of systemic sclerosis and rheumatoid arthritis is less than 1 and more than 20 per 100,000 person-years, respectively. Patients account for 85% of the population. Disease-specific research and studies on related diseases are vital due to ethnic and geographic variations in disease incidence.^[7]

Homeopathy uses powerful drugs to provide gentle, long-term treatments for illnesses such as autoimmune diseases. We offer a wide range of treatments without side effects but more research is needed. Homeopathy has been successful in providing cures.

Rubrics And Their Justifications for autoimmune disorders

- **Rubrics:** A repertory is a reference book that lists drugs and their associated symptoms. It uses rubrics to interpret the patient's symptoms in reportorial language. Each symptom includes mental and physical features, with the former being a result of people's earlier experiences. For a complete understanding, there should be both physical and mental generals. If the mental symptoms are strong enough, the physical symptoms may be able to pass for them.

[Table No: 5, As a result, some significant AD rubrics are provided below after referring to numerous repertories]

Repertory	Diseases	Symptoms	Rubric	Page no
1. BBCR (Boenninghausen's characteristics repertory) ^[22]	1. Grave's disease	<ul style="list-style-type: none"> Tongue is protruded Tremor (outstretched fingers) Rapid loss of weight (despite good appetite) Staring look (due to lagging of upper eyelid) Tachycardia 	1. Upper EXT- trembling 2. Mouth-tongue protruded 3. Eye- Protruding	834 467 315
	2. Psoriasis	<ul style="list-style-type: none"> Silvery scales Bleeding when scratches Lesions develops more line of cracks Nails become thick, striated 	1. Skin & Ext body- Scaly psoriatic 2. Skin-Itching-after scratching Agg- blood, bleeding with 3. Skin-Cracks-deep bloody 4. Skin & Ext body- Nails-deformed thickened etc.	952 958 948 962
	3. Myasthenia Grevis	<ul style="list-style-type: none"> Muscle fatigue Diplopia and ptosis Hanging of jaws 	1. Upper Ext- Fatigue like 2. Mouth-Open- hanging 3. Eye- Paralysis- drooping ptosis 4. Vertigo-Diplopia	819 444 327 248
	4. SLE	<ul style="list-style-type: none"> Butterfly pigmentation on face Maculopapular Rashes Joint pain (Arthralgia) Pyrexia 	1. Skin & Ext Body- spots- red pigmented 2. Skin & Ext -spots-macular, black 3. Lower Ext- pain- simple joints 4. Upper Ext-pain-simple joints 5. Fever-Pathological types- intermittent in gen	966 965 860 823 1003
	5. RA (Rheumatoid Arthritis)	<ul style="list-style-type: none"> Morning stiffness of joints Rheumatic fever Pain in more than 3 joints (rheumatic pain) Deformity of joints 	1. Sensation& complaints in Gen- Muscle stiff 2. Sensation & complaints in Gen- Rheumatic pain 3. Fever-Pathological Types- Rheumatic Fever	910 917 1004

			4. Upper Ext- Finger joints	808
	6. Sjogren's Syndrome	<ul style="list-style-type: none"> • Dryness of mouth and conjunctiva • Splenomegaly • Enlargement of salivary and Lachrymal glands 	1. Eye - lachrymation- violent with Inflammation 2. Eye- Swelling-conjunctiva	314 318

Repertory	Disease	Symptoms	Rubric	Page no
2. Kent ^[23]	1. <i>Graves disease</i>	<ul style="list-style-type: none"> • Fatigue • Periorbital edema • Palpitation • Enlarged thyroid gland • Increased sweating 	1. Gen-weakness (enervation) - Eye- swollen- lids 2. Chest-Palpitations, heart 3. Ext. Throat- swelling-thyroid gland 4. Perspiration-profuse	1413 267 873 475 1299
	2. <i>Psoriasis</i>	<ul style="list-style-type: none"> • Psoriasis • Scales on skin 	1. Skin- eruption –psoriasis 2. Skin-eruptions-scaly	1316 1318
	3. <i>Myasthenia Gravis</i>	<ul style="list-style-type: none"> • Extreme hot • Extreme of cold • Ptosis • Diplopia • Strabismus 	1. Gen-Heat, sensation of 2. Gen-cold-becoming 3. Eye-opening lids, difficult 4. Vision-Diplopia 5. Eye-Strabismus	1366 1349 247 277 266
	4. <i>Autoimmune Hemolytic anemia</i>	<ul style="list-style-type: none"> • Weakness • Dyspnea • Abd pain • Headache • Anorexia 	1. Gen-weakness (enervation) 2. Respiration-difficult 3. Abd-pain, aching, dull, etc 4. Head-pain 5. Stomach appetite, diminished	1413 1316 554 132 476
	5. <i>RA</i>	<ul style="list-style-type: none"> • Anorexia • Pain, swelling of joints • Morning stiffness • Arthralgia 	1. Stomach appetite, diminished 2. Ext-pain, joints 3. Ext-stiffness-joints,morning 4. Ext-stiffness-joints,morning	476 1047 1196 1191
	6. <i>SLE</i>	<ul style="list-style-type: none"> • Fever • Malarial rash 	1. Fever-inflammatory fever 2. Face - discolouration, red	1287 361

		<ul style="list-style-type: none"> • Aphthae • Alopecia • Arthralgia 	3. Mouth - aphthae 4. Head - hair, falling, spots in 5. Extremities - pain, joints	397 120 1047
Repertory	Disease	Symptoms	Rubric	Page No
3. Boericke ^[24]	1. Graves disease	<ul style="list-style-type: none"> • Fatigue • Wt loss • Periorbital edema • Enlarged thyroid 	1. Eye-swelling (oedema) 2. Gen-glands-thyroid (goiter)	640 904
	2. Psoriasis	<ul style="list-style-type: none"> • Psoriasis • Scaly 	1. Skin-Psoriasis	888
	3. Myasthenia gravis	<ul style="list-style-type: none"> • Extremes of hot • Extremes of cold • Febrile illness • Ptosis • Diplopia 	1. Fever-febrile heat- 2. Eye-dropping-(ptosis) 3. Eye-diplopia (double vision)	865 639 647
	3. Autoimmune Hemolytic Anemia	<ul style="list-style-type: none"> • Weakness • Dyspnea • Fever • Headache • Anorexia 	1. Resp sys-dyspnea 2. Fever- febrile heat- 3. Head-headache 4. Stomach-appetite- defective lost	806 865 618 692
	5. RA	<ul style="list-style-type: none"> • Anorexia • Wt loss • Pain and swelling of joints • Stiffness 	1. Stomach-appetite-defective loss 2. Locomotor system –joints-inflammation 3. Locomotor-joints- pain-stiffness	692 832 834
	6. SJOGREN'S syndrome	<ul style="list-style-type: none"> • Muscle pain • Joint inflammation • Joint pain • Dry skin • Oesophageal dysmotility • Anemia • Atrophic gastritis 	1. Gen-muscle-pain(myalgia) 2. Locomotor system- joints- inflammation 3. Locomoto sys- joints- pain- 4. Skin-dryness 5. Throat-dysphagia-deglutition diff and painful 6. Gen-anemia	908 832 833 881 685

		• Vasculitis		895
Repertory	Disease	Symptoms	Rubric	Page no
4. B.T.P.B ^[25]	1. Grave's disease	• Palpitation	1. Chest – palpitation	125
		• Enlarged thyroid gland	2. Gland – swelling	198
		• Increased perspiration	3. Fever-sweat-sweat with associated symptoms	265
		• Fatigue	4. Chest- heart and region	125
		• Heart failure	5. Eye- staring	34
		• Staring look		
		• Weight loss		
	2. Psoriasis	• Dry skin	1. Skin – dryness	207
		• Scaly papules	2. Skin- eruption rash	213
		• Silvery white scales	3. Skin – scaly	213
	3. Myasthenia gravis	• Extreme cold and heat	1. Fever – chilliness and heat in general	254
		• Muscle weakness	2. Sensation- weakness	195
		• Ptosis	3. Sensation – weakness, paralytic	196
		• Diplopia	4. Vision- diplopia	35
	4. Autoimmune haemolytic anaemia	• Weakness	1. Sensation – weakness	195
		• Fever	2. Fever- fever in general	265
		• Abdominal pain	3. Internal abdomen – pain	77
		• Headache	4. Internal head- pain in general	24
		• Anorexia	5. Hunger and thirst	65
		• Dysphonia	6. Chest-internal	126
	5. SLE	• Fever	1. Fever- fever in general	265
		• Molar rash	2. Eruption on cheeks	53
		• Oral ulcer	3. Mouth – mouth in general and skin ulcer in general	62&230
		• Alopecia	4. Skin- hair on the head falls out in a different location	216
		• Arthritis	5. Sensation – inflammation of joint	163
		• Arthralgia	6. Sensation – pain- in joints	178
	6. Rheumatic arthritis	• Anorexia	1. Hunger and thirst – loss of appetite	65
		• Weight loss	2. Sensation – emaciation	157
		• Arthralgia	3. Sensation – pain in joint	178

		<ul style="list-style-type: none"> • Swelling in joint • Stiffness morning • Arthritis 	4. Sensation – swelling in joint 5. Sensation, rigidity – joints of extremities 6. Sensation – inflamed – joints	188 177 163
	7. Sjogren's syndrome	<ul style="list-style-type: none"> • Dry skin • Dry eyes • Vasculitis • Atrophic gastritis • Anaemia • Malaise • Arthritis • arthralgia 	1. Skin- dryness 2. Sensation – dry sensation, internally 3. Circulation- blood vessels- inflammation 4. Internal abdomen- stomach 5. Circulation – blood, anaemia 6. Sensation – malaise 7. Sensation – inflamed – joints 8. Sensation – pain in joint	207 179 251 77 250 167 163 178

Table No: 6, Here, an attempt is made to clarify some of the autoimmune rubrics that are included in Murphy's repertory mind chapter.^{[26] [27]}

S.No	Rubrics	Meaning
1	Anger himself with	Feeling regretful about doing or not doing something.
2	Aversion himself	"He had a strong feeling of not liking himself."
3	Contemptuous oneself of	"Self-deprecation is the act of belittling oneself or feeling unworthy of admiration."
4	Delusion wrong done	The patient feels guilty even though he hasn't done anything wrong.
5	Mutilating his body	"Inflicting a violent and disfiguring injury on one's own body."
6	Masochism	Deriving sexual gratification from physical pain or humiliation from oneself or others
7	Self-assertion wants of	The person lacks assertiveness and fails to express their own opinions or rights.

CONCLUSION

Numerous studies have examined the effectiveness of homeopathic medicine in treating autoimmune disorders. These studies were evaluated using various sources, including Google Scholar, bibliographies, systematic reviews, anti-miasmatic studies in homeopathy, and immunity in homeopathy. The analysis was based on the abstracts of 17 studies, which included a selection of clinical rubrics from Radar 10-Synthesis, homeopath firefly repertories, and Synthesis Repertory Zomeo Elite Homeopathic Software Version 14.0.0.

Autoimmune disorders are a complex issue, with women being more susceptible to these disorders. Homeopathic theory suggests that mental autoimmunity can precede physical autoimmunity, particularly in terms of destructiveness and self-blame. Murphy's repertory homeopathic treatment can help explain mind rubrics related to autoimmune disorders. Homeopathic diagnosis is taken into account. The patient's physical symptoms, emotional and psychological condition, and constitution need to be considered in determining the Similimum for autoimmune cases. However, further research is necessary.

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